

PLAT

FALL CHAMPIONSHIPS INVITATIONAL

December 7-9, 2018

A Short Course Yards Timed Finals Meet

HOSTED BY

Platinum
Aquatics

Sanction Number # **GU-SC-19-040 (R2)**

ENTRIES DUE TO GULF TPC CHAIR (TPC@GulfSwimming.org) BY 11:59 PM, FRIDAY, NOVEMBER 16, 2018

LOCATION: Fort Bend ISD Don Cook Natatorium **(this is an UPDATED VENUE 12-3-18)**
16255 Lexington BLVD
Sugar Land TX 77478

DIRECTIONS: Directions: From Houston take Highway 59 towards Victoria, exit Highway 6 south, turn right on Lexington, drive four blocks and turn left at the first entrance to Mercer Stadium. Park in the lot between the football stadium and the Natatorium.

SPECIAL INSTRUCTIONS:

NO PARKING DIRECTLY IN FRONT OF NATATORIUM

FACILITY OPENS EACH DAY AT THE FOLLOWING TIMES:

FRIDAY 12-7-18 4:45PM NO EARLIER

SAT. 12-8-18 & SUN. 12-9-18 7:00AM NO EARLIER

MEET STAFF:

MEET REFEREE:	Kyle Stewart kyle.stewart63@gmail.com
ADMIN OFFICIAL:	Mary Spano , mekspano@gmail.com Linda Brenneke entries4meets@yahoo.com
MEET DIRECTOR(S):	Shannon Woodruff, s.woodruff01@yahoo.com , 832-283-9096 Christine Hewitt ChristineMHewitt@katyisd.org
SAFETY MARSHAL:	Wes Woodruff Angie Pham Robert Baker
COACH(ES):	Greg Spano- Platinum Aquatics Head Coach Gia Pham- Escalate Head Coach



PLAT

POOL: **Two eight lane 25 yard indoor pools** with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up / warm-down area will be available during the competition.

TIME AND DATE: This is five session, 2 ½ day timed-finals meet with a PM session on Friday and AM/PM sessions on Saturday and Sunday.

Session 1: Friday PM – December 7, 2018
Age Groups: 12 & Under Boys & Girls
Warm-up: 5:00 – 6:15 pm / Meet Start: 6:30 pm

Session 2: Saturday AM – December 8, 2018
Age Groups: 12 & Under Girls
Warm-up*: 7:30 – 8:45 am / Meet Start: 9:00 am

Session 3: Saturday PM – December 8, 2018
Age Groups: 12 & Under Boys
Warm-up*: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

Session 4: Sunday AM – December 9, 2018
Age Groups: 12 & Under Girls
Warm-up*: 7:30 – 8:45 am / Meet Start: 9:00 am

Session 5: Sunday PM – December 9, 2018
Age Groups: 12 & Under Boys
Warm-up*: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the heat sheet, and posted on the Gulf Swimming website by Monday, December 3, 2018.

MEET TYPE: This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

SAFETY GUIDELINES AND WARM-UP PROCEDURES:
See attached Safety Guidelines and Warm-up Procedures



PLAT

SEEDING: The meet will be pre-seeded, with the exception of relays and 500 Free, which will be deck seeded events. Coaches please inform your swimmers of pre-seeded and deck seeded rules. All events, including relays, will be seeded with heats in the order of fastest to slowest. As a courtesy to the host, coaches should inform the clerk of course of swimmers not attending the meet. Empty lanes will be used for deck entries.

POSITIVE CHECK-IN FOR THE 500 FREE:

All swimmers must circle in on sheets that will be available at the start of warm-up for the session, and due 45 minutes before the start of the session in which the event is scheduled to swim. After the events are officially closed, no one may check-in or scratch. After checking-in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chair, Charlie Fry, for each event in which he/she fails to appear.

RELAY CARDS: Relay cards must be turned in to the Clerk of Course 45 minutes before the start of the session in which the event is scheduled to swim or the entry will be considered scratched.

