



**Gulf Swimming 2018 April Sprint Meet**

HOSTED BY

**Lone Star Swim Team**

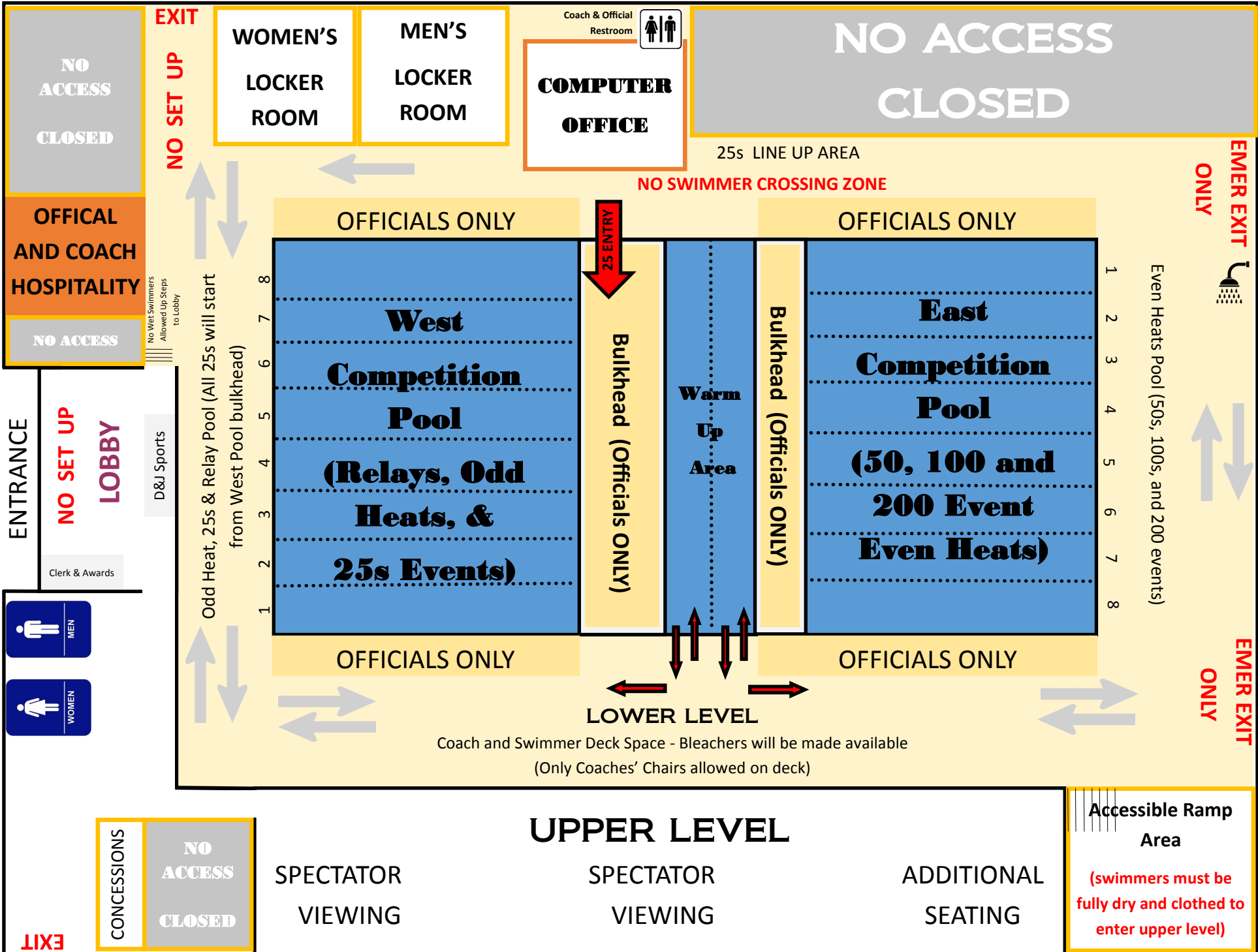
A Short Course Timed Final Meet

April 14, 2018

Sanction Number GUSC 18-003R1

Meet Referee: Rick Tobin

**Meet Mobile Listing:** ["2018 LSST Gulf April Sprint Meet"](#)



## 2018 LSST Gulf April Sprint Meet - 4/14/2018

## Team List

	<b>Team</b>	<b>Female</b>	<b>Male</b>	<b>Total Athletes</b>	<b>Entries</b>	<b>Relay</b>	<b>Total</b>
1	AGS-GU Aggie Swim Club	7	9	16	52	1	53
2	CFSC-GU Cypress Fairbanks Swim Club	33	25	58	227	0	227
3	DADS-GU Dads Club Swim Team	67	41	108	424	13	437
4	ECS-GU Energy Core Swimming	12	11	23	86	0	86
5	FCST-GU First Colony Swim Team	66	81	147	653	8	661
6	KATY-GU Katy Aquatics	52	62	114	453	12	465
7	LIFE-GU Life Time Houston Swim Team	17	23	40	152	4	156
8	LSST-GU Lone Star Swim Team	13	22	35	146	6	152
9	MAC-GU Magnolia Aquatic Club	7	8	15	74	0	74
10	MARC-GU Montgomery Aquatic Race Club	19	14	33	95	3	98
11	PACE-GU Pacesetters Aquatic Club	14	8	22	71	0	71
12	PFL-GU Power for Life	7	6	13	65	0	65
13	RICE-GU Rice Aquatics	24	19	43	200	8	208
14	SPA-GU Sienna Plantation Aquatics	21	12	33	134	6	140
15	SSAN-GU Swim Streamline at Northampton	16	14	30	114	0	114
16	TYES-GU Team Yes Aquatics of Houston	2	2	4	14	0	14
17	TEST-GU Texas Elite Swim Team	9	5	14	63	0	63
18	TASC-GU Tomball Area Swim Club	11	1	12	45	2	47
