

# 2019 GU Bay Area Open Invitational

April 26 - 28, 2019



A Long Course Meters Timed Finals Meet

HOSTED BY

**Aquastar and South Shore Sails**

Sanction Number # GU-LC-19-098

**LOCATION:** Hometown Heroes Pool  
1001 East League City Parkway  
League City, Texas 77573

**DIRECTIONS:** Travel south on Gulf Freeway to exit 22 (TX 96). Go east past Highway 3. Turn right (south) into Hometown Heroes Park across from Tuscan Village Dr. If you reach FM 270, you have gone too far.

<https://www.bing.com/maps?q=hometown+heros+park&mkt=en&FORM=HDRSC4>

**SPECIAL INSTRUCTIONS:** Deck space is limited- Coaches can set up on deck. Swimmers can bring chairs to sit with team. Most of the teams will have to set up tents/team areas on the West side of the pool outside the fenced area. Pool entrance is behind the building on West side. Limited entry may be available on the East side. With limited deck space, spectators will need to come in, watch their swimmer, and then exit pool area so that everyone can see their athletes during their swims. There will special viewing areas for disabilities

**MEET STAFF:** **MEET REFEREE:** Donna Dormiani [donnadormiani@hotmail.com](mailto:donnadormiani@hotmail.com)  
Friday, Saturday  
Michael Swaim [mike.t.swaim@gmail.com](mailto:mike.t.swaim@gmail.com)  
Sunday

**ADMIN OFFICIAL:** Amy Schauss [amyschauss@yahoo.com](mailto:amyschauss@yahoo.com)  
Rongxia Du [cd140074@yahoo.com](mailto:cd140074@yahoo.com)  
Eddie Adams: [eddiea75@att.net](mailto:eddiea75@att.net)

**MEET DIRECTORS:** Christina Klun: [Christina\\_lombardo@yahoo.com](mailto:Christina_lombardo@yahoo.com)  
Heike Schlegel-Walpot: [heike.schlegel@sbcglobal.net](mailto:heike.schlegel@sbcglobal.net)

**SAFETY MARSHALS:** Doug Reno  
Jacqueline Ferguson  
Daniel Potts  
Chris Sustala  
Valerie Loe

**COACHES:**  
Matt Troquille: [mtroquille@gmail.com](mailto:mtroquille@gmail.com)  
Ben Leach: [ben.leach@utexas.edu](mailto:ben.leach@utexas.edu)  
Jerry Hardt: [two\\_poptarts@hotmail.com](mailto:two_poptarts@hotmail.com)

**POOL:** One eight-lane, 50 meter outdoor pool with non-turbulent lane lines will be used for Warm up and competition.

**TIME AND DATE:** This is a 3 day, five session, timed-finals meet

Session 1: Friday PM – April 26, 2019

Age Groups: 11 & over girls and boys

Open warm-up: 4:30 pm/Meet Start 5:30 pm

Session 2: Saturday AM – April 27, 2019

Age Groups: 13 & over girls and boys

Warm-up\*: 7:30 – 8:45 am / Meet Start: 9:00 am

Session 3: Saturday PM – April 27, 2019

Age Groups: 12& under girls and boys

Warm-up\*: Immediately upon the conclusion of the AM session (no earlier than 1pm)/Meet Start: 1 hour after warm-up starts (not earlier than 2pm)

Session 4: Sunday AM – April 28, 2019

Age Groups: 13 & over girls and boys

Warm-up\*: 7:30 – 8:45 am / Meet Start: 9:00 am

Session 5: Sunday PM – April 28, 2019

Age Groups: 12 & under girls and boys

Warm-up\*: Immediately upon the conclusion of the AM session (no earlier than 1pm)/Meet

Start: 1 hour after warm-up starts (not earlier than 2pm)

\*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the heat sheet, and posted on the Gulf Swimming website by Monday, April 22, 2019.

**MEET TYPE:** This meet will be run utilizing chase starts. Odd heats will start at the building end of the pool, even heats will start at the opposite end. All 50s will start at the end, opposite to the building. At the conclusion of each heat, the swimmers shall exit the pool asap. Coaches, please remind your swimmers of the “Chase Start” procedures.

All 400 meter events will alternate girls and boys heats and swum fastest to slowest.

All 1500m events will be swum girls and boys combined, fastest to slowest heat.

**SAFETY GUIDELINES AND WARM-UP PROCEDURES:**

See attached Safety Guidelines and Warm-up Procedures

**SEEDING:** The meet will be deck seeded. Coaches, please inform your swimmers of seeding on deck rules. Once the check-in period closes at 45 min. BEFORE the session begins, all events will be seeded. All events will be seeded with heats in the order of fastest to slowest.