ON-DECK ENTRIES: Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the 11:59pm, Friday, November 16, 2018 deadline may enter the meet on-deck in the following manner:

1. On deck entries are open to those athletes assigned to the meet location by the TPC Chair through the meet entry procedures.
2. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
3. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes in the pre-seeded events and according to their best times in deck seeded events.
4. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
5. Swimmers must be qualified to swim the event entered.
6. Swimmers must not exceed the allotted number of events allowed each day.
7. Swimmers that on-deck enter to change their entry time in a deck seeded event,
 - a. must circle-in on the posted circle-in sheets,
 - b. the on-deck entry time will be used for seeding, and
 - c. the on-deck entry fees still apply to these swimmers.
8. Heats will be added, if necessary and if the timeline permits.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their



PLAT

entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.

Cut-off Times: Swimmers must have 2 or fewer 2018 Gulf Age Group Champs QTs, but may swim any event offered in their age group. **This includes events not offered at this meet – See attached time standards below.**

Qualifying Times: 8&U athletes must have USAS National Motivational Time Standards B time in next shortest event to swim 200/500 free, 200IM.

Age: As of December 7, 2018

Times Eligibility: Times must be achieved between Feb 1, 2017 and the entry deadline.

Number of Events: Swimmers may compete in up to four (4) individual events per day, but no more than (8) individual events for the entire meet, and one (1) relay event per day.

Entries: All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software.

Deadline: Entries must be in the hands of the designee of the Technical Planning Chairman no later than **11:59 PM, FRIDAY, NOVEMBER 16, 2018**. No late entries will be accepted. Email entries to the designee of the Technical Planning Chair at:

EMAIL: TPC@gulfswimming.org

Eligible Teams: Venues will be balanced by team numbers. The team lists will be posted on the Gulf website. Swimmers attached to a registered Gulf Swimming team, swimmers in the documented process of transferring to a Gulf Swimming team may participate in this invitational meet.

An unattached swimmer not affiliated with a USA Swimming Club must follow the same entry procedures as those swimmers affiliated with a team. In order to be seeded in a Gulf meet, an unattached swimmer not affiliated with a USA Swimming Club, must enter by the entry deadline, following the entry procedures in the Meet Announcement, and provide proof of a registered coach responsible for their supervision on deck during the meet. All unattached athletes will be assigned a meet location by the TPC Chair upon assignments being announced.

Individual Event Entry Fee (per event): \$6.00
Relay Entry Fee (per relay event): \$9.50



PLAT

Swimmer Surcharge Fee (per swimmer): **Coaches please remember to include Athlete Surcharge Fees with your entry fees.*

\$6.50 per swimmer. Meet host will have heat sheet available through Meet Mobile and will forward a PDF copy of non-deck seeded events to each attending team by Thursday the week of the meet. Heat and Lane assignments for On-Deck entries and Deck seeded events will be posted in front lobby of facility.

Make entry fee checks payable to:

Platinum Aquatics

Mail entry fees **(POSTMARKED BY FRIDAY, NOVEMBER 30, 2018)** to the address below:

**Platinum Aquatics/Attn: Greg Spano
14211 Windy Ridge Lane
Rosharon, TX. 77583**

**281-638-0235
platcoachspano@gmail.com**

AWARDS: Individual events: Custom Gulf Medals for 1st - 3rd places & Ribbons for 4th - 8th places
Relay events: Custom Gulf Medals for 1st place & Ribbons for 2nd - 3rd places
Combined team: Custom Gulf Trophies for 1st -3rd places
Individual high point: Girls / Boys 8 & U, 9-10, 11-12 (highest individual points earned)
AWARDS WILL BE DISTRIBUTED AFTER THE MEET TO EACH ATTENDING TEAM AT A LATER DATE.

SCORING: Individual Events: 9-7-6-5-4-3-2-1
Relay Events: 18-14-12-10-8-6-4-2

All events will be scored as 8 & U, 9-10, and 11-12.

RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be



PLAT

permitted. Gulf Swimming teams assigned by the Technical Planning Chairman may only participate in this invitational meet.

