



2018 GULF MAY MEET

A LONG COURSE TIMED FINAL MEET

HOSTED BY CYPRESS FAIRBANKS SWIM CLUB

MAY 18-20, 2018

SANCTION NO. GULC 18-004R1

Warmup/Timelines

Meet Referee: Tom Jones

Admin Official: Richard Griffin, Meredith Moore & Holger Luebsen

Meet Director: Karen Eckhart & Sonja Griffin

Safety Marshal: Paula Mulvihill, Houg Le, Miki Tran



**Location: Fleet Aquatic Center
14654 Spring Cypress Road, Cypress, Texas 77429**

CHECK-IN/ SEEDING FORMAT:

- Swimmers are required to circle in for **ALL EVENTS** at least **45 MINUTES** before the meet session. These events will be seeded before the start of the meet.
- On-deck entries close **45 MINUTES** before the start of each session.
- **HEAT SHEETS** and **PSYCH SHEETS** available on Meet Mobile.

TIME/DATE:

Friday: 1st Warm-up: 5:00pm-5:25pm

2nd Warm-up: 5:25-5:50pm

Meet Start: 6:00pm

Saturday/Sunday AM: 1st Warm-up: 7:30-7:55 AM

2nd Warm-up: 7:55-8:20 AM

3rd Warm-up: 8:20-8:45 AM

Saturday& Sunday PM: Immediately following the AM session but no earlier than 12:45 PM

1st Warm-up: 12:45-1:10PM

2nd Warm-up: 1:10-1:35 PM

Meet Start: 1:45 PM

2018 Gulf May LC Meet - 5/18/2018 to 5/20/2018

Cypress Fairbanks Swim Club

Team List

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	AGS-GU Aggie Swim Club	42	52	94	496	0	496
2	AMBU-GU Ambush Swimming	4	7	11	56	0	56
3	BBSC-GU Brenham Swim Club	6	2	8	24	0	24
4	CATS-GU Conroe Area Team Swimmers	7	5	12	82	0	82
5	CFSC-GU Cypress Fairbanks Swim Club	107	83	190	1,125	0	1125
6	MAC-GU Magnolia Aquatic Club	53	25	78	452	0	452
7	MARC-GU Montgomery Aquatic Race Club	15	7	22	111	0	111
8	PACK-GU Premier Aquatics	36	41	77	460	0	460
9	SSAN-GU Swim Streamline at Northampton	53	39	92	450	0	450
10	TYES-GU Team Yes Aquatics of Houston	6	5	11	42	0	42
11	TWST-GU The Woodlands Swim Team	58	45	103	621	0	621
12	TASC-GU Tomball Area Swim Club	8	4	12	57	0	57
13	UCATS-GU Unat-Cats	1	0	1	8	0	8
14	UNATT-GU UnAtt -	1	0	1	7	0	7
15	UMAC-GU UnAtt - Magnolia Aquatic Club	2	1	3	18	0	18
16	UN-PA-GU UnAtt - Premier Aquatics	11	14	25	136	0	136
17	USSAN-GU UnAtt - Swim Streamline at Nor	6	2	8	46	0	46
18	UAGS-GU Unattached-AGS	0	1	1	5	0	5
19	UTWST-GU Unat-The Woodlands	2	1	3	19	0	19
20	VSST-GU VillaSport Swim Team	1	4	5	15	0	15
		419	338	757	4230	0	4230

2018 Gulf May LC Meet - 5/18/2018 to 5/20/2018**Cypress Fairbanks Swim Club****Session Report**

Day of Meet: 1 Session: 1 Friday PM
 Starts at 06:00 PM Heat Interval: 0 Seconds / Chase -15

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13 & Over 400 IM	48	5 u	06:00 PM	_____
Finals	2 Boys 13 & Over 400 IM	47	5 u	06:06 PM	_____
Finals	3 Girls 11-12 400 Freestyle	56	6 u	06:55 PM	_____
Finals	4 Boys 11-12 400 Freestyle	32	4 u	07:01 PM	_____
Finals	5 Girls 13 & Over 400 Freestyle	85	9 u	07:52 PM	_____
Finals	6 Boys 13 & Over 400 Freestyle	74	8 u	07:57 PM	_____
Finals	7 Mixed 11-12 400 IM	32	4 u	09:13 PM	_____
	Swimmers Counts for Warm-ups: 340	====	====		
	Entry / Heat Totals:	374	41		
	Finish Time			09:36 PM	_____

All 400 events will be swum fastest to slowest using chase starts, alternating girls and boys heats, with the exception of the 11-12 400 IM which will be swum as mixed events. Girls' heats will start at the **field end** of the pool and the boys' heats will start at the **Locker Room** end of the pool. The mixed events will be swum as chase starts with the odd heats starting at the **field end** of the pool and the even heats starting at the **locker room** end of the pool.

