

# GULF June Sprint Series

June 9, 2018

A Short Course Yards Timed Finals Meet

HOSTED BY

RICE Aquatics

Sanction Number # GULC 18-026

**ENTRIES DUE TO TPC Chair ([tpc@gulfswimming.org](mailto:tpc@gulfswimming.org)) BY 11:59PM, FRIDAY, MAY 18, 2018**

**LOCATION:** RICE University Pool @ RICE University  
6100 S Main Street  
Houston, TX 77005-1827

**DIRECTIONS:** Directions: RICE University is located just across from the Texas Medical Center. From US 59 exit Shepherd/Greenbriar. Turn south on Greenbriar (one way) and proceed to Rice Blvd. Make a right turn onto the Rice campus at entrance 17, one block east of the Shepherd traffic light. Parents will need to park in "Visitor Lot 1." This is a pay lot that uses credit card for entry

**MEET STAFF:**

<b>MEET REFEREE:</b>	Louis Davis, Donna Dormiani
<b>ADMIN OFFICIAL:</b>	Gerald Lewis
<b>MEET DIRECTOR(S):</b>	Amanda Caldwell
<b>SAFETY MARSHAL:</b>	Hobie Huston
<b>COACH(ES):</b>	Beau Caldwell, Mike Peron

**POOL:** One eight lane, 25 yard outdoor pool with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up / warm-down area will be made available during the competition.

**TIME AND DATE:** This is two session, 1 day, timed-finals meet with AM and PM sessions on Saturday.

**Session 1:** Saturday AM – June 9, 2018

Age Groups: 12 & Under girls

Warm-up\*: 8:00am / Meet Start: 9:00 am

**Session 2:** Saturday PM – June 9, 2018

Age Groups: 12 & Under boys

Warm-up: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

\*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the heat sheet, and posted on the Gulf Swimming website by Monday, June 4, 2018.



**MEET TYPE:** This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

**SAFETY GUIDELINES AND WARM-UP PROCEDURES:**

See attached Safety Guidelines and Warm-up Procedures

**SEEDING:** The meet will be pre-seeded, with the exception of relays, 200 IM, and 500 free, which will be deck seeded events. Coaches please inform your swimmers of pre-seeded and deck seeded rules. All events, including relays, will be seeded with heats in the order of fastest to slowest. As a courtesy to the host, coaches should inform the clerk of course of swimmers not attending the meet. Empty lanes will be used for deck entries.

**RELAY CARDS:** Relay cards must be turned in to the Clerk of Course **45** minutes before the start of the session in which the event is scheduled to swim or the entry will be considered scratched.

**ON-DECK ENTRIES:** Late entries will be accepted each day up to 45 minutes before the start of each session but only in available lanes for pre-seeded events; deck-seeded events will accept deck entries. Those swimmers missing the entry window deadline may enter the meet on-deck in the following manner:

1. On deck entries are open to those athletes assigned to the meet location by the TPC Chair through the meet entry procedures.
2. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
3. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes in the pre-seeded events and according to their best times in deck seeded events.
4. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
5. Swimmers must be qualified to swim the event entered.
6. Swimmers must not exceed the allotted number of events allowed each day.
7. Swimmers that on-deck enter to change their entry time in a deck seeded event,
  - a. must circle-in on the posted circle-in sheets,
  - b. the on-deck entry time will be used for seeding, and
  - c. the on-deck entry fees still apply to these swimmers.
8. Additional heats will not be added but no additional heats will be added.

**ENTRY INFORMATION:**

**Entry Times:** Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.



**Cut-off Times:** Athlete may have no more than two (2) BB Times. Events not offered at this meet still count towards the total number of BB times.

**Age:** As of June 9, 2018

**Times Eligibility:** Times must be achieved between July 1, 2016 and the entry deadline.

**Number of Events:** Swimmers may compete in up to four (4) individual events per day and one (1) relay event per day.

**Entries:** All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software.

**Entry Window:** Entries will be accepted starting **12:00PM, FRIDAY, MAY 18, 2018**. Entries will close at **11:59pm PM FRIDAY MAY 18, 2018** or when capacity limit of 225 athletes per session is reached. No early or late entries will be accepted. Email entries to the designee of the Technical Planning Chair at:

**EMAIL:** [TPC@GULFSWIMMING.ORG](mailto:TPC@GULFSWIMMING.ORG) and [coachbeau@riceaquatics.com](mailto:coachbeau@riceaquatics.com).

**Eligible Teams:** Only open to teams submitting entries during the entry window before capacity limit and deadline is reached. The team lists will be posted on the Gulf website. Swimmers attached to a registered Gulf Swimming team, swimmers in the documented process of transferring to a Gulf Swimming team may participate in this invitational meet.

An unattached swimmer not affiliated with a USA Swimming Club must follow the same entry procedures as those swimmers affiliated with a team. In order to be seeded in a Gulf meet, an unattached swimmer not affiliated with a USA Swimming Club, must enter by the entry deadline, following the entry procedures in the Meet Announcement, and provide proof of a registered coach responsible for their supervision on deck during the meet. All unattached athletes will be assigned a meet location by the TPC Chair upon assignments being announced.

