

SHARKS



**SHARKS November Invitational
HOSTED BY
SHARKS Swim Club
A Short Course Yards Timed Finals Meet
November 9-10, 2019
SANCTION #GU-SC-20-032**

ENTRIES DUE BY MONDAY, OCTOBER 28, 2019

LOCATION: The natatorium is located on the campus of Friendswood High School.

Friendswood ISD Natatorium
1115 Falling Leaf Drive
Friendswood, TX 77546
281.992.2505

Directions: Going South on I-45 towards Galveston from Downtown Houston: Take Exit 29 FM 2351/Friendswood/Clear Lake City Blvd. Take a right onto FM 2351. Travel 4.1 miles. Turn left onto Sunset Dr. After 0.7 miles on Sunset Dr., turn right on Falling Leaf Drive. After 0.7 miles, you will see the Friendswood Natatorium on the left. There is limited parking in the natatorium lot and ample parking in the stadium lot.

Do not park on side roads or in the grass on residential streets.

COACHES:

Tim Hill	Head Coach
Kate Zabler	Coach
Lou Suta	Coach

POOL: Eight lane, 25-yard, indoor pool with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up/warm-down area will be made available during the competition.

TIME AND DATE: This is a six session, two day, timed finals meet. The meet host reserves the right to add breaks as needed throughout the meet.

Session 1: Saturday AM – November 9, 2019
Age groups: Girls 11 & Over, Boys 13 & Over
Warm-up: 7:30am – 8:45am
Meet starts at 9:00am

Session 2: Saturday PM – November 9, 2019
Age groups: Girls 10 & Under, Boys 12 & Under
Warm-up: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf Swimming webpage

Session 3: Saturday PM following Session 2 – November 9, 2019
Age groups: Girls 10 & Under, Boys 12 & Under

Session 4: Sunday AM – November 10, 2019
Age groups: Girls 11 & Over, Boys 13 & Over
Warm-up: 7:30am – 8:45am
Meet starts at 9:00am

Session 5: Sunday PM – November 10, 2019
Age groups: Girls 10 & Under, Boys 12 & Under
Warm-up: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf Swimming webpage

Session 6: Sunday PM following Session 5 – November 10, 2019
Age groups: Boys 11-12

Split warm-ups will be in effect, with assignments posted on the Gulf Swimming web site.

Lane assignments for warm-ups and timing will be designated in the heat sheet and posted on the Gulf Swimming website at least by the Monday, November 4, 2019 prior to the start of the meet.

MEET TYPE: This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

MEET REFEREE: Jay Haskins jhrider@gmail.com

ADMIN OFFICIAL: Jim McMichael mcmicha@gmail.com

MEET DIRECTORS: Stephanie Meyers sctimes2@gmail.com 713.301.8829
Marcie Vidinha rvidinha@att.net 281.799.4908

SAFETY MARSHAL: Kayla Riggle
Sarah Klesel
John Atchison

SAFETY GUIDELINES AND WARM-UP PROCEDURES: See attached Safety Guidelines and Warm-up Procedures.

SEEDING:

The AM sessions (Session 1 and Session 4) on Saturday and Sunday will be deck seeded for all events. Positive check-in will be required.

The PM sessions (Session 2, Session 3, Session 5 and Session 6) will be pre-seeded for events of 200 yards or shorter. The 500, 1000, and 1650 Free will be deck seeded events. Coaches please inform your swimmers of pre-seeded and deck seeded rules. All events will be seeded with heats in the order of fastest to slowest. As a courtesy to the host, coaches should inform the clerk of course of swimmers not attending the meet. Empty lanes will be used for deck entries.

POSITIVE CHECK-IN:

Circle-in is required for all events in the AM sessions in addition to the 500, 1000, and 1650 Free and will close forty-five (45) minutes before the start of the session in which the event is scheduled to be swum. After the events are officially closed, no one may check-in or scratch. After checking-in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming, Administrative Vice-Chair, Charlie Fry, for each event in which he/she fails to appear.

ON-DECK ENTRIES:

Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the MONDAY, OCTOBER 28, 2019 deadline may enter the meet on-deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry.
2. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes in the pre-seeded events and according to their best times in deck seeded events.
3. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers that on-deck enter to change their entry time in a deck seeded event,
 - a. must circle-in on the posted circle-in sheets,
 - b. the on-deck entry time will be used for seeding, and
 - c. the on-deck entry fees still apply to these swimmers.
7. **On-deck entries will only be permitted if space is available. Heats will NOT be added.**

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert *meter (yard)* times to *yard (meter)* times. If entries are made by paper (not using HY-TEK), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.

Age: As of November 9, 2019.

Number of Events: Swimmers may compete in up to four (4) individual events per day.

Deadline: Entries must be in the hands of the Meet Entry Chair no later than **MONDAY, OCTOBER 28, 2019**. No late entries will be accepted. Email entries to Marcie Vidinha:

Email: vidinha@att.net

Entries: All teams MUST submit their entries electronically via e-mail, using the HY-TEK MEET MANAGER/HY-TEK TEAM MANAGER computer software.

Eligible Teams: Selected teams as determined by SHARKS Swim Club. Only swimmers attached to a registered Gulf Swimming team or swimmers in the documented process of transferring to a Gulf Swimming team may participate in this invitational meet.

Fees:

Individual Event: \$6.00

Swimmer Surcharge Fee (per swimmer): \$5.50 (\$3.50 + \$2.00 electronic heat sheet)

Make entry fee checks payable to: **SHARKS Swim Club**

Mail entry fees (POSTMARKED BY SATURDAY, NOVEMBER 2, 2019) to the address below:

SHARKS Swim Club
PO Box 361
Friendswood, TX 77549

AWARDS: Individual events: ribbons 1st - 8th place: girls/boys events 8 & under, 9-10, 11-12, 13-14, 15 & over

SCORING: Individual Events: 9-7-6-5-4-3-2-1
Events will be swum combined but scored separately as 8 & Under, 9-10, 11-12, 13-14, and 15 & Over.