FRIDAY LANE TIMING:

****SWIMMERS MUST PROVIDE THEIR OWN TIMERS**
FOR 400IM & 400FREE!!!**

Friday 1st Warm-up (5:00-5:25 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	PACK	PACK	PACK TASC TYES

Friday 2nd Warm-up (5:25-5:50 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
MAC AMBU	MAC	MAC	AGS	AGS	AGS MARC	SSAN	SSAN	TWST	TWST CATS

THANK YOU TO OUR LANE SPONSORS FOR THE 2018 LC MAY MEET!



2018 Gulf May LC Meet - 5/18/2018 to 5/20/2018**Cypress Fairbanks Swim Club****Session Report**

Session: 2 Saturday AM
 Day of Meet: 2 Starts at 09:00 AM Heat Interval: 15 Seconds / Chase -32

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 13 & Over 200 Butterfly	50	5 u	09:00 AM	_____
Finals	10 Boys 13 & Over 200 Butterfly	48	5 u	09:13 AM	_____
Finals	11 Girls 13 & Over 50 Freestyle	125	13 u	09:25 AM	_____
Finals	12 Boys 13 & Over 50 Freestyle	124	13 u	09:35 AM	_____
Finals	13 Girls 13 & Over 200 Backstroke	92	10 u	09:45 AM	_____
Finals	14 Boys 13 & Over 200 Backstroke	67	7 u	10:11 AM	_____
Finals	15 Girls 13 & Over 100 Breaststroke	76	8 u	10:28 AM	_____
Finals	16 Boys 13 & Over 100 Breaststroke	93	10 u	10:38 AM	_____
Finals	17 Girls 13 & Over 200 Freestyle	125	13 u	10:51 AM	_____
Finals	18 Boys 13 & Over 200 Freestyle	120	12 u	11:21 AM	_____
Finals	19 Girls 13 & Over 1500 Freestyle	25	3 u	11:46 AM	_____
	Swimmers Counts for Warm-ups: 337	====	====		
	Entry / Heat Totals:	945	99		
	Finish Time			12:45 PM	_____

100 and 200 meter events will be run utilizing chase starts alternating odd and even heats. All girls' heats will be swum first utilizing both ends of the pool followed by the boys' heats utilizing both ends of the pool. Odd heats will start at the **field end** of the pool and even heats will start at the **Locker Room end** of the pool. All 50's will start at the **Locker Room end** of the pool.

SATURDAY AM WARM-UP LANES

Saturday 1st Warm-up (7:30-7:55 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC MARC	MARC	TASC TYES

Saturday 2nd Warm-up (7:55-8:20 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	TWST	TWST	PACK	PACK	PACK	PACK SSAN	SSAN	SSAN

Saturday 3rd Warm-up (8:20-8:45 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
MAC	MAC	MAC	AGS	AGS	AGS	AGS	AGS	BBSC VSST	AMBU CATS

SATURDAY TEAM LANE TIMING ASSIGNMENTS

*****1500 FREE SWIMMERS MUST PROVIDE THEIR OWN TIMERS*****

Saturday AM Timing Assignments — Locker Room End of Pool

Timer #	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
1	AGS	CFSC	CFSC	CFSC	CFSC	PACK	PACK	PACK	MAC	MAC
2	AGS	AGS	CFSC	CFSC	CFSC	PACK	PACK	MAC	MAC	MAC

Saturday AM Timing Assignments — Field End of Pool

Timer #	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
1	AGS	AGS	MARC	CFSC	CFSC	TWST	TWST	TWST	SSAN	SSAN
2	AGS	AGS	MARC	CFSC	CFSC	RWST	TWST	TWST	SSAN	SSAN

THANK YOU TO OUR 2018 CORPORATE SPONSORS!!



2018 Gulf May LC Meet - 5/18/2018 to 5/20/2018**Cypress Fairbanks Swim Club****Session Report**

Day of Meet: 2 Session: 3 Saturday PM
 Starts at 01:45 PM Heat Interval: 15 Seconds / Chase -22

