

GULF October Open Meet

October 14-15, 2017

A Short Course Yards Timed Finals Meet

HOSTED BY

Blue Tide Aquatics



Sanction Number # GUSC 18-017R1

ENTRIES DUE TO GULF TPC CHAIR (TPC@GULFSWIMMING.ORG) BY 11:59 PM, FRIDAY, SEPTEMBER 22, 2017

- LOCATION:** Kingwood Park High School
4015 Woodland Hills Dr.
Kingwood, TX 77339
- DIRECTIONS:** Take U.S. 59 North to Northpark Drive (the exit after Kingwood Drive). Turn right (east) on Northpark Drive. Travel approximately 2 miles east to Woodland Hills Drive. Turn left at Woodland Hills Drive. At the first stop sign which is Chanay Lane, turn left. The natatorium is on the west side of the high school on the right side (north of Chanay Lane).
- SPECIAL INSTRUCTIONS:** Please do not park on the street. No setup allowed in front of the entrance to the pool. No setup allowed in the stands or where signs are posted.
- MEET STAFF:**
- | | |
|--------------------------|---|
| MEET REFEREE: | Andrea Walin andrea.walin@gmail.com |
| ADMIN OFFICIAL: | Grant Newman grant.newman3@gmail.com |
| MEET DIRECTOR(S): | Harold Lloyd Harold.Lloyd@colfaxfluidhandling.com |
| SAFETY MARSHAL: | Haley Wiley/Michael Maisey |
| COACH(ES): | Mike Yearwood tcatmike4@aol.com |
- POOL:** One eight lane, 25 yard indoor pool with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up / warm-down area will be made available during the competition.
- TIME AND DATE:** This is four session, 2 day, timed-finals meet with AM/PM sessions on Saturday and Sunday.
- Session 1:** Saturday AM – October 14, 2017
Age Groups: 11-12 girls, 13-14 girls, 15&Over girls, 13-14 boys, 15&Over boys
Warm-up*: 7:30 – 8:45 am / Meet Start: 9:00 am



Session 2: Saturday PM – October 14, 2017

Age Groups: 8&Under girls, 9-10 girls, 8&Under boys, 9-10 boys, 11-12 boys

Warm-up/Meet Start: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

Session 3: Sunday AM – October 15, 2017

Age Groups: 11-12 girls, 13-14 girls, 15&Over girls, 13-14 boys, 15&Over boys

Warm-up*: 7:30 – 8:45 am / Meet Start: 9:00 am

Session 4: Sunday PM – October 15, 2017

Age Groups: 8&Under girls, 9-10 girls, 8&Under boys, 9-10 boys, 11-12 boys

Warm-up: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the heat sheet, and posted on the Gulf Swimming website by Monday, October 9, 2017.

MEET TYPE:

This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

The 400 I.M. and 500 Freestyle will be swum fastest to slowest, alternating girl’s and boy’s heats.

SAFETY GUIDELINES AND WARM-UP PROCEDURES:

See attached Safety Guidelines and Warm-up Procedures

SEEDING:

The meet will be pre-seeded, with the exception of the 400 IM and the 500Free, which will be deck seeded events. Coaches please inform your swimmers of pre-seeded and deck seeded rules. All events will be seeded with heats in the order of fastest to slowest. As a courtesy to the host, coaches should inform the clerk of course of swimmers not attending the meet. Empty lanes will be used for deck entries.

POSITIVE CHECK-IN FOR THE 400IM and 500 FREE:

All swimmers must circle in on sheets that will be available at the start of warm-up for the session, and due 45 minutes before the start of the session in which the event is scheduled to swim. After the events are officially closed, no one may check-in or scratch. After checking-in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chair, Charlie Fry, for each event in which he/she fails to appear.

ON-DECK ENTRIES:

Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the 11:59 pm, Friday, September 22, 2017 deadline may enter the meet on-deck in the following manner:



1. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
2. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes in the pre-seeded events and according to their best times in deck seeded events.
3. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers that on-deck enter to change their entry time in a deck seeded event,
 - a. must circle-in on the posted circle-in sheets,
 - b. the on-deck entry time will be used for seeding, and
 - c. the on-deck entry fees still apply to these swimmers.
7. Heats will be added, if necessary and if the timeline permits.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.

Cut-off Times: None

Qualifying Times: Athlete must have a “B” time in the next shortest distance (IMX event) in order to enter the following events:

10 & U – 500 Free

11-12 – 200 Fly/Back/Breast; 400 IM; 800 Free or longer

13-14 – 800 Free or longer

Times Eligibility: Times must be achieved between Feb 1, 2016 and the entry deadline.

