



Gulf Swimming 2018 Gulf January Open

HOSTED BY

Lone Star Swim Team

A Short Course Timed Final Meet

January 20 – 21, 2018

Sanction Number GUSC 18-057

Meet Referee: Rick Tobin

[Meet Mobile Listing: "2018 LSST January Gulf Open"](#)

Gulf January Open 2018 - 1/20/2018 to 1/21/2018**Team List**

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	BST-GU Brazos Swim Team	8	14	22	115	0	115
2	COOG-GU Houston Cougars	35	27	62	338	0	338
3	KATY-GU Katy Aquatics	65	58	123	591	0	591
4	LIFE-GU Life Time Houston Swim Team	34	29	63	241	0	241
5	LSST-GU Lone Star Swim Team	26	30	56	241	0	241
6	PACE-GU Pacesetters Aquatic Club	9	10	19	87	0	87
7	PFL-GU Power for Life	29	25	54	252	0	252
8	SPA-GU Sienna Plantation Aquatics	24	19	43	239	0	239
9	SWAT-GU Southwestern Aquatics Team - S	16	15	31	126	0	126
10	300-GU Team 300	4	9	13	50	0	50
11	TEST-GU Texas Elite Swim Team	10	5	15	71	0	71
12	TSAT-GU Texas Swim Academy	3	8	11	34	0	34
13	TTST-GU Texas Terrapins Swim Team	26	21	47	249	0	249
14	TASC-GU Tomball Area Swim Club	1	0	1	1	0	1
15	UN-LS-GU UnAtt - Lone Star Swim Team	1	0	1	6	0	6
		291	270	561	2641	0	2641



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Warm up assignments Session 1, Saturday (AM), January 20, 2018

Warm up #1 (7:30 – 7:55 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KATY	KATY	KATY	KATY	KATY	KATY	LSST	LSST

Warm up #2 (7:55 – 8:20 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PFL	PFL	PFL 300	TTST TASC	TTST	TTST	SWAT	SWAT TSAT

Warm up #3 (8:20 – 8:45 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
BST TEST	PACE	LIFE	SPA	SPA	COOG	COOG	COOG

*** Warm Up Pool is to be used as overflow for teams during their assigned warm up times ***

Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COOG	COOG	KATY	KATY	KATY	PFL	SPA	TTST
COOG	COOG	KATY	KATY	KATY	PFL	SPA	TTST

Gulf January Open 2018 - 1/20/2018 to 1/21/2018**Session Report**

Session: 1 Saturday AM Session

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11 & Over 100 Backstroke	86	11	09:00 AM	_____
Finals	2 Boys 13 & Over 100 Backstroke	43	6	09:23 AM	_____
Finals	3 Girls 11-12 50 Butterfly	40	5	09:35 AM	_____
	Break: 5 Minutes:				
Finals	5 Girls 11 & Over 200 Breaststroke	42	6	09:46 AM	_____
Finals	6 Boys 13 & Over 200 Breaststroke	20	3	10:08 AM	_____
Finals	7 Girls 13 & Over 100 Freestyle	64	8	10:19 AM	_____
Finals	8 Boys 13 & Over 100 Freestyle	58	8	10:31 AM	_____
Finals	9 Girls 11 & Over 100 Butterfly	61	8	10:43 AM	_____
Finals	10 Boys 13 & Over 100 Butterfly	41	6	10:57 AM	_____
Finals	11 Girls 11-12 50 Backstroke	38	5	11:07 AM	_____
Finals	13 Girls 13 & Over 200 IM	53	7	11:14 AM	_____
Finals	14 Boys 13 & Over 200 IM	37	5	11:37 AM	_____
Finals	15 Girls 11-12 100 IM	42	6	11:53 AM	_____
	Break: 5 Minutes:				
Finals	17 Girls 11 & Over 500 Freestyle	26	4 u	12:10 PM	_____
Finals	18 Boys 13 & Over 500 Freestyle	19	3 u	12:37 PM	_____
Finals	19 Girls 11 & Over 1650 Freestyle	3	1 u	12:55 PM	_____
Finals	20 Boys 13 & Over 1650 Freestyle	5	1 u	01:21 PM	_____
	Swimmers Counts for Warm-ups: 223	=====	=====		
	Entry / Heat Totals:	678	93		
	Finish Time			01:48 PM	_____



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Warm up assignments Session 2, Saturday (PM), January 20, 2018

Warm up #1 (1:30 – 1:55 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KATY	KATY	LIFE	LIFE	LIFE	LSST TEST	LSST	LSST