The Gulf Swimming three (3) event rule & the Gulf Swimming up/down rule do not apply. 8&U athletes must have USAS National Motivational Time Standards B time in next shortest event to swim 200/500 free, 200IM. Swimmers must have 2 or fewer Gulf Age Group Champs Times, but may compete in any event offered in their age group

POOL MEASUREMENT:

The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the competition course is	5 feet measured from 1 meter to 5
meters on the starting end of the course, and	5 feet measured from 1 meter to 5
meters on the turning end of the course.	

TIMING SYSTEM:

A Colorado Model 6000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 500 Free must provide 2 timers and a lap counter.

POOL DECK RESTRICTION:

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.



PLAT

There is absolutely NO FOOD allowed on the pool deck. Violators of this rule will be asked to take their food outside. If the problem persists, violators of this rule may be asked to leave the property and participants may be removed and disqualified from the meet.

A SWIMMERS ONLY section will be available. Parents are not allowed to sit in this area. We encourage spectators to set up on the outside of the facility and come in and out to watch their swimmers race. Spectator seating will be limited.

Flash photography will not be permitted at the start of each race.

PICTURES and VIDEOS ARE NOT PERMITTED BEHIND STARTING BLOCKS AT ANY TIME.

DECK CHANGES: Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.

AUDIO/VIDEO RECORDING DEVICES:

Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

DRONES:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, Coaches, officials and/or spectators are present. Exceptions may be granted with prior Written approval by the Vice President of Program Operations.

PROOF OF TIME:

Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chair, Charlie Fry.

Once swimmers have qualified for a particular division, PRIOR to the entry deadline stated in the meet invitation, they MAY NOT swim in a slower division. Swimmers entering events in a slower division are subject to disqualification from the meet by the Meet Director or the Referee. Swimmers shall be fined \$50.00 for each event in which they competed.

UNACCOMPANIED SWIMMERS:



PLAT

Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

HOSPITALITY:

A hospitality room will be available for Officials, Coaches, FBISD Facility Employees, Security Personnel, Life Guards and Meet personnel ONLY.

OFFICIALS:

USA Qualified Officials and Apprentices are welcome to come and help officiate the meet. Official attire for all sessions will be white golf shirts over Navy slacks/skirts/shorts and white shoes. There will be an officials' briefing one (1) hour before the start of each session.

MEET RESULTS:

Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet. Unofficial real time results will be available on MEET MOBILE.

CONCESSIONS:

Concessions will be available

MERCHANDISE:

A swim vendor will be at the meet selling swim apparel and swim gear.

FACILITY RULES:

NO STANDING IN FRONT OF THE BLEACHERS NEXT TO RAILING. The walk ways must be kept clear.

There is absolutely NO FOOD allowed on the pool deck. Violators of this rule will be asked to take their food outside. If the problem persists, violators of this rule may be asked to leave the property and participants may be removed and disqualified from the meet.

Spectator bleacher seating is limited. **There will be a designated area for SWIMMERS ONLY. Parents and spectators are not permitted in the Swimmers only section. NO RESERVING OF SEATS IS PERMITTED.** No Lawn chairs or portable seating are allowed on deck. **NO SET UP IN HANDICAP AREAS**



PLAT

Spectator Rest Rooms are located at the front of the facility. Locker rooms are prohibited to spectators. Athletes are not permitted to use Spectator Rest Rooms for changing.

Children under 15 years of age must be supervised at all times.

Flash photography will not be permitted at the start of each race.

PICTURES and VIDEOS ARE NOT PERMITTED BEHIND STARTING BLOCKS AT ANY TIME.

No coolers, glass or other breakable containers, hard plastic toys, tobacco, alcoholic beverages or gum are allowed in the facility.

No balloons permitted in the facility.

Animals are not allowed in the facility with the exception of service animals that are assisting disabled persons.

No food or non-water beverages are allowed on pool deck. These items must be consumed outside of the pool deck. You may be asked to leave the facility if you are caught eating or drinking on the pool deck.

Please respect the facility and clean up after your team and/or family at the conclusion of each session. Throw your trash in trash containers and recycle items where possible.

Only participants, coaches, event administrators and event volunteers are allowed on the pool deck.

Designated Warm up Warm down lanes may be used for that purpose ONLY. Safety Marshalls, life guards and meet personnel reserve to remove swimmers that "horse play" in these lanes. These lanes must be kept with continuing swimming. Standing and talking are not permitted in these lanes.

