



13&Up Invitational Meet  
November 3-4, 2018

Warm Up: Saturday and Sunday PM

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
1:00-1:25 PM	ShAC	ShAC	ShAC	ShAC	ShAC	ShAC
1:25-1:50 PM	TTST LAP	ECS SHARK	ECS	HCAP	HCAP	HCAP

\*50-Meter Lanes will be open for warm up and cool down at all times.

Lane Timers Assignment

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
TTST	ECS	HCAP	HCAP	HCAP	SHARK LAP

Please provide 2 timers per lane

\*\*Swimmers in the 500 Free / 400 IM must provide their own timers and lap counters.