



**Gulf Swimming, Inc.
Gulf Swimming Board Of Directors Meeting
April 30th, 2014**

Reminder House of Delegates Meeting
Wednesday, May 21st, 2014 8:00 PM

Henry Clark, General Chairman, called the Gulf Swimming Board of Directors meeting to order at 8:00 PM in the DADS Club meeting room 1006 Voss Rd. Houston, TX. 77055.

The following board members were present:

Henry Clark	Jason Wedlick	Tom Hasz	Charlie Fry
Tim Bauer	Allison Beebe	Jennie Shamburger	Andrew Korda
Eddie Adams	Hanna Huston	Rick Tobin	Travis Sandifer
Rey Aguilar	Jim Crampton	Joel Beard	Falon Hopkins
Paige Sikkema			

The Board of Director Meeting Minutes from 1.15.14 were approved and read.

OFFICER REPORTS

GENERAL CHAIRMAN

Henry Clark

Present, Executive Committee Report Attached. At the Spring Champs 1 meet held by SPA at Lamar Consolidated an official noticed the wall under water was shorter than at the surface. Officials measured and noted

**ADMINISTRATIVE
VICE CHAIRMAN**

Jason Wedlick

Present, report as attached.

SECRETARY

Anna Tarka

Not present, no report.

**Finance VICE
CHAIRMAN**

Tim Bauer

Present, report as attached.

TREASURER

Tom Hasz

Present, report as attached.

**SENIOR VICE
CHAIRMAN**

Charlie Fry

Present, report attached.

**AGE GROUP
VICE CHAIRMAN**

Jennie Shamburger

Present, see report attached. Ladder of Success SC 2014 – Rick Kehlenbach has been contacted about Top 10 List for Gulf swimmers SC 2013-14. Once posted on the GULF website coaches/swimmers have two weeks to review prior to shirts being ordered.

Tim Bauer gave a report on the NACC. Juan is in Vera Cruz visiting the host site and will return with a PowerPoint presentation for parents. There will be a Q and A at the Open Water Meet with Beau Caldwell. A preliminary budget has been submitted for the trip with a final decision being made at the HOD on items.

**ATHLETE REGISTRATION
COORDINATOR**

Annette Leach

Not Present, report as attached. 2014 - 7356 registered athletes, 322 Outreach, 286 Individual Athletes.

**NON-ATHLETE REGISTRATION
COORDINATOR**

Eddie Adams

Present, report as attached. 687 Individual Non-Athletes, 30 Family 1 and Family 2, 10 Life. Eddie and Annette attended the Western Zone Conference for Registrars, Time Officers and Safe Sport Chairs. The Registrar Meeting pushed for use of the LSC and Club Portals. They also attended the "Best Practices", "Future of USA Swimming" and Safe Sport Sessions.

OFFICIALS CHAIRMAN

Rick Tobin

Present, report as attached. Rick presented a break out session at the GULF Clinic on Officials; retaining and recruiting. Overall the clinic was informative and gave good insight to both Rick and the Coaches. Rick noted that Dads Club recently held a social get together for new official recruiting and were able to pull multiple new officials from the social.

Rick presented his proposal for Officials Chairman with an officials committee made up of starters, referees, stroke and turn, existing officials chairman and coaches selecting an incoming chairman prior to elections to learn directly from existing officials chairman. Timeline attached. If appointed and selected with out a vote from house of delegates this person would not be a voting member of the Board of Directors.

**TECHNICAL PLANNING
COMMITTEE CHAIRMAN**

Joel Beard

Present, Report as Attached. The 2014-15 Shortcourse and Longcourse schedule was approved. AGS would like to host the 2nd June Open Meet but run a different format. They will talk with CFSC (1st Gulf Host) about possible formats that could work together.

Discussion was held on the amount of empty lanes at the LC meets and timelines. It was decided to bring back to the TPC the possibility of Friday night circle in and if a timeline is over 4 hours making positive check in for all events.

Joel will work on getting adjustments to the GULF champs time standards for LCM to accommodate the two different levels of competitions and keeping PEAK and FCST at 600 swimmers.

SAFETY COORDINATOR

Matt Wagner

Not present, no report

**PAST GENERAL
CHAIRMAN**

Herb Schwab

Not present, no report

ATHLETE REPRESENTATIVES

Hanna Huston

Present, No Report

Sean Dormiani

Not Present, No Report

COACH REPRESENTATIVE

Allison Beebe

Present, Report attached. 126 Coaches sign up for the GULF clinic in Galveston. Thank you to Beau Caldwell, Laura Davis, Mike Robinson, Paige Sikkema and Megan Sobecki for their efforts in making the clinic a success. It was proposed and passed to have Paige and Megan take over preparations on the 2015 Gulf Clinic.

Detailed recap of clinic is attached.

SANCTION COORDINATOR

Herb Schwab

Not present, no report

NTV/RECORDS COORDINATOR

Rick Kehlenbach

Not present, no report

**DISABILITY SWIMMING
COORDINATOR**

Matt Sale

Present, no report

**COMPUTER INFORMATION
COORDINATOR**

Shannon Clark

Not present, No Report.

**EQUIPMENT
COORDINATOR**

Clay Douglass

Not present, report attached

**CLUB DEVELOPMENT
LIAISON**

Allison Beebe

Present, report attached.

PUBLICITY COORDINATOR

Shannon Clark

Not present, no report. Henry suggested we have someone take over the coordinator position as the website is taking up much of Shannon's time. There was a nomination on the floor and approved for Beau Caldwell from FCST to take over the position.

DIVERSITY COORDINATOR

Gilbert Legaspi

Present, no report

OPEN WATER COORDINATOR

Seth Huston

Present, Gulf Open Water Team had a great showing at the Open Water Meet in Florida. A complete team was filled this year with Gulf swimmers having a strong showing. Gulf finished 3rd out of 4 LSC's. Kelsey Vetalice placed 2nd in the 15-18 5k. The trip was a success overall and each year we field a stronger team.

CAMP COORDINATOR

Nicole Rembach

Not present, no report. Nicole will be stepping down from Camp Coordinator position effective immediately.

SAFE SPORT COORDINATOR

Travis Sandifer

Present. Travis visited a USA swimming workshop for safe sport in Baltimore in early April. This clinic was informative a

UNFINISHED / OLD BUSINESS

NEW BUSINESS

Discussion was made around a paid administrative position for the Gulf. Henry outlined how the Gulf has grown the last 5-10 years and most of the volunteer jobs have doubled or tripled the workload. Many areas including; sanctions, proof of times, website maintenance, secretarial duties, official chair administrative work, camp coordinator and etc could benefit from a paid administrator to lighten the load. A task force was formed to look into and further define: job tasks, job description, and salary. The members included were Henry Clark, Jim Crampton, Rick Tobin, Paige Sikkema and Jenny Shamburger.

ANNOUNCEMENTS

A motion was made seconded and passed to adjourn at 9:20 pm

Respectfully Submitted,

Jason Wedlick
Board of Directors, Admin Vice Chair
Gulf Swimming, Inc.

General Chairman Report
Board of Directors Meeting
4/30/14

Executive Committee Report:

At the February 21 – 23, 2014 Spring Champs I meet held by Sienna Plantation at the Lamar Consolidated ISD pool, the referee noticed that the plaster on the end walls appeared to protrude inward such that the pool distance may be short beneath the surface of the water. With the help of another official, the pool was measured and found to be indeed short.

Rule 103.3.1.C Dimensional Tolerance: Against the required length, a tolerance of plus (+) 0.03 meters (1 and $\frac{3}{16}$ ths of an inch) in a vertical plane extending 0.3 meters (12 inches) above and 0.8 meters (2 feet, 7½ inches) below the surface of the water at all points of both end walls.

After some discussion with Dan McAllen (USA-S Rules and Regulations Chairman), Dan made the ruling that the times could enter SWIMS as long as

1. The times were not Jr Nationals or faster.
2. We agreed as an LSC to use the times for meet entry within our own LSC.
3. For meets outside our LSC, we contact the host of the meet and ask for permission to use the times for entry.

The Executive Committee voted to approve the times for our own LSC and allow them to enter SWIMS. We received approval from the TAGS Committee Chairman to use the times for entry into TAGS for both individual and relay aggregate.

Future sanctions will not be granted at the Lamar ISD Consolidated pool until it is shown the pool length problem has been corrected.

Through email vote, Ricky Berens was approved by the Gulf Swimming Board of Directors to be the 2014 Gulf Swimming Gold Medal Clinician and Banquet speaker.

Admin Vice Chair Report for BOD Meeting
4/30/14

Short-course proofs of times will be emailed out to coaches and posted on the Gulf Website prior to the House Meeting in May. Please send all emails inquiring about fines and mailing to coachjason@riceaquatics.com .

Allison Beebe, Jenny Shamburger and I discussed the USA Swimming Coach Mentoring Grant Program which was due on April 18th. It was our decision that due to the timeframe and complexity of such a grant GULF Swimming as a board, house and coaches could use the upcoming year to discuss the need within the LSC for this grant and set up criteria and guidelines to make a more educated and informed bid in 2015.

Gulf Swimming Equipment Coordinator Report
Board of Directors Meeting
4/30/14

Gulf Swimming Equipment Coordinator – Clay Douglass

Trailer A Host – Mike Pollock (BTA)

Trailer B Hosts – Holger Lubsen and Julie Barron (CFSC)

Trailer C Hosts – Bruce Patten and Adam Hayes (PACK)

As shown above, we have new Trailer B hosts in Holger and Julie. Clay will work with them in the coming weeks to ensure an orderly transition.

On Sunday, April 13th, Bruce, Clay, Holger and Julie along with a couple other individuals did a review and check of Trailers B and C inventory. Trailers B and C will be the primary ones used by various Gulf Swimming teams in the upcoming Long Course Swim Season. Mike Pollock will review the inventory in Trailer A later this spring and let Clay know if there are any issues.

Overall, things are in good shape with the Gulf Trailers. Trailer B got its System 6 console repaired by Colorado Timing earlier this year. A new battery was installed in one of Trailer B's start modules. A few items had to be ordered in the past months such as a remote strobe and cable line, some stopwatches and a couple of radios.

Clay Douglass

2014 Gulf Coaches' Clinic Report
Allison Beebe

Committee:

This was a fabulous committee, with a great blend of veterans and new blood. Committee members include Beau Caldwell, Laura Davis, Mike Robinson, Paige Sikkema, Megan Sobecki, and Allison Beebe (chair). This was a hard working, detail oriented, diligent committee that did everything from working the budget to bring in an extra speaker to rounding up over 60 donated raffle prizes.

Chair's recommendation for next year: I recommend that Laura Davis and Paige Sikkema co-chair the next clinic. I also recommend continuing to use this as an opportunity to get more coaches involved in giving back to the Gulf. This is a great opportunity to discover and mentor our future leaders.

Speakers:

We originally planned for three featured speakers- Bill Rose, Jennifer, Gibson, and Dave Krotiak. Tom Avischious from USA Swimming also agreed to return to talk about Club Development. After a pre-clinic survey and discussion at the November coaches' meeting, we added John Mullen to discuss dryland.

All speakers were very professional and prepared for their talks. Most provided handouts and copies of their power points.

Chair's recommendation for next year: I would return to three featured speakers. There were mixed reviews on offering talks at the same time; some people liked having options while others did not like having to miss talks. I recommend a similar format to this year's, which seemed to be a good compromise.

Tom Avischious offered sending someone from USA Swimming to discuss race video or run any of the talks that USA Swimming provides at national select camps.

Venue:

There were pros and cons to using the Courtyard at Galveston. Pros include the following:

- Reasonable room rates (no other hotel on the island had rooms under \$189)
- Beautiful view
- The room size and size of the social location forced coaches to interact with each other

Cons included the following:

- Poor communication on behalf of the hotel due to constant changing of managers (we had five different people in charge of the clinic in the course of 6 months).
- Size- we maxed out the size for the conference room, and our clinic had 67 of the 82 available rooms. We have outgrown this hotel.
- Location- it was great to be in Galveston on the water, but this side of the island is still developing, so lunch options were limited.

Chair's recommendation for next year: Continuing on Galveston Island in the spring is going to be a challenge.

- Costs: Between spring break, special events, and other conferences, room rates continue to increase, which could become a prohibitive factor for teams.
- Size- we have outgrown the mid-sized hotels, especially when it comes to finding a conference room (or rooms) big enough to accommodate 125 coaches.
- Everyone seems to love Galveston- if we move to a bigger hotel and stay in Galveston, we may have to go back to looking at a Saturday/Sunday evening combination to bring down the room rate, or teams will need to be willing to spend much more on the rooms.

Survey Results

37 out of 120 registered coaches completed a survey to help the planning committee make next year's clinic better. The results are as follows:

Overall, were you satisfied with the Gulf Coaches clinic, neither satisfied nor dissatisfied with it, or dissatisfied with it?

Extremely satisfied- 65%
 Moderately satisfied- 27%
 Neither satisfied not dissatisfied- 8%
 Moderately dissatisfied- 0%
 Extremely dissatisfied- 0%

How would you rate the venue/ location?

Excellent- 32%
 Very good- 43%
 Good- 16%
 Fair- 5%
 Poor- 3%

Comments: Preferred a place closer to the other restaurants, uncomfortable chairs, small room (needed tables), great view, poor breakfast (multiple comments), did not like the lobby for the dryland talks, not enough rooms for all teams

How useful was the information presented at the Gulf Coaches Clinic?

Extremely useful: 30%
Very useful: 46%
Somewhat useful: 19%
Slightly useful: 5%
Not useful at all: 0%

Comments: Speakers told great stories but did not give a lot of practical information, have Tom talk more, dryland was not useful (multiple comments), do not like having multiple talks at the same time, fantastic speakers

How would you rate the presenters at the Gulf Coaches Clinic?

Excellent: 57%
Very good: 24%
Good: 11%
Fair: 5%
Poor: 3%

Comments: Entertaining, useful ideas, had a hard time fitting their talks in the allotted time, dryland was a waste, loved the handouts this year,

What educational session and/or speaker did you like the best?

- Large split between Bill, Dave, and Jennifer
- One person liked dryland the best

What did you like most about the overall event?

- Overwhelming majority referenced getting to know the other Gulf coaches
- "Being able to spend time with presenters outside of the talks"
- "I thought it was great that it was for our LSC only and that we have coaches in the LSC who are doing so much to help educate other coaches."
- "Strong representation from all Gulf teams"
- "Structured and kept at a reasonable pace without dragging or rushing"
- "Discussing the talks after the talks with other Gulf coaches"
- "The fact that the Gulf coaches get along so well"
- "The intimacy of the clinic"
- "I was very proud when Jennifer Gibson spoke on how impressed she was with our LSC, both that we had the clinic and because we share ideas with each other."
- "The small area for the social eliminated cliques"
- "Ability to talk with world class swim coaches in a small setting"

What would you do to improve this clinic?

- More specific from the dryland talk
- The registration process online is a mess.
- Have a panel that is not so senior heavy
- Find a bigger venue
- Give Tom more talking time

- One more talk on Sunday
- “Offer broader range of topics or several sessions at once and allow for teams to send representatives to branch out but then bring back together for powwow time that is not at lunch or dinner time.”
- “The only thing that I was kind of bummed about was the overlapping of some talks. I stayed in to listen to one of Dave's talks while Dr. John was giving his demo on different dryland workouts. So if there was any way to not have overlapping of talks that was my only thing to improve on.”
- “Make sure to allow for breaks. For myself an hour is a long time to sit, breaks between speakers is huge for me to be able to focus”
- “More pertinent topics and speakers less personal stories.”
- “Suggestions for next year: 1. Something concentrated in Sport Psych - situations you'll run into as a coach where you need to manage athletes from a psychological standpoint. Could be a coach that's strong in the sport psych area, not necessarily a sport psychologist. 2. Genadijus Sokolovas - swimming power and velocity. I think a lot of coaches could benefit from his video and graphs. 3. On a SR track - Having a plan that includes swimming in college, and how to find colleges that fit each swimmer.”
- “Maybe consider having one gulf coach do one talk at the clinic each year. Someone who has been successful at certain things and could share what they do.”
- “Recommendation for speaker next year... Bryan Dideaux from Mission Viejo... He's an awesome 10&U coach and presenter... He's done talks at ASCA, so he has experience.”