**ON-DECK ENTRIES:** Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the 6:00 pm, Friday, April 12, 2019 deadline (Tier 1 and accepted Tier 2) and Tuesday, April 16 (other accepted Gulf teams other than Tier 1 and 2) may enter the meet on-deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
2. Swimmers must supply completed entry forms. The swimmers will be seeded according to their best times in all deck seeded events.
3. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers that on-deck enter to change their entry time in a deck seeded event,
  - a. must circle-in on the posted circle-in sheets,
  - b. the on-deck entry time will be used for seeding, and
  - c. the on-deck entry fees still apply to these swimmers.
7. Heats will be added, if necessary and if the timeline permits.

**ENTRY INFORMATION:**

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – long course meters (L), short course meters (S), or short course yards (Y). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., L, S, or Y). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.

Cut-off Times: None

Qualifying Times: None

Beyond IMX Rule: Does not apply

Times Eligibility: Times must be achieved between July 1, 2017 and the entry deadline.

**Age:** As of April 26, 2019

**Number of Events:** Swimmers may compete in up to four (4) individual events per session with a total meet limit of nine (9) events.

**Entries:** All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software.

**Deadline:** Entries must be in the hands of the Meet Entry Chair by 6:00 PM Friday, April 12, 2019 for all Tier 1 and Tier 2 teams (see below “eligible teams”), and by 6:00 PM Tuesday, April 16, 2019 for other Gulf teams that are accepted into the meet.

Email entries to Amy Schauss:

[amyschauss@yahoo.com](mailto:amyschauss@yahoo.com)

**Eligible Teams:** Tier 1: AQUA, HCAP, LAP, SHAC, SHRK, SSS, SWAT, and TTST. Tier 1 teams are guaranteed to be accepted. Tier 2: AGS, COOG, LJAC. Tier 2 teams will be accepted on a first come first served basis, capacity available. Other Gulf teams may enter after Tier 1 and 2 to meet capacity on a first come first served basis. (4 hour rule).

Individual Event Entry Fee (per event): \$6.00

Swimmer Surcharge Fee (per swimmer): \$6.50

Make entry fee checks payable to: Bay Area Aquanauts

Mail entry fees POSTMARKED BY FRIDAY, April 19, 2019 to the address below:

Aquastar (Amy Schauss)  
4115 Plumtree Lane  
Seabrook, TX 77586

**AWARDS:** Individual events: Ribbons 1st -8th place

**SCORING:** This Meet will not be scored, but times will be entered in as best times for USA Swim.

**RULES AND SANCTIONS:** The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted. Gulf Swimming teams assigned by the Technical Planning Chairman may only participate in this invitational meet.

The Gulf Swimming three (3) event rule and up/down rule do not apply.

**POOL MEASUREMENT:** The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4). The copy of such certification is on file with USA Swimming.

The water depth of the competition course is 5.0 feet measured from 1 meter to 5 meters on the starting end of the course, and 4.9 feet measured from 1 meter to 5 meters on the turning end of the course.

**TIMING SYSTEM:** Two Colorado Model 6000 electronic timing systems will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published on the Gulf website. Swimmers in the 1500 free, 400 IM, and 400 free must provide 2 timers. Swimmers in the 1500 free must provide a lap counter.

**POOL DECK RESTRICTION:** Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

No food on deck within the actual swim area.

**DECK CHANGES:** Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.

**AUDIO/VIDEO RECORDING DEVICES:** Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes,

coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**UNACCOMPANIED SWIMMERS:** Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH DISABILITIES:** Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

**HOSPITALITY:** A hospitality area will be available.

**MEET RESULTS:** Meet results will be posted on the Gulf Swimming Web Page ([www.gulfswimming.org](http://www.gulfswimming.org)), within three days after the conclusion of the meet. Unofficial results will be available on MEET MOBILE.

**CONCESSIONS:** Concessions will be available

**MERCHANDISE:** Swimshops of the Southwest will be at the meet selling swim apparel and swim gear. SSS Booster Club will be selling meet t-shirts

**FACILITY RULES:** Swimmers are not allowed in the Hometown Heroes Park building when wet.

This is a city rule!

During a meet, no one is allowed in any part of the competition pool unless they are participating in an event or using a warm up lane, if provided and supervised. This includes dangling feet in areas not used for competition. Failure to follow this rule could result in your swimmer being removed from the meet.

With City enforcement that both pools require lifeguards, the Baby Pool will NOT be open during practices or meets. No parents, swimmers, or siblings are allowed in the Baby Pool/Splash Pad at any time.