Age: As of October 14, 2017

Number of Events: Swimmers may compete in up to four (4) individual events per day but no more than seven (7) for the entire meet.

Entries: All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software.

Deadline: Entries must be in the hands of the designee of the Technical Planning Chair no later than **11:59 PM, FRIDAY, SEPTEMBER 22, 2017**. No late entries will be accepted. Email entries to the designee of the Technical Planning Chair (Beau Caldwell) at:

EMAIL: TPC@GULFSWIMMING.ORG

Eligible Teams: Venues will be balanced by team numbers. The team lists will be posted on the Gulf website. Only swimmers attached to a registered Gulf Swimming team, swimmers



in the documented process of transferring to a Gulf Swimming team may participate in this invitational meet.

Individual Event Entry Fee (per event): \$5.75
Swimmer Surcharge Fee (per swimmer): \$4.00 *Free heat sheets will be made available through Meet Mobile

Make entry fee checks payable to: Blue Tide Aquatics

Mail entry fees (**POSTMARKED BY FRIDAY, October 6, 2017**) to the address below:

Blue Tide Aquatics
6107 S. Royal Point Dr.
Kingwood, TX 77345

281-635-9655
gsausnockbta@gmail.com

AWARDS: Individual events: Ribbons 1st-8th place

SCORING: Individual Events: 9-7-6-5-4-3-2-1
All 13&Over events will be swum combined but scored separately as 13-14 and 15&Over.
All 11&Over events will be swum combined but scored separately as 11-12, 13-14 and 15&Over.
All 12&Under events will be swum combined but scored separately as 6&Under, 7, 8, 9-10 and 11-12.
All 10&Under events will be swum combined but scored separately as 6&Under, 7, 8, 9-10.
All 8 & Under events will be swum combined but scored separately as 6&Under, 7, 8.
All 9-12 events will be swum combined but scored separately as 9-10 and 11-12.

RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted. Gulf Swimming teams assigned by the Technical Planning Chair may only participate in this invitational meet.

The Gulf Swimming three (3) event rule and up/down rule do not apply.

POOL MEASUREMENT:

Enter Either Statement:
The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4). The copy of such certification is on file with USA Swimming.



The water depth of the competition course is 11 feet measured from 1 meter to 5 meters on the starting end of the course, and 4 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM: A Colorado Model 6000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 500/1650 Free and 400 IM must provide 2 timers and a lap counter where applicable.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

DECK CHANGES: Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, Coaches, officials and/or spectators are present. Exceptions may be granted with prior Written approval by the Vice President of Program Operations.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.



SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

HOSPITALITY: A hospitality room will be available.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet. Unofficial real time results will be available on MEET MOBILE.

CONCESSIONS: Concessions will be available.

MERCHANDISE: Swim Shops of the Southwest will be at the meet selling swim apparel and swim gear.

FACILITY RULES: No coolers, blankets, chairs etc. will be allowed inside the natatorium. There is also no eating on the pool deck. No smoking or alcohol beverages allowed in the facility or in the parking lot.

ATTACHMENTS: Meet Format, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form



GULF October Open Meet

October 14-15, 2017

A Short Course Yards Timed Finals Meet

HOSTED BY

Blue Tide Aquatics

Entry Rules:

| | |
|----------------------------------|--|
| Type of meet | Timed Finals |
| Max # individual events per day | Four (4) per day/seven (7) for entire meet |
| Swimmers eligible | Gulf teams assigned to this venue |
| Entry times in | SCY, LCM, SCM |
| Qualifying times | None |
| Cut-off times | None |
| Enter with no time? | Yes |
| Gulf "three event rule" applies? | Does not apply |
| Gulf "up/down rule" applies? | Does not apply |
| Gulf "Beyond IMX" applies? | Yes |
| Times Eligibility | Times must be achieved between Feb 1, 2016 and the entry deadline. |
| Fees | Individual – \$5.75 Facility Surcharge – \$4.00 Free heat sheets will be available through Meet Mobile |

All events will be seeded fastest to slowest.

*500 Free will be swum alternating girls and boys heats. Swimmers must provide their own timers and lap counters.

*400 I.M. will be swum alternating girls and boys heats. Swimmers must provide their own timers.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14 and 15 & Over.

All 12 & Under events will be swum combined but scored separately as 6 & Under, 7, 8, 9-10 and 11-12.

