

SHORT COURSE CHAMPS I

Saturday March 3, 2018

A Short Course Yards Timed Finals Championship Meet
HOSTED BY

Platinum *Aquatics*

Sanction Number # GUSC 18-080

ENTRIES DUE TO GULF TPC CHAIR (TPC@gulfswimming.org) BY 11:59 PM, FRIDAY, February 9, 2018

LOCATION: Fort Bend ISD Don Cook Natatorium
16255 Lexington Blvd.
Sugar Land, TX 77479

DIRECTIONS: From Houston take I-69/Highway 59 South towards Victoria, exit Highway 6 south turn left onto Highway 6, travel approx. ¾ of a mile and turn right on Lexington Blvd, drive four blocks and turn left at the first entrance to Mercer Stadium. The pool is next door to Frankie Baseball Field and across the parking lot from Mercer Football Stadium.

Parking is available in the lot between the football stadium and the Natatorium. PARKING IS NOT PERMITTED in the parking spaces directly in front of the natatorium. This area is reserved for security and meet personnel ONLY. Swimmers may be dropped off at the blocked circle driveway entrance to the facility and walk up to the main entrance of the facility.

**The Facility will open at 7AM.
(NOT BEFORE 7AM)**

SPECIAL INSTRUCTIONS: There will be 2 sections of the spectator bleachers that will be reserved for temporary spectator viewing ONLY. The other sections will be on a first come first serve basis.

All spectators should be prepared to set-up outside and come in to watch their swimmers from the temporary spectator viewing areas ONLY and then return outside. There will be no spectator set-up in the designated areas for Spectator viewing or in the lobby.

NO PARENTS ON DECK- Parents may be permitted to time in team assigned lanes



ONLY! Please keep your assigned lanes filled at all times from first to last event for both pools.

NO FOOD ON THE POOL DECK – Food may be consumed outside or in the lobby.

NO VIDEO recording or photography in the starting area behind the starting blocks.

MEET STAFF:

MEET REFEREE: Lisa Blok, eespld1994@att.net
Louis Davis, Louis.Davis@Fluor.com

ADMIN OFFICIAL: Mary Spano , mekspano@gmail.com
Linda Brenneke entries4meets@yahoo.com

MEET DIRECTOR(S): Shannon Woodruff, s.woodruff01@yahoo.com , 832-283-9096

SAFETY MARSHAL: Wes Woodruff

COACH(ES): Elizabeth Holzhuter- Assistant Coach

POOL: Two eight lane, 25 yard indoor pools with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up / warm-down pool will be available during the competition.

Lobby End:Pool A- ALL GIRLS Individual Events and ALL RELAYS (All Girls Relays and All Boys Relays)

Diving Board/Scoreboard End: Pool B- All BOYS Individual Events

TIME AND DATE: This is a one session, one day timed-finals championship meet.

Session 1: Saturday AM March 3, 2018

Age groups: 8 & under

Warm-up: 7:30-8:40 a.m.*/Meet Start: 9:00 a.m.

*there will be a 20 min. break between warm-up and meet start

*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the heat sheet, and posted on the Gulf Swimming website by Tuesday, February 27, 2018.

MEET TYPE: This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

SAFETY GUIDELINES AND WARM-UP PROCEDURES:

See attached Safety Guidelines and Warm-up Procedures

SEEDING:

The meet will be pre-seeded, with the exception of relays, which will be deck seeded events. Coaches please inform your swimmers of pre-seeded and deck seeded rules. All events, including relays, will be seeded with heats in the order of fastest to slowest. As a



courtesy to the host, coaches should inform the clerk of course of swimmers not attending the meet. Empty lanes will be used for deck entries.

RELAY CARDS: Relay cards must be turned in to the Clerk of Course 45 minutes before the start of the session in which the event is scheduled to swim or the entry will be considered scratched.

ON-DECK ENTRIES: Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the 11:59 pm, Friday, February 9, 2018 deadline may enter the meet on-deck in the following manner:

1. On deck entries are open to those athletes assigned to the meet location by the TPC Chair through the meet entry procedures.
2. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
3. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes in the pre-seeded events and according to their best times in deck seeded events.
4. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
5. Swimmers must be qualified to swim the event entered.
6. Swimmers must not exceed the allotted number of events allowed each day.
7. Swimmers that on-deck enter to change their entry time in a deck seeded event,
 - a. must circle-in on the posted circle-in sheets,
 - b. the on-deck entry time will be used for seeding, and
 - c. the on-deck entry fees still apply to these swimmers.
8. Heats will be added, if necessary and if the timeline permits.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.