Round	Event	Entries	Heats	Starts at	
Finals	21 Girls 12 & Under 100 Breaststroke	66	7 u	01:45 PM	_____
Finals	22 Boys 12 & Under 100 Breaststroke	51	6 u	01:58 PM	_____
Finals	23 Girls 12 & Under 50 Freestyle	113	12 u	02:09 PM	_____
Finals	24 Boys 12 & Under 50 Freestyle	56	6 u	02:19 PM	_____
Finals	25 Girls 12 & Under 50 Backstroke	91	10 u	02:25 PM	_____
Finals	26 Boys 12 & Under 50 Backstroke	58	6 u	02:35 PM	_____
Finals	27 Girls 12 & Under 200 Freestyle	85	9 u	02:41 PM	_____
Finals	28 Boys 12 & Under 200 Freestyle	55	6 u	03:07 PM	_____
Finals	29 Girls 12 & Under 100 Butterfly	79	8 u	03:25 PM	_____
Finals	30 Boys 12 & Under 100 Butterfly	63	7 u	03:37 PM	_____
Finals	31 Girls 11-12 200 Breaststroke	25	3 u	03:47 PM	_____
Finals	32 Boys 11-12 200 Breaststroke	22	3 u	03:57 PM	_____
Finals	33 Girls 10 & Under 200 IM	35	4 u	04:07 PM	_____
Finals	34 Boys 10 & Under 200 IM	23	3 u	04:22 PM	_____
Finals	35 Girls 11-12 200 IM	45	5 u	04:32 PM	_____
Finals	36 Boys 11-12 200 IM	27	3 u	04:47 PM	_____
	Swimmers Counts for Warm-ups: 301	====	====		
	Entry / Heat Totals:	894	98		
	Finish Time			04:56 PM	_____

100 and 200 meter events will be run utilizing chase starts alternating odd and even heats. All girls' heats will be swum first utilizing both ends of the pool followed by the boys' heats utilizing both ends of the pool. Odd heats will start at the **field end** of the pool and even heats will start at the **Locker Room end** of the pool. All 50's will start at the Locker Room end of the pool.

SATURDAY PM WARM-UP LANES

Saturday 1st Warm-up (12:45-1:10 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	TWST	TWST	AGS	AGS TASC	PACK	PACK	PACK	CATS MARC

Saturday 2nd Warm-up (1:10-1:35 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	CFSC	MAC	MAC	MAC AMBU TASC	SSAN	SSAN VSST

SATURDAY TEAM LANE TIMING ASSIGNMENTS

Saturday PM Timing Assignments — Locker Room End of Pool

Timer #	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
1	SSAN	SSAN	MAC	CFSC	CFSC	TWST	TWST	TWST	PACK	AGS
2	SSAN	MAC	MAC	CFSC	CFSC	CFSC	TWST	PACK	PACK	PACK

Saturday PM Timing Assignments — Field End of Pool

Timer #	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
1	SSAN	SSAN	MAC	CFSC	CFSC	CFSC	TWST	TWST	PACK	AGS
2	SSAN	MAC	MAC	CFSC	CFSC	TWST	TWST	PACK	PACK	AGS

THANK YOU TO OUR 2018 CORPORATE SPONSORS!!



2018 Gulf May LC Meet - 5/18/2018 to 5/20/2018**Cypress Fairbanks Swim Club****Session Report**

Session: 4 Sunday AM
 Day of Meet: 3 Starts at 09:00 AM Heat Interval: 15 Seconds / Chase -32

Round	Event	Entries	Heats	Starts at	
Finals	37 Girls 13 & Over 100 Butterfly	113	12 u	09:00 AM	_____
Finals	38 Boys 13 & Over 100 Butterfly	103	11 u	09:12 AM	_____
Finals	39 Girls 13 & Over 200 Breaststroke	56	6 u	09:23 AM	_____
Finals	40 Boys 13 & Over 200 Breaststroke	61	7 u	09:41 AM	_____
Finals	41 Girls 13 & Over 100 Freestyle	141	15 u	10:02 AM	_____
Finals	42 Boys 13 & Over 100 Freestyle	136	14 u	10:15 AM	_____
Finals	43 Girls 13 & Over 200 IM	91	10 u	10:27 AM	_____
Finals	44 Boys 13 & Over 200 IM	102	11 u	10:53 AM	_____
Finals	45 Girls 13 & Over 100 Backstroke	106	11 u	11:20 AM	_____
Finals	46 Boys 13 & Over 100 Backstroke	85	9 u	11:32 AM	_____
	Break: 10 Minutes: Break before Miles				
Finals	48 Boys 13 & Over 1500 Freestyle	27	3 u	11:52 AM	_____
	Swimmers Counts for Warm-ups: 362	====	====		
	Entry / Heat Totals:	1,021	109		
	Finish Time			12:46 PM	_____

100 and 200 meter events will be run utilizing chase starts alternating odd and even heats. All girls' heats will be swum first utilizing both ends of the pool followed by the boys' heats utilizing both ends of the pool. Odd heats will start at the **field end** of the pool and even heats will start at the **Locker Room end** of the pool. All 50's will start at the Locker Room end of the pool.

