

Southern Senior Championships Invitational hosted by TWST, S#: GU-SC-19-042

November 29 -- December 2, 2018

Team List

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	AQUA-GU Aquastar	2	3	5	22	0	22
2	ASC-ST Austin Swim Club	6	9	15	81	8	89
3	ATAC-ST Austin Trinity Aquatic Club	10	1	11	61	1	62
4	BLST-GU Battleground Area Swim Team	1	7	8	48	5	53
5	BTA-GU Blue Tide Aquatics	16	20	36	196	28	224
6	UN-BT-GU Blue Tide Aquatics - UnAtt	0	1	1	6	0	6
7	BATS-GU Bridge Bats	2	7	9	39	2	41
8	CCA-SN California Capital Aquatics	11	4	15	94	15	109
9	CFSC-GU Cypress Fairbanks Swim Club	12	8	20	116	17	133
10	DADS-GU Dads Club Swim Team	22	14	36	239	16	255
11	ESA-GU Eagle Swimming Association	2	5	7	37	2	39
12	FCST-GU First Colony Swim Team	11	11	22	178	14	192
13	COOG-GU Houston Cougars	6	3	9	54	0	54
14	JH-CO Jeffco Hurricanes	19	6	25	188	19	207
15	KATY-GU Katy Aquatics	17	18	35	203	30	233
16	UN-KA-GU Katy Aquatics -unatt	1	0	1	6	0	6
17	LIFE-GU Life Time Houston Swim Team	1	4	5	36	0	36
18	LSST-GU Lone Star Swim Team	0	1	1	1	0	1
19	LOVE-CO Loveland Swim Club	5	16	21	140	8	148
20	MAC-GU Magnolia Aquatic Club	23	13	36	185	25	210
21	UN-MA-GU Magnolia Aquatic Club -unatt	1	1	2	11	0	11
22	PEAK-GU Pearland Aquatics	6	3	9	49	0	49
23	PFL-GU Power for Life	2	2	4	24	0	24
24	PACK-GU Premier Aquatics	18	25	43	264	30	294
25	UN-PA-GU Premier Aquatics -unatt	2	1	3	15	0	15
26	RICE-GU Rice Aquatics	5	7	12	78	6	84
27	SAC-AZ Scottsdale Aquatic Club	31	17	48	341	24	365
28	SHRK-GU Sharks Swim Club	7	5	12	60	8	68
29	SSS-GU South Shore Sails	9	6	15	96	12	108
30	STA-GU South Texas Aquatics	1	5	6	34	0	34
31	SST-GU Spring Swim Team	1	3	4	17	0	17
32	SHAC-GU Swim Houston Aquatics Center	8	9	17	122	6	128
33	UN-SS-GU Swim Streamline - UnAtt	2	1	3	11	0	11
34	SSAN-GU Swim Streamline at Northampton	19	10	29	147	16	163
35	TWST-GU The Woodlands Swim Team	16	22	38	209	10	219
36	TASC-GU Tomball Area Swim Club	0	1	1	2	0	2
		295	269	564	3410	302	3712

Southern Senior Championships Invitational hosted by TWST, S#: GU-SC-19-042
November 29 -- December 2, 2018
Session Report

Session: 1M Thursday Men Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	2 Men 1000 Freestyle	41	6 u	05:00 PM	_____
	Swimmers Counts for Warm-ups: 41	=====	=====		
	Entry / Heat Totals:	41	6		
	Finish Time			06:06 PM	_____

Session: 1W Thursday Women Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 1000 Freestyle	50	7 u	05:00 PM	_____
	Swimmers Counts for Warm-ups: 50	=====	=====		
	Entry / Heat Totals:	50	7		
	Finish Time			06:20 PM	_____

Southern Senior Championships Invitational hosted by TWST, S#: GU-SC-19-042**November 29 -- December 2, 2018****Session Report - Double Ended**