<b>Individual Event Entry Fee (per event):</b>	\$5.75
<b>Relay Entry Fee (per relay event):</b>	\$9.00
<b>Swimmer Surcharge Fee (per swimmer):</b>	\$5.50 (Includes free heat sheets)
<b>Make entry fee checks payable to:</b>	RICE Aquatics

Mail entry fees (**POSTMARKED BY FRIDAY, JUNE 1, 2018**) to the address below:

Rice University  
MS 548  
PO Box 1892  
Houston, TX 77251-1892



Beau Caldwell  
[coachbeau@riceaquatics.com](mailto:coachbeau@riceaquatics.com), 614-440-1660

**AWARDS:** Individual events: Ribbons 1<sup>st</sup>-8<sup>th</sup> place

**SCORING:** Individual Events: 9-7-6-5-4-3-2-1  
Relay Events: 18-14-12-10-8-6-4-2  
All 8 & Under individual events will be swum combined but scored separately as 6 & Under, 7 and 8.  
All 12 & Under individual events will be swim combined but scored separately as 8 & Under, 9-10, and 11-12.  
All 12 & Under Relays will be swim combined but scored as 12&U, 10&U, and 8&U.

**RULES AND SANCTIONS:**

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted. Gulf Swimming teams assigned by the Technical Planning Chairman may only participate in this invitational meet.

The Gulf Swimming up/down rule does not apply.

**POOL MEASUREMENT:**

The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the competition course is 6.7 feet measured from 1 meter to 5 meters on the starting end of the course, and 6.7 feet measured from 1 meter to 5 meters on the turning end of the course.

**TIMING SYSTEM:** A Colorado Model 6000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 500 Free must provide 2 timers and a lap counter where applicable.

**POOL DECK RESTRICTION:**

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.



Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

**DECK CHANGES:** Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.

**AUDIO/VIDEO RECORDING DEVICES:**

Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**PROOF OF TIME:** Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chair, Charlie Fry.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**UNACCOMPANIED SWIMMERS:**

Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH DISABILITIES:**

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

**HOSPITALITY:** A hospitality room will be available.

**OFFICIALS:** USA Qualified Officials and Apprentices are welcome to come and help officiate the meet. Official attire for all sessions will be white golf shirts over Navy slacks/skirts/shorts and white shoes. There will be an officials' briefing one (1) hour before the start of each session.

**MEET RESULTS:** Meet results will be posted on the Gulf Swimming Web Page



([www.gulfswimming.org](http://www.gulfswimming.org)), within three days after the conclusion of the meet.

Unofficial real time results will be available on MEET MOBILE.

**CONCESSIONS:** Concessions will be available

**ATTACHMENTS:** Meet Format, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form



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June 9, 2018

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HOSTED BY

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## Entry Rules:

Type of meet	Timed Finals
Max # individual events per day	Four (4),
Swimmers eligible	Gulf teams assigned to this venue
Entry times in	SCY, SCM, LCM
Qualifying times	9-12 yo – None
	8 &U athletes must have B time in next shortest event to swim 200/500 free, 2IM
Cut-off times	Athletes may have no more than two (2) BB times
Enter with no time?	Yes
Gulf “three event rule” applies?	Yes
Gulf “up/down rule” applies?	Does not apply
Gulf “Beyond IMX rule” applies?	Does not apply
Fees	Individual – \$5.75; Relays - \$ 9.00
	Facility Surcharge: \$5.50



**Saturday AM  
June 9, 2018**

**Saturday PM\*\*  
June 9, 2018**

<b>Girls</b>				<b>Boys</b>			
<b>Event#</b>	<b>12 &amp; U</b>	<b>Event Name</b>		<b>Event#</b>	<b>12 &amp; U</b>	<b>Event Name</b>	
1	200	Free Relay		15	200	Free Relay	
2	200	Free Relay		16	200	Free Relay	
3	200	Free Relay		17	200	Free Relay	
	5 min	Break			5 min	Break	
4	100	Back		18	100	Back	
5	50	Back		19	50	Back	
6	100	Fly		20	100	Fly	
7	50	Fly		21	50	Fly	
8	100	IM		22	100	IM	
9	100	Free		23	100	Free	
10	50	Free		24	50	Free	
11	100	Breast		25	100	Breast	
12	50	Breast		26	50	Breast	
13	200	IM		27	200	IM	
14	500	Free		28	500	Free	

All 12&U individual events will be swum combined but scored 8&U, 9-10, 11-12

All individual events pre-seeded except 200 IM & 500 free. Relays will be positive check-in

Athletes may only swim 1 relay each day





## ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

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Signature

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Title

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Date



## GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES

### WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all coaches in a particular lane.)
  - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
  - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
  - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
  - 2. Lanes are **ONE WAY ONLY**.

### SAFETY GUIDELINES

- A. Swimmers Responsibilities
  - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
  - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
  - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
  - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
- 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
- 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
  - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
  - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
  - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
  - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
  - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
  - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
  - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
  - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
  - 2. Glass containers are prohibited.
  - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.





SWI



Swimmers and Family will need to park in the West Lot 2 visitor parking lot. This is a pay lot that requires a credit card or ATM card for entry. Parking will not be allowed on Laboratory/ Loop Road. Campus police will ticket cars left here for extended periods of time. One dollar parking is available on the other side of RICE Stadium in the Greenbriar lot.

A map of RICE Campus can be found at <http://www.rice.edu/maps/maps.html>



## Parking Facilities & Rates

Greenbriar Lot	\$1 per entry per day
West Lot 2	\$1 per 20 min, \$11 daily maximum
North Lot	\$1 per 12 minutes, \$11 daily maximum

### BY CREDIT CARD (All Surface Lots)

Machines at the entrance gates will instruct the driver to insert a credit card (American Express, VISA, MasterCard or Discover). When the gate opens and the vehicle enters, the computer's "parking meter" begins. Upon leaving, the visitor drives to the exit gate and inserts the same credit card. It is very important to use the same credit card used at entry while exiting, otherwise the computer will not recognize the card. The gate will open within a few seconds, at which time the meter stops. The computer calculates the time, checks for fee approval and automatically bills the credit card. **IMPORTANT** - if you are issued a validation, please insert it **FIRST** into the machine, it will keep the validation. Then, insert the credit card used at the entry and the gate will open

