

SHORT COURSE CHAMPS I

February 16, 2019

A Short Course Yards Timed Finals Meet

HOSTED BY

Eagle Swimming Association



Sanction Number # GUSC GU-SC-19-064

WARM-UPS – SESSION 1

Group 1 7:30-7:50 am

1	2	3	4	5	6	7	8
ESA	ESA	TWST	TWST	TWST	RICE	RICE	OPEN

Group 2 7:55-8:15 am

1	2	3	4	5	6	7	8
PACK	PACK	PACK	BTA	BTA	PEAK	PEAK	OPEN

Group 3 8:20-8:40 am

1	2	3	4	5	6	7	8
LIFE	SWIM	PFL	TEST	SSS	SPA	STA/NOCH	OPEN

TIMING ASSIGNMENTS

1	2	3	4	5	6	7	8
TWST	TWST	PEAK	ESA	ESA	PACK	PACK	BTA/ RICE

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WARM-UPS – SESSION 2

Group 1 Immediately following end of the morning session

1	2	3	4	5	6	7	8
ESA	ESA	BTA	BTA	NOCH	RICE	OPEN	OPEN

Group 2 20 minutes

1	2	3	4	5	6	7	8
PACK	PACK	TWST	TWST	TWST	PEAK	PEAK	OPEN

Group 3 20 minutes

1	2	3	4	5	6	7	8
LIFE	SWIM	EPRC	TEST	SSS	SPA	HCCL	OPEN

TIMING ASSIGNMENTS

1	2	3	4	5	6	7	8
TWST	TWST	PEAK	ESA	ESA	ESA	PACK	BTA