Session: 2P Friday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	3 Women 200 Medley Relay	15	2 u	09:00 AM	_____
Finals-S	4 Men 200 Medley Relay	12	2 u	09:03 AM	_____
Prelims	5 Women 100 Breaststroke	111	14 u	09:05 AM	_____
Prelims	6 Men 100 Breaststroke	99	13 u	09:16 AM	_____
Prelims	7 Women 200 Freestyle	172	22 u	09:26 AM	_____
Prelims	8 Men 200 Freestyle	148	19 u	09:52 AM	_____
Prelims	9 Women 100 Butterfly	145	19 u	10:14 AM	_____
Prelims	10 Men 100 Butterfly	132	17 u	10:27 AM	_____
Prelims	11 Women 400 IM	115	15 u	10:39 AM	_____
Prelims	12 Men 400 IM	79	10 u	11:20 AM	_____
	Break: 15 Minutes:				
Finals-S	13 Women 400 Freestyle Relay	19	3 u	11:59 AM	_____
Finals-S	14 Men 400 Freestyle Relay	16	2 u	12:07 PM	_____
	Swimmers Counts for Warm-ups: 482	=====	=====		
	Entry / Heat Totals:	1,063	138		
	Finish Time - Double Ended			12:11 PM	_____

Southern Senior Championships Invitational hosted by TWST, S#: GU-SC-19-042**November 29 -- December 2, 2018****Session Report - Double Ended**

Session: 3P Saturday Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	15 Women 200 Butterfly	87	11 u	09:00 AM	_____
Prelims	16 Men 200 Butterfly	100	13 u	09:16 AM	_____
Prelims	17 Women 50 Freestyle	176	22 u	09:33 AM	_____
Prelims	18 Men 50 Freestyle	150	19 u	09:41 AM	_____
Prelims	19 Women 200 Breaststroke	109	14 u	09:48 AM	_____
Prelims	20 Men 200 Breaststroke	93	12 u	10:09 AM	_____
Prelims	21 Women 100 Backstroke	133	17 u	10:25 AM	_____
Prelims	22 Men 100 Backstroke	119	15 u	10:40 AM	_____
Prelims	23 Women 500 Freestyle	131	17 u	10:52 AM	_____
Prelims	24 Men 500 Freestyle	118	15 u	11:43 AM	_____
	Break: 15 Minutes:				
Finals-S	25 Women 800 Freestyle Relay	8	1 u	12:41 PM	_____
Finals-S	26 Men 800 Freestyle Relay	6	1 u	12:49 PM	_____
	Swimmers Counts for Warm-ups: 538	=====	=====		
	Entry / Heat Totals:	1,230	157		
	Finish Time - Double Ended			12:57 PM	_____

Southern Senior Championships Invitational hosted by TWST, S#: GU-SC-19-042**November 29 -- December 2, 2018****Session Report - Double Ended**

Session: 4P Sunday Prelims

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Women 200 Freestyle Relay	36	5 u	09:00 AM	_____
Finals	28 Men 200 Freestyle Relay	31	4 u	09:07 AM	_____
Prelims	29 Women 100 Freestyle	223	28 u	09:10 AM	_____
Prelims	30 Men 100 Freestyle	195	25 u	09:28 AM	_____
Prelims	33 Women 200 Backstroke	120	15 u	09:43 AM	_____
Prelims	34 Men 200 Backstroke	104	13 u	10:06 AM	_____
Prelims	35 Women 200 IM	199	25 u	10:25 AM	_____
Prelims	36 Men 200 IM	176	22 u	10:59 AM	_____
	Break: 15 Minutes:				
Finals-S	37 Women 400 Medley Relay	19	3 u	11:41 AM	_____
Finals-S	38 Men 400 Medley Relay	12	2 u	11:50 AM	_____
Finals-S	31 Women 1650 Freestyle	37	5 u	11:54 AM	_____
Finals-S	32 Men 1650 Freestyle	32	4 u	12:50 PM	_____
	Swimmers Counts for Warm-ups: 521	=====	=====		
	Entry / Heat Totals:	1,184	151		
	Finish Time - Double Ended			01:25 PM	_____

Southern Senior Championships Invitational hosted by TWST, S#: GU-SC-19-042**November 29 -- December 2, 2018****Session Report**

Session: 2F Friday Finals

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 60 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-2	3 Women 200 Medley Relay	16	2 u	05:30 PM	_____
Finals-2	4 Men 200 Medley Relay	16	2 u	05:36 PM	_____
Finals	5 Women 100 Breaststroke	40	5 u	05:42 PM	_____
Finals	6 Men 100 Breaststroke	40	5 u	05:52 PM	_____
Finals	7 Women 200 Freestyle	40	5 u	06:02 PM	_____
Finals	8 Men 200 Freestyle	40	5 u	06:17 PM	_____
Finals	9 Women 100 Butterfly	40	5 u	06:31 PM	_____
Finals	10 Men 100 Butterfly	40	5 u	06:41 PM	_____
Finals	11 Women 400 IM	32	4 u	06:50 PM	_____
Finals	12 Men 400 IM	32	4 u	07:12 PM	_____
Finals-2	13 Women 400 Freestyle Relay	16	2 u	07:33 PM	_____
Finals-2	14 Men 400 Freestyle Relay	16	2 u	07:42 PM	_____
	Swimmers Counts for Warm-ups: 284	=====	=====		
	Entry / Heat Totals:	368	46		
	Finish Time			07:51 PM	_____

