



PACK OPEN MEET INVITATIONAL

A Short Course Yards Timed Finals Meet
Premier Aquatics Club of Klein

January 4 - 6, 2019

A Short Course Yards Timed Finals Meet

SANCTION # GU-SC-19-050

ENTRIES DUE BY 6:00 PM, WEDNESDAY, December 26th, 2018

This meet will be a deck-seeded meet. Circle-in is required for ALL events 45 minutes prior to the start of each session.

LOCATION:

Klein High School Natatorium.

16715 Stuebner Airline

Klein, Texas 77379

Directions: See map on last page of this announcement



COACHES:

Mike McCauley - Head Coach; Shane McCauley – Head Age Group Coach

MEET REFEREE:

Tom Jones - tomjones.gulf@gmail.com

**ADMINISTRATIVE
OFFICIAL:**

Lyne Santhin, James Smith

meetcoordinator@packswimming.com

MEET DIRECTOR: Lyne Santhin, Cynthia Singh, Susan Rangel, James Smith
meetcoordinator@packswimming.com

SAFETY MARSHAL: Kathy Moore, Kim Newton, Rachel Mulloy

POOL: Eight lane, 25yard indoor pool with non-turbulent lane lines with separate 3 lane warm down area.

TIME AND DATE: **This is a timed-finals meet with morning (13 and up plus 11-12 girls) and afternoon (10 and under plus 11-12 boys) sessions on Sat. and Sun.**

Session 1: Friday Night – January 4, 2019 (TIMED FINAL EVENTS)

Age Groups: 11 & Up

Warm-ups: 5:00 – 6:15 pm

Meet Starts: 6:30 pm

Session 2: Saturday Morning – January 5, 2019 (TIMED FINAL EVENTS)

Age Groups: 13 & Over, 11-12 Girls

Warm-ups*: 7:30 am – 8:45 am

Meet Starts: 9:00 am

Session 3: Saturday Afternoon – January 5, 2019 (TIMED FINAL EVENTS)

Age Groups: 10 & Under, 11-12 Boys

Warm-ups*

Meet Start: *

*** Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.**

Session 4: Sunday Morning – January 6, 2019 (TIMED FINAL EVENTS)

Age Groups: 13 & Over, 11-12 Girls and Open

Warm-ups*: 7:30 am – 8:45 am

Meet Starts: 9:00 am

Session 5: Sunday Afternoon – January 5, 2019 (TIMED FINAL EVENTS)

Age Groups: 10 & Under, 11-12 Boys and Open

Warm-ups*:

Meet Starts: *

*** Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage**

*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website.

Lane assignments for warm-ups and timing will be designated in the psych sheet and posted on the Gulf Swimming website by Monday, December 31, 2018.

MEET TYPE: This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

SAFETY GUIDELINES AND WARM-UP PROCEDURES:

See attached Safety Guidelines and Warm-up Procedures

SEEDING:

This meet will be a deck-seeded meet. **Circle-in is required for ALL events 45 minutes prior to the start each session.** Coaches please inform your swimmers of deck-seeded rules. All events, including relays, will be seeded with heats in the order of fastest to slowest.

After the events are officially closed, no one may check in or scratch. After circling in, failure to appear at the starting blocks will result in the swimmer being

assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman Charles Frey, if he/she fails to appear.

The 1650 Free, 400 IM and 500 Free will be swum alternating girls and boys heats. Swimmers must provide 2 timers and a lap counter where applicable.

RELAY CARDS: Relay cards must be turned in to the Clerk of Course by **8:15 am for morning session** and **45 minutes before the start of the afternoon session** or the entry will be considered scratched.

ON-DECK ENTRIES: Late entries will be accepted each day up to 45 minutes before the start of the meet. Those swimmers missing the **6:00 p.m. Wednesday, December 26th, 2018** deadline may enter the meet on deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry.
2. Swimmers must supply completed entry forms entered at the swimmers' best times. The swimmers will be seeded into the events according to their best times.
3. Swimmers must enter all events for the day 45 minutes prior to the start of the day's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers who on-deck to change an entry time in a deck seeded event already entered must circle-in on the posted circle-in sheets. The new time will be used for seeding. The on-deck entry fees still apply to these swimmers.
7. **The meet host reserves the right to limit deck entries, in order to comply with the 4 hour rule, based on projected timeline.**

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time and **times must be from USAS meets**. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert *meter (yard)* times to *yard (meter)* times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). **No Times ARE allowed at this meet.**

Cut-off Times: None

Qualifying Times: None

Age: As of January 4, 2019

Number of Events: Swimmers may compete in up to four (4) individual events per day plus 1 relay per day.