A special thank you goes to the committee members, who were absolutely fabulous. I would also like to thank the Gulf Board for underwriting most of this clinic, allowing for more teams and coaches to participate.

Coaches Rep Board Report
April 30, 2014

We had 126 coaches signed up for the Gulf coaches' clinic. A detailed recap is included in a second document. Thank you to Beau Caldwell, Laura Davis, Mike Robinson, Paige Sikkema, and Megan Sobecki for all of their efforts in providing a fantastic clinic for our coaches.

The Gulf coaches would like to thank Rick Tobin for attending the coaches clinic and meeting with coaches on recruiting and retaining officials in the Gulf.

Due to the April coaches' clinic, we did not hold a Gulf coaches meeting in April. Our next coaches meeting will be on Wednesday, May 14 at 11:00 AM at the DADS Club.

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	AD - Adirondack Swimming	Meet / Competition	Bleachers	(Parent) Paent collapsed in the bleachers while watching a swim meet where her daughter was competing. At the time, it appeared to look like a seizure. First responder and parent), Doctor and Parent and Nurse and parent helped on the scene with direct contact of the patient. Coach on deck, Hosting Coach, Hosting Parent and school faculty member, and Lifeguards assisted in gathering equipment, calling 911 and directed EMS.	It appeared to be a seizure at the time (by bystanders and the parents in the stands who assisted with helping parent. Vitals were taken, patient was being assessed and EMS was called at 5:54pm (by Ballston Spa Parent). Due to the location of the incident, she was backboarded in case she needed to be moved to preform CPR. While waiting for EMS to arrive, patient started losing airway and tongue was in the way of airway. She was provided Rescue Breathing until it wasn't needed any longer. EMS arrived and took over care. Ambulance left the school at 6:25pm. EMS transfered patient to Ellis Hospital and then to Albany Medical Center. Patient was suffering a Brain Aneurysm and had immediate surgery. Patient remained in a medical coma and life support, eventually passed away on March 1, 2014.
Male	CC - Central California Swimming	Clean up post Time Trial Meet	Deck	While cleaning up after the Time Trail Meet, coach collapsed. John M., Shawn H. and Patrick N. along with several kids saw him fall and rushed to his aide. Coach was unresponsive. CPR started immediately while John called 911. EMS response time was 5 minutes. Coach was transported by EMS to Clovis Community Medical Center where he was pronounced dead. According to the hospital supervisor it was likely a catastrophic cardiac or pulmonary event.	There were no visible signs of injury. Coach suddenly collapsed on the pool deck.
Female		Practice / Dry-Land	Outdoor Athletic Field	The group was playing a game, athlete slipped in the grass and braced herself with her wrist.	Broken arm/wrist
Female	SN - Sierra Nevada Swimming	Practice / Dry-Land	Outside Venue	While playing a game for dryland, a soccer ball was kicked and hit athlete in the wrist as she moved to block the ball. Despite feeling some initial pain in her hand, athlete continued to play the game. She eventually got in the water, and was unable to swim. She got out of practice early and went home. Later that evening, upon going to the hospital, it resulted that she had broken her arm upon the impact with the soccer ball.	Broken arm
Male	MW - Midwestern Swimming	Meet / Competition	In Water	Swimming the 50 Free, Lost goggles. Swam with eyes closed. Ran into wall with face. Applied ice to nose, informed mother. She took him to hospital.	Possible broken nose
Female	AZ - Arizona Swimming	Meet / Competition	Deck	athlete was walking over to the warm-up pool and fell over raised portion of concrete sidewalk near waterslide. Parent comments that the raised concrete was unmarked.	left elbow is broken
Female	PV - Potomac Valley Swimming	Meet / Competition	Deck	Official was walking on deck and slipped on a water covered area. She fell back and caught herself on her tailbone and wrists. She landed harder on her left arm. Whip lash possible. Wasn't all there right away.	Sore arm, wrists and back.
Female	GA - Georgia Swimming	Prior to practice	Outside Tent (but in club property)	Kids were playing 4-Square prior to practice, outside our tent. Athlete tripped and twisted her ankle	Ankle sprain with a possible fracture
Female	IL - Illinois Swimming	Practice / Dry-Land	Gym	During the ball game, athlete said that her finger hurts. We put ice right away.	At first it looked like the finger is dislocated. After practice mom took athlete to ER and they said it's broken.

Female	PC - Pacific Swimming	Practice / Dry-Land	Deck	I did not observe the accident happen. Athlete came up to me as we were about to start running for dryland and said she hurt her foot. I asked her to explain how she hurt it, she said she fell. I asked her to describe the pain and she said it hurt. I asked if she thought she rolled her ankle. She said maybe or I thought it was a rolled ankle. I found out the next day it was a fractured ankle from her Mother via email.
Male	FL - Florida Swimming	Meet / Warm Down	Deck	Swimmer was standing on the gutter cover, jumped to enter the warm down pool, hooked his toes under the grate, then tore skin has he entered the water.
Female	IL - Illinois Swimming	Meet / Competition	Deck	Swimmer was walking on the pool deck when she hit her foot on the leg/post of a bench.
Female	FG - Florida Gold Coast Swimming	Practice / Dry-Land	Outside Venue	Dryland they were doing rotation of step-ups, jump rope and 6 inches leg lifts. When she was jump roping she felt a snap. She continued jumping but placing weight on other leg.
Female	OR - Oregon Swimming	Meet / Competition	In Water	During warm ups, jumped into pool for backstroke.
Female	OR - Oregon Swimming	Meet / Competition	In Water	Jumped in during warm ups and misjudged depth of the pool. Hit foot on the bottom and felt foot twist. She came up to another coach after warm ups saying her foot hurt. Coach got her ice and she elevated foot. Left meet once parents arrived.
Female	NC - North Carolina Swimming	Practice / Water	In Water	Athlete jammed her finger on a freestyle finish in practice.
Female	GA - Georgia Swimming	Meet / Competition	Bleachers	Walking out of bleachers, slipped on wet floor, possible broken arm.
Female	KY - Kentucky Swimming	Meet / Competition	parking Lot	(Guest) Parking lot with ice and snow patches after a recent snow. Temp in low 20's parked and walked away from vehicle. Slipped on snow covered ice patch lost balance and put hand out to brace her fall. Broke both bones in forearm and will need surgery.
Female	CA - So. California Swimming	Meet / Competition	Deck	Stubbed toe
Female	FL - Florida Swimming	Practice / Dry-Land	Gym	Doing drylands and medicine ball ended up pushing into her thumb, which we found out later in the day was broken due to this incident
Female	IL - Illinois Swimming	Meet / Competition	In Water	She did a flip turn and hit her right hand on either the lane line or the deck
Male	OZ - Ozark Swimming	Practice / Water	In Water	Swimmer and another swimmer had a head on collision while both swimmers swam down the middle of the lane. Swimmer looked up at the last minute, resulting in a fractured nose. The other swimmer was uninjured.
Female	AD - Adirondack Swimming	After practice	Locker Room	Fell in locker room while getting changed after practice
Female	LA - Louisiana Swimming	Practice / Dry-Land	Deck	Missed catch hit in face with medicine ball. During Drills.
Male	AM - Allegheny Mtn Swimming	Meet / Competition	Locker Room	Swimmer in male locker room getting stuff out of his locker when he stepped on a nail that punctured the heel of his left foot
Male	NC - North Carolina Swimming	Meet / Competition	Bleachers	Slipped on the bleacher just after the end of the session and his left foot slid between two bleachers and he sustained a severe laceration to his foot. tendon was visible, and bleeding was controlled. EMS arrived and observed Dr Hoffman (parent & surgeon) in bandage his left foot. Parents denied EMS transport to hospital and took him to ER immediately.

Abrasion on right toes. Broken toe.

Broken toe/s on right foot

Athlete was doing dryland: they were doing rotation of step-ups, jump rope and 6 inches leg lifts. When she was jump roping she felt a snap. She continued jumping but placing weight on other leg. Saw doctor today, Feb.5 with result of reaction fracture. Broke her fourth toe on her right foot. Notified parents that it hurt, but thought it was just jammed. Iced at meet. Went to urgent care upon returning home and discovering a bruised foot.

large discolored (purpleish) bump on top of left foot. Was checked out by a doctor day after injury: foot fractured.

Athlete jammed her finger on a freestyle finish in practice.

Possible fracture

Broken arm/ wrist

Possible broken toe, toenail broken off

broken right thumb

possible contusion/ hairline fracture

Fractured Nose

Fell and injured knee

Concussion.

Approx 2in puncture wound to heel of left foot

Sustained deep laceration to left pedal webspace/ lateral 3rd toe. Visible bones and extensor tenon/sheath. No evident fracture and bleeding was controlled.

Female	AM - Allegheny Mtn Swimming	FREE TIME AT HOTEL	HOTEL BATHROOM	SWIMMER IS PART OF THE ALLEGHENY MOUNTAIN ZONE TEAM - WHILE IN THE SHOWER AREA OF HOTEL TAKING AN ICE BATH SWIMMER TURNED HEAD AND CAUGHT RIGHT CHEEK ON THE FAUCET.	APPROX. 1.5" CUT ON RIGHT CHEEK CLOSE TO NOSE AND MOUTH. WHEN CHILD REALIZED SHE WAS CUT SHE LEFT HOTEL ROOM AND WENT TO GET HER MOTHER IN HER ROOM (IN THE SAME HOTEL)
Female	OZ - Ozark Swimming	Practice / Water	Deck	Swimmer was climbing out of the water in lane 4 and was cut in between her toes by a broken tile on the ledge of the pool.	A deep cut in between toes on right foot. Swimmer was given medical attention to stop the bleeding, but no stitches were needed.
Female	PC - Pacific Swimming	Practice / Water	In Water	Doing backstroke, did not pay notice of flags, went to do turn and when rolling to stomach position ran into the wall with her face.	Two gashes from hitting wall. One in middle of forehead and one on bridge of nose.
Female	NJ - New Jersey Swimming	Meet / Competition	Hallway	(Parent) While standing in line for concessions, parent became light-headed, and began sweating. She was removed from line to a back room where she vomited once. She remained dizzy while seated in the back area.	Light-headed, dizzy, sweating, vomited. Rutgers EMT was contacted and provided care on-site. Injured has chronic rheumatoid arthritis...not evident that it is related. As time passed, symptoms seemed to improve. She refused transport to hospital.
Female	AZ - Arizona Swimming	Meet / Competition	Bleachers	(guest) While attempting to exit the bleachers, I slipped and fell. My foot was trapped under the lower step of the bleacher. The result of the fall was a severe ankle sprain and deep contusion on the leg. The bleachers were crowded with both people and swimmer equipment bags. Water from wet swimmers on the metal bleachers caused the bleachers to become slippery. People and chairs in front of and around the bleachers made it difficult to enter and exit the bleachers safely.	severe ankle sprain and deep leg contusion
Female	CA - So. California Swimming	Meet / Warm-up	In Water	While warming up, the swimmer's left ring finger was struck by the foot of the swimmer in front of her	While warming up, the swimmer's left ring finger was struck by the foot of the swimmer in front of her
Female	WI - Wisconsin Swimming	Practice / Water	In Water	(nonmember) Swimmer was getting into the pool at Waukesha West High School and hit her chin on the side of the pool and cut her chin open.	Cut on the bottom of her chin
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Finishing stroke at end of 50 Free, hit wall with fully extended elbow. Swimmer was swimming backstroke and hit her head on the wall. She came into the guard room and was given ice by the guard. After a few minutes she began to feel dizzy and vomited. Staff was notified and 911 was called. Parents gave approval for transport to Kendall Regional for further treatment/observation as swimmer became disoriented.	Partially dislocates left elbow
Female	FG - Florida Gold Coast Swimming	Practice / Water	In Water	Swimmer was making a turn and felt her shoulder pop. She was unable to continue the race.	Potential Concussion resulting in vomiting and disorientation
Female	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer was making a turn and felt her shoulder pop. She was unable to continue the race.	Shoulder popped and she was not able to continue.
Female	UT - Utah Swimming	Practice / Water	In Water	Hit her middle finger on her right hand on a lane line while swimming.	middle finger on right hand had swelling above the knuckle and was painful
Male	PC - Pacific Swimming	Practice / Water	In Water	Hit another swimmer while doing backstroke start.	One wound above eye and one below eye.
Male	AZ - Arizona Swimming	Practice / Dry-Land	Outside Venue	During dryland prior to practice on basketball court, athlete ran into a pole on the court and cut below his right eye	Cut below right eye.
Female	CA - So. California Swimming	Meet / Competition	In Water	Incident - swimmer was entered in 100 m fly, climbed out of pool at 50 m end as she was experiencing difficulty breathing.	Athlete was having difficulty breathing normally, was breathing very quickly, had trouble taking a deep breath and breathing in a normal rhythm.
Female	OK - Oklahoma Swimming	Meet / Competition	Deck	Swimmer slipped stepping onto the athlete seating(bleachers) and hit her shin on the corner of the bench.	Deep gash on the upper portion of her right shin.
Female	PC - Pacific Swimming	Meet / Competition	In Water	at flip turn during freestyle, swimmer hit her ankle/foot on the edge for the flush gutter deck.	at flip turn during freestyle, swimmer hit her ankle/foot on the edge for the flush gutter deck.

Female	IN - Indiana Swimming	walking in parking lot	parking lot at venue	(guest) Was walking in the parking lot, slipped on a patch of ice and fell backwards and hit her head on the ground	Bump on the back of the head.
Male	IL - Illinois Swimming	Meet / Competition	Deck	Slipped and fell on deck	Fell hard on right hip/leg. Could not stand or put any weight on the right leg. Was assisted into a chair, and later assisted into a vehicle to be taken to the hospital for evaluation.
Male	MA - Middle Atlantic Swimming	Scuba Lesson	In Water	(Guest) became light headed and had shortness of breath during scuba class	Light headedness and shortness of breath
Female	AK - Alaska Swimming	Practice / Water	In Water	They had watched the first part of the new IM flip turn that was on the coaches corner and were trying it out during practice	Subluxation of Shoulder
Female	CA - So. California Swimming	Meet / Competition	INSIDE VENUE	Patient presented with signs indicating respiratory distress, dyspnea. Patient was brought over by lifeguard personnel on staff. Patient waited for oxygen mask, but medical did not have one. Patient opted to return to hotel in team van. Team Chaperone noted patient's difficulty breathing, lethargic appearance and blue/purple discoloration in fingers, toes and limbs and called 911. College Station Fire Paramedics responded. Patient oxygen was monitored, given nebulizer treatment by paramedics and CO2 levels watched. EMT determined patient ok to release after 30-45 minutes of monitoring	Diagnosis-Toxic Exposure - Chlorine Exposure Chlorine Burn to lungs
Female	OK - Oklahoma Swimming	Practice / Water	In Water	Swimmer's heal hit wall during fill turn. Cut back of heal open	Back of heal cut
Male	NI - Niagara Swimming	Practice / Water	Locker Room	Swimmer stepped up on bench in locker room and slipped which cause shin to hit wooden bench and cut his leg	large laceration on shin which may require stitches.
Male	CA - So. California Swimming	Meet / Competition	Inside Venue	: Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient was transported back to hotel under supervision of Dr. Stephen Lin.	Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea
Female	SI - San Diego-Imperial Swimming	Meet / Competition	Deck	Fainting episode. I blacked out on the pool deck twice and was unconscious for 10-20 seconds each time. EMTs were called at which point they determined my vital signs were stable but recommended I go to the hospital via ambulance since I'm 5 months pregnant. Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient response unchanged and patient triaged for transport to College Station Medical Center by CSFD for further medical evaluation. Transport decision was made by paramedics on the medic unit EOR.	syncope- loss of consciousness
Female	CA - So. California Swimming	Meet / Competition	Inside Venue		Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea
Female		Meet / Competition	Outside Venue	(parent) Slipped on ice pushed car door shut on right thumb	Slammed right thumb in car door, approx. 1" cut on inside of thumb
Female	WI - Wisconsin Swimming	Meet / Competition	Outside Venue	Slipped on ice, twisted ankle, and fell.	Sprained ankle and foot.
Female	CA - So. California Swimming	Practice / Water	In Water	Swimmer hit heel of right foot on metal ladder that extend from deck into water at end of lane.	cut on right heel
Female	AM - Allegheny Mtn Swimming	Meet / Competition	Deck	Swimmer reported mid-sternal chest pain that occurred before and during her swim. Reported pain was sharp and withdrew from meet	Pt complained of mis-sternal chest pain.
Male	MN - Minnesota Swimming	After Practice	Locker Room	Swimmer wrestling with another swimmer, fell against bench and lacerated ear.	Lacerated ear from fall against bench
Male	PC - Pacific Swimming	After practice in the showers	Locker Room	Slipped on locker room floor and hit head against the floor	No noticeable injury - no cut, or bump

Female	MA - Middle Atlantic Swimming	Practice / Water	In Water	<p>During practice, swimmer dove into the water in an end lane. A teammate of hers was positioned at the side wall and happened to breaststroke kick outward at the same time, inadvertently kicking the swimmer in the left side of the head. Swimmer surfaced, shouted "Owwwwwww!" and then blacked out face-down in the water. The teammate immediately grabbed her arm and upon noticing that she was limp and unresponsive gave her a bear hug from behind in order to pick her face up out of the water. Coach happened to be standing less than 5 feet away at the time of the incident, and upon seeing the swimmer unresponsive, grabbed both of her wrists and pulled her vertically out of the water and onto the pool deck. Swimmer remained unconscious on her back on the pool deck for approximately 15-20 seconds while coach and teammate called her name and touched her arm and face. After 15-20 seconds, she awoke and reported headache and blurred vision. Vision problems abated after a minute or two, but headache persisted. While swimmer was laying on deck, coach called her father via cell and informed him of the situation. Coach then handed the phone to the athlete and she spoke to her father for a minute. After 4-5 minutes laying down, swimmer was assisted to a sitting position. After a few minutes sitting, she was escorted to the locker room by a teammate and kept watch over while she got dressed. When dressed, she was escorted back to the pool deck and remained seated for the last 20 minutes of practice while she waited for her ride. Swimmer did not perform any more training after the incident and a visit to a hospital/doctor on the evening of the incident was recommended by the coach. No ice was administered because none was available on site. The athlete had suffered a fainting incident earlier in the week (at school, not associated with swimming) and therefore coach deemed extra precautions should be taken.</p>	Athlete sustained an inadvertent kick to the side of the head and blacked out for 20-30 seconds. Symptoms consistent with concussion. Athlete reported no neck pain or any pain exception the head.
Female	CA - So. California Swimming	Meet / Competition	Inside Venue	<p>Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient response unchanged and patient triaged for transport to College Station Medical Center by CSFD for further medical evaluation. Transport decision was made by paramedics on the medic unit EOR.</p>	Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea
Female	CA - So. California Swimming	Meet / Competition	Inside Venue	<p>Patient presented with signs indicating respiratory distress, dyspnea. Air quality in the natatorium was very humid, hot and medic noticed the chlorine smell was strong and burning his eyes. Patient was brought over by lifeguard personnel on staff. History, allergies, and medications unobtained due to large number of patients present. Patient placed on high flow oxygen via NRB. EMS/FD was notified for possible HAZMAT incident. Additional on scene assist from TAMU EMS and CSFD. Natatorium was evacuated. Patient was released by medic staff and transported by Dr. Stephen Lin back to hotel.</p>	Diagnosis: Toxic Exposure - Chlorine exposure; Dyspnea

Female	IL - Illinois Swimming	Meet / Competition	Outside Venue	(Guest) The incident involves a spectator at the meet. She allegedly slipped and fell because of snow as she walked to her car upon leaving the meet. We had no knowledge of the fall. She was in pain and later in the day went to a hospital where she was reportedly told she had a broken tail bone and a concussion. She contacted the high school on Monday, March 3rd and said she is seeking coverage of her medical expenses and compensation for missed days at work. The high school sent our club who hosted the meet an email informing us. We have no information beyond her name and the details described here about the accident. I called Pam Lowenthal of Illinois Swimming to determine if the guest was associated with a USA swimmer. No swimmer or parent of swimmer has that last name. We have no further information at this time. Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient response unchanged and patient triaged for transport to College Station Medical Center by CSFD for further medical evaluation. Transport decision was made by paramedics on the medic unit EOR.	concussion and broken tail bone
Female	CA - So. California Swimming	Meet / Competition	Inside Venue	(spectator) Woman passed out in bleachers - possible low blood sugar issue.	Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea
Female	OH - Ohio Swimming	spectator during meet	Bleachers	She was swimming and hit her Left hand on the lane line.	No apparent injuries from fall. Loss of consciousness was the concern.
Female	IN - Indiana Swimming	Practice / Water	In Water	ATHLETE WAS RUNNING INTO THE WATER, TRIPPED AND FELL, CATCHING HERSELF WITH HER ARM.	Left 5th finger sprain
Female	FL - Florida Swimming	Practice / Water	In Water	Left shoulder popped on backstroke start during competition.	FELL AND CAUGHT ALL OF HER BODY WEIGHT WITH HER ARM.
Female	FL - Florida Swimming	Meet / Competition	In Water	(Guest) NOSE BLEED AT HOTEL B4 ARRIVING AT MEET BUT ABLE TO STOP THE BLEEDING. AT MEET NOSE BEGAN TO BLEED AGAIN WITHOUT CONTACT W/ANY PERSON OR OBJECT. UNABLE TO STOP. TAKEN TO HOSPITAL FOR TREATMENT BY FAMILY.	Dislocated left shoulder
Female	CO - Colorado Swimming	Meet / Competition	Bleachers	(parent) Fell on pool deck...man caught her....says she felt a pop, but cannot move leg. Ice provided by University of Denver lifeguard staff, husband to will transport to Urgent Care after PT staff was consulted.	NOSE BLEED W/OUT CONTACT OR INJURY
Male		Practice / Water	Deck	The swimmer was exiting the pool and cut his heel on the raised portion of the deck by the starting blocks.	Upper right leg was injured as she fell on the pool deck.
Female	SN - Sierra Nevada Swimming	Practice / Water	Deck	Athlete was walking and slipped on we cement. Landed on elbow.	Slice on heel
Male	SN - Sierra Nevada Swimming	Practice / Dry-Land	Grassy area within practice venue	Practice had not started yet and the children were playing on the grassy area inside the aquatic center. Athlete was pushed by a teammate (going for a football) and he broke his fall with his right arm.	Landed on elbow on deck.
Female	IN - Indiana Swimming	Leaving practice	Outside Venue	The coach was leaving practice and fell on black ice in the parking lot.	Broken arm.
Female	WY - Wyoming Swimming	Meet / Competition	In Water	Upon entering the water for a race she tokk a stroke and felt someyhing pop or pull in her left shoulder	right hand was swollen
Male	WI - Wisconsin Swimming	Meet / Warm Down	In Water	Athlete was entering Warm up/ Cool Down well when he hit his chin on the pool edge	Left Shoulder Muscle Strain
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Muscle / Joint injury while swimming	Laceration to his chin. Received 4 stitches in chin
Male	AM - Allegheny Mtn Swimming	Learn To Swim for Daniel's Brother	Deck	Athlete was wearing his tennis hsoes and ws standing still; he went to the left and fell. He fell and hit his front upper adult tooth.	While swimming butterfly swimmer injured left shoulder
Male	MN - Minnesota Swimming	Meet / Competition	Hallway	Slipped and fell, landing on arm/elbow	Class 2 Francture YO #9 and Sublaxation YO #9
Female	MN - Minnesota Swimming	Meet / Competition	Deck	(volunteer) slipped fell back and hit head	arm/elbow swollen and painful. feeling nauseous, lightheaded, headache, feeling unable to stay awake

Female	NI - Niagara Swimming	Practice / Water	Deck	Swimmer fell onto deck, hit chin and appeared to be having a seizure.	Afterwards swimmer stated she was dizzy and light headed and everything went black. When coach got to her the swimmer asked what happened? Chin was bleeding a bit
Female	AZ - Arizona Swimming	Practice / Water	In Water	During practice athlete collided head on with another swimmer.	Athlete has been experiencing concussion like symptoms, including headaches and dizziness.
Female	PC - Pacific Swimming	Meet / Competition	Outside Venue	Between events during prelims, swimmer fell and experienced pain in her shoulder and collar bone.	Pain in shoulder and collar bone.
Male	ST - South Texas Swimming	Meet / Competition	In Water	pop elbow out of socket at touch pads	pop elbow out of socket at touch pads
Male	ST - South Texas Swimming	Meet / Competition	Bleachers	walking down steps and slipped .Landed on left side of buttocks, then slide down 2-3 steps hitting left leg and knee	bruised buttocks
Male		Meet / Warm-up	In Water	Cut knee on touchpad	Approximately 5" laceration to knee, part of which required 3 stitches.
Female	AZ - Arizona Swimming	Meet / Competition	Outside Venue	slipped on grass and gashed her head on a electrical stub.	2 inch long cut on side of head (under the hair).
Female	MI Michigan Swimming	Practice / Water	In Water	Hit another swimmer with her hand in the lane	Black and blue finger (bruised)
Female	ST - South Texas Swimming	Practice	Locker Room	Leaving locker room for practice, slipped and fell. Landed on back. Felt tingling down leg.	Felt tingling down leg.
Female	CO - Colorado Swimming	Practice / Water	In Water	Swimmer was practicing breaststroke and kicked ladder with her right foot.	bruised foot and contusion
Female	NJ - New Jersey Swimming	Practice / Water	Deck	Athlete fell to grown causing a laceration to left side of head. Near lane 1 on deck between bulkhead and locker room. Was wearing flip flops that she wears everyday to practice.	Laceration about 3.5cm long and about 2mm deep on left side of head just above and behind the ear on the parietal bone area. Also a laceration to the left foot was observed to which was no more than 5mm in length and superficial. Laceration of the foot was located on the 5th tarsal area towards the top.
Female	IN - Indiana Swimming	Practice / Water	In Water	She was getting out of the water and scraped her knee on the tile butting up to the gutter.	Approximately 1 1/2" laceration on right knee.
Male	MN - Minnesota Swimming	Meet / Competition	Deck	As swimmer stood up from his seat on the bleachers he slipped or tripped and fell on the deck. I did not see it happen, but turned to see him laying on the deck as he screamed out in pain. I had someone go get ice and checked over him carefully and determined that his major concern was his head. He had hit it on the deck. We were able to locate his parents and told them what happened. They thought he should try to see how he feels after the relay. We applied ice and had him sit still. He decided to do the relay, but quickly got a head ache. His parents then took him to a local urgent care and it was determined that he had a concussion.	Swimmer hit his head on the deck and it was determined that he had a concussion after going to a local urgent care shortly after he fell.
Male	NE - New England Swimming	Meet / Competition	Gym	Swimmer complained of stomach pain - father suspected appendicitis. An ambulance was called for transport to Beverly Hospital	suspected appendicitis
Male	MT - Montana Swimming	Meet / Competition	Deck	PARTICIPANT WAS STANDING ON BENCHES TALKING TO HIS MOTHER IN THE BALCONY. he LOST CONSCIOUSNESS AND FELL TO THE POOL DECK. HE HIT THE LEFT PART OF HIS HEAD ON THE DECK. HE WAS UNCONSCIOUS FOR SEVERAL SECONDS THEN CAME TO. HE ALSO HAS A GOUSE EGG ON HIS HEAD AND A ABRASION ON HIS SHOULDER.	He hit his head on the deck and has a gouse egg on his head. He also hit his shoulder on the deck and has an abrasion on his shoulder.
Female	IL - Illinois Swimming	Meet / Competition	Stairs	(guest) UIC Aquatics Director reported that guest slipped and fell on the stairs near the main entrance. The stairs are located outside of the pool area.	Injuries reportedly included pains in her back and neck. Paramedics applied ice to her neck and transported her to the hospital.
Female	AZ - Arizona Swimming	Practice / Dry-Land	Outside Venue	While playing basketball before practice, athlete fell and hurt her arm.	Athlete fell while playing basketball and hurt her arm.

Female	NC - North Carolina Swimming	Meet / Competition	Deck	Slipped and fell down scaffolding stairs from timing area.	Bruises, hematoma, scrapes
Male		before practice	Stairs	Ben got cut by a door plate.	sliced part of hand
Male	MI Michigan Swimming	Meet / Competition	In Water	athlete slipped getting out of diving well and chipped left front tooth (broken in half). Child said mouth is sore - ice bag given - mother present - wants to continue meet	chipped tooth getting out of pool
Male	ME - Maine Swimming	Meet / Competition	Hallway	(Spectator) was in hallway talking with swimmer, in crouched position. While standing up, he passed out and fell and hit his head on the floor	Large swollen nodule on forehead.
Female	OH - Ohio Swimming	Meet / Competition	Deck	During the Friday night session of the GCSTO "Last Ditch Meet," GCSTO swimmer was standing on the swim deck after having completed her event when an Ipad fell from the balcony above the swim deck and landed on her head. The Ipad then hit her shoulder and shattered on the ground. This event was witnessed by lifeguard. GCSTO coach was the first responder and gave athlete ice for her head.	Direct blow to the top of her head. Showed signs of concussion.
Female	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Injured swimmer was coming into the wall during warm up - and was hit in the nose by a boy doing a backstroke start	Nose Swollen- Swimmer states her nose hurts and feels "Funny".
Female	AD - Adirondack Swimming	Meet / Competition	ON DECK 25 MIN AFTER SWIM	FELT FAINT, STUBBLED AND SLOWLY FELL TO FLOOR.	FAINTED, SOFT LANDING, ASOMATIC SIGNS, HYPERVENTILATING, CHILLS, GOT SHOCKY, HYPOTHERMIC
Female	CO - Colorado Swimming	Meet / Competition	Locker Room	Barefoot swimmer was walking in the locker room and slipped and fell. She hit her head, small cut on the back, coach checked for signs of a concussion and did not see any. Mother took her to the Emergency Room where swimmer received one staple.	Small, deep cut on back of head.
Male	AD - Adirondack Swimming	Meet / Competition	Locker Room	Athletes father approached meet manager requesting a nurse or an EMT to see his son who was reported to have been vomiting and passing bloody stool. Dad was advised that there was no EMT or nurse available and he was advised to speak with a lifeguard and father declined. Father then asked what given by athletes father. Please see above for the nearest hospital was on his way home. He was advised Newport Hospital or Hasbro Hospital. The father stated that he would probably go to Hasbro on the way home.	No witness of visible injury. Statement was given by athletes father. Please see above for statement
Female	OH - Ohio Swimming	Meet / Competition	Deck	During the Friday night session of the GCSTO "Last Ditch Meet," GCSTO swimmer was standing on the swim deck after having completed her event when an Ipad fell from the balcony above the swim deck and landed on her head. The Ipad then hit her shoulder and shattered on the ground. This event was witnessed by lifeguard. Coach was the first responder and gave swimmer ice for her head. At the end of the meet, the mother told me what happened and we printed off forms for USA and Ohio Swimming. I gave athlete's mother the concussion signs and symptoms papers and also the form that must be filled out and completed by athlete's Doctor, after she is checked out for a concussion. We were very direct in our recommendation that athlete go to Children's Hospital this evening. I then sat with them and filled out the paper form (to copy from later to USA Swimming) of the USA Swimming - Report of Occurrence and the Ohio Swimming Inc, Concussion Report.	possible head, shoulder injury from falling object.
Male	VA - Virginia Swimming	Meet / Competition	Bleachers	Fell thru bleachers while climbing	Bruised Hands, Arms and Hips
Female	MI Michigan Swimming	Practice / Water	In Water	Athlete was attempting a backstroke flip turn and misjudged distance to the wall, upon attempting the turn she struck her head against the gutter/wall.	Concussion
Female	IL - Illinois Swimming	Practice / Water	In Water	Swimmer left pool to use inhaler for asthma	swimmer was having breathing issues and used inhaler.
Female	AD - Adirondack Swimming	Practice / Dry-Land	Bleachers	During dryland practice caught her heel on the bleachers while doing step ups causing her to fall backwards onto the pool deck landing on her wrist, and hip	Wrist swollen and discolored, bruised knee
Female	KY - Kentucky Swimming	Meet / Competition	Getting out of water	She hit her foot on backstroke grip.... not covered.	Sliced left foot at base of big toe by inch in diameter

Female	IA - Iowa Swimming	Meet / Competition	In Water	inhaled water during 200 fly	could not breath, used inhaler
Female	AM - Allegheny Mtn Swimming	Practice / Water	On Blocks	Swimmer went up on blocks and went to sit down. She then fell off the back of the blocks and landed on her head. Swelling around the eye	Black eye, swelling, small cut on eyebrow
Male	CO - Colorado Swimming	Practice / Water	In Water	The athlete hit the back of his right heel as he did a flip turn; he sliced his heel leaving a 4-5 inch laceration.	The athlete sliced his heel on the wall; the laceration was 4-5 inches long. The laceration was deep enough to require immediate care and stitches.
Male	MR - Metropolitan Swimming	Meet / Warm-up	In Water	Swimmer reportedly cut his big toe on the touch pad. First aid was provided by facility lifeguards. Facility called EMS, who transported swimmer to Metropolitan Hospital where he received 2 stitches. Swimmer returned to meet the same morning and competed in 3 events.	Cut on right big toe
Male	SR - Snake River Swimming	Meet / Competition	In Water	Swimmer was competing when his shoulder became injured. He felt like it popped out then popped back in place while swimming his 100 free. Swimmer did not complete the meet. Swimmer had complained of shoulder pain earlier in the month but nothing that resembled this incident.	Swimmer was competing when his shoulder became injured. He felt like it popped out then popped back in place while swimming his 100 free. Swimmer did not complete the meet. Swimmer had complained of shoulder pain earlier in the month but nothing that resembled this incident.
Male	NE - New England Swimming	Meet / Competition	at hotel during team travel	Athlete crushed an unknown quantity of Mucinex tablets into a powder and snorted them through his nose.	No apparent injury occurred.
Female	OR - Oregon Swimming	Practice / Water	In Water	Swimmer blacked out while swimming, upon extrication, immediately became conscious. EMS arrived and took her to the emergency room as mandated by law. She is healthy and in good spirits	Swimmer blacked out while swimming
Male	SC - South Carolina Swimming	Meet / Competition	Bleachers	Swimmer was climbing down from bleachers to deck, swimmer fell and his leg went through bleachers and swimmer sprained wrist when trying to brace himself. Swimmer went to ER and had xrays and was told it was a sprain.	Sprain
Male	GU - Gulf Swimming	Meet / Competition	Bleachers	Allergy-Peanut. He had the chex-mix with peanut butter. Itchy Throat. Parent hasn't carried allergy medicin and dosen't want to use EMS. Another Parent offered claritin-D. Facility and meet personel encouraged his mother to take the swimmer to ER. His mother refused and wanted to keep watching his reaction.	Itchy Throat
Male	ST - South Texas Swimming	watching competition	Hallway	(Guest/parent) he felt dizzy and upset after his son complained his severe shoulder pain. He walked into the wall and slumped to the the floor unresponsive. The witnesses layed him on the floor and went to get help	No injury.
Male	ST - South Texas Swimming	Meet / Competition	In Water	In his 200IM, his right shoulder got injury. His Coach noticed.	Severe Right Shoulder Pain. EMT came and took him to ER
Female	CC - Central California Swimming	Practice / Water	In Water	(tryout swimmer) Swimmer was stung by a bee while doing an open turn on the wall.	Swimmer was stung by a bee. There was a small bump at the site of the sting. There was a red, swollen area about an inch in circumfrence around the site of the sting.
Female	PC - Pacific Swimming	Meet / Competition	In Water	Asthma attack	Asthma attack during race, assisted out of pool. Official is also an EMT and monitored heart rate and breathing. Heart rate was 260 BPM on first evaluation after exiting pool
Male	VA - Virginia Swimming	Meet / Warm-up	In Water	Jumped into pool and hurt his foot	Foot began to swell.
Female	GU - Gulf Swimming	Practice / Dry-Land	Deck	Jumping kicks alternate legs landing &	Right Ankle sprian & swelling
Female	MS - Mississippi Swimming	immediatly after water practice going to locker room	Locker Room	Swimmer was walking to the locker room and was going to open the door when it was opened by another swimmer coming out. The door went into the top of her toes causing it to cut open her toe	There was a deep cut on the top part of her toes caused by the bottom of the door going into the locker room.
Male	MI Michigan Swimming	Meet / Competition	In Water	Hand was kicked by another swimmer during warm-up.	Left hand fourth finger, unable to bend, and in pain
Male	AZ - Arizona Swimming	Meet / Competition	In Water	The Athlete above swam up the wrong side of the lane and swam head first into the other female athlete.	Concussion

Female	AZ - Arizona Swimming	Practice / Water	In Water	While completing the main set, the male athlete mistaking swam up the wrong side of the the lane and both collided head first.	Concussion
Female	MS - Mississippi Swimming	Practice / Water	Pool Gutter	I personally did not see the accident. The athlete came up to me crying and informed me that she had been standing on the edge of the pool gutter (the edge closest to the water) and slipped. When the athlete slipped she did a split with her legs before hitting the gutter with her bottom and sliding into the water. As the athlete was talking to me I observed pink water trickling down the athletes leg. At this time I notified my fellow coach of the situation.	The father of the athlete sent me a text message on the day following the accident informing me that the athlete had been taken to the doctor and had required surgery to repair a vaginal laceration. The father informed me that the athlete would be okay but that she could not be in the pool for 10-14 days.
Female	WY - Wyoming Swimming	Practice / Water	In Water	Two athletes were working on the bungee chords swimming against each other. They cooled down and had some free time in the pool. Athlete did not complain of hurting or tell me anything was wrong until the next day when she said it started to hurt after she got home. The Pt feels she has torn or hurt her abdominal muscle.	She may have a parcally torn abdominal muscle or badly bused muscle.
Male	MV - Missouri Valley Swimming	After practice on deck	Deck	Swimmer #1 threw Swimmer #2 their mesh bag full of equipment. The equipment bag hit swimmer #2 above his left eye. A one inch gash above his left eye required 4 stitches.	A one inch gash about 1/2 an inch deep above left eyebrow
Male	NJ - New Jersey Swimming	Practice / Water	Locker Room	Another athlete had placed bag on floor - Athlete trip and fell. Athlete put his left arm to out and down to break the fall. Felt sharp pain in the forearm arm - between wrist and elbow	Another athlete had placed bag on floor - Athlete trip and fell. Athlete put his left arm to out and down to break the fall. Felt sharp pain in the forearm arm - between wrist and elbow. Athlete left locker room and returned to pool deck with parent. Incident was not witnessed by coaches
Female	SC - South Carolina Swimming	Practice / Water	Getting out of pool	Getting out of the pool on Nov. 5, lifted herself up and left knee dislocated. Taken to dr. on Nov.12. Did not let coaching staff or facility know the dislocation happened at practice until Dec. 3.	Knee dislocated while climbing out of the pool.
Male		Practice / Water	In Water	Heading into the wall, other swimmer pushed off into swimmer's face, and dislocated a capped tooth. (the cap came off). The cap was recovered and a dental appt. was made to re-cap the tooth	Capped tooth came off when swimmer colided with another.
Female	PN - Pacific Northwest Swimming	Meet / Competition	Deck	SWIMMER WAS PREPARING FOR THE START OF A HEAT AND WHILE STANDING ON THE EDGE OF THE LANE LOST HER BALANCE, TRIED TO CATCH HERSELF, FELL INTO THE POOL BUT ON THE WAY DOWN STRUCK THE EDGE OF THE DECK WITH HER GROIN.	MOTHER DESCRIBED THE AREA AS SORE AND HAS A LACERATION.
Male	ST - South Texas Swimming	Practice / Water	In Water	Swimmer was finishing to the wall and hit his hand on the deck/grate surface.	Swimmer sliced finger just below the knuckle joint
Male	SE - Southeastern Swimming	Practice / Water	In Water	Swimmer hit his head on the wall doing backstroke.	Swimmer received a cut on the top of his head. It was not apparent on inspection. The cut would not have been easy to see as it was under his hair.
Female	NE - New England Swimming	Meet / Competition	Deck	Swimmer was walking very fast around the warm-down pool and slipped and fell on the pool deck as she was coming around a corner of the pool.	Swimmer had several different injuries as a result of her fall. She hit her head, left hip and right knee on the pool deck. She had visible bruising on her left hip and small scratches on her right knee. She also had visible injuries to her left hand including cuts around her thumb and swelling and bruising at the tips of her fingers. Her second knuckle also appeared to be swollen.
Female	ND - North Dakota Swimming	Meet / Competition	Deck	Swimmer collapsed on Deck with a Convulsive Seizure	Epileptic Seizure

Female	NC - North Carolina Swimming	Meet / Competition	Deck	Swimmer had an epileptic seizure on deck behind the blocks before race. The swimmer fell and landed hands-first on the deck but also hit her head, hip and knee when she fell. The swimmer has had epileptic seizures before and one of her teammates quickly got her mother, who was on deck working at the meet and is knowledgeable about her condition. The swimmer had immediate help from one of the meet officials, who is a doctor, a meet volunteer who is an ER nurse and a facility employee, who immediately put a towel underneath the swimmer's head when the swimmer fell and was seizing. 911 was immediately called and EMS took the swimmer's vital signs, oxygen levels and checked the swimmer for signs of a concussion. The swimmer did not need to be carried off the deck on a stretcher or taken to the hospital. The swimmer's mother and the meet official who is a doctor were able to help the swimmer walk off the deck and the swimmer was able to go home and rest.	The swimmer had an epileptic seizure. When the swimmer seized, she fell and landed on her hands first but also hit her head, hip and knee on the deck. She had a notch above her right eye, a cut on her chin and bruises on her hip and knee, but did not suffer a concussion.
Male	IL - Illinois Swimming	Meet / Competition	Outside Venue	Injured had been talking with Mike Unger in the trailer [NBC TV Trailer]. He left the trailer and slipped on the wet stairs falling forward 3-4 steps landing on outstretched arms hitting face/glasses on steps or pavement. Witness one witnessed the fall. When I arrived on the scene after being found in drug testing area after the competition the patient had already been and was being evaluated by the venue physician, paramedics (ambulance had been called but not arrived) and Team Physio John Cavanaugh, PT, ATC. Pt was alert and denied loss of consciousness. Had non-bleeding lacerations to R face and pain in wrists/hands/elbows. was transported to hospital and I rode in the ambulance and stayed with him.	Laceration to R Face lateral to eye and pain in wrists/hands/elbows.
Female Female	MA - Middle Atlantic Swimming	Meet / Competition playing in hallway	Outside Venue Hallway	(Parent) of a swimmer slipped on ice and fell. (sibling) Patient climbed on table and burnt her hand on hot t-shirt press.	Torn right hamstring. Burn to top of left thumb and first finger.
Male	VA - Virginia Swimming	Practice / Dry-Land	Deck	Swimmer was standing while resting between wall-sits. Swimmer was barefoot and was standing on the edge of a kickboard when it started to slip. He tried to get it out from under his feet and at that point fell and hit his head on the deck.	swimmer hit his head on the deck. Parents took him to the doctor and during a followup with the parents, they said he had been diagnosed with a concussion.
Male	AZ - Arizona Swimming	Soccer game prior to practice	Outside Venue	While playing soccer on the field prior to practice, athlete collided with another player and when they bumped heads, athlete bit his tongue all the way through.	Athlete bit his tongue causing a large cut.
Female	PC - Pacific Swimming	Pacific Coast All Star Trip/Meet	Parking lot at Red Lion Hotel in Olympia	Swimmer was exiting the chartered bus as she was returning from pool to Hotel in Olympia that the Pacific Swimming team was staying at. Swimmer missed the last step out of bus and rolled her ankle when exiting (she was carrying her swimbag in front of her and didn't see the last step.	right ankle swollen, and painful
Female	SD - South Dakota Swimming	Meet / Competition	Deck	Coach slipped when walking on the deck, falling backwards. She likely hit her head but we did not see that. She then got up, walked about 100 feet, passed out falling forward hitting her face on the deck. She was unconscious, but breathing with a pulse for about 5 min. She then woke following commands, but still sleepy. 911 was called and she was taken by ambulance to the hospital for further evaluation	Likely hit her head on the floor on the first fall on her back, then ot up and fell hitting her head on the front.
Male	CA - So. California Swimming	Practice / Water	In Water	A swim paddle was thrown in the air and hit athlete in the head causing a gash on the top of the head.	2 inch gash to head.
Male	GA - Georgia Swimming	Practice / Water	In Water	Head to Head collision with another swimmer which caused severe nose bleed resulting in a trip to Children's to get a neuro exam and xrays to rule out concussion.	Collided with another swimmer during backstroke. Other swimmers head hit athlete causing severe nosebleed.
Male	WI - Wisconsin Swimming	Arriving to practice	Locker Room	Athlete opened the door of the locker room and got his foot stuck in the door.	Toe nail torn almost completely off big toe of right foot.

Male	GU - Gulf Swimming	Meet / Warm-up	In Water	Swimmer had a seizure in the pool during warm-up. Swimmers pulled him out. Life guards and medics treated swimmer. Swimmer was taken to the hospital.	Swimmer had a seizure in the pool during warm-up. Swimmers pulled him out. Life guards and medics treated swimmer. Swimmer was taken to the hospital.
Male	AR - Arkansas Swimming	Meet / Competition	Deck	swimmer developed difficulty breathing during 550 Free. Swimmer finished race, had extreme difficulty breathing/walked with OCCC medical staff to room difficulty breathing off deck where breathing improved. Parents Treated with inhaler.	
Male	PC - Pacific Swimming	Practice / Water	In Water	The Injured Party was swimming freestyle when his thumb was caught and pulled back by a swimmer going in the opposite direction.	Left thumb tender to the touch. Pain localized around the inferior end of the metacarpal. Very limited movement of the left thumb with no apparent swelling. Palm of the whole hand was blue (mirrored by right hand) possibly due to cold outside.
Male	MI Michigan Swimming	Meet / Competition	In Water	Swimmer was hit in the nose by a swimmer in the same lane while they were passing each other during warm-up/cool-down	Bloody Nose
Female	PC - Pacific Swimming	Practice / Water	In Water	Swimmer was doing a flip turn and cut her foot on the pool light; it had popped loose of its fittings	Cut foot on pool light fixture
Female	PC - Pacific Swimming	Practice / Water	In Water	Hit head on the wall while doing a flipturn.	Pain in her head accompanied by dizziness and a headache
Male		Practice / Water	In Water	Swimmer was doing a flip turn and the swimmer in front of him was pushing off of the wall and his foot (as he was kicking) hit his goggles, cutting his eye.	Goggles cut the oft tissue under his left eye.
Female		Practice / Water	In Water	Swimmer was doing a backstroke start and hit her hand on the lane line.	Cut to the uppermost knuckle on left pinky
Female	ST - South Texas Swimming	Timing at Meet for National Honor Society Hours	Deck	When athlete was timing she had asked an athlete if she could step aside to be able to reach the timing plunger. When the other athlete refused, athlete stepped around her, leaned over and grabbed the plunger when the other athlete bit her ring finger on her right hand which drew blood.	Finger was bit and scraped the braces of the athlete. Initially athlete was so surprised that she kept timing until another athlete advised her that her finger was bleeding.
Male	NC - North Carolina Swimming	Meet / Competition	In Water	During 100yd Backstroke prelim, swimmers partially separated his right shoulder during normal swimming motion. He was unable to continue the session or remainder of the meet.	During 100yd Backstroke prelim, swimmers partially separated his right shoulder during normal swimming motion. Shoulder returned to normal position on its own.
Male	CA - So. California Swimming	Meet / Competition	In Water	Swimmer was competing in the 500 freestyle and he got out of the water before he finished. He was having a hard time breathing	Swimmer had a hard time breathing.
Male	NT - North Texas Swimming	Practice / Dry-Land	Outside Venue	children playing sharks and meanows, ran into each other resulting in injury	nose bleed and headache
Male		Meet / Competition	On Blocks	slipped on blocks and scraped lower leg	scrape - minor bleeding
Female	MR - Metropolitan Swimming	Practice / Water	In Water	Severe nose bleed. Swimmer was swimming backstroke and got kicked in the face by another swimmer. Her nose began to bleed heavily. Coaches applied ice packs, gauze pads and pressure to the nose to stop the bleeding. Bleeding stopped after about 10 minutes	Severe nose bleed
Male	CC - Central California Swimming	Practice / Water	Bleachers	(sibling/guest) Child was climbing on bleachers unattended by parent on deck. Child fell off bleachers and bumped his head.	Bump on left side of forehead and small graze on bump.
Female	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer was doing one of the drills the group was working on in the pool and swam head first into the wall. She hit the crown of her head after doing a breaststroke pull out from one end of the pool to the other. The group was working on turns.	Swimmer hit the top of her head on the bulkhead of the pool after doing a pull out and turn at the wall. She complained of a head ache and then was feeling nauseous and had an upset stomach.
Female	MD - Maryland Swimming	Practice / Water	Deck	swimmer bumped into another swimmer and got a nose bleed	Nose bleed
Female	PV - Potomac Valley Swimming	Practice / Dry-Land	Deck	Slipped on yoga mat, fell and hit back of head on pool deck	Mild concussion
Male	VA - Virginia Swimming	Practice / Water	In Water	Swimmer was swimming on the wrong side of the lane while another swimmer did a backstroke start. Their heads collided, and swimmer was left with a deep cut on his eyebrow.	Deep cut on eyebrow

Female	FG - Florida Gold Coast Swimming	After Practice/ Locker Room , Changing	Locker Room	After practice the girls went to the locker room. An hour later one of the girls came down asking for a bag of ice because her elbow hurt. Child had tears in her eyes. No cuts, bruising or swelling. Child mentioned she thought everything would be ok. Child then left with her mom. When child came back to practice, one week later. Child said elbow was "lightly fractured" there was no cast and child was playing and exercising as normal.	She slipped and fell on her elbow in the locker room. Came down stairs asking for ice. Child had tears in her eyes. No swelling or bruising visible at the time of injury.
Male	OK - Oklahoma Swimming	Practice / Water	In Water	Cut right knee on a pool flood light leaving a laceration aprox 3cm in legnth	Laceration on right knee cap aprox 3cm in legnth
Female	GU - Gulf Swimming	Practice / Water	In Water	Backstroke start from block, other swimmer was underwater behind the block starter	Contusion to upper right forehead after collision with another swimmer. Resulted in a concussion to one swimmer
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	Swimmer was swimming and scraped his knee at the bottom of the pool	Cut on his knee
Female	OH - Ohio Swimming	Meet / Competition	In Water	Climbing out of north end of west pool near the bulk head. Used ladder and thinks foot was caught in one of the foothold. Scuffed up top of left foot.	Bruise/cut top of left foot
Male	OH - Ohio Swimming	Meet / Warm Down	Deck	Nose began bleeding unexpectedly while waiting between races.	Nose bleed
Male	NJ - New Jersey Swimming	Meet / Competition	In Water	Athlete's nose was bleeding when he got out of the pool. He stated that this is normal for him.	Nose Bleed.
Male	NJ - New Jersey Swimming	Meet / Competition	Stairs	Caught large toe on right foot under door when entering the stairway outside of gym.	Athlete caught the large toe on his right foot under the door when leaving the gym. There was bleeding around toenail.
Female	NJ - New Jersey Swimming	Meet / Competition	In Water	Athlete was kicked on the left side of her head during warm-up.	Athlete was kicked on the left side of her head during warm-up. After examination by Rutgers staff, it was found that there was no visible injury and no immediate signs of other injury. Athlete did participate in Meet as scheduled. (Her mom is her coach.)
Male	NJ - New Jersey Swimming	Meet / Competition	In Water	During 500 Free, athlete pushed off the wall on turn 5 and felt pain in his left knee.	Pain in left knee.
Female	SR - Snake River Swimming	Meet / Competition	In Water	Torn Labrum. We only discovered that she wasn't racing well at a meet in Park City, UT.	This was a result of an injury prior to this happening. The labrum was partially torn years ago, and slowly deteriorated over time, even with physical therapy work. After her ribs popped out of place, she went through physical therapy to repair the issue, and as a result her labrum tore completely.
Male	PV - Potomac Valley Swimming	Meet / Competition	Deck	slipped on deck and cut left elbow	small cut
Female	NJ - New Jersey Swimming	Meet / Competition	In Water	"swimming and pre-existing shoulder injury and just needed ice" Sara no visible injury / slight pain	swimming and pre-existing shoulder injury and just needed ice" Sara no visible injury / slight pain
Male	NJ - New Jersey Swimming	Meet / Warm-up	In Water	Cut right foot 1s phalange on lane line, lane 8	Laceration superficial to the 1st digital phalange
Male	NJ - New Jersey Swimming	Meet / Warm-up	In Water	was swimming freestyle and was kicked and scratched by the swimmer next to him	right shoulder, upper back
Female	MI Michigan Swimming	Practice / Water	In Water	She dove in water and came up with a bloody nose	Bloody nose
Female	MI Michigan Swimming	Practice / Water	In Water	Kicked in the nose and lip by another swimmer while doing her flip turn	Upper lip bleeding and sore nose
Female	MI Michigan Swimming	Practice / Water	In Water	During flip turn, hit wrist on another swimmer and twisted it	Wrist swollen and bruised knuckles
Female	AM - Allegheny Mtn Swimming	Meet / Warm-up	In Water	spontaneous nose bleed, no injury.	no injury, spontaneous nose bleed.
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Subject was kicked in the finger during warm-ups by another swimmer.	Finger appeared to be jammed, hurt to move and unable to bend.
Male		Meet / Competition	On Blocks	Right foot caught on rear of block and anterior part of foot.	Bruise

Female	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Swimmer was participating and a relay and experienced severe pain in her right shoulder as she was finishing. Injury initially believed to have been the shoulder popping out, but after application of ice, pain subsided and it's believed to have only been a muscle spasm	Initially believed to be shoulder popped out, but then determined to be a muscle spasm.
Female	PC - Pacific Swimming	Spectator at practice	Bleachers	Fell down a couple of steps and bumped head	bump on head
Male	PC - Pacific Swimming	Practice / Water	In Water	doing backstroke, swimmer miscalculated strokecount and ran into the wall / hit head.	Hit top of head (no bump or visible injury) athlete complained of headache.
Female	ST - South Texas Swimming	Practice / Water	Deck	She was standing on the deck and slipped on the red painted sign on deck, landed on her gluteus(butt) and fell into the pool	Tail bone hurts but still able to swim
Female	NC - North Carolina Swimming	Practice / Water	Deck	Climbing out of the pool to walk to the other end. As swimmer was rounding the corner, she slipped and flew.	Her lip was bleeding as well as top part of gums.
Female	VA - Virginia Swimming	Meet / Competition	In Water	While executing the first flip turn during a 500 Freestyle, foot slipped on wall causing a twisting of the right knee	Twisted right knee
Male	MD - Maryland Swimming	Practice / Water	Deck	Slipped on pool deck, hurt back and hit his head on the block step	Slipped on pool deck and hit back and head on the block step
Male		Practice / Water	In Water	Kicked in the eye by the swimmer in front of him.	Eyelid was swollen and had a small bruise.
Female	CO - Colorado Swimming	Meet / Competition	In Water	Swimmer reached the end of the 56 lap of the 66 in the 1650 and was unable to continue to swim. The coach helped her out of the pool and to the chairs beside the tank.	The swimmer was unable to complete the event. The athlete was exhausted and after leaving the pool, threw up. Her hands and feet turned blue.
Female	ND - North Dakota Swimming	Meet / Competition	In Water	During swim 200 IM, swimmer felt acute pain coming from right knee or the back of the knee during the breast stroke portion. the swimmer did finish the race and was able to exit the pool	posterior lateral knee pain in right knee and hamstring area
Male	OK - Oklahoma Swimming	Meet / Competition	In Water	Swimming 50 free, foot went in the bulkhead on his flip turn, he heard a pop and foot went stiff.	Upper ankle and heel hurts, swollen and tender. Hurts slightly to touch. Coach said wrist was making a popping noise, but guard looked at and saw he had full range of motion. Coach later came back to the guards because his wrist was swelling and they wrapped it.
Male	OK - Oklahoma Swimming	Meet / Competition	Deck	The coach slipped beside the guard stand and landed on his wrist.	
Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medic	Trouble breathing, received oxygen from medic
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medic	Trouble breathing, received oxygen from medic
Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medic	Trouble breathing, received oxygen from medic
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from the medics	Trouble breathing, received oxygen from the medics
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen by medics	Trouble breathing, received oxygen by medics
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Athlete was hit or kicked in the left lower eye socket. the other athlete was not identified.	Swimmer was hit or kicked in the left lower eye socket. Some swelling.
Female	PC - Pacific Swimming	Meet / Competition	Deck	allergic reaction to food (sandwich from Safeway)	allergic reaction to food (sandwich from Safeway)

Male	AD - Adirondack Swimming	Meet / Warm-up	In Water	Struck head on wall in practice pool when doing backstroke.. Complained of slight dizziness and pain at impact point.	Complained of slight dizziness and pain at impact point
Female	NC - North Carolina Swimming	Meet / Competition	In Water	When getting out of pool, she had back pain (8 out of 10 on pain scale), left the water, which started an asthma attack.	Upper back pain causing asthma attack. No known reason for the cause of back pain.
Female	IN - Indiana Swimming	Meet / Competition	Stairs	Coming down the concourse stairs, slipped, fell & hit head.	Negative for concussion symptoms. Trainer advised athlete to return if headache or other symptoms come up.
Female	LE - Lake Erie Swimming	Meet / Competition	In Water	Her knee popped while climbing out of the pool after her race.	Strain or sprain
Female	LE - Lake Erie Swimming	Meet / Warm-up	In Water	Swimmer was kicked during warm - ups and got a bloody nose	bloody nose
Female	LE - Lake Erie Swimming	Meet / Competition	Hallway	She was opening the door to the pool when someone on the other side opened it and they jammed her toe in to the door	Toe jammed/stubbed
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	During warm-ups, swimmer miscounted his strokes into the wall and bumped his head on the wall.	Concussion
Male	AZ - Arizona Swimming	Meet / Competition	In Water	athlete pulled himself out of water during 1650 race because of difficulty breathing	difficulty breathing during and after race; conscience and able to communicate the entire time
Female	MD - Maryland Swimming	setting up concessions	home	(volunteer) individual was loading then moving the coffee carafe into her car when it tipped over spilling hot coffee onto her leg	burn with blistering
Female		Swim Lesson	Locker Room	(non-member) Child slipped on floor and hit head on bench.	Bruise to the head around the right eye.
Male	PV - Potomac Valley Swimming	Practice / Water	Locker Room	Swimmer stepped in glass on floor of locker room.	one cut to right heel area
Male	OK - Oklahoma Swimming	Practice / Water	Locker Room	Tossing a water bottle around with friends. Slipped when going back to get his bag.	Blacked out - hit head /left side left arm and bottom
Female	IN - Indiana Swimming	Practice / Water	Deck	coach slipped and fell on the pool deck while coaching swimmers at practice.	coach slipped and fell on the pool deck while coaching swimmers at practice. I landed on my back and butt hurting my back and my tailbone area.
Female	NC - North Carolina Swimming	Practice / Water	On Blocks	Swimmer punctured skin of foot - noticed injury while stepping onto the blocks. Was able to walk on foot to locker room where care was given.	Small puncture on sole of right foot; piece of debris inside.
Female	NI - Niagara Swimming	Practice / Dry-Land	Deck	All other swimmers were conducting dry land activities (sit-ups) while athlete was making her way out of the pool. She tripped over fellow athlete's upper body. Becoming off balance athlete fell, hit her left knee and upper left portion of her frontal bone, above her eye brow	Contusion/bruise to Left Knee Contusion/bruise/minor cut on Left side of temple Bruise/Swollen Right wrist
Male	PN - Pacific Northwest Swimming	Meet / Competition	Deck	WHILE DOING A WALL SQUAT AGAINST THE WALL BEHIND THE BLOCK HE SLIPPED AND HIT HIS HEAD ON THE WALL.	HIT HEAD ON WALL AFTER HE SLIPPED. NO VISIBLE INJURY.
Male	SN - Sierra Nevada Swimming	Practice / Water	In Water	Hitting head into wall when practicing Back stroke.	Hit his head on wall
Male	SR - Snake River Swimming	Practice / Water	In Water	Swimmer jumped in the pool during practice and another boy jumped in on top of him (on the back of swimmer's head)	Swimmer had a head ache and tingly toes. He was given an ice pack.
Male	SR - Snake River Swimming	Meet / Competition	Bleachers	Athlete was walking down the bleachers at the King County Aquatic Center in Federal Way WA. His flip flop caught on one of the steps and he fell down the bleachers. It is unknown which ankle was effected... Not put in incident report.	Athlete fell down the bleachers after catching his foot on a step. His ankle (it is unknown which one because it was not indicated in the incident report) began to swell and bruise immediately. The lifeguards at the Aquatic Center gave him ice and elevated his leg. One of our team parents, a MD assessed him as well. Said he was fine.
Male	MA - Middle Atlantic Swimming	Practice / Water	In Water	Swimmer cut his right foot on the bottom of the pool.	Laceration on the side of his right foot
Female	CA - So. California Swimming	In between sessions.	Bleachers	(Parent) was walking down stairs and slipped and fell bruised lower back and upper arm, neck, back pain.	Parent bruised lower back and upper arm, neck, back pain.
Female	MT - Montana Swimming	(parent) Time hit in head by swimmer swinging his arms	Deck	Timer at end of warmups just before the meet started. swimmer was swinging hois arms and hit her in the head between the eyes with his elbow.	has a head ache.
Female	MI Michigan Swimming	Practice / Water	In Water	Doing backstroke, hit head at end of pool	Headache

Female	MV - Missouri Valley Swimming	Meet / Competition	In Water	Recurring knee cap problems aggravated during competition	Loose patella aggravated by competition
Male	PV - Potomac Valley Swimming	Meet / Warm-up	In Water	Athlete bumped in to his brother in the water during warm-ups and athlete's nose started bleeding.	nosebleed.
Male	IE - Inland Empire Swimming	Meet / Competition	In Water	Swimmer jammed wrist into pool edge during race.	Swimmer jammed wrist into pool edge during race.
Female	WI - Wisconsin Swimming	Meet / Warm-up	In Water	Another swimmer pushed off wall while swimmer was coming in for a turn and they ran into each other. Mother claims her nervous condition may be playing a role, as she may be playing this up somewhat	Head hurts and she seems dazed--or is playing it up (as per mom).
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Hit hands and then head on pool bottom on start in 7 feet of water.	Athlete swam event but now appears quiet (quieter than normal) and dazed.
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	While climbing out of pool, athlete scraped her foot on the touch pad plate.	Toe/side of little toe bleeding and ankle area scraped but not bleeding. Athlete bandaged and swam next event bandaged
Female	PC - Pacific Swimming	Practice / Water	In Water	Swimmers were loosening lane lines. While attempting to loosen a lane line, a swimmer lost her grip on the wrench and it hit athlete in the nose	Bloody nose. Laceration to the bridge of the nose
Male	PC - Pacific Swimming	Practice / Water	Deck	The swimmer slipped on the deck, fell and hit his head.	The swimmer hit his head, after slipping on a wet deck. All swimmers were walking to get some equipment.
Female	VA - Virginia Swimming	Meet / Competition	Warm up pool	during warm down starting bleeding	nose bleed
Male	NC - North Carolina Swimming	Practice / Water	Outside Venue	Fell and slipped outside while leaving the facility.	Scraped his knee and elbow.
Male		Practice / Water	In Water	Swimmer said he misjudged his stroke count into the wall, therefor he ran into the wall, hitting the top of his head.	Swimmer misjudged his stroke count into the wall, therefor he ran into the wall, hitting the top of his head.
Male		Practice / Water	In Water	While swimming an IM set the swimmer got kicked in the face (on the bridge of the nose) by another swimmer doing breaststroke on the opposite side of the lane.	The swimmer was kicked on the bridge of his nose, around where the nose piece for his goggles were.
Male	ST - South Texas Swimming	Practice / Water	In Water	hit his head doing backstroke	hit head doing backstroke
Male	ST - South Texas Swimming	Practice / Water	Deck	Swimmer was walking around the pool deck and slipped. Direct impact to the back of the head.	slip and landed on back of head
Female	IL - Illinois Swimming	Meet / Competition	Bleachers	(Guest) tripped over a small metal door part divider stand that was in the middle of the doorway. She immediately fell to the ground and hit her head.	large knot (bump) above right eye
Male	VA - Virginia Swimming	Meet / Competition	In Water	left shoulder blade/muscle pain after swimming; aggravated injury by swimming again	left shoulder blade/muscle pain after swimming; aggravated injury by swimming again
Male	SE - Southeastern Swimming	Practice / Water	In Water	Swimmer climbed out of the water and hit his head on the block that was at the end of his lane. Although the head was the affected area, the swimmer did not show any signs of anything serious, like a concussion.	The swimmer bumped his head on the block as he was exiting the pool. At no point was there a change in mood, vision, or anything that indicated a concussion. Since there was just a small bump, ice was applied to the head between 15 and 20 minutes. The swimmer then returned to the activity in good spirits.
Female	CO - Colorado Swimming	Practice / Water	In Water	Swimmer experienced shoulder pain in her right shoulder area and upper back after doing cords and swimming.	Pain in right shoulder upper back.
Female	MA - Middle Atlantic Swimming	Practice / Water	In Water	hit top of head on wall during freestyle flip turn	hit top of head on wall during freestyle flip turn
Female	WY - Wyoming Swimming	practice, set up	Deck	Caught my left middle finger in between the teeth of the ratchet end of lane ropes while trying to loosen them.	Pinched and cut the end of the left middle finger, laceration about 1/2".
Female	AM - Allegheny Mtn Swimming	Practice / Water	Team Room	While moving rowers so team room could be used, one of the rowers came apart hitting coach forcibly on the top of her head. She stated everything went dark for a moment. She jammed her jaw causing a tooth to crack.	Rower hit the top of her head with great force causing everything to go dark for a few minutes and cracking a tooth.

Female	ND - North Dakota Swimming	Meet / Competition	On Blocks	While starting dive swimmer's knee locked up and she false started and fell into the water.	Sore knee, continued to swim
Female	VA - Virginia Swimming	Meet / Competition	In Water	Swimmer says that she felt a "pop" on right side lower back/hip area during butterfly race. Area was tender to the touch and pain. Onsite doctor looked at her and suggested Advil to ease pain. EMT remained with her for 15 minutes while icing affected area. Was pulled from balance of competition and taken home by mother.	right lower back/hip area -- presented as muscle pull
Male	IL - Illinois Swimming	Athlete camp/waiting area	Gym	Athlete slipped on wet floor in the gym	Most of the impact was on the upper left shoulder with a secondary impact of the left side of head to the floor. No swelling was observed on the head, and the swimmer returned to normal activity.
Male	PC - Pacific Swimming	Practice / Water	In Water	Two swimmers ran into each other during warm up athlete bumped his head)	Two swimmers swam into each other during warm up
Female	OZ - Ozark Swimming	Practice / Water	In Water	Either while doing a flipturn or exiting the pool, athlete caught her foot right below her left pinky toe on a piece of broken tile causing a laceration.	laceration between the pad of her foot and pinky toe
Female	ST - South Texas Swimming	Exiting the pool	Both Deck and Water	AS she was exiting the Pool her foot slip away from her and fell on her left shin hitting the edge of the pool then fell back in the water	A small abrasion with a deep bruise
Male	MI Michigan Swimming	Meet / Warm Down	In Water	upon cooling down in the pool, athlete was too close behind another person and was accidentally hit during the roll over. The athlete was accidentally scratched under his left eye under the goggles	small cut under the left eye.
Female	MA - Middle Atlantic Swimming	Meet / Competition	Hallway	Swimmer slipped on floor and fell on lower part of back.	soreness in lower back after fall
Male	PC - Pacific Swimming	Practice / Water	On Blocks	Swimmer stepped on starting block and lost balance and fell into pool. He hit the lane line with the back of his knee. Bruised the back of his knee.	bruised back of knee. Swimmer got out of practice early, Parent took him home
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Swimmer collided with another swimmer causing minor bruise to head.	Minor bruise to forehead.
Female	MA - Middle Atlantic Swimming	Meet / Competition	Deck	Official tripped on "lip" of pool bruising both knees with minor laceration to left. Fall was onto tiled deck and described as a "hard fall". Official later complained of left shoulder and arm pain incurred in bracing self from fall.	bruising of both knees with laceration to left. Also left shoulder and arm pain caused by bracing self from fall.
Male	GU - Gulf Swimming	Meet / Competition	In Water	While touching the touch pad, swimmer jammed his left pointer and middle fingers.	jammed left pointer and middle fingers
Male		Meet / Competition	In Water	Bee sting, swimmer came up to lifeguard tower informing that he had been stung. Stinger was removed.	bee sting left hand above pointer finger
Male		Meet / Competition	In Water	Swimmer was swimming 50 y butterfly, as soon as he dived in his goggles came off. As he swam he went into the wall face first. Bumped forehead and upper lip.	forehead and upper lip
Female	SD - South Dakota Swimming	Meet / Warm Down	In Water	RIGHT GREAT TOE CUT ON TOUCH PAD IN LANE 6.	RIGHT GREAT TOE CUT ON TOUCH PAD IN LANE 6.
Male	MS - Mississippi Swimming	Meet / Competition	On Blocks	The official called for the start and the swimmer fell into water and on the way down to the water his arm hit a part of the backstroke bar. Bruised his left arm on the inside of the of the forearm. Ice and compression and referred to the sports medicine team	bruised forearm
Male	MS - Mississippi Swimming	Meet / Warm-up	In Water	Flip Turn and cut his foot on a tile	cut on foot

Female	NM - New Mexico Swimming	Practice / Dry-Land	Deck	During dryland for the 9-10 year old Los Alamos Aquatomics (LAA) practice group, coach for Charger Aquatics (CAQ), without speaking to the swimmers, physically moved three LAA swimmers by pushing their shoulders from behind. In addition, coach pushed athlete (LAA) in the lower back, also from behind. Coach had perceived the LAA swimmers were in CAQ practice space, who were concurrently holding their dryland practice. Athlete later complained that the push had hurt her lower back and shoulder. Walkup Aquatic Center's Program Coordinator, spoke with coach explaining that touching minors in any way, other than an emergency situation, is not permitted without the swimmer's parents' consent as their swimmer's team coach. Upon request coach apologized. Program coordinator has formally communicated the proper procedures of use of the common shared dryland space and reported the 2/11/2014 incident to Los Alamos County Risk Management. LAA coaches met with CAQ coaches in an effort to mitigate any further incidents.	Pain in lower back and shoulder.
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	Deck	Swimmer was walking along deck beside warmup pool during meet warmup and slipped falling backwards. Hit the back of her head.	hit back of head
Female	SD - South Dakota Swimming	Meet / Competition	Gym	DOOR WAS OPENED AS CHILD WAS WALKING NEAR DOOR. CHILD'S TOE WAS CAUGHT UNDER DOOR AND PULLED NAIL BACK.	TORE TOENAIL.
Male	SD - South Dakota Swimming	Meet / Competition	In Water	JAMMED FINER ON 50 FREE FINISH	JAMMED FINGER
Female	VA - Virginia Swimming	Meet / Competition	Locker Room	Swimmers' mother reported to the Aquatic Coordinator (AC) that her daughter slipped in the ladies locker room and she wanted to let the AC that the floor is slippery so others will not fall. No report was filed. The swimmer left the facility and her mother called back stating that her daughter's back was now hurting. No member of my staff or myself was notified until the AC reported this to me.	Mother stated in phone call to AC that her back was hurting
Female	MN - Minnesota Swimming	Meet / Competition	Hallway	Athlete was walking from the hallway into the pool area and someone opened the door and it hit her toes. Toe nail was still attached, but bent up and there was a small cut to the top of her toe.	Toe nail still attached but bent up, small cut to top of toe.
Female	NT - North Texas Swimming	Meet / Competition	Deck	Fell and scraped her neck on a chair.	Road rash type of scrape on neck; minor.
Female	NT - North Texas Swimming	Meet / Competition	Deck	KNEE POPPED WHEN ON STARTING BLOCK BEFORE RACE	TORN MINISCUS
Female	IL - Illinois Swimming	Meet / Competition	Deck	Athlete slipped on deck and bruised both knee caps.	Athlete bruised both her knee caps
Male	ST - South Texas Swimming	Practice / Dry-Land	Deck	scrapped right knee (contact with ground/ tripping -even ground / deck- no object or obstacle involved in tripping). bandage applied at poo	knee scrap on right knee just below the patella - bandage applied at pool
Female	ST - South Texas Swimming	Practice / Water	In Water	Athlete suffered a kick to the right side during a flutter kicking set. (lower set of ribs on side/ or about halfway between hips and armpit general area)	kick to right side of torso
Female	WI - Wisconsin Swimming	Meet / Competition	Deck	caught toe and tore off left big toenail	Torn off left toenail
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Swimmer's hand was kicked by anothere swimmer in front of her during warm up.	Ring finger on right hand was bent back. Swimmer was able to return to warm up.
Male	WI - Wisconsin Swimming	Meet / Competition	In Water	Dove in at start of race and struck the bottom with forehead	Bump on top of forehead with slight abrasion; possible concussion
Female	CA - So. California Swimming	Meet / Competition	In Water	The athlete had an asthma attack while swimming the 100 yd freestyle. Exitec the competition pool mid-race. During the day she was not feeling well and had to use her inhaler frequently. She complained about the quality of the air in the Natatorium.	Asthma attack
Male	CA - So. California Swimming	Meet / Warm-up	Deck	While walking on deck after exiting a warm lane , the athlete had a seizure. The athlete's fall to the deck was broken by a nearby athlete, and thus the victim did not sustain any head injuries. This was the first time the swimmer had experienced a seizure, although he reported that he had "passed out" in the past.	See above

Male	GU - Gulf Swimming	Practice / Dry-Land	Outside Venue	The group was playing ultimate frisbee as a dryland activity during practice Friday, February 27th. Athlete passed the frisbee and began running forward. He collided with a concrete pole on the edge of the playing field.	Athlete contacted the pole on the left side of his chest. A 2-3" bruise immediately formed. He reported some aches and tenderness.
Female	MV - Missouri Valley Swimming	Practice / Dry-Land	Deck	She slipped while doing the bear crawl during dry land and hit her knee on the ground.	Hit knee on the ground and it started bruising
Female	NT - North Texas Swimming	Practice / Water	Deck	The accident occurred the last 5 minutes of practice. Athlete was walking on the pool deck when she slipped backwards after stepping on a wet kick board. Her tailbone started hurting immediately. She rested for 5 minutes and then was able to walk out of practice unassisted to see her mom.	Fell backwards on her tailbone.
Male	NE - New England Swimming	Practice / Water	In Water	Jammed or broke pinky finger of right hand on the gutter	Jammed finger
Female	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	During dryland, another athlete's elbow landed on top of swimmer's shoulder.	Contact to the top of athlete's shoulder, into the muscle (not the bone).
Male	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	During dryland, athlete fell, hitting the back of his head on the concrete.	Hit the back of his head on the concrete. The skin was not broken but a slight bump did rise later.
Male	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	Athlete was working out during dryland when he slipped and fell, hitting his head on the sidewalk.	Athlete hit the side of his head on the concrete when he slipped and fell. The skin was not broken but a slight bump formed.
Female	GU - Gulf Swimming	Meet / Competition	On Blocks	Swimmer was on block and heat was requested to step down by official. When getting off block, she slipped and fell in to the water. Scraped leg on deck before falling in to water.	Large abrasion down lower left leg (under knee and going all the way down leg towards the foot)
Male	CA - So. California Swimming	Practice / Water	In Water	The athlete was doing pull outs during practice. His hand slipped and he hit his face on the edge of the deck.	The athlete sustained a laceration below his bottom lip.
Male	PC - Pacific Swimming	Meet / Competition	In Water	Swimmer ran into the wall on the flip turn during the race.	bump on the head - hit the wall at the middle of the race - freestyle
Male	WI - Wisconsin Swimming	Meet / Warm-up	Deck	Swimmer was entering the pool in the warm up/cool down area, slipped and hit his chin on the edge of the pool.	Laceration to the chin
Female	BD - Border Swimming	Practice / Water	In Water	Swimmer was working on technique for butterfly, Swimmer was swimming a set of 4X25 butterfly with fins and a stretch cord. We had been working out for an hour, a lot to stroke drills, nothing hard. Swimmer later told me about three days later that she had felt a slight pull on her left shoulder, on the outer part of the deltoid, she went home and iced her shoulder because it felt sore. Swimmer also told me that the next morning her outer side of her shoulder was buried, and she continued to ice her shoulder as a precaution. On Monday, Feb. 10th, I saw and told her we could not work out, she would need to see a physician. To date all we are doing is kicking exercises and dryland for abs and legs.	Left shoulder area, lateral deltoid (out side of shoulder) is bursed, slightly swollen. The injury seems closer to the ball and socket area.
Male	WY - Wyoming Swimming	Meet / Competition	Deck	Athlete on the deck and scraped his left big toe on the concrete.	approx 1" laceration on left big toe
Female	WY - Wyoming Swimming	Meet / Competition	In Water	Athlete smashed her finger in the wall during a back-breast turn.	Bruised, swollen right index finger
Male	WY - Wyoming Swimming	Meet / Competition	In Water	Swimmer slammed his hand against the block/wall during a backstroke finish and bruised it.	Bruised right hand and tendonitis.
Male	WI - Wisconsin Swimming	Practice / Water	Deck	Athlete was stepping up on to the blocks, slipped and hit his shin on the blocks and fell in the water.	Athlete has a bruise on his shin and a scratch. No noticeable sign of broken bone.
Male	OR - Oregon Swimming	Meet / Competition	In Water	swimmer jammed left pinky into wall at finishing touch of relay race.	left hand/pinky finger/joint; doesn't appear broken; was suggested to ice and tape; finger swollen, slight discoloring.
Female		Meet / Competition	Deck	Slipped and fell on the deck while rushing to an event	laceration to left knee
Male		Meet / Competition	Deck	(Guest) Injured is the team photographer and became lightheaded from heat. Was taken out of the pool area by meet marshall. Taken to the gymnasium where he was able to lie down	Lightheaded, never lost consciousness.

Female	ND - North Dakota Swimming	Meet / Competition	Deck	The athlete slipped on water on the pool deck while walking off bleachers. Her foot slipped underneath herself and she landed on the foot	Very sore right foot after landing on top of it, the athlete could not put weight on the foot
Female		Meet / Competition	In Water	Scratched leg on reaction pad	Scratch on shin
Male	GU - Gulf Swimming	Meet / Competition	Locker Room	Opening the locker room door and caught his toe in door.	Toe got caught on the boys locker room door. There is a crack in the toe and bleeding.
Female	NC - North Carolina Swimming	Meet / Competition	In Water	At end of backstroke event, she hit her left hand / wrist at the top of the wall. She iced her wrist after exiting the pool.	At end of backstroke event, she hit her left hand / wrist at the top of the wall. She iced her wrist after exiting the pool.
Female	AM - Allegheny Mtn Swimming	Practice / Water	Locker Room	Fell on entering locker room	Left elbow and hip, bruised upon falling
Male	IA - Iowa Swimming	Meet / Competition	In Water	During flip turn, hit head on wall.	Hit just above right eye. Area swelled up and slightly bruised.
Female	MI Michigan Swimming	Meet / Warm-up	In Water	Hanging on to wall and someone hit touch pad and pinched skin pad underneath arm.	just beneath armpit skin pinch by timing pad
Male	ST - South Texas Swimming	Going to rinse of after dryland	Shower area	Swimmers was walking into the shower area an slip an fell, he hit his left side cheek bone. swimmer said he never attempted to stop the fall by placing his arms out to slow or stop the fall.	Red bump when parent call, slight bruse when parent arrived, ice pack applied while waiting for parent. I did not see the injury or the action that caused it. The athlete said nothing to me, her coach, during or after practice. The athlete's mother described the injury in an email sent to me after practice ended. The athlete's mother wrote that the athlete's face was bleeding. She said that her daughter had been kicked in the face while swimming behind another swimmer in her lane
Female	MD - Maryland Swimming	Practice / Water	In Water	The athlete was kicked in the face by a swimmer she was swimming behind. According to her mother, this caused bleeding.	Swimmer hit head when she passed out with seizure and had not on forehead
Female	NC - North Carolina Swimming	Meet / Competition	Deck	Swimmer had a seizure while standing on deck and fell hitting her head.	
Male	SR - Snake River Swimming	Practice / Water	Deck	Swimmer and another teammate were removing lane lines from the water after practice, winding them around reels. The end of one of the lines whipped around and caught Swimmer on the top of the head. He had about a 1" laceration just above his hairline. Applied pressure. Cleaned wound. Called Mom.	He had about a 1" laceration just above his hairline.
Female	SD - South Dakota Swimming	Practice / Water	In Water	Athlete misjudged wall on a flip turn.	Small bump on head. Parents notified both are doctors
Female	AM - Allegheny Mtn Swimming	Practice / Water	In Water	Swimmer was finishing into wall freestyle and hit head off wall	Bumped head off wall
Female	SN - Sierra Nevada Swimming	Meet / Warm-up	In Water	Dove into the pool and hit her face at the bottom of the pool.	swollen nose
Male	PV - Potomac Valley Swimming	Practice / Water	In Water	swimmer was kicked in goggle while swimming a set	right eye blackened under eye; vision checked ok
Female	GA - Georgia Swimming	Meet / Competition	Bleachers	(Guest) Fainted, was sitting on upstairs bleachers, slid down bleachers, D was notified, he went up., she was aware, nurse gave Coke, she walked downstairs and went outside. Checked on later and she was fine said nothing hurt.	no injury
Female	KY - Kentucky Swimming	Meet / Competition	Deck	Hyperventilated during 200 free (after). Breathing rapid, pulse rapid. Recovered with rest and water.	couldn't catch breath, hyperventilation
Female	CO - Colorado Swimming	Meet / Warm-up	Deck	Sitting in chair, rapid breathing, pulse etc om, brought in office, gave juice, light food - she had not eaten, trying to calm dower	Rapid breathing etc, appears having panic attack
Female	AZ - Arizona Swimming	Meet / Competition	In Water	While swimmer was swimming, she dislocated her right shoulder.	Swimmer dislocated her right shoulder while swimming in an event during the meet. The shoulder popped back into place immediately following the incident.

Male	AZ - Arizona Swimming	Meet / Competition	In Water	During warm up swimmer had a head on collision with another swimmer in the warm up pool.	Swimmer experienced a bloody nose and had a bump on his head. He complained of a headache.
Female	SE - Southeastern Swimming	Practice / Water	Deck	The swimmer stepped on a screw	Screw embedded in heel
Male	NC - North Carolina Swimming	Practice / Dry-Land	Deck	Cut leg on from metal object	scrape that drew blood
Male	NI - Niagara Swimming	Meet / Competition	Deck	As referee, I was also observing stroke (by walking). I tripped on the edge of the deck and fell into the water (Lane 1). I bruised my right shin and right hip.	Bruises on shin and hip
Female	MN - Minnesota Swimming	Meet / Competition	In Water	When swimming warm-up, caught lane line with finger, resulting in small cut to index finger	small cut to index finger
Male	MN - Minnesota Swimming	Meet / Competition	Deck	Came out of locker room, slipped on deck, hit back of head. No loss of consciousness, but a lump appeared, ice was applic	contusion
Male	AZ - Arizona Swimming	Meet / Competition	In Water	Hit head on bulkhead on 100 backstroke turn.	Hit head on wall before making a backstroke turn. Not cuts, just dizzy.
Female	GU - Gulf Swimming	Meet / Warm Down	In Water	In warm down pool and another swimmer jumped in on top of swimmer, didn't see her under water. Swimmer complained that her shoulder hurt.	In warm down pool and another swimmer jumped in on top of swimmer, didn't see her under water. Swimmer complained that her shoulder hurt. Swimmer can move her shoulder and arm.
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Bumped his head on the corner of the backstroke starting bar when he was exiting the pool during the 200 Y Free Relay	Has minor pain on the top of his head after bumping it on the backstroke starting bar when he was exiting the pool during the 200 Y Free Relay. He did not experience any dizziness. Now fine with no pain at all.
Male	NE - New England Swimming	Practice / Dry-Land	In Water	Streamlined freestyle, went to do break out, upon first stroke hit his hand against a lane line	Minor swelling
Male	OH - Ohio Swimming	Meet / Warm-up	Deck	Slipped on pool deck by the man hole cover, flag end of pool.	twisted ankle, abrasion on right ankle and hand.
Male	NI - Niagara Swimming	Practice / Water	In Water	Swimmer hit his head (top) on the wall during backstroke	Hit head on the bulkhead during backstroke. He said he felt dizzy and was taken to the lifeguard station
Female	MA - Middle Atlantic Swimming	Meet / Competition	Bleachers	Slipped on the bottom step of the bleachers and landed on her right thigh. We provided ice for the swimmer. She appeared to be ok and in little pain. Swimming plans to continue swimming in the meet	Minor bump on her right thigh. Little pain.
Male	NT - North Texas Swimming	Practice / Water	In Water	Hit the back of his head while working on backstroke finishes	Hit the back of his head while working on backstroke finishes. When asked, he said he was fine. However, his mother contacted me and said he threw up on the ride home from workout. I encouraged her to take him to a doctor because that was a sign of a concussion.
Female	IL - Illinois Swimming	Practice / Water	In Water	Was diving off the block during practice and hit water funny and hurt her back. The coaches helped her out of the water. She refused any immediate treatment at practice and wanted to go home. She was able to walk out of practice. Coaches checked for any numbness in lower extremities and all was good at that time. We contacted the swimmer a couple of hours later and she was alternating ice and heat and plans to go to the doctor 2/14/14.	lower back pain
Female	CO - Colorado Swimming	Practice / Water	Deck	She was walking on deck to get some equipment and slipped on a slanted part of the deck. She slipped and fell and absorbed most of the impact with her face and shoulder. She bruised her right eye brow and got a small cut and bruise on the inside of her lip.	She had a bruised right eyebrow. A small cut on the inside of her lip from hitting her tooth. She also got a fat bruised lip.
Female	WY - Wyoming Swimming	Practice / Water	In Water	Pushed off the wall and cut toe on a broken drain/filter guard toward the bottom of the 5" section of the pool.	Right big toe, laceration approximately 1/2"

Male	ST - South Texas Swimming	Meet / Warm-up	In Water	In the water...did whale dive and hit face on bottom of pool	Cuts on nose and upper lip
Female	SN - Sierra Nevada Swimming	Practice / Water	In Water	Swimmer was facing wall holding on with both hands. A swimmer swam by behind her. A wave pushed her towards the wall and she chipped her tooth	Chipped Tooth
Female	AM - Allegheny Mtn Swimming	Meet / Warm-up	Deck	Athlete was bumped by another swimmer in the eye/goggles.	During warm-up sprints, while in line, goggles were pushed into eye socket by being bumped by another swimmer.
Female		Walking down stairs	Stairs	(Spectator) was walking down stairs and slipped going down the stairs.	Spectator injured shoulder/collarbone while slipping down steps.
Male	AM - Allegheny Mtn Swimming	Meet / Competition	In Water	Athlete in water against wall during warm-ups when another swimmer from another team hit swimmer's nose while pushing off of the wall	Elbow to the bridge of the nose cause a nose bleed.
Female	OZ - Ozark Swimming	Practice / Water	In Water	While swimmer was performing a freestyle flip turn, struck heel against the edge of the pool.	Swimmer's heel appeared very red immediately after striking the side of the pool as well as experiencing immediate pain.
Male	NT - North Texas Swimming	Meet / Competition	Deck	Swimmer cut bottom left foot on the deck tile behind the blocks of lane 8.	Cut bottom left foot next to big toe
Male	OR - Oregon Swimming	Meet / Competition	In Water	Swimmer caught finger in lane line, head guard jumped in and freed finger. Swimmer finished race.	Pinched fingers in lane line.
Female	NJ - New Jersey Swimming	Meet / Competition	Deck	Dislocated knee	Dislocated knee when kneeling down to speak to swimmer
Female	CA - So. California Swimming	Meet / Competition	In Water	Swimmer collided with another swimmer during warm-up	bloody nose/swelling
Female	SD - South Dakota Swimming	Meet / Competition	Deck	(part) Slipped and fell while walking on pool deck	landed on wrist and back, both are sore now
Female	NJ - New Jersey Swimming	Meet / Competition	Deck	I went to squat down and talk to a swimmer in the cool down pool and my knee popped.	Dislocated my knee
Male	ND - North Dakota Swimming	Meet / Competition	Stairs	Stubbed right foot big toe.	Right foot big tow stubbed. (black and blue)
Female	ND - North Dakota Swimming	Meet / Competition	Deck	Slipped on deck and landed on right knee.	Individual slipped and hit right knee on decking.
Female	CA - So. California Swimming	Meet / Warm-up	Deck	Appears to be hyperventilating.	Athlete appeared to be hyperventilating
Female	ND - North Dakota Swimming	Meet / Competition	Locker Room	A conditioner bottle skidded across the floor and hit athlete's heel.	Discomfort on left heel.
Female	NC - North Carolina Swimming	Meet / Warm-up	Deck	Was stretching during warmup and shoulder slightly sublexed.	Athlete came to me and said she was stretching prior to warmup and her shoulder popped and she was in a lot of pain
Male	CA - So. California Swimming	Practice / Dry-Land	Gym	Foot slipped on box while doing box jumps	Scraped and bruised left shin
Female	MN - Minnesota Swimming	Practice / Water	On the edge of the pool.	Swimmer slipped on a kickboard as she was climbing out of the shallow end of the pool and cut her knee. We are not sure what she cut her knee on. It could have been from the impact of her knee hitting the pool deck	Small cut on swimmer's knee.
Male	WY - Wyoming Swimming	Practice/hot tub	In Water	Another athlete elbowed athlete in the nose.	bloody nose for about 5 minutes
Male	FL - Florida Swimming	Practice / Dry-Land	Deck	Tripped while running	Wrist hurts to move, does not hurt to touch
Male	GU - Gulf Swimming	Practice / Dry-Land	In Water	Swimmer coming into wall with snorkel on. Didn't see wall and swam into it.	Multiple small cuts on the face - forehead, bridge of nose, under left eye, left cheek
Male		Practice / Water	In Water	During practice, swimmer was trying to swim under another another swimmer and hit his head on the bottom of the pool	Swimmer hit top of his head at the bottom of the pool.
Male	OR - Oregon Swimming	Practice / Dry-Land	Outside Venue	He was running and tripped, he did not fall completely, he caught himself, but then his Right side of his back hurt to move.	Pain in Right lower and mid back.
Female	MI Michigan Swimming	Meet / Competition	In Water	On backstroke, hit gutter at finish	Scraped elbow
Female	WI - Wisconsin Swimming	Meet / Warm-up	Deck	Bumped shin on bleacher	Bumped shin on bleacher. Bump swelled. Small scrape, some blood.
Male	CO - Colorado Swimming	Meet / Warm-up	Locker Room	Bloody nose in bathroom. Continued to swim; had had bloody noses prior	Bloody nose
Male	IN - Indiana Swimming	Meet / Warm-up	In Water	Athlete pushed off wall, his left big tow got stuck in groove along wall. Bandaid wrap applied but no blood was seen. Athlete continued to swim	Left toe cut on top. No blood

Male	WI - Wisconsin Swimming	At hotel	Hotel before meet	Athlete hit left elbow at hotel. Elbow hurt during meet. Ice applied.	Hit elbow at hotel. Ice applied at meet.
Female	MW - Midwestern Swimming	Meet / Competition	Deck	Cut foot on metal tack on pool deck	cut on foot
Female	MD - Maryland Swimming	Meet / Competition	In Water	swimmer hit head on wall at finish of backstroke race	bump on head
Female	MD - Maryland Swimming	Meet / Competition	In Water	Swimmer hit head on wall during backstroke flipturn	bump on head
Male	IN - Indiana Swimming	Practice / Dry-Land	Spectator gallery	The swimmers were using medicine balls and the athlete was hit in the face with one. He has braces on his teeth and they cut both his top and bottom lips.	The athlete has cuts on both his upper and lower lips from his braces.
Female	MN - Minnesota Swimming	Meet / Competition	Locker Room	Slipped in Locker room shower area	Hit left Elbow on Floor and Fell on Butt
Male	GU - Gulf Swimming	Practice / Water	In Water	Swimmer hit his head on wall while swimming backstroke.	Swimmer hit head on the wall while swimming backstroke.
Male	IL - Illinois Swimming	Meet / Competition	In Water	swimming in event (backstroke) hit heels. Bruise marks on both feet - ice applied. Athlete wants to continue meet	hit heels while in pool
Male	IL - Illinois Swimming	Meet / Competition	In Water	athlete was warming up when he hit his left hand / wrist on another athlete's head - applied ice - athlete wants to continue swimming	hit left hand on someone's head while warming up
Male	MI Michigan Swimming	Meet / Competition	Upstairs bathroom	athlete said he bumped right shoulder and top of head on tp dispenser in bathroom. no knot on head, right shoulder with red mark - ice applied	bumped right shoulder and head on tp dispenser in bathroom
Female	IL - Illinois Swimming	Meet / Competition	In Water	Cut left ankle at home while shaving. Cut re-opened while doing warm-ups. Site cleaned and bandaid applied by guard on duty	Shave cut on left ankle bone
Female	MW - Midwestern Swimming	Meet / Competition	Deck	Athlete cut foot on nail/tack on deck	cut to foot
Female	MI Michigan Swimming	Practice / Water	In Water	Cut knuckle open on lane line	cut on right hand
Male	CO - Colorado Swimming	Meet / Competition	Deck	Slipped and fell on the deck by the shallow pool	Bruise , scrape on left forehead, left elbow, left knee
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	Cut foot on seam - big toe length of toe. Lane5 Balcony end.	cut foot on seam in pool
Female	OH - Ohio Swimming	away from pool in meet facility	Hallway	Ran into door and hit head. Had a headache and was dizzy.	hit head
Female	AD - Adirondack Swimming	Meet / Competition	Deck	While on deck officiating twisted knee aggravating prior injury	twisted left knee, irritating prior injury
Female	AD - Adirondack Swimming	Meet / Competition	In Water	swimmer hit head at start of 200 IM	bumped forehead
Female	NE - New England Swimming	Meet / Warm-up	In Water	Swimmer was kicked in the jaw temple area of the head during warm-up. The athlete was in the water preparing for the start of a backstroke event. The athlete stated that at the start her foot slid down and she was scratched on the bottom of her right foot by something on the bottom of the touch pad. She continued with the event and was treated by an official after the race. The athlete sustained a scratch on the bottom of her right foot she was bleeding. A bandage and tape were applied by the official and the athlete continued competing in the meet. Both her coach and mother were notified of her minor injury.	Kick to the head. Swimmer felt nausea.
Female	ND - North Dakota Swimming	Meet / Competition	In Water		Scratch/cut on the bottom of the right foot.
Male	MA - Middle Atlantic Swimming	Meet / Competition	Deck	Swimmer Slipped on the deck and scraped his left knee on a platform.	Knee was scrapped and cut - Ice was immediately applied along with gauze to stop the bleeding.. Once Bleeding stopped a bandage was applied
Female	MA - Middle Atlantic Swimming	Meet / Competition	On Blocks	Swimmer was on the Blocks for the start of her heat. She fell sideways off the block and fell to the ground. Hit her head (however witness to the accident said she hit her shoulder and hip first and did not fully hit her head) However, Ice was given immediately to the head	Swimmer hit her head after she slid sideways off the block
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Swimmer was doing a Backstroke start as another swimmer was approaching the wall. His head hit other swimmer in the head/nose	Swimmer hit his head on another swimmer's head.
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	Swimmer dove in during warm-up 7 hit his head on the bottom of the pool. He immediately popped up and exited the pool	bumped his head
Female	VA - Virginia Swimming	Meet / Competition	Deck	another swimmer stepped on the back of this swimmer's ankle and caused a blister that had healed to open up and bleed	reopening of healed blister, very minor bleeding. Very minor, the bleeding stopped and the swimmer competed in the session.

Female	OR - Oregon Swimming	Meet / Warm-up	In Water	During warm-ups, she was kicked in the eye when swimmer in front of her did a Breast Stroke kick, swimmer got out and notified coach	black eye, swollen, minor skin breaks
Female	OH - Ohio Swimming	Meet / Competition	Deck	Dry skin caused itching. The itching caused a red dot on her leg.	Red dot on leg from itching dry skin
Female	LE - Lake Erie Swimming	Meet / Warm-up	In Water	Scraped knee on gutter	Small cut
Female	MI Michigan Swimming	Meet / Warm-up	In Water	On warm up in a crowded pool another swimmer flipped at the end of the lane and accidentally hit her in the forehead. Unable to determine if a foot or a knee cap hit her in the head.	A small swollen bump on the fore head above the left eye.
Male	NE - New England Swimming	Meet / Competition	Deck	while walking by the starting blocks, athlete bumped into one of the steps on the block	abrasion on right shin
Male	IL - Illinois Swimming	Meet / Competition	Deck	Slipped on deck, fell backwards and bumped right side of head above the ear.	Slipped on deck, fell backwards and bumped right side of head above the ear.
Male	VA - Virginia Swimming	Meet / Competition	Bleachers	Fell through bleachers and landed on hand/wrist	Pain and swelling on wrist and upper hand
Female	OZ - Ozark Swimming	Meet / Competition	On Blocks	Swimmer took a step back when she was told to "take her mark" while practicing her starts. She stepped too far back and slipped off the block when she shifted her weight. The "slip" resulted in her scraping her knee on the block top.	scrape just below right knee
Male	CT - Connecticut Swimming	Meet / Warm-up	In Water	Cut foot on edge of pool during turn	laceration of right foot
Male	PN - Pacific Northwest Swimming	Waiting in Line at the staggging area.	Deck	Swimmer was waiting in line in the staggging area and he got a nose bleed.	Nose bleed
Female	NC - North Carolina Swimming	Practice / Water	Deck	the athlete had been on vacation for a week and this was her first day back - after a 15 min warmup, all of the kids got out of the water to listen to the coach explain the next set - the athlete was standing in the same place for about five minute, then fell forward into another swimmer who broke her fall - the other swimmer was unhurt - the athlete was stunned and had somewhat of a blank stare for about 5 seconds and then started trying to get up - the coaches helped her get comfortable while the lifeguard was alerted to the situation - the parents of the athlete were called to come pick up the athlete - there was no recurrence of the fainting while she was waiting to be picked up	no injury thanks to the fall being cushioned by another swimmer who broke her fall
Female	SE - Southeastern Swimming	Practice / Water	In Water	Athlete was kicked in the face on accident.	Athlete was kicked in the face. Injury occurred under her right eye.
Male	CA - So. California Swimming	Practice / Water	In Water	Swimmer was swimming backstroke into the wall and hit head on wall	Small bump on head
Male	MD - Maryland Swimming	Meet / Competition	In Water	Sharp pain in right tricep was reported by the swimmer following his 100 freestyle. Swimmer got out of the pool Monday at practice complaining of the same pain.	Sharp pain in right tricep
Female	OH - Ohio Swimming	Meet / Competition	Stairs	(guest/volunteer) A slip and fall on stairs which are located outside of the pool area but at the facility.	Minor bumps on arm and knee from fall
Female	MD - Maryland Swimming	getting ready for swim	Deck	Slipped on deck and landed on back	slipped and landed on back
Female	GA - Georgia Swimming	Practice / Water	In Water	During a Breaststroke swimming set, a swimmer was passing by and accidentally kicked athlete in the shoulder.	The accidental kick to the shoulder somehow caused it to bleed from the impact of the kick (seemed maybe like it was similar to a rug burn type contact from the kick that caused the bleeding perhaps).
Female	IL - Illinois Swimming	Meet / Competition	In Water	swimmer swam into wall while swimming in a race	knot on forehead
Male		walking down stairs	Stairs	(guest) walking down stairs and fell on landing	right arm and ankle were in pain
Female	MI Michigan Swimming	Meet / Warm Down	In Water	swimmer stood up on diving well steps and hit top of head on platform of diving board	hit head and reported being nauseous but no pain
Female	IN - Indiana Swimming	Meet / Warm-up	Deck	slipped and hit knee on benches by warm up area	abrasion on right knee
Female	PC - Pacific Swimming	Practice / Water	In Water	Swimmer hit the front of her head on the wall while doing a flip turn.	Bump on the front of the head, complained of slight headache.
Male		Meet / Competition	Deck	(Volunteer) timer sat in chair. The chair broke, he fell and hit his head and hurt his back.	hit back of head and hurt back (lower)
Female	MD - Maryland Swimming	Meet / Competition	Deck	Swimmer was walking on deck, slipped and cut foot on gutter.	cut on foot

Male	MA - Middle Atlantic Swimming	Meet / Competition	Deck	The official was sitting at the corner of the turn end in a chair on the bulkhead. He rose to assist in stopping an athlete from continuing to swim in the second to last heat of the last event of prelims as the starter had stood the swimmers and not given the starting signal. The official slipped on water on the deck and fell flat out, sprawled on deck. He immediately righted himself, stood and walked over to the lane and stopped the swimmer and returned to his seat where he was seen rubbing his knee. He was asked about his fall and he indicated his right knee was hurting. He said he would watch it during the day and report back at finals if it was still hurting. At finals he reported that it was stiff and iced it during the session as well as taking some medicine.	Right Knee hurting
Male	MR - Metropolitan Swimming	Meet / Competition	Deck	eyes started fluttering & swimmer fell forward and hit head on top front sustained a cut and contusion. Disoriented for aabout a minute before he regained composure.	Contusion to head
Female	CA - So. California Swimming	Practice / Water	In Water	In warm-up for breaststroke event felt muscle pull on right leg in groin area.	Felt muscle pull on right leg in groin area.
Male	CA - So. California Swimming	Meet / Warm-up	On Blocks	During warm-up dive when diving left foot slipped and hit block.	Cut and bruise on top of foot.
Male	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer felt pain in the back of his head upon diving in in a relay. Did note note hitting anything. No one watching could see anything he could have hit. End was the deep end of the pool. Doctor diagnosed strained neck muscle	Pain in the back of his head. Muscle strain
Female	MI Michigan Swimming	Meet / Competition	Deck	Official slipped and fell injuring her hand, arm, shoulder, hip, and leg.	Official slipped and fell injuring her hand, arm, shoulder, hip, and leg.
Male	GA - Georgia Swimming	Practice / Water	In Water	Fellow swimmer hopped onto block and dove on to this swimmer after clear instructions not to and did so without looking for any oncoming swimmers.	chipped adult tooth in lower jaw.
Female	SR - Snake River Swimming	Practice / Water	In Water	Athlete was kicking on her back during practice. While she was kicking a male swimmer accidentally hit her in the head. Her neck was hurting so she walked to the lifeguard desk for an ice pack.	Athlete was kicking on her back during practice. While she was kicking a male swimmer accidentally hit her in the head. Her neck was hurting so she walked to the lifeguard desk for an ice pack. Her neck was not swollen or bruised.
Female	SR - Snake River Swimming	Practice / Water	In Water	Athlete was getting out of the pool and cut her left knee on the lane line. Her cut was the size of the tip of my pinky finger.	Athlete was getting out of the pool and cut her left knee on the lane line. Her cut was the size of the tip of my pinky finger. She was given gauze to stop the bleeding and then a band aid.
Male	SR - Snake River Swimming	Practice / Water	In Water	Athlete received a small cut (the size of a pen cap) on his left knee. It was during a diving set. Does not know how he received the cut.	Athlete received a small cut (the size of a pen cap) on his left knee. It was during a diving set. Does not know how he received the cut. He was given gauze to stop the bleeding and a band aid afterword.
Female	SR - Snake River Swimming	Practice / Water	In Water	Athlete was swimming 1 arm butterfly with her right arm. She hit her right thumb on the lane line. Her thumb began to turn slightly purple so I sent her to the lifeguard desk to get help.	Athlete was swimming 1 arm butterfly with her right arm. She hit her right thumb on the lane line. Her thumb began to turn slightly purple so I sent her to the lifeguard desk to get help. The lifeguards gave her an ice pack to slow the swelling.
Female	IN - Indiana Swimming	Practice / Water	On Blocks	Swimmer was stepping up on blocks. She slipped and fell off starting block.	Scraped elbow, scraped knee, and bruised hip.
Female	NJ - New Jersey Swimming	Practice / Dry-Land	Deck	After doing a somersault, she stood up and felt pain in the knee. There was no "pop" and the knee is not bruised or swollen.	Pain in the knee. After doing a somersault, she stood up and felt pain in the knee. There was no "pop" and the knee is not bruised or swollen but there was a lot of pain if she moved the knee.

Female	IL - Illinois Swimming	Practice / Water	In Water	Swimming backstroke, impacted end wall.	Bump on the top of the head. Report of a "headache."
Female		Waiting for practice to start	Bleachers	Slipped on bleachers. Scratched both knees and feet. Had trouble moving feet at first. Mobility returned.	Scratched both knees and feet. Had trouble moving feet at first. Mobility returned.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Dove in at start of race and suffered a muscle spasm/pull in left lower back.	Left lower back muscle spasm/pulled muscle
Female	MR - Metropolitan Swimming	Meet / Warm-up	In Water	Swimmer was accidentally kicked by a teammate during warm-up and contact resulted in a bloody nose.	bloody nose; after resolution, swimmer competed in 3 events during the session.
Female		Practice / Dry-Land	Deck	Slipped and fell on deck and hit head	Slipped and fell on deck and hit head
Male	WI - Wisconsin Swimming	Practice / Water	Deck	Cut his foot	Cut toe
Male	ST - South Texas Swimming	Practice / Water	Deck	Swimmer slipped on deck surface and landed awkwardly on his elbow.	Contusion injury to the elbow, no lacerations.
Female	ST - South Texas Swimming	Practice / Water	Deck	Swimmer was practicing diving from the side of the pool in the eight foot deep water. She slipped and landed on the edge of the pool injuring her groin area. Next day parents took her to see her doctor about some bleeding in the groin area.	Swimmer had bleeding in groin area after evening practice.
Female	CO - Colorado Swimming	Practice / Dry-Land	Regis High School weight/strength and conditioning room	Injury occurred before dry land had officially started. She said she was walking and twisted her foot. I did not observe the accident but other athletes informed me that she was jumping up and down and she twisted her foot. She had a hard time walking without assistance. We sat her down in the bleachers by the pool. I looked at the injury.....didn't appear to be any swelling, just a little redness. We applied an ice bag and called mom and dad. We never did get a response. She sat through practice, as she was getting a ride from another swimmer. Other athletes assisted her to the car.	She twisted her right foot/ankle.
Female	GA - Georgia Swimming	Practice / Water	In Water	Swimmer was in a lane swimming laps with 5 other team mates. Swimmer was kicked in the head while passing by another swimmer. Swimmer exited the pool and complained about a headache from the kick.	Headache and concussion like symptoms.
Male	CA - So. California Swimming	Meet / Competition	Deck	Swimmer got out of the pool with his skin an obvious red in color. He went to the coach and told him that his skin, particularly his face and neck, were burning. The coach instructed him to shower to rinse. After the shower, the swimmer told the coach that nothing had changed	Possible allergic reaction?
Female	MN - Minnesota Swimming	Meet / Warm-up	In Water	Swimmer was swimming warm up and was kicked in the nose. It started bleeding, so she immediately got out of the pool and went for help	Swimmer was kicked in the nose by another swimmer in the pool
Male	VA - Virginia Swimming	Meet / Competition	In Water	Swimmer jammed hand into wall during the finish of the 50 free	Swimmer jammed thumb
Female	WI - Wisconsin Swimming	Meet / Competition	Spectator Gallery	(Guest) injured her hand while stepping down from the spectator area. Ice was applied as treatment.	Had a lump appear on her hand after the accident.
Female	GU - Gulf Swimming	Meet / Competition	In Water	Caught right side of the right foot on the edge of the activity pool while getting out of the water. Bleeding	A small cut causes the bleeding at the right side of right foot. bleeding stopped after holding pressure.
Male		Meet / Competition	Hallway	Fainted	(guest) Fainted
Female	PC - Pacific Swimming	Meet / Competition	In Water	knee "popped" on kick, began to swell, painful and difficult to walk- unable to continue swimming	Left knee "popped", swelling, pain, difficulty walking (bearing weight)
Female		Practice / Water	In Water	Swimming and hit hand on wall, causing nail to split.	Split nail
Female		Meet / Competition	Deck	Slip and fall	Scrape on Thigh
Female	VA - Virginia Swimming	Meet / Warm-up	In Water	Thinks she has tendinitis in her foot. Her left foot has a contusion on the left side.	Contusion on the left side of foot.
Male	AZ - Arizona Swimming	Practice / Water	In Water	Swimmer hit his head on another swimmer right shoulder while doing a backstroke drill.	Swimmer was injured at the top of his head by the right shoulder of other swimmer
Male	IL - Illinois Swimming	Meet / Competition	Deck	Official fell on water and hit head on pool deck. Other officials reviewed and consulted. Victim denied medical attention	slip and fall no skin broken
Male	MI Michigan Swimming	Meet / Competition	In Water	Hit head on turn during warm up	Bumped head

Female		Meet / Competition	Deck	Nose bleed	Nose bleed
Female		Meet / Warm-up	In Water	Nose just started bleeding	Nose bleed
Male	WY - Wyoming Swimming	Practice / Water	In Water	While athlete was doing a rocket jump next to wall he hit his chin on the lip of the wall.	about 1" laceration on the bottom of his chin
Female	MN - Minnesota Swimming	Practice / Water	On Blocks	Swimmer stepped up on the starting block and quickly lost her balance. As she was trying to keep herself from falling off of the block, she scraped her knee and shin.	She got a fairly large abrasion on her knee and shin.
Female	NT - North Texas Swimming	Meet / Competition	Deck	Swimmer swam 100 Backstroke. Got out of the pool & told timer she felt like she was going to throw up & then told him her legs felt numb. Timer laid her down and got Safety Marshall and then teh facility EAP went into effect.	Swimmer felt sick and legs were numb
Female	FL - Florida Swimming	Practice / Water	In Water	A swimmer tossed a lane line buoy in the water and it hit her in the head.	Small cut on the top of her head just above hairline.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	lower back seized up on left side	very bad spasm in lower back on left side
Male	CA - So. California Swimming	Meet / Competition	In Water	During backstroke event the swimmer miscalculated his turn and hit his head on the wall	Hit head on wall during backstroke turn
Male	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer was swimming behind another swimmer and was kicked in the eye	Swimmer's goggles were kicked into his face resulting in a scrape under the eye and a black eye
Male	PN - Pacific Northwest Swimming	Practice / Dry-