PARKING Associations, organizations and individuals are entitled to use designated parking areas located at the park and/or facility. "No Parking" areas, as designated by posted signs, will be strictly enforced. Handicapped parking spaces are available at each established parking area.

**Weather info- thunder lightening-** In the event of stormy weather, remember 30-30. We evacuate the pool when lightning to thunder is within 30 seconds and we stay out of the pool until 30 minutes after the last rumble of thunder.

**ATTACHMENTS:** Meet Format, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form

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Aquastar and South Shore Sails

<b>Entry Rules:</b>	
Type of meet	Timed Finals
Max # individual events per day	Four (4) per session, total of nine (9) for the entire meet
Swimmers eligible	Any USA Swimming Team and Registered Athlete from designated teams listed above
Entry times in	LCM, SCM, SCY
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event rule" applies?	Does not apply
Gulf "up/down rule" applies?	Does not apply
Gulf "Beyond IMX Rule" applies?	Does not apply
Fees	Individual Event – \$6.00 Facility Surcharge per swimmer – \$6.50

## Friday PM – April 26, 2019

Event# Girls	Event Name			Event# Boys
1*	11 & over	400	IM	2*
3**	11 & over	1500	Free	4**

## Saturday AM – April 27, 2019

Girls Event#	Event Name			Boys Event#
5	13& over	200	Free	6
7	13 & over	50	Breast	8
9	13 & over	100	Fly	10
11	13 & over	200	Breast	12
13	13 & over	50	Free	14
15	13 & over	100	Back	16
17	13 & over	200	Fly	18
19*	13 & over	400 ***	Free	20*

## Saturday PM – April 27, 2019

Girls Event#	Event Name			Boys Event#
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21	9-12	200	Free	22
23	12 & under	50	Breast	24
25	12 & under	100	Fly	26
27	11-12	200	Breast	28
29	12 & under	50	Free	30
31	12 & under	100	Back	32
33	11-12	200	Fly	34
35*	9-12	400 ***	Free	36*

<b>Girls Event#</b>	<b>Sunday AM – April 28, 2019</b>			<b>Boys Event#</b>
	<b>Event Name</b>			
37	13& over	200	IM	38
39	13& over	50	Back	40
41	13& over	100	Free	42
43	13& over	100	Breast	44
45	13& over	50	Fly	46
47	13& over	200	Back	48

<b>Girls Event#</b>	<b>Sunday PM – April 28, 2019</b>			<b>Boys Event#</b>
	<b>Event Name</b>			
49	12 & under	200	IM	50
51	12 & under	50	Back	52
53	12 & under	100	Free	54
55	12 & under	100	Breast	56
57	12 & under	50	Fly	58
59	11-12	200	Back	60

All events will be seeded fastest to slowest.

\*The 400 IM, and 400 free heats will be swum fastest to slowest, girls and boys alternating, but scored separately. Swimmers must provide their own timers.

\*\* The 1500 free will be swum mixed girls and boys, fastest to slowest heat, but scored separately. Swimmers must provide their own timers and lap counters.

\*\*\* The meet host reserves the right to separate the 400 free from the respective sessions by a 30 minute warm-up, depending on the meet timeline.

All 12 & under events will be swum combined but scored separately as 8 & under, 9 -10, 11-12.

All 9 -12 events will be swum combined but scored separately as 9-10, 11-12.

All 13 & over events will be swum combined but scored separately as 13-14 and 15 & over.

## ENTRY VERIFICATION



## Appendix F

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

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Signature

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Title

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Date

**SAFETY GUIDELINES AND WARM UP PROCEDURES**

## APPENDIX G

### WARM UP PROCEDURES

- A. General warm up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. NO DIVING OR RACING STARTS allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
  - 2. NO SPRINTING OR PACE WORK allowed during this general warm up session.
- B. Specific warm up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. RACING STARTS ONLY, either from blocks or from backstroke starts.
  - 2. Lanes are ONE WAY ONLY.

### SAFETY GUIDELINES

- A. Swimmers Responsibilities
  - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
  - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm up procedures as they apply to conduct at meets and practice.
  - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
  - 3. Coaches shall actively supervise their swimmers throughout the warm up session.
  - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm up period.
  - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
  - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm up session, any swimmer or coach who is in violation of safety guidelines or warm up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
  - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
  - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
  - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
  - 4. Swimmers are required to exit the pool upon completion of their warm up to allow other swimmers adequate warm up time. The pool is not for visiting or playing during warm up periods.
  - 5. Warm up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.

6. All diving boards and equipment are OFF LIMITS.

E. Pool Rules

1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.

2. Glass containers are prohibited.

3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.