No swimming under the bulkheads will be permitted.

No hanging or sitting on the lane lines.

Unauthorized personnel are not allowed to be on or walk across the bulkheads.

No electronics, eating, or loitering in the restrooms or locker rooms. NO SET UP IS PERMITTED IN LOCKER ROOMS



PLAT

Blocking or restricting fire lanes or emergency exits and the use of emergency exits for non-emergencies is prohibited. Park in designated parking spots at the schools located to the side of the facility or across the street.

All participants and spectators are expected to follow the directions of FBISD staff at all times. Questions about any decision may be directed to the Aquatics Supervisor or his/her representative.

The Security & FBISD staff has final authority on all safety matters and reserves the right to remove anyone for behavior that is deemed unsafe or inappropriate.

ATTACHMENTS: Meet Format, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form



PLAT

FALL CHAMPIONSHIPS INVITATIONAL

December 7-9, 2018

A Short Course Yards Timed Finals Meet

HOSTED BY

Platinum
Aquatics

Entry Rules:

Type of meet	Timed Finals
Max # individual events per day	Four (4) per day; eight (8) for the entire meet
Swimmers eligible	Gulf teams assigned to this venue
Entry times in	SCY, SCM, LCM
Qualifying times	8&U athletes must have USAS National Motivational Time Standards B time in next shortest event to swim 200/500 free, 200IM.
Cut-off times	Swimmers must have 2 or fewer Gulf Age Group Champs QTs. This includes events not offered at this meet – See attached time standards below.
Enter with no time?	Yes
Gulf “three event rule” applies?	Does not apply
Gulf “up/down rule” applies?	Does not apply
Gulf “beyond IMX” rule applies?	Does not apply
Times Eligibility	Times must be achieved between Feb 1, 2017 and the entry deadline.
Fees <i>*Coaches please remember to include Athlete Surcharge Fees with your entry fees.</i>	Individual – \$6.00, Relay - \$9.50

Athlete Surcharge- \$6.50 per swimmer. Meet host will have heat sheet available through Meet Mobile and will forward a PDF copy of non-deck seeded events to each attending team by Thursday week of meet. On-Deck entries and Deck seeded events will be posted in front lobby of facility.

All events will be seeded fastest to slowest.

***500 Free -Girls will swim in Lobby End Pool & Boys will swim in Diving End Pool**

ALL 25 Yard Events- will start from the bulkhead of Lobby End pool & finish at the Lobby end of the pool.

***A Ready Area will be set up for the 8 & Under 25 Yard events on the locker room side close to the bulkhead.**

ALL Relay Events – will start and finish from Lobby end of the pool. This includes 8 & Under Relays

ALL 50s 100s & 200s Yard events will be as follows:

Odd heats - will start from LOBBY end of the pool.

Even Heats- will start from DIVING Board end of the pool



PLAT

Friday – 12 & Unders December 7, 2018-

Girls Event#	Event Name	Boys Event#
1	12 & Under 200 IM	2
3	12 & Under 500 Free*	4

Saturday AM - Girls December 8, 2018

Saturday PM - Boys December 8, 2018

Girls Event#	Event Name	Boys Event#
5	12 & Under 100 IM	6
7	8 & Under 25 Free	8
9	12 & Under 100 Free	10
11	12 & Under 50 Fly	12
13	11-12 200 Fly	14
5 Minute Break		5 Minute Break
15	9-12 200 Free Relay	16
17	8 & Under 100 Free Relay	18
19	12 & Under 50 Back	20
21	11-12 200 Back	22
23	8 & Under 25 Breast	24
25	12 & Under 100 Breast	26

Sunday AM - Girls December 9, 2018

Sunday PM - Boys December 9, 2018

Girls Event#	Event Name	Boys Event#
27	12 & Under 50 Free	28
29	8 & Under 25 Back	30
31	12 & Under 100 Back	32
5 Minute Break		5 Minute Break
33	9-12 200 Medley Relay	34
35	8 & Under 100 Medley Relay	36
37	11-12 200 Breast	38
39	12 & Under 50 Breast	40
41	12 & Under 100 Fly	42
43	8 & Under 25 Fly	44
45	12 & Under 200 Free	46



PLAT

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

—
Signature

—
Title

—
Date



PLAT

2018 - 2019 Gulf Age Group Championships Time Standards

"-" indicates the 2018 - 2019 standard is faster than the 2017 - 2018 standard

* Relay standards are not qualifying standards.
Relays must achieve the relay standards in order to score.