SUNDAY AM WARM-UP LANES

Sunday 1st Warm-up (7:30-7:55 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	TWST	TWST	PACK	PACK	PACK	MAC	MAC	MAC

Sunday 2nd Warm-up (7:55-8:20 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CFSC	CATS TYES	MARC

Sunday 3rd Warm-up (8:20-8:45 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
AGS	AGS	AGS	AGS	AGS SSAN	SSAN	SSAN	SSAN	SSAN AMBU	TYES VSST

SUNDAY TEAM LANE TIMING ASSIGNMENTS

Sunday AM Timing Assignments — Locker Room End of Pool

Timer #	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
1	PACK	TWST	TWST	CFSC	CFSC	CFSC	AGS	SSAN	MAC	MAC
2	PACK	TWST	TWST	CFSC	CFSC	AGS	AGS	SSAN	SSAN	MAC

Sunday AM Timing Assignments — Field End of Pool

Timer #	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
1	PACK	MARC	TWST	CFSC	CFSC	CFSC	CFSC	AGS	SSAN	MAC
2	PACK	MARC	TWST	CFSC	CFSC	AGS	AGS	SSAN	SSAN	MAC

THANK YOU TO OUR 2018 CORPORATE SPONSORS!!



2018 Gulf May LC Meet - 5/18/2018 to 5/20/2018**Cypress Fairbanks Swim Club****Session Report**

Session: 5 Sunday PM
 Day of Meet: 3 Starts at 01:45 PM Heat Interval: 15 Seconds / Chase -22

Round	Event	Entries	Heats	Starts at	
Finals	49 Girls 11-12 200 Butterfly	23	3 u	01:45 PM	_____
Finals	50 Boys 11-12 200 Butterfly	11	2 u	01:55 PM	_____
Finals	51 Girls 12 & Under 100 Backstroke	114	12 u	02:02 PM	_____
Finals	52 Boys 12 & Under 100 Backstroke	74	8 u	02:20 PM	_____
Finals	53 Girls 12 & Under 50 Breaststroke	104	11 u	02:32 PM	_____
Finals	54 Boys 12 & Under 50 Breaststroke	77	8 u	02:44 PM	_____
Finals	55 Girls 12 & Under 50 Butterfly	116	12 u	02:53 PM	_____
Finals	56 Boys 12 & Under 50 Butterfly	77	8 u	03:05 PM	_____
Finals	57 Girls 11-12 200 Backstroke	52	6 u	03:13 PM	_____
Finals	58 Boys 11-12 200 Backstroke	25	3 u	03:31 PM	_____
Finals	59 Girls 12 & Under 100 Freestyle	146	15 u	03:40 PM	_____
Finals	60 Boys 12 & Under 100 Freestyle	96	10 u	03:59 PM	_____
Finals	61 Mixed 11-12 800 Freestyle	12	2 u	04:12 PM	_____
Finals	62 Mixed 10 & Under 400 Freestyle	63	7 u	04:42 PM	_____
	Swimmers Counts for Warm-ups: 335	=====	=====		
	Entry / Heat Totals:	990	107		
	Finish Time			05:27 PM	_____

100 and 200 meter events will be run utilizing chase starts alternating odd and even heats. All girls' heats will be swum first utilizing both ends of the pool followed by the boys' heats utilizing both ends of the pool. Odd heats will start at the **field end** of the pool and even heats will start at the **Locker Room end** of the pool. All 400 and 800 meter events will be swum fastest to slowest using chase starts, alternating girls and boys heats, with the exception of the 11-12 400 IM and 800 free and the 10 & U 400 free, which will be swum as mixed events. Girls' heats will start at the **field end** of the pool and the boys' heats will start at the **Locker Room end** of the pool. The mixed events will be swum as chase starts with the odd heats starting at the **field end** of the pool and the even heats starting at the **locker room end** of the pool. All 50's will start at the Locker Room end of the pool.

SUNDAY PM WARM-UP LANES

Sunday 1st Warm-up (12:45-1:10 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	CFSC	MAC	MAC	SSAN	SSAN	SSAN TASC

Sunday 2nd Warm-up (1:10-1:35 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	TWST	TWST CATS	AGS	AGS MARC	PACK	PACK	PACK	PACK AMBU TYES

SUNDAY TEAM LANE TIMING ASSIGNMENTS

Sunday PM Timing Assignments — Locker Room End of Pool

Timer #	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
1	SSAN	TWST	TWST	CFSC	CFSC	CFSC	MAC	PACK	PACK	AGS
2	SSAN	SSAN	TWST	TWST	CFSC	CFSC	MAC	MAC	PACK	AGS

Sunday PM Timing Assignments — Field End of Pool

Timer #	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
1	SSAN	TWST	TWST	CFSC	CFSC	CFSC	MAC	PACK	PACK	AGS
2	SSAN	SSAN	TWST	CFSC	CFSC	CFSC	MAC	MAC	PACK	PACK

THANK YOU TO OUR 2018 CORPORATE SPONSORS!!