Entries: All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software. **Entries must be in the hands of the Meet Entry Chair no later than 6:00 pm on Wednesday, December 26th, 2018. No late entries will be accepted.**

Email entries to the Meet Entry Chair:

entries@packswimming.com

Eligible Teams: Any currently registered USA-S teams may enter, space permitting. Any USA-S registered unattached swimmers not currently affiliated with a team or in the process of transferring to a team may enter, space permitting., and **must** pre-arrange their **OWN** Coach Supervision before being allowed to participate in this meet.

Meet Limits: Entries will be accepted in the order they are received by the host. The meet host reserves the right to stop accepting entries when sessions approach the 4 hour limit, to be in accordance with the 4 hour rule. Once your entries are accepted, you will receive a confirmation email from PAK Entry Coordinator, confirming your entries have been accepted

Fees: \$5.75 per Individual Event and \$10.00 for each relay entry, plus \$5.50 per swimmer facility surcharge fee. Including free PDF Heat Sheet available at packswimming.com on Hosted Meets Page. Heat sheet will also be available on Meet Mobile.

Entry fees must be postmarked by **Friday, Dec 28th, 2018** to the address below:

**Premier Aquatics
PO Box 11108
Spring TX 77391**

entries@packswimming.com

Make checks payable to: **Premier Aquatics**

AWARDS: Individual events: Ribbons 1st – 8th place
Relay events: Ribbons 1st – 3rd place

SCORING: Individual Events: 9-7-6-5-4-3-2-1
Relay Events: 18-14-12-10-8-6-4-2

All Open Individual Events will be swum combined but scored separately as 15 & Over, 13-14, 11-12, 10 & Under.

All Individual 13 & over events will be swum combined but scored separately as 13-14 and 15 & over.

All Individual 12 & under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & under.

All Individual 11 & Over events will be swum combined but scored separately as 11-12, 13-14 and 15 & Over.

All Individual 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

All Individual 10 & Under events will be swum combined but scored separately as 9-10, 8, 7 and 6 & Under.

All Individual 8 & under events will be swum combined but scored separately as 8, 7 and 6 & under.

All Relays will be entered in the meet as 8 & Under, 9-10, 11-12 age groups and scored by those same age groups.

RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted.

The three (3) event rule and up/down rule do not apply

POOL MEASUREMENT: The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the competition course is 12 feet measured from 1 meter to 5 meters on the starting end of the course, and 6 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM: A Daktronics electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 1650, 500 Free and 400 IM must provide 2 timers and a lap counter where applicable.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety. Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room.

DECK CHANGING PROHIBITION: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

PROOF OF TIME: Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, Charles Frey.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: Concessions will be available

- HOSPITALITY:** A hospitality room will be available for Officials, Coaches and meet personnel
- MERCHANDISE:** D&J Sports will be at the meet selling swim apparel and swim gear.
- MEET RESULTS:** ***Unofficial real time results will be available on the MEET MOBILE app on Android and iPhone.*** Official Meet results will be posted on the Gulf Swimming Web Page www.gulfswimming.org), within three days after the conclusion of the meet.
- ATTACHMENTS:** Meet Format, Entry Verification Form, Gulf Safety Guidelines and Warm-up Procedures, Klein HS Map and Campus Close-Up

PACK OPEN INVITATIONAL MEET

Klein High School Natatorium

January 4-6, 2019

Type of Meet	Timed Finals
Maximum # individual events per day	Four (4)
Swimmers eligible	See Entry Information Above
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual \$5.75; Swimmer Facility Surcharge \$5.50. Relays - \$10.00 Including free PDF Heat Sheet available at packswimming.com on Hosted Meets Page and Meet

Order of Events by number:

FRIDAY, January 4, 2019 (Warm-ups: 5:00 – 6:15 pm, Meet Starts: 6:30 pm)

- #1 11 & Up Girls 1650 Free **
- #2 11 & Up Boys 1650 Free **

Morning Session (13 & Over Girls & Boys and 11-12 Girls)

SATURDAY, January 5, 2019 (Warm-ups: 7:30 – 8:45 am, Meet Starts: 9:00 am)

- #3 15 & Over Girls 200 Medley Relay
- #4 15 & Over Boys 200 Medley Relay
- #5 13-14 Girls 200 Medley Relay
- #6 13-14 Boys 200 Medley Relay
- #7 11-12 Girls 200 Medley Relay
- #9 11 & Over Girls 100 Breast
- #10 13 & Over Boys 100 Breast
- #11 11 & Over Girls 50 Free
- #12 13 & Over Boys 50 Free
- #13 11-12 Girls 100 I.M.
- #15 11 & Over Girls 200 Fly
- #16 13 & Over Boys 200 Fly
- #17 11 & Over Girls 200 Back
- #18 13 & Over Boys 200 Back
- #19 11-12 Girls 50 Breast
- #21 11 & Over Girls 200 Free
- #22 13 & Over Boys 200 Free
- #23 13 & Over Girls 400 I.M.**
- #24 13 & Over Boys 400 I.M.**

Afternoon Session (10 & Under Girls & Boys and 11-12 Boys)

SATURDAY, January 5, 2019 * Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

- #26 11-12 Boys 200 Medley Relay
- #27 9-10 Girls 200 Medley Relay
- #28 9-10 Boys 200 Medley Relay
- #29 8 & Under Girls 200 Medley Relay
- #30 8 & Under Boys 200 Medley Relay
- #31 9-10 Girls 100 Breast
- #32 9-12 Boys 100 Breast
- #33 8&Under Girls 25 Fly
- #34 8&Under Boys 25 Fly
- #36 11-12 Boys 200 Fly
- #37 10 & Under Girls 50 Free
- #38 12 & Under Boys 50 Free
- #39 10 & Under Girls 100 I.M.
- #40 12 & Under Boys 100 I.M.
- #42 11-12 Boys 200 Back
- #43 8 & Under Girls 25 Free
- #44 8 & Under Boys 25 Free
- #45 10 & Under Girls 50 Breast
- #46 12 & Under Boys 50 Breast
- #47 9-10 Girls 200 Free
- #48 9-12 Boys 200 Free

Morning Session (13 & Over Girls & Boys and 11-12 Girls)

SUNDAY, January 6, 2019 (Warm-ups: 7:30 – 8:45 am, Meet Starts: 9:00 am)

- #49 15 & Over Girls 200 Free Relay
- #50 15 & Over Boys 200 Free Relay
- #51 13-14 Girls 200 Free Relay
- #52 13-14 Boys 200 Free Relay
- #53 11-12 Girls 200 Free Relay
- #55 11 & Over Girls 100 Back
- #56 13 & Over Boys 100 Back
- #57 11-12 Girls 50 Fly
- #59 11& Over Girls 200 Breast
- #60 13 & Over Boys 200 Breast
- #61 11 & Over Girls 100 Free
- #62 13 & Over Boys 100 Free
- #63 11 & Over Girls 100 Fly
- #64 13 & Over Boys 100 Fly
- #65 11-12 Girls 50 Back
- #67 11 & Over Girls 200 I.M.
- #68 13 & Over Boys 200 I.M.
- #69 Open Girls 500 Free**
- #70 Open Boys 500 Free**

Afternoon Session (10 & Under Girls & Boys and 11-12 Boys)