19	UN-DA-GU Unattaced Dads	1	0	1	4	0	4
20	UN-MR-GU Unattached Marc	1	0	1	3	0	3
21	VSST-GU VillaSport Swim Team	14	22	36	143	0	143
		<b>413</b>	<b>385</b>	<b>798</b>	<b>3218</b>	<b>63</b>	<b>3281</b>



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### LONE STAR SWIM TEAM

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### Warm up assignments Session 1 Saturday AM, April 14, 2018

#### East Pool Warm Up #1 (7:30 – 8:05 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
LIFE LSST	LIFE	TASC	DADS	DADS	DADS	DADS	DADS

#### West Pool Warm Up #1 (7:30 – 8:05 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KATY	KATY	KATY	KATY	KATY MAC	SSAN	SSAN PFL PACE	PACE

#### Warm Up Pool Warm Up #1 (7:30 – 8:05 am)

Lane 1	Lane 2
LSST	DADS

#### East Pool Warm Up #2 (8:05 – 8:40 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TEST TYES	SPA	SPA	FCST AGS	FCST	FCST	FCST	FCST

#### West Pool Warm Up #2 (8:05 – 8:40 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CFSC	CFSC	ECS	MARC	MARC VSST	VSST	RICE	RICE

#### Warm Up Pool Warm Up #2 (8:05 – 8:40 am)

Lane 1	Lane 2
CFSC	FCST

#### East Pool Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ECS	VSST	SSAN	CFSC	CFSC	RICE	SPA	MARC
TASC	LIFE	SSAN	CFSC	PACE	RICE	SPA	MARC

#### West Pool Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
FCST	FCST	FCST	DADS	DADS	DADS	KATY	KATY
FCST	FCST	FCST	DADS	DADS	DADS	KATY	KATY