Warm up Pool #1 (1:30 – 1:55 pm)

Lane 1	Lane 2	Lane 3
KATY	PACE KATY	300 LIFE

Warm up #2 (1:55 – 2:20 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COOG	COOG SPA	SPA	SWAT	SWAT TTST	TTST	PFL	PFL BST

Warm up Pool #2 (1:55 – 2:20 pm)

Lane 1	Lane 2	Lane 3
COOG	COOG BST	TSAT

*** Teams Warming Up in the Main Lanes MUST allow Teams in Warm Up Pool use of Diving Blocks for dives during Warm Ups ***

Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COOG	LIFE	LIFE	KATY	KATY	PFL	SPA	TTST
COOG	LIFE	LIFE	KATY	KATY	PFL	SPA	TTST

Gulf January Open 2018 - 1/20/2018 to 1/21/2018**Session Report**

Session: 2 Saturday PM Session

Day of Meet: 1 Starts at 02:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Girls 10 & Under 100 Backstroke	28	4	02:30 PM	_____
Finals	22 Boys 12 & Under 100 Backstroke	51	7	02:40 PM	_____
Finals	23 Girls 10 & Under 50 Butterfly	46	6	02:56 PM	_____
Finals	24 Boys 12 & Under 50 Butterfly	57	8	03:04 PM	_____
Finals	26 Boys 11-12 200 Breaststroke	9	2	03:13 PM	_____
Finals	27 Girls 8 & Under 25 Backstroke	21	3	03:21 PM	_____
Finals	28 Boys 8 & Under 25 Backstroke	22	3	03:24 PM	_____
	Break: 5 Minutes:				
Finals	29 Girls 10 & Under 50 Freestyle	74	10	03:33 PM	_____
Finals	30 Boys 12 & Under 50 Freestyle	127	16	03:44 PM	_____
Finals	31 Girls 10 & Under 100 Butterfly	9	2	04:02 PM	_____
Finals	32 Boys 12 & Under 100 Butterfly	23	3	04:06 PM	_____
	Break: 5 Minutes:				
Finals	33 Girls 10 & Under 50 Backstroke	57	8	04:17 PM	_____
Finals	34 Boys 12 & Under 50 Backstroke	76	10	04:29 PM	_____
Finals	35 Girls 10 & Under 100 IM	38	5	04:44 PM	_____
Finals	36 Boys 12 & Under 100 IM	79	10	04:55 PM	_____
Finals	37 Girls 8 & Under 25 Breaststroke	16	2	05:15 PM	_____
Finals	38 Boys 8 & Under 25 Breaststroke	17	3	05:17 PM	_____
Finals	40 Boys 11-12 500 Freestyle	7	1 u	05:20 PM	_____
Finals	41 Girls 10 & Under 200 Freestyle	15	2	05:29 PM	_____
Finals	42 Boys 10 & Under 200 Freestyle	12	2	05:36 PM	_____
Finals	44 Boys 11-12 1650 Freestyle	0	0	05:44 PM	_____
	Swimmers Counts for Warm-ups: 254	=====	=====		
	Entry / Heat Totals:	784	107		
	Finish Time			05:44 PM	_____



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Warm up assignments Session 3, Sunday (AM), January 21, 2018

Warm up #1 (7:30 – 7:55 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KATY	KATY	KATY	KATY	KATY	KATY	LSST 300	LSST

Warm up #2 (7:55 – 8:20 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PFL	PFL	PFL TEST	TTST	TTST	TTST BST	SWAT	PACE

Warm up #3 (8:20 – 8:45 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
LIFE	LIFE	SPA	SPA	SPA COOG	COOG	COOG	COOG

*** Warm Up Pool is to be used as overflow for teams during their assigned warm up times ***

Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COOG	COOG	KATY	KATY	KATY	TTST	SPA	PFL
COOG	COOG	KATY	KATY	KATY	TTST	SPA	PFL