Southern Senior Championships Invitational hosted by TWST, S#: GU-SC-19-042**November 29 -- December 2, 2018****Session Report**

Session: 3F Saturday Finals

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 60 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Women 200 Butterfly	40	5 u	05:30 PM	_____
Finals	16 Men 200 Butterfly	40	5 u	05:46 PM	_____
Finals	17 Women 50 Freestyle	40	5 u	06:01 PM	_____
Finals	18 Men 50 Freestyle	40	5 u	06:08 PM	_____
Finals	19 Women 200 Breaststroke	40	5 u	06:15 PM	_____
Finals	20 Men 200 Breaststroke	40	5 u	06:32 PM	_____
Finals	21 Women 100 Backstroke	40	5 u	06:48 PM	_____
Finals	22 Men 100 Backstroke	40	5 u	06:58 PM	_____
Finals	23 Women 500 Freestyle	32	4 u	07:07 PM	_____
Finals	24 Men 500 Freestyle	32	4 u	07:32 PM	_____
	Break: 15 Minutes:				
Finals-2	25 Women 800 Freestyle Relay	16	2 u	08:09 PM	_____
Finals-2	26 Men 800 Freestyle Relay	16	2 u	08:27 PM	_____
	Swimmers Counts for Warm-ups: 311	=====	=====		
	Entry / Heat Totals:	416	52		
	Finish Time			08:44 PM	_____

Southern Senior Championships Invitational hosted by TWST, S#: GU-SC-19-042**November 29 -- December 2, 2018****Session Report**

Session: 4F Sunday Finals

Day of Meet: 4 Starts at 04:30 PM Heat Interval: 60 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Women 100 Freestyle	40	5 u	04:30 PM	_____
Finals	30 Men 100 Freestyle	40	5 u	04:40 PM	_____
Finals-1	31 Women 1650 Freestyle	8	1 u	04:49 PM	_____
Finals-1	32 Men 1650 Freestyle	8	1 u	05:08 PM	_____
Finals	33 Women 200 Backstroke	40	5 u	05:26 PM	_____
Finals	34 Men 200 Backstroke	40	5 u	05:42 PM	_____
Finals	35 Women 200 IM	40	5 u	05:56 PM	_____
Finals	36 Men 200 IM	40	5 u	06:12 PM	_____
Finals-2	37 Women 400 Medley Relay	16	2 u	06:27 PM	_____
Finals-2	38 Men 400 Medley Relay	16	2 u	06:37 PM	_____
	Swimmers Counts for Warm-ups: 294	=====	=====		
	Entry / Heat Totals:	288	36		
	Finish Time			06:47 PM	_____

Southern Senior Championships Timing Assignments

Friday Prelims

	1	2	3	4	5	6	7	8
East	CFSC / MAC	SSS / BLST	PACK / PACK	KATY / KATY	BTA / BTA	DADS / SSAN	FCST / FCST	SHAC / SHAC
West	SSS / COUG	SSAN / SSAN	PACK / FCST	DADS / DADS	MAC / MAC	BTA / CFSC	PEAK / SHRK	KATY / RICE

Saturday Prelims

	1	2	3	4	5	6	7	8
East	CFSC / MAC	ESA / BLST	PACK / PACK	KATY / KATY	BTA / BTA	DADS / SSAN	FCST / BATS	SHAC / SHAC
West	SSS / COUG	SSAN / SSAN	PACK / FCST	DADS / DADS	MAC / MAC	BTA / CFSC	PEAK / SHRK	KATY / RICE

Sunday Prelims

	1	2	3	4	5	6	7	8
East	CFSC / MAC	BLST / PACK	PACK / PACK	KATY / KATY	BTA / BTA	DADS / SSAN	FCST / BATS	SHAC / SHAC
West	SSS / COUG	SSAN / SSAN	BTA / FCST	DADS / DADS	MAC / MAC	CFSC / CFSC	PEAK / SHRK	RICE / KATY

EAST is the Diving Well end, WEST is the Scoreboard end

Timers are expected to be at the facility 30 minutes prior to the session. TWST will be providing all timers for Finals sessions.