

GULF October Open Meet

October 13-14, 2018

A Short Course Yards Timed Finals Meet

HOSTED BY

**South Texas Aquatics
STA**

Sanction Number # **GU-SC-19-035**

ENTRIES DUE TO GULF TPC CHAIR (TPC@GULFSWIMMING.ORG) BY 11:59 PM, FRIDAY, SEPTEMBER 21, 2018

- LOCATION:** Humble High School
1700 Wilson Road
Humble, TX 77338
- DIRECTIONS:** From 59 North, take the JFK Airport Exit, turn left under 59 and travel to Wilson Road. At Wilson Road, turn left (there will be a famous fast food restaurant on your left). Turn into the second entrance to Humble High School parking lot, the Natatorium is directly at the end of the parking lot. From 59 South, take the JFK Airport Exit, turn right and travel to Wilson Road. At Wilson Road, turn left (there will be a famous fast food restaurant on your left). Turn into the second entrance to Humble High School parking lot, the Natatorium is directly at the end of the parking lot.
- SPECIAL INSTRUCTIONS:** There will be no special parking assignments for officials or coaches, first come, first served. All team set up will be outdoors, on the sidewalks surrounding the Natatorium. All indoor stadium seating is for anyone wanting to watch an event and there will be no indoor set up for spectators, coaches will set up on the Bulk head area of the pool, and the Lane 8 area of the pool.
- MEET STAFF:**
- | | |
|--------------------------|--|
| MEET REFEREE: | Andy Kushner
Tom Jones |
| ADMIN OFFICIAL: | Tanya Sorensen, tanya.soren-grist@sbcglobal.net |
| MEET DIRECTOR(S): | Tony Puckett, tpuckett@paalp.com -needs BKG Check |
| SAFETY MARSHAL: | Mitch Dugas mdugas@starengr.com |
| COACH(ES): | Charlie Fry, coachcfry@gmail.com |
- POOL:** One eight lane, 25 yard indoor pool with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up / warm-down area will be made available during the competition.
- TIME AND DATE:** This is four session, 2 day, timed-finals meet with AM/PM sessions on Saturday and Sunday.

Session 1: Saturday AM – October 13,2018



Age Groups: 11-12 girls, 13-14 girls, 15&Over girls, 13-14 boys, 15&Over boys
Warm-up*: 7:30 – 8:45 am / Meet Start: 9:00 am

Session 2: Saturday PM – October 13, 2018

Age Groups: 8&Under girls, 9-10 girls, 8&Under boys, 9-10 boys, 11-12 boys
Warm-up/Meet Start: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

Session 3: Sunday AM – October 14, 2018

Age Groups: 11-12 girls, 13-14 girls, 15&Over girls, 13-14 boys, 15&Over boys
Warm-up*: 7:30 – 8:45 am / Meet Start: 9:00 am

Session 4: Sunday PM – October 14, 2018

Age Groups: 8&Under girls, 9-10 girls, 8&Under boys, 9-10 boys, 11-12 boys
Warm-up: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the heat sheet, and posted on the Gulf Swimming website by Monday, October 8, 2018.

MEET TYPE:

This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

The 400 I.M. and 500 Freestyle will be swum fastest to slowest, alternating girl’s and boy’s heats.

SAFETY GUIDELINES AND WARM-UP PROCEDURES:

See attached Safety Guidelines and Warm-up Procedures

SEEDING:

The meet will be pre-seeded, with the exception of the 400 IM and the 500 Free, which will be deck seeded events. Coaches please inform your swimmers of pre-seeded and deck seeded rules. All events will be seeded with heats in the order of fastest to slowest. As a courtesy to the host, coaches should inform the clerk of course of swimmers not attending the meet. Empty lanes will be used for deck entries.

POSITIVE CHECK-IN FOR THE 400 IM and 500 FREE:

All swimmers must circle in on sheets that will be available at the start of warm-up for the session, and due 45 minutes before the start of the session in which the event is scheduled to swim. After the events are officially closed, no one may check-in or scratch. After checking-in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chair, Charlie Fry, for each event in which he/she fails to appear.