RULES AND SANCTIONS: The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. **It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.** No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted. Only Gulf Swimming teams invited by SHARKS Swim Club may participate in this invitational meet.

The Gulf Swimming three (3) event rule, up/down rule and beyond IMX rule do not apply.

POOL MEASUREMENT: The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the competition course is 13 feet measured from 1 meter to 5 meters on the starting end of the course, and 6 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM: A Daktronics Model 2000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the heat sheet.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

No food is allowed on deck. Please have swimmers go outside to eat.

MAAPP: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

DECK CHANGING PROHIBITION: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: Concessions will be available.

HOSPITALITY: A hospitality room will be available.

MERCHANDISE: Swim Shops of the Southwest will be at the meet selling swim apparel and swim gear.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet. Unofficial real-time results will be available on MEET MOBILE provided we have a reliable Wi-Fi connection.

FACILITY RULES: The building will open to coaches and swimmers at 7:15 am.

No food is allowed on deck.

No set up will be allowed in the bleachers or roped off areas. Spectators need to watch their swimmers and then return outside to allow everyone the opportunity to watch their swimmers race. Swimmers and spectators should follow instructions by the Safety Marshall(s) and police officer(s) including their enforcing the prohibition of spectators standing along the rail or in the walkways of bleachers. Anyone failing to comply may be removed and barred from the facility or school property.

ATTACHMENTS: Meet format, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form

SHARKS Swim Club

Entry Rules:	
Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers Eligible	Gulf Teams invited by SHARKS
Entry times in	SCY, LCM, SCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event rule" applies?	Does not apply
Gulf "up/down rule" applies?	Does not apply
Gulf "beyond IMX" rule applies?	Does not apply
Fees	Individual - \$6.00
	Facility Surcharge - \$5.50 per swimmer (\$3.50 + \$2.00 electronic heat sheet)

All events will be seeded fastest to slowest.

****The 500, 1000, and 1650 Free will be swum alternating girl's and boy's heats.**

****Swimmers must provide their own 2 timers and a lap counter for 500, 1000, and 1650 Free.**

****Girls 11-12 years old will swim in the AM sessions.**

Saturday AM (Session 1)
11 & Over Girls/13 & Over Boys

Girls Event #	Age Group	Event	Boys Event #
1	11-12 Girls	50 Breast	
3	11 & Over Girls	200 Free	
	13 & Over Boys	200 Free	4
5	11 & Over Girls	100 Fly	
	13 & Over Boys	100 Fly	6
7	11 & Over Girls	100 Breast	
	13 & Over Boys	100 Breast	8
9	11 & Over Girls	50 Free	
	13 & Over Boys	50 Free	10
11	11 & Over Girls	200 Back	
	13 & Over Boys	200 Back	12
13	11-12 Girls	100 IM	
15	11 & Over Girls	500 Free	
	13 & Over Boys	500 Free	16

Saturday PM (Session 2)
10 & Under Girls/12 & Under Boys

Girls Event #	Age Group	Event	Boys Event #
17	10 & Under Girls	50 Breast	
	12 & Under Boys	50 Breast	18
19	10 & Under Girls	200 Free	
	12 & Under Boys	200 Free	20
21	8 & Under	25 Back	22
23	10 & Under Girls	100 Fly	
	12 & Under Boys	100 Fly	24
25	10 & Under Girls	50 Free	
	12 & Under Boys	50 Free	26
27	8 & Under	25 Fly	28
29	10 & Under Girls	100 Back	
	12 & Under Boys	100 Back	30
	11-12 Boys	200 Breast	32
33	10 & Under Girls	100 IM	
	12 & Under Boys	100 IM	34

Saturday PM (Session 3)
10 & Under Girls/12 & Under Boys

Girls Event #	Age Group	Event	Boys Event #
35	10 & Under Girls	500 Free	
	12 & Under Boys	500 Free	36

Sunday AM (Session 4)
11 & Over Girls/13 & Over Boys

Girls Event #	Age Group	Event	Boys Event #
37	11-12 Girls	50 Back	
39	11 & Over Girls	200 Fly	
	13 & Over Boys	200 Fly	40
41	11 & Over Girls	100 Free	
	13 & Over Boys	100 Free	42
43	11 & Over Girls	200 Breast	
	13 & Over Boys	200 Breast	44
45	11 & Over Girls	100 Back	
	13 & Over Boys	100 Back	46
47	11 & Over Girls	200 IM	
	13 & Over Boys	200 IM	48
49	11-12 Girls	50 Fly	
51	11-12 Girls	1000 Free	
53	13 & Over	1650 Free	54

Sunday PM (Session 5)
10 & Under Girls/12 & Under Boys

Girls Event #	Age Group	Event	Boys Event #
55	10 & Under Girls	50 Back	
	12 & Under Boys	50 Back	56
57	10 & Under Girls	200 IM	
	12 & Under Boys	200 IM	58
59	8 & Under	25 Free	60
61	10 & Under Girls	100 Breast	
	12 & Under Boys	100 Breast	62
	11-12 Boys	200 Fly	64
65	10 & Under Girls	100 Free	
	12 & Under Boys	100 Free	66
67	8 & Under	25 Breast	68
	11-12 Boys	200 Back	70
71	10 & Under Girls	50 Fly	
	12 & Under Boys	50 Fly	72

Sunday PM (Session 6)
11-12 Boys

Girls Event #	Age Group	Event	Boys Event #
	11-12 Boys	1000 Free	74

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement

