

GULF SWIMMING  
SOUTHERN ZONE MEET INFORMATION  
2012-2013

There are 59 Local Swimming Committees (LSC) throughout the United States. USA Swimming has divided these LSC's into four (4) zones. Gulf Swimming is located in the Southern Zone, which includes the following Local Swimming Committees: North Carolina, Florida, Louisiana, Mississippi, North Texas, Southeastern, Kentucky, South Texas, Georgia, West Texas, Florida Gold Coast, West Virginia, Border, and South Carolina.

The following information pertains to the Gulf Swimming Zone Team.

1. **ELIGIBILITY** - No swimmer will be eligible to compete in the Zone Championships, if they have ever participated in an individual event at a Junior National Championship, long course or short course, or if they have made the Junior National qualifying time for an individual event in the current year, long course or short course.
2. **TEAM SELECTION** - Gulf Swimming will send forty-eight (48) swimmers. The Gulf Swimming Coaches' Association, with approval of the Gulf Swimming, Inc. Board of Directors will select those meets to be used in the selection process prior to May 1<sup>st</sup> of each year. Page 8-3 contains more details on the selection process.
3. **TRAVEL** - Through the surcharge on meet events, Gulf Swimming has established a travel fund to help defray the travel costs of participating swimmers and coaches.
4. **HOTEL ACCOMMODATIONS** – Gulf Swimming will arrange the hotel accommodations for all of the Zone Team and Coaches. All parents of the Zone team, that are traveling to the Zone meet, are requested to find accommodations at a different hotel than the hotel used by the Gulf Swimming Zone Team.
5. **CODE OF CONDUCT** - Each competitor will be required to sign a code of conduct before the meet.
6. **MEDICAL RELEASE FORM** – Each competitor will be required to complete and sign a medical release form before the meet.