Age: As of March 3, 2018

Times Eligibility: Times must be achieved between Feb 1, 2016 and the entry deadline.

Number of Events: Swimmers may compete in up to five (5) individual events per day and two (2) relay events per day.

Entries: All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software.

Deadline: Entries must be in the hands of the designee of the Technical Planning Chairman no later than **11:59 PM, FRIDAY, FEBRUARY 9, 2018**. No late entries will be accepted. Email entries to the designee of the Technical Planning Chairman (Beau Caldwell) at:



EMAIL: TPC@gulfswimming.org

Eligible Teams: Venues will be balanced by team numbers. The team lists will be posted on the Gulf website. Swimmers attached to a registered Gulf Swimming team and swimmers in the documented process of transferring to a Gulf Swimming team may participate in this invitational meet.

An unattached swimmer not affiliated with a USA Swimming Club must follow the same entry procedures as those swimmers affiliated with a team. In order to be seeded in a Gulf meet, an unattached swimmer not affiliated with a USA Swimming Club, must enter by the entry deadline, following the entry procedures in the Meet Announcement, and provide proof of a registered coach responsible for their supervision on deck during the meet. All unattached athletes will be assigned a meet location by the TPC Chair upon assignments being announced.

Individual Event Entry Fee (per event):	\$6.00
Relay Entry Fee (per relay event):	\$9.50
Swimmer Surcharge Fee (per swimmer):	\$5.00 (<i>\$5 For use of 2 competition pools and 2 or more Warm-up / Warm-down Lanes</i>)

Make entry fee checks payable to: *PLATINUM AQUATICS*

Mail entry fees (**POSTMARKED BY SATURDAY, FEBRUARY 24, 2018**) to the address below:

PLATINUM AQUATICS

**Attn: Greg Spano
14211 Windy Ridge Lane
Rosharon, TX Zip 77583**

**281-638-0235
Greg Spano – platcoachspano@gmail.com**

AWARDS: Individual events: Custom Gulf Medals for 1st - 3rd places & Ribbons for 4th - 8th places
Relay events: Custom Gulf Medals for 1st place & Ribbons for 2nd - 3rd places
Combined team: Custom Gulf Trophies for 1st -3rd places
Individual high point: Girls / Boys 6 & under, 7, 8 (highest individual points earned)

SCORING: Individual Events: 9-7-6-5-4-3-2-1
Relay Events: 18-14-12-10-8-6-4-2

Individual events will be swum combined but scored separately as 6 & under, 7, 8.
Relay events will be scored as 8 & under.

RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held



under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted. Gulf Swimming teams assigned by the Technical Planning Chairman may only participate in this invitational meet.

The Gulf Swimming three (3) event, up/down, and beyond IMX rules do not apply.

POOL MEASUREMENT:

The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the Lobby End course is: 6'-9" measured from 1 meter to 5 meters on the starting end of the course 6'-9" measured from 1 meter to 5 meters on the turning end of the course

The water depth of the Diving End course is: 13'-6" measured from 1 meter to 5 meters on the starting end of the course 6'-9" measured from 1 meter to 5 meters on the turning end of the course

TIMING SYSTEM:

A Colorado Model 6000 (or Daktronics Model 2000) electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. In the event of timing system malfunction meet host reserves the right to add additional timers to team timing assignments for 3 watch times for each lane.

POOL DECK RESTRICTION:

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

ONLY AUTHORIZED OFFICIALS, COACHES, SWIMMERS AND MEET PERSONEL ARE ALLOWED ON DECK and in Hospitality suite. USA SWIMMING CREDENTIALS MUST BE VALID UPON REQUEST.

DECK CHANGES:

Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.



AUDIO/VIDEO RECORDING DEVICES:

Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

DRONES:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, Coaches, officials and/or spectators are present. Exceptions may be granted with prior Written approval by the Vice President of Program Operations.

UNACCOMPANIED SWIMMERS:

Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

HOSPITALITY:

A hospitality room will be available for Officials, Coaches and Meet personnel ONLY.

OFFICIALS:

USA Qualified Officials and Apprentices are welcome to come and help officiate the meet. Official attire for all sessions will be white golf shirts over Navy slacks/skirts/shorts and white shoes. There will be an officials' briefing one (1) hour before the start of each session.

MEET RESULTS:

Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet. If WI FI is available, **UNOFFICIAL** real-time results will be available on MEET MOBILE.

