

WARM UP ASSIGNMENTS

For both Saturday and Sunday

Warm up pool is always open

Friday Open Warm-ups 5:00-6:15

North pool (lobby end)

7:45-8:15

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
	DADS	DADS	DADS	DADS	DADS	DADS	DADS	DADS

8:15-8:45

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
	HCAP	HCAP	HCAP	HCAP	HCAP	HCAP	PEAK	PEAK

South pool (diving board end)

7:45-8:15

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
	SWAT	SWAT	SWAT	DADS	DADS	DADS	ESCA	ESCA

8:15-8:45

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
	PEAK	PEAK	PEAK	PEAK	PEAK	ESCA	ESCA	ESCA

Lane Timer Assignments

For both Saturday and Sunday

North pool (lobby end)
7:45-8:15

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
	DADS	HCAP	HCAP	HCAP	PEAK	PEAK	ESCA	ESCA
	DADS	HCAP	HCAP	PEAK	PEAK	PEAK	PEAK	ESCA

South pool (diving board end)
7:45-8:15

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
	DADS	HCAP	HCAP	PEAK	PEAK	PEAK	ESCA	ESCA
	DADS	HCAP	HCAP	PEAK	PEAK	PEAK	ESCA	ESCA

Please be aware of these special instructions pertaining to the FBISD Practice Facility for this meet:

All spectators should be prepared to set up outside and come in to watch their swimmers from the temporary spectator viewing area and then return outside. There will be no spectator set up allowed in the stands or in the lobby.

There will be limited parking Friday night AT THE TRAINING POOL due to Bus Driver Parking and School Parking. Please plan to carpool where at all possible.

FBISD Policy: There is absolutely NO FOOD allowed on the pool deck. Violators of this rule will be asked to take their food outside and will be asked to leave the facility if they are asked a second time. FBISD will impose a \$50 fine to the violating team if this occurs.