Gulf January Open 2018 - 1/20/2018 to 1/21/2018**Session Report**

Session: 3 Sunday AM Session

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	45 Girls 11 & Over 100 Breaststroke	85	11	09:00 AM	_____
Finals	46 Boys 13 & Over 100 Breaststroke	45	6	09:22 AM	_____
Finals	47 Girls 11 & Over 50 Freestyle	104	13	09:33 AM	_____
Finals	48 Boys 13 & Over 50 Freestyle	55	7	09:45 AM	_____
Finals	49 Girls 11-12 200 IM	17	3	09:51 AM	_____
Finals	51 Girls 11 & Over 200 Butterfly	15	2	10:02 AM	_____
Finals	52 Boys 13 & Over 200 Butterfly	7	1	10:10 AM	_____
Finals	53 Girls 11-12 100 Freestyle	39	5	10:13 AM	_____
Finals	55 Girls 11 & Over 200 Backstroke	43	6	10:22 AM	_____
Finals	56 Boys 13 & Over 200 Backstroke	20	3	10:43 AM	_____
Finals	57 Girls 11-12 50 Breaststroke	29	4	10:53 AM	_____
	Break: 10 Minutes:				
Finals	59 Girls 11 & Over 200 Freestyle	72	9	11:08 AM	_____
Finals	60 Boys 13 & Over 200 Freestyle	48	6	11:35 AM	_____
Finals	61 Girls 11 & Over 400 IM	11	2 u	11:52 AM	_____
Finals	62 Boys 13 & Over 400 IM	6	1 u	12:05 PM	_____
Finals	63 Girls 11 & Over 1000 Freestyle	4	1 u	12:11 PM	_____
Finals	64 Boys 13 & Over 1000 Freestyle	5	1 u	12:27 PM	_____
	Swimmers Counts for Warm-ups: 207	=====	=====		
	Entry / Heat Totals:	605	81		
	Finish Time			12:44 PM	_____



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Warm up assignments Session 4, Sunday (PM), January 21, 2018

Warm up #1 (12:55 – 1:20 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KATY	KATY	KATY	LIFE	LIFE	LSST	LSST	LSST

Warm up Pool #1 (12:55 – 1:20 pm)

Lane 1	Lane 2	Lane 3
PACE	TEST	LIFE 300

Warm up #2 (1:20 – 1:45 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COOG	SPA	SPA	SWAT TTST	TTST	PFL	BST PFL	BST

Warm up Pool #2 (1:20 – 1:45 pm)

Lane 1	Lane 2	Lane 3
COOG	COOG	SWAT

*** Teams Warming Up in the Main Lanes MUST allow Teams in Warm Up Pool use of Diving Blocks for dives during Warm Ups ***

Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COOG	COOG	LIFE	KATY	KATY	SWAT	SPA	TTST
COOG	LIFE	LIFE	KATY	KATY	BST	TEST	PFL

2018 LSST January Gulf Open - 1/20/2018 to 1/21/2018**Session Report**

Session: 4 Sunday PM Session

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	66 Boys 11-12 400 IM	4	1 u	02:00 PM	_____
Finals	67 Girls 10 & Under 100 Breaststroke	43	6	02:07 PM	_____
Finals	68 Boys 12 & Under 100 Breaststroke	72	9	02:22 PM	_____
Finals	69 Girls 8 & Under 25 Butterfly	16	2	02:41 PM	_____
Finals	70 Boys 8 & Under 25 Butterfly	25	4	02:44 PM	_____
	Break: 5 Minutes:				
Finals	72 Boys 11-12 200 Butterfly	2	1	02:52 PM	_____
Finals	73 Girls 10 & Under 100 Freestyle	53	7	02:56 PM	_____
Finals	74 Boys 12 & Under 100 Freestyle	94	12	03:12 PM	_____
Finals	75 Girls 10 & Under 200 IM	18	3	03:34 PM	_____
Finals	76 Boys 12 & Under 200 IM	32	4	03:46 PM	_____
Finals	78 Boys 11-12 200 Backstroke	0	0	04:01 PM	_____
Finals	79 Girls 8 & Under 25 Freestyle	24	3	04:01 PM	_____
Finals	80 Boys 8 & Under 25 Freestyle	28	4	04:04 PM	_____
Finals	81 Girls 10 & Under 50 Breaststroke	52	7	04:07 PM	_____
Finals	82 Boys 12 & Under 50 Breaststroke	83	11	04:17 PM	_____
	Break: 5 Minutes:				
Finals	84 Boys 11-12 200 Freestyle	23	3	04:35 PM	_____
Finals	85 Girls 9-10 500 Freestyle	0	0	04:45 PM	_____
Finals	86 Boys 9-10 500 Freestyle	5	1 u	04:45 PM	_____
Finals	88 Boys 11-12 1000 Freestyle	0	0	04:55 PM	_____
	Swimmers Counts for Warm-ups: 211	=====	=====		
	Entry / Heat Totals:	574	78		
	Finish Time			04:55 PM	_____