



United Swim Series February 2018
Saturday, March 24th, 2018
A Short Course Yards Timed Finals Meet
Sanction #GUSC 18-071R1

Teams interested in attending please email UnitedSwimTeam@gmail.com

- Location:** Klein Collins High School
20811 Ella Blvd. Spring, TX 77388
- Meet Staff:** **Meet Referee:** Michael Swaim, mike.t.swaim@gmail.com
Admin. Official: Erick Alfaro, swimcoach.erick@gmail.com
Meet Director: Ralph Evans, UnitedSwimTeam@gmail.com
Safety Marshal: Jessica Koss, Ruth Canas
Coach: Tatiana Gonzalez
- Pool:** One eight lane, 25 yard indoor pool with non-turbulent lane lines will be used for warm-up and competition.
- Time and Date:** This is a timed-finals meet.
Saturday, March 24th, 2018
Warm-up at 7:30am, Meet starts at 9 am
Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the psych sheet, and posted on the Gulf Swimming website by Monday February 5th, 2018.
- Safety Guidelines and Warm-Up Procedures:** See attached Safety Guidelines and Warm-up Procedures.
- Meet Type:** This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.
- Seeding:** The meet will be pre-seeded. All events will be seeded with heats in the order of fastest to slowest. As a courtesy to the host, coaches should inform the clerk of course of swimmers not attending the meet. **On-Deck entries will not be accepted.**

Entry Times:	Times must be from USA Swimming meets. Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using HyTek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested.
Qualifying Times:	None
Age:	As of March 24 th , 2018
Number of Events:	Swimmers may compete in up to four (4) individual events per day
Entries:	All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software. E-mail entries should be sent to UnitedSwimTeam@gmail.com .
Entry Deadline:	Tuesday March 13 th , 2018
Eligible Teams:	This meet is open to United Swim Aquatics and selected teams (to be determine) swimmers who are registered and in good standing with team. Only swimmers attached to those teams or swimmers in the documented process of transferring to one of these teams may participate in this meet.
Meet Limits:	The meet host reserves the right to stop accepting entries when sessions approach the 4 hour limit, to be in accordance with the 4 hour rule. Once your entries are accepted, you will receive a confirmation email,
Fees:	\$5.50 per individual event, \$4.00 per swimmer facility surcharge fee, includes free PDF Heat Sheet available at UnitedSwimAquatics.org Make checks payable to United Swim Aquatics .
Awards:	Individual events: Ribbons 1st-8th place
Scoring:	Individual Events: 9-7-6-5-4-3-2-1 All events will be swum combined but scored separately as 8&U, 9-10, 11-12 and 13 & Over.
Pool Measurement:	The competition course has not been certified in accordance with USA Swimming Rule 104.2.2C(4). The copy of such certification is on file with USA Swimming. The water depth of the competition course is 13 feet measured from 1 meter to 5 meters on the starting end of the course, and 4 feet measured from 1 meter to 5 meters on the turning end of the course.

Rules and Sanctions: The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted. The three (3) event rule and up/down rule do not apply.

Pool Deck Restriction: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety. Coaches and Officials must present their membership cards in order to receive complimentary Psych Sheets and for admission to the Hospitality Room.

Deck Changing Prohibition: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Audio/Video Recording Devices: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, Coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Proof of Time: Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, Jason Wedlick.

Swimmers with Disabilities: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

Meet Results: Meet results will be posted on our team website at www.UnitedSwimAquatics.org

Hospitality: A hospitality room will be available for coaches and officials.

Concessions: Concessions will be available.

United Swim Series February 2018
Hosted by United Swim Aquatics
A Short Course Yards Timed Finals Meet
Saturday, March 24th, 2018

Sanction #

Type of Meet	Timed Finals
Max # Individual events/day	Four (4) individual
Swimmer Eligible	USA and selected teams (TBD)
Entry Times in	SCY/SCM/LCM
Qualifying Times	None
Cut-Off Times	None
Enter with no time?	Yes
Gulf "Three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	\$5.50 Individual
Facility Surcharge	\$4/swimmer

Order of Events

Girls	Events	Boys
1	Open 100 Free	2
3	Open 50 Breast	4
5	Open 100 Back	6
Break/Recovery Swim		
7	Open 50 Free	8
9	Open 100 IM	10
11	Open 50 Fly	12
Break/Recovery Swim		
13	Open 100 Breast	14
15	Open 50 Back	16
17	Open 100 Fly	18

All events will be seeded fastest to slowest.

Individual Events will be swum combined but scored separately 8 & Under, 9-10, 11-12, 13 & Over.

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1 **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2 **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1 **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2 Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1 All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1 Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2 Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3 Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4 Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5 Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1 Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1 Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers
 - 2 Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3 Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4 Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5 Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6 All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1 Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2 Glass containers are prohibited.
 - 3 Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.
 - 4 Food and smoothies not allowed on deck.