SUNDAY, January 6, 2019 * Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

- #72 11-12 Boys 200 Free Relay
- #73 9-10 Girls 200 Free Relay
- #74 9-10 Boys 200 Free Relay
- #75 8 & Under Girls 200 Free Relay
- #76 8 & Under Boys 200 Free Relay
- #77 9-10 Girls 100 Back
- #78 9-12 Boys 100 Back
- #79 10 & Under Girls 50 Fly
- #80 12 & Under Boys 50 Fly
- #82 11-12 Boys 200 Breast
- #83 8 & Under Girls 25 Back
- #84 8 & Under Boys 25 Back
- #85 10 & Under Girls 100 Free
- #86 12 & Under Boys 100 Free
- #87 9-10 Girls 100 Fly
- #88 9-12 Boys 100 Fly
- #89 10 & Under Girls 50 Back
- #90 12 & Under Boys 50 Back
- #91 9-10 Girls 200 I.M.
- #92 9-12 Boys 200 I.M.
- #93 8 & Under Girls 25 Breast
- #94 8 & Under Boys 25 Breast
- #95 Open Girls 500 Free**
- #96 Open Boys 500 Free**

**** The 1650 Free, 400 I.M. and 500 Freestyle will be swum alternating girls and boys heats.**

1000 Free, 400 IM & 500 Free swimmers must provide 2 timers and a lap counter where applicable.

All events will be seeded fastest to slowest.

All Open Individual Events will be swum combined but scored separately as 15 & Over, 13-14, 11-12, 10 & Under.

All Individual 13 & over events will be swum combined but scored separately as 13-14 and 15 & over.

All Individual 12 & under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & under.

All Individual 11 & Over events will be swum combined but scored separately as 11-12, 13-14 and 15 & Over.

All Individual 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

All Individual 10 & Under events will be swum combined but scored separately as 9-10, 8, 7 and 6 & Under.

All Individual 8 & under events will be swum combined but scored separately as 8, 7 and 6 & under.

All Relays will be entered in the meet as 8 & Under, 9-10, 11-12 age groups and scored by those same age groups.

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

SAFETY GUIDELINES AND WARM-UP PROCEDURES

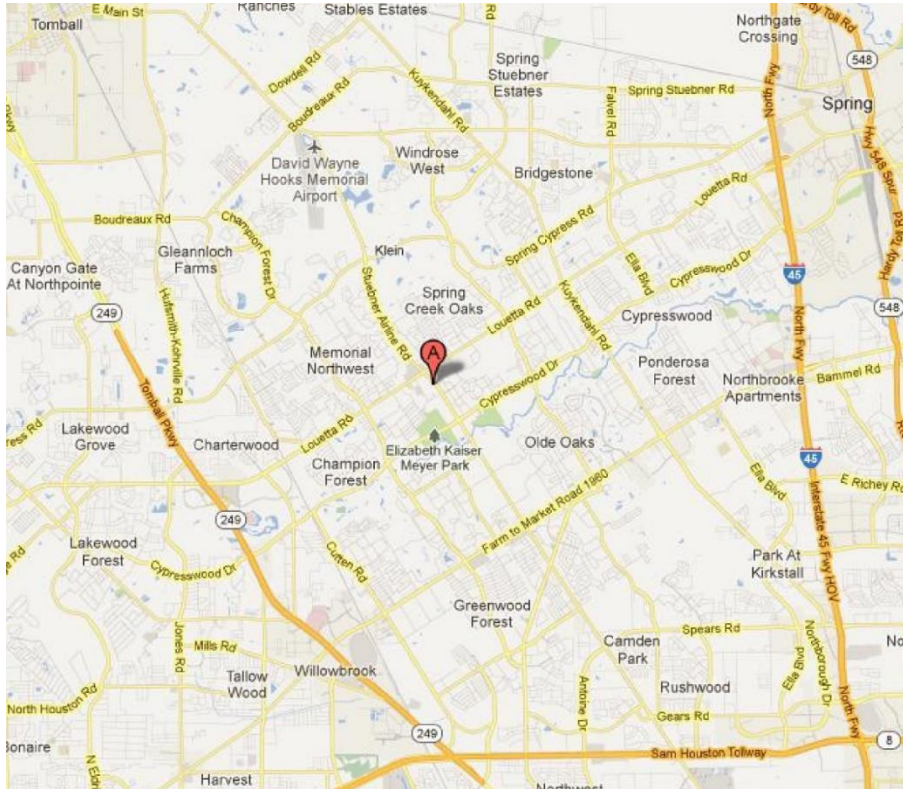
WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.
 - 4. Food and smoothies not allowed on deck.

Klein High School Natatorium.
16715 Stuebner Airline
Klein, Texas 77379



KLEIN HIGH SCHOOL POOL