MEET HEAT SHEETS

Heat sheets will be available for \$7.00 each at the window next to concessions

CONCESSIONS:

Concessions will be available in front lobby area.

MERCHANDISE:

A swim vendor with swim equipment & NUVO Athletic Apparel will be available

FACILITY RULES:

All spectators should be prepared to set-up outside and come in to watch their swimmers in the temporary spectator viewing areas ONLY and then return outside. There will be limited spectator set up in the bleachers for the girls pool and boys pool on a first come first serve basis. NO SET UP WILL BE ALLOWED IN THE SPECTATOR VIEWING AREAS. THESE AREAS ARE FOR TEMPORARY VIEWING ONLY. No Lawn chairs or portable seating are allowed in the bleachers or on the sides of the bleachers in front of the doorways. You will be asked to move.



Pop-Up tents and chairs are permitted in the grassy areas outside.

Handicap seating is available in designated areas. If you do not require handicap seating please respect these areas for handicap spectators ONLY.

Outside set up is permitted in the front Grassy areas in between the pool facility and the Frankie baseball field next door. Children under 11 years of age must be supervised at all times. Set up is not permitted directly in front of the facility. Stairways, ramps and sidewalks must be clear at all times.

Flash photography will not be permitted at the start of each race.

No coolers, glass or other breakable containers, hard plastic toys, tobacco, alcoholic beverages or gum are allowed in the facility.

No balloons permitted in the facility.

Animals are not allowed in the facility with the exception of service animals that are assisting disabled persons. In these type of situations, please be prepared to show identification for your service animal.

No food or non-water beverages are allowed on pool deck. These items must be consumed outside in front of the building. You may be asked to leave the facility if you are caught eating or drinking on the pool deck.

Please respect the facility and clean up after your team and/or family at the conclusion of each session. Throw your trash in trash containers and recycle items where possible.

Only participants, coaches, event administrators and event volunteers are allowed on the pool deck. NO UN-AUTHORIZED personnel will be permitted on the pool deck.

Participants are not allowed to climb over the railings or pass by posted barriers.

Swimming is allowed only when the area is supervised.

No swimming under the bulkheads will be permitted.

No hanging or sitting on the lane lines.
Unauthorized personnel are not allowed to be on or walk across the bulkheads.

No electronics, eating, or loitering in the restrooms or locker rooms.

Blocking or restricting fire lanes or emergency exits and the use of emergency exits for non-emergencies is prohibited. Additionally, no parking in the parking areas directly in front of the natatorium. Park in designated parking spots at next to the football stadium.

All participants and spectators are expected to follow the directions of FBISD staff at all



times. Questions about any decision may be directed to the Aquatics Supervisor or his/her representative.

No standing on the rail, ramp, or stairs. Walk ways MUST be free and clear.

The FBISD staff has final authority on all safety matters and reserves the right to remove anyone for behavior that is deemed unsafe or inappropriate.

ATTACHMENTS: Meet Format, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form Maps and Facility rules meet format will all be published in the meet information posted on the Gulf website the week of the meet and listed in the heat sheet.

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

SHORT COURSE CHAMPS I

March 3, 2018

A Short Course Yards Timed Finals Meet

HOSTED BY



PLATINUM AQUATICS

Entry Rules:

Type of meet	Timed Finals
Max # individual events per day	Five (5)
Swimmers eligible	Gulf teams assigned to this venue
Entry times in	SCY, LCM, SCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event rule" applies?	Does not apply
Gulf "up/down rule" applies?	Does not apply
Gulf "beyond IMX" rule applies?	Does not apply
Times Eligibility	Times must be achieved between Feb 1, 2016 and the entry deadline.
Fees	Individual – \$6.00, Relay - \$9.50 Athlete/Facility Surcharge – \$5.00 per swimmer

All events will be seeded fastest to slowest.

Individual events will be swum combined but scored separately as 6 & under, 7, 8.

Relay events will be scored as 8 & under.

Girls Event#	Event Name	Boys Event#
1	8 & Under 100 Medley Relay	2
	10 min. break	
3	8 & Under 100 Free	4
5	8 & Under 25 Back	6
7	8 & Under 50 fly	8
9	8 & Under 25 Free	10
11	8 & Under 50 Breast	12
	5 min. break	
13	8 & Under 100 Free Relay	14
15	8 & Under 50 Back	16
17	8 & Under 25 Fly	18
19	8 & Under 50 Free	20
21	8 & Under 25 Breast	22
23	8 & Under 100 I.M.	24



GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.