ON-DECK ENTRIES: Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the 11:59 pm, Friday, September 21, 2018 deadline may enter the meet on-deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
2. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes in the pre-seeded events and according to their best times in deck seeded events.
3. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers that on-deck enter to change their entry time in a deck seeded event,
 - a. must circle-in on the posted circle-in sheets,
 - b. the on-deck entry time will be used for seeding, and
 - c. the on-deck entry fees still apply to these swimmers.
7. Heats will be added, if necessary and if the timeline permits.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.

Cut-off Times: None

Qualifying Times: Athlete must have a “B” time in the next shortest distance (IMX event) in order to enter the following events:

10 & U – 500 Free

11-12 – 200 Fly/Back/Breast; 400 IM; 800 Free or longer

13-14 – 800 Free or longer

Times Eligibility: Times must be achieved between Feb 1, 2017 and the entry deadline.

Age: As of October 13, 2018

Number of Events: Swimmers may compete in up to four (4) individual events per day but no more than seven (7) for the entire meet.

Entries: All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software.

Deadline: Entries must be in the hands of the designee of the Technical Planning Chair no later than **11:59 PM, FRIDAY, SEPTEMBER 21, 2018**. No late entries will be accepted.

Email entries to the designee of the Technical Planning Chair at:



EMAIL: TPC@GULFSWIMMING.ORG

Eligible Teams: Venues will be balanced by team numbers. The team lists will be posted on the Gulf website. Only swimmers attached to a registered Gulf Swimming team, swimmers in the documented process of transferring to a Gulf Swimming team may participate in this invitational meet.

Individual Event Entry Fee (per event): \$5.75
Swimmer Surcharge Fee (per swimmer): \$2.00 For 1
Make entry fee checks payable to: South Texas Aquatics

Mail entry fees (**POSTMARKED BY FRIDAY, October 5, 2018**) to the address below:

South Texas Aquatics
5319 Aspen Lake Ct.
Kingwood, Tx 77345

713-865-6978
Bdpcar_g@yahoo.com

AWARDS: Individual events: Ribbons 1st-8th place

SCORING: Individual Events: 9-7-6-5-4-3-2-1
All 13&Over events will be swum combined but scored separately as 13-14 and 15&Over.
All 11&Over events will be swum combined but scored separately as 11-12, 13-14 and 15&Over.
All 12&Under events will be swum combined but scored separately as 6&Under, 7, 8, 9-10 and 11-12.
All 10&Under events will be swum combined but scored separately as 6&Under, 7, 8, 9-10.
All 8 & Under events will be swum combined but scored separately as 6&Under, 7, 8.
All 9-12 events will be swum combined but scored separately as 9-10 and 11-12.

RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted. Gulf Swimming teams assigned by the Technical Planning Chair may only participate in this invitational meet.

The Gulf Swimming three (3) event rule and up/down rule do not apply.

POOL MEASUREMENT:



The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4). The copy of such certification is on file with USA Swimming.

The water depth of the competition course **12** feet measured from 1 yards to 5 is yards on the starting end of the course, and **4.5** feet measured from 1 yard to 5 yards on the turning end of the course.

TIMING SYSTEM: A Colorado Model 6000 (or Daktronics Model 2000) electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 500/1650 Free and 400 IM must provide 2 timers and a lap counter where applicable.

POOL DECK RESTRICTION:

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

DECK CHANGES: Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.

AUDIO/VIDEO RECORDING DEVICES:

Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, Coaches, officials and/or spectators are present. Exceptions may be granted with prior Written approval by the Vice President of Program Operations.

UNACCOMPANIED SWIMMERS:

Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the



water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

HOSPITALITY: A hospitality room will be available.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet.

Unofficial real time results will be available on MEET MOBILE.

CONCESSIONS: Concessions will be available .

MERCHANDISE: Swim Shops of the Southwest will be at the meet selling swim apparel and swim gear.

FACILITY RULES: There are bathrooms available for spectators in the narthex area near concessions, and full shower/changing/bathroom areas inside the pool for swimmers only. No parents are allowed on deck unless the individual is working as a safety marshal, timer, official or meet operations. There is no reserved parking. No parking in the drive/drop off lane. All set up shall be on the sidewalk and grassy areas surrounding the pool, including the back portion of the pool near Turner Stadium.

ATTACHMENTS: Meet Format, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form
This is a Gulf Open Meet, and will follow the standard Gulf guidelines for both the meet & safety (section 4). Warm-up procedures will be assigned, and monitored. A list of the warm up times will be posted on the Gulf website. Entry verification is the responsibility of each team.