Girls		10&U	Boys	
LCM	Yards		Yards	LCM
35.59	31.89	50 Free	31.89	36.59
1:18.09	1:10.29	100 Free	1:10.09	1:20.29
2:54.09	2:36.49	200 Free	2:35.29	2:57.49
6:08.69	6:49.89	500 Free	6:46.99	6:05.09
43.09	37.79	50 Back	37.79	44.39
1:31.49	1:22.79	100 Back	1:23.09	1:34.29
49.79	43.79	50 Breast	44.19	51.39
1:45.69	1:32.99	100 Breast	1:36.09	1:51.09
40.89	35.69	50 Fly	36.19	41.39
1:39.29	1:29.09	100 Fly	1:30.79	1:40.79
---	1:20.79	100 IM	1:22.59	---
3:17.29	2:54.69	200 IM	2:58.09	3:23.09

Girls		11-12	Boys	
LCM	Yards		Yards	LCM
31.49	27.69	50 Free	27.89	31.99
1:08.69	1:00.59 -	100 Free	1:01.69 -	1:09.59
2:30.29	2:12.79	200 Free	2:12.69	2:32.49
5:14.49	5:49.69	500 Free	5:49.49	5:13.49
37.49	32.59	50 Back	33.39 -	38.29
1:20.69	1:10.29	100 Back	1:11.99	1:22.19
2:53.39	2:31.39 -	200 Back	2:34.69	2:58.09
42.59	36.79 -	50 Breast	37.39	43.39
1:31.69	1:20.99	100 Breast	1:20.49	1:31.09
3:14.69	2:52.99	200 Breast	2:57.99	3:24.79
34.49	30.69 -	50 Fly	31.09	36.09
1:18.19	1:10.49	100 Fly	1:09.89	1:20.89
3:04.19	2:44.09	200 Fly	2:47.69	3:05.99
---	1:10.39 -	100 IM	1:10.59	---
2:52.79	2:31.29 -	200 IM	2:31.09	2:52.29
6:16.89	5:29.29	400 IM	5:19.79	6:08.69

PLAT

Girls		13-14	Boys	
LCM	Yards		Yards	LCM
29.99	26.29 -	50 Free	24.89 -	28.69
1:04.59	56.69	100 Free	53.89	1:01.89
2:20.89	2:03.49	200 Free	1:57.59	2:14.99
4:57.39	5:29.69	500 Free	5:16.09	4:48.49
10:20.49	11:42.29	1000 Free	11:04.49	9:55.99
20:39.79	19:29.19	1650 Free	18:56.19	19:25.39
1:13.99	1:04.59 -	100 Back	1:01.89	1:13.09
2:39.99	2:19.39 -	200 Back	2:13.99	2:37.59
1:27.19	1:14.69 -	100 Breast	1:09.59 -	1:22.29
3:04.19	2:40.79 -	200 Breast	2:31.19 -	2:57.29
1:12.29	1:03.49	100 Fly	59.79	1:09.69
2:52.59	2:23.59 -	200 Fly	2:16.49	2:35.89
2:40.69	2:19.59	200 IM	2:11.89	2:32.79
5:43.59	4:57.19	400 IM	4:41.99 -	5:30.19

Girls		12&U	Boys	
LCM	Yards		Yards	LCM
4:45.79	4:12.49	400 Free Relay *	4:19.19	4:49.49
5:32.09	4:53.79	400 Med Relay *	4:56.09	5:36.79

Girls		14&U	Boys	
LCM	Yards		Yards	LCM
4:28.69	3:55.89	400 Free Relay *	3:44.19	4:17.49
5:09.99	4:30.89	400 Med Relay *	4:15.39	4:58.49