All 10 & Under events will be swum combined but scored separately as 6 & Under, 7, 8, 9-10.

All 8 & Under events will be swum combined but scored separately as 6 & Under, 7, 8.

All 9-12 events will be swum combined but scored separately as 9-10 and 11-12.



| Saturday AM—October 14, 2017 | | | | Saturday PM— October 14, 2017 | | | |
|------------------------------|-----------------|-----|-------------|-------------------------------|------------------|------------------|---------------|
| Girls Event# | Event Name | | Boys Event# | Girls Event# | Event Name | | Boys Event# |
| 1 | 11-12 Girls | 50 | Back | 17 | 10 & Under Girls | 50 | Back |
| 3 | 11 & Over Girls | 200 | IM | | 12&Under Boys | 50 | Back 18 |
| | 13 &Over Boys | 200 | IM | 4 | 19 | 9-10 Girls | 200 IM |
| 5 | 11&Over Girls | 100 | Free | | | 9-12 Boys | 200 IM 20 |
| | 13&Over Boys | 100 | Free | 6 | 21 | 8 & Under Girls | 25 Free |
| 7 | 11&Over Girls | 200 | Fly | | | 8 & Under Boys | 25 Free 22 |
| | 13&Over Boys | 200 | Fly | 8 | 23 | 9-10 Girls | 100 Breast |
| 9 | 11&Over Girls | 100 | Breast | | | 9-12 Boys | 100 Breast 24 |
| | 13&Over Boys | 100 | Breast | 10 | | 11-12 Boys | 200 Fly 26 |
| 11 | 11& Over Girls | 200 | Back | | 27 | 10 & Under Girls | 100 Free |
| | 13&Over Boys | 200 | Back | 12 | | 12&Under Boys | 100 Free 28 |
| 13 | 11-12 Girls | 50 | Fly | | 29 | 8 & Under Girls | 25 Breast |
| 15 | 11&Over Girls | 500 | Free* | | | 8 & Under Boys | 25 Breast 30 |
| | 13&Over Boys | 500 | Free* | 16 | | 11-12 Boys | 200 Back 32 |
| | | | | | 33 | 10 & Under Girls | 50 Fly |
| | | | | | | 12 & Under Boys | 50 Fly 34 |
| | | | | | 35 | 9-10 Girls | 500 Free* |
| | | | | | | 9-12 Boys | 500 Free* 36 |

| Sunday AM—October 15,2017 | | | | Sunday PM—October 15, 2017 | | | |
|---------------------------|-----------------|-----|-------------|----------------------------|------------------|------------------|---------------|
| Girls Event# | Event Name | | Boys Event# | Girls Event# | Event Name | | Boys Event# |
| 37 | 11-12 Girls | 50 | Breast | 53 | 10 & Under Girls | 50 | Breast |
| 39 | 11&Over Girls | 200 | Free | | 12 & Under Boys | 50 | Breast 54 |
| | 13&Over Boys | 200 | Free | 40 | 55 | 9-10 Girls | 200 Free |
| 41 | 11 & Over Girls | 100 | Fly | | | 9-12 Boys | 200 Free 56 |
| | 13 & Over Boys | 100 | Fly | 42 | 57 | 8 & Under Girls | 25 Back |
| 43 | 11&Over Girls | 50 | Free | | | 8 & Under Boys | 25 Back 58 |
| | 13&Over Boys | 50 | Free | 44 | 59 | 9-10 Girls | 100 Fly |
| 45 | 11 & Over Girls | 200 | Breast | | | 9-12 Boys | 100 Fly 60 |
| | 13 & Over Boys | 200 | Breast | 46 | 61 | 10 & Under Girls | 50 Free |
| 47 | 11 & Over Girls | 100 | Back | | | 12 & Under Boys | 50 Free 62 |
| | 13 & Over Boys | 100 | Back | 48 | 63 | 8&Under Girls | 25 Fly |
| 49 | 11-12 Girls | 100 | IM | | | 8&Under Boys | 25 Fly 64 |
| 51 | 11& Over Girls | 400 | IM* | | | 11-12 Boys | 200 Breast 66 |
| | 13&Over Boys | 400 | I.M* | 52 | 67 | 9-10 Girls | 100 Back |
| | | | | | | 9-12 Boys | 100 Back 68 |
| | | | | | 69 | 10 & Under Girls | 100 IM |
| | | | | | | 12 & Under Boys | 100 IM 70 |
| | | | | | | 11-12 Boys | 400 IM 72 |



GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACEWORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.



ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