**2018 April Gulf Sprint Series LSST - 4/14/2018**  
**Session Report - Double Ended**

Session: 1 Saturday AM - Girls Session

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 200 Freestyle Relay	27	4 u	09:00 AM	_____
Finals	2 Girls 8 & Under 100 Freestyle Relay	7	1 u	09:07 AM	_____
	Break: 5 Minutes: Break after relays				
Finals	3 Girls 12 & Under 100 IM	188	24	09:14 AM	_____
Finals	4 Girls 8 & Under 25 Freestyle	75	10	09:41 AM	_____
Finals	5 Girls 12 & Under 50 Freestyle	288	36	09:47 AM	_____
Finals	6 Girls 8 & Under 25 Breaststroke	58	8	10:10 AM	_____
Finals	7 Girls 12 & Under 50 Breaststroke	240	30	10:15 AM	_____
Finals	8 Girls 12 & Under 200 Freestyle	80	10	10:37 AM	_____
Finals	9 Girls 8 & Under 25 Backstroke	80	10	10:56 AM	_____
Finals	10 Girls 12 & Under 50 Backstroke	275	35	11:03 AM	_____
Finals	11 Girls 8 & Under 25 Butterfly	62	8	11:31 AM	_____
Finals	12 Girls 12 & Under 50 Butterfly	120	15	11:36 AM	_____
Finals	13 Girls 12 & Under 100 Freestyle	193	25	11:47 AM	_____
	Swimmers Counts for Warm-ups: 413	=====	=====		
	Entry / Heat Totals:	1,693	216		
	Finish Time - Double Ended			12:14 PM	_____



## Gulf Swimming 2018 April Sprint Meet

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### LONE STAR SWIM TEAM

A Short Course Timed Final Meet

April 14, 2018

Sanction Number GUSC 18-003R1



### Warm up assignments Session 2 Saturday PM, April 14, 2018

#### East Pool Warm Up #1 (12:45 – 1:15 PM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
DADS	DADS	DADS	DADS TASC TYES	ECS	LIFE	LIFE	LSST

#### West Pool Warm Up #1 (12:45 – 1:15 PM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KATY	KATY	KATY	KATY	KATY SSAN	SSAN	VSST	VSST

#### Warm Up Pool Warm Up #1 (12:45 – 1:15 PM)

Lane 1	Lane 2
KATY	LSST

#### East Pool Warm Up #2 (1:15 – 1:45 PM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CFSC	CFSC	PFL TEST	FCST	FCST	FCST	FCST	FCST

#### West Pool Warm Up #2 (1:15 – 1:45 PM)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AGS	MAC	PACE	SPA	SPA MARC	MARC	RICE	RICE

#### Warm Up Pool Warm Up #2 (1:15 – 1:45 PM)

Lane 1	Lane 2
FCST	FCST

### East Pool Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ECS	AGS	CFSC	DADS	DADS	VSST	RICE	MARC
MAC	PACE	CFSC	DADS	DADS	VSST	SSAN	SPA

### West Pool Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
LIFE	FCST	FCST	FCST	FCST	KATY	KATY	KATY
LIFE	FCST	FCST	FCST	FCST	KATY	KATY	KATY

**2018 April Gulf Sprint Series LSST - 4/14/2018**  
**Session Report - Double Ended**

Session: 2 Saturday PM - Boys Session

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	14 Boys 12 & Under 200 Freestyle Relay	22	3 u	02:00 PM	_____
Finals	15 Boys 8 & Under 100 Freestyle Relay	7	1 u	02:07 PM	_____
	Break: 5 Minutes: Break after relays				
Finals	16 Boys 12 & Under 100 IM	192	24	02:15 PM	_____
Finals	17 Boys 8 & Under 25 Freestyle	65	9	02:42 PM	_____
Finals	18 Boys 12 & Under 50 Freestyle	264	33	02:47 PM	_____
Finals	19 Boys 8 & Under 25 Breaststroke	44	6	03:09 PM	_____
Finals	20 Boys 12 & Under 50 Breaststroke	246	31	03:12 PM	_____
Finals	21 Boys 12 & Under 200 Freestyle	67	9	03:35 PM	_____
Finals	22 Boys 8 & Under 25 Backstroke	63	8	03:53 PM	_____
Finals	23 Boys 12 & Under 50 Backstroke	265	34	03:58 PM	_____
Finals	24 Boys 8 & Under 25 Butterfly	42	6	04:26 PM	_____
Finals	25 Boys 12 & Under 50 Butterfly	116	15	04:29 PM	_____
Finals	26 Boys 12 & Under 100 Freestyle	195	25	04:40 PM	_____
	Swimmers Counts for Warm-ups: 385	=====	=====		
	Entry / Heat Totals:	1,588	204		
	Finish Time - Double Ended			05:07 PM	_____