

WARM UP ASSIGNMENTS

SATURDAY AM

8:05am-8:30am
9-10 athletes/lane

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	DADS	DADS	DADS	DADS	DADS	NOCH
RICE	RICE	DADS	DADS	DADS	DADS	DADS	NOCH

8:30am-8:55am
8-10 athletes/lane

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	LIFE	PACK	PACK	SPA	PEAK	PEAK	SHRK
AGS	PFL	PACK	VSST	TASC	PEAK	SSS	SHRK

Meet Begins 9:10am

SATURDAY PM

25 min warm-up session, starting not before 12:15pm
8-10 athletes/lane

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	DADS	DADS	DADS	DADS	PACK	PACK
RICE	RICE	DADS	DADS	DADS	DADS	PACK	PACK

25 min warm-up session, starting not before 12:40pm
8-10 athletes/lane

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
EPRC	LIFE	LIFE	PEAK	AGS	SHRK	SPA	VSST
NOCH	LIFE	PFL	PEAK	AGS	SSS	SPA	VSST

Meet Begins not before 1:20pm

Friendly Reminders

1. Pool deck has limited seating - No tents except for coaches (tents permitted in field)
----Ample room for set-up is available outside the pool area in the field, under trees
----Building side of the facility is reserved for coaches, athletes, and volunteers only
----Back gate from field to pool will be open for meet participants
2. Meet is pre-seeded, with the exception of 200 IM and 500 Free.
----Positive check-in closes at 8:25am and 12:35pm, respectively
3. Heat sheets available on Meet Mobile and posted on Gulf Swimming website.
4. Parking is available in the following lots. Credit card required. No Campus Street Parking
----North Annex, West Lot 2, and Central Garrage (hourly, max \$11/day)
----Greebrier lot for \$1/day

TIMING ASSIGNMENTS

Saturday AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	NOCH	DADS	DADS	DADS	PACK	SHRK	SSS
LIFE	PEAK	DADS	DADS	DADS	PACK	SPA	VSST

Saturday PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
VSST	SPA	PEAK	PACK	DADS	DADS	DADS	LIFE
AGS	SHRK	PFL	PACK	DADS	DADS	NOCH	LIFE

