



PEAK May Gulf LC Open

May 18-20, 2018

**\*\*\*For ALL Sessions\*\*\***

*Swimmers must circle in for ALL events 45 minutes prior to the start of the session!  
Please note teams assigned to a later warm up must arrive earlier to circle in.*

Friday Warm Up Schedule

**Open Warm Ups from 4:00-5:15 PM. Meet starts at 5:30 PM**

Friday PM Timing

**\*\*\*All Swimmers must provide their own timers for the 400 IM and 400 Free\*\*\***

13 & Over Saturday and Sunday AM Warm Up Schedule

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:30 - 7:55a	PEAK	PEAK	PEAK	PEAK SSS	SSS	SHRK	SHRK	AQUA EPRC
7:55 - 8:20a	RICE	RICE	SHAC	SHAC	ESA	NOCH ESA	NOCH	SCAT BATS
8:20 - 8:45a	DADS	DADS	DADS	DADS	BTA	BTA	BTA	BTA

13 & Over Saturday and Sunday AM Timing Assignments

**\*\*\*All swimmers in the 1500 Free must provide their own timer and counter\*\*\***

**Activity Pool Entrance**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	BTA	BTA	BTA	PEAK	PEAK	PEAK	PEAK	ESA
Chair 2	BTA	BTA	BTA	PEAK	PEAK	PEAK	PEAK	ESA

**Diving Board Pool Entrance**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	DADS	DADS	DADS	SHAC	RICE	SHRK	NOCH	SSS
Chair 2	DADS	DADS	DADS	SHAC	RICE	SHRK	NOCH	SSS

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**12 & Under Saturday PM Warm Up Schedule**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1:35 - 2:00p	PEAK	PEAK	PEAK	PEAK	RICE	RICE	RICE	BATS NOCH
2:00 - 2:25p	BTA	BTA	SSS	SSS	ESA	ESA EPRC	SHRK SCAT	SHRK
2:25 - 2:50p	DADS	DADS	DADS	DADS	DADS	SHAC	SHAC	AQUA

**12 & Under Sunday PM Warm Up Schedule**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1:15 - 1:40p	PEAK	PEAK	PEAK	PEAK	RICE	RICE	RICE	BATS NOCH
1:40 - 2:05p	BTA	BTA	SSS	SSS	ESA	ESA EPRC	SHRK SCAT	SHRK
2:05 - 2:30p	DADS	DADS	DADS	DADS	DADS	SHAC	SHAC	AQUA

**12 & Under Saturday and Sunday PM Timing Assignments**

**Activity Pool Entrance**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	BTA	BTA	SHAC	ESA	RICE	RICE	SHRK	AQUA
Chair 2	BTA	BTA	SHAC	ESA	RICE	RICE	SHRK	AQUA

**Diving Board Pool Entrance**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	DADS	DADS	DADS	DADS	PEAK	PEAK	PEAK	SSS
Chair 2	DADS	DADS	DADS	DADS	PEAK	PEAK	PEAK	SSS