GULF October Open Meet

October 13-14, 2018

A Short Course Yards Timed Finals Meet

HOSTED BY

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SOUTH TEXAS AQUATICS

Entry Rules:

Type of meet	Timed Finals
Max # individual events per day	Four (4) per day/seven (7) for entire meet
Swimmers eligible	Gulf teams assigned to this venue
Entry times in	SCY, LCM, SCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event rule" applies?	Does not apply
Gulf "up/down rule" applies?	Does not apply
Gulf "Beyond IMX" applies?	Yes
Times Eligibility	Times must be achieved between Feb 1, 2017 and the entry deadline.
Fees	Individual – \$5.75 Facility Surcharge – \$2.00

All events will be seeded fastest to slowest.

*500 Free will be swum alternating girls and boys heats. Swimmers must provide their own timers and lap counters.

*400 I.M. will be swum alternating girls and boys heats. Swimmers must provide their own timers.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14 and 15 & Over.

All 12 & Under events will be swum combined but scored separately as 6 & Under, 7, 8, 9-10 and 11-12.

All 10 & Under events will be swum combined but scored separately as 6 & Under, 7, 8, 9-10.

All 8 & Under events will be swum combined but scored separately as 6 & Under, 7, 8.

All 9-12 events will be swum combined but scored separately as 9-10 and 11-12.



Saturday AM – October 13, 2018				Saturday PM – October 13, 2018					
Girls Event#	Event Name			Boys Event#	Girls Event#	Event Name			Boys Event#
1	11-12 Girls	50	Back		17	10 & Under Girls	50	Back	
3	11 & Over Girls	200	IM			12&Under Boys	50	Back	18
	13 &Over Boys	200	IM	4	19	9-10 Girls	200	IM	
5	11&Over Girls	100	Free			9-12 Boys	200	IM	20
	13&Over Boys	100	Free	6	21	8 & Under Girls	25	Free	
7	11&Over Girls	200	Fly			8 & Under Boys	25	Free	22
	13&Over Boys	200	Fly	8	23	9-10 Girls	100	Breast	
9	11&Over Girls	100	Breast			9-12 Boys	100	Breast	24
	13&Over Boys	100	Breast	10		11-12 Boys	200	Fly	26
11	11& Over Girls	200	Back		27	10 & Under Girls	100	Free	
	13&Over Boys	200	Back	12		12&Under Boys	100	Free	28
13	11-12 Girls	50	Fly		29	8 & Under Girls	25	Breast	
15	11&Over Girls	500	Free*			8 & Under Boys	25	Breast	30
	13&Over Boys	500	Free*	16		11-12 Boys	200	Back	32
					33	10 & Under Girls	50	Fly	
						12 & Under Boys	50	Fly	34
					35	9-10 Girls	500	Free*	
						9-12 Boys	500	Free*	36

Sunday AM – October 14, 2018				Sunday PM – October 14, 2018					
Girls Event#	Event Name			Boys Event#	Girls Event#	Event Name			Boys Event#
37	11-12 Girls	50	Breast		53	10 & Under Girls	50	Breast	
39	11&Over Girls	200	Free			12 & Under Boys	50	Breast	54
	13&Over Boys	200	Free	40	55	9-10 Girls	200	Free	
41	11 & Over Girls	100	Fly			9-12 Boys	200	Free	56
	13 & Over Boys	100	Fly	42	57	8 & Under Girls	25	Back	
43	11&Over Girls	50	Free			8 & Under Boys	25	Back	58
	13&Over Boys	50	Free	44	59	9-10 Girls	100	Fly	
45	11 & Over Girls	200	Breast			9-12 Boys	100	Fly	60
	13 & Over Boys	200	Breast	46	61	10 & Under Girls	50	Free	
47	11 & Over Girls	100	Back			12 & Under Boys	50	Free	62
	13 & Over Boys	100	Back	48	63	8&Under Girls	25	Fly	
49	11-12 Girls	100	IM			8&Under Boys	25	Fly	64
51	11 & Over Girls	400	IM*			11-12 Boys	200	Breast	66
	13&Over Boys	400	I.M*	52	67	9-10 Girls	100	Back	
						9-12 Boys	100	Back	68
					69	10 & Under Girls	100	IM	
						12 & Under Boys	100	IM	70
						11-12 Boys	400	IM	72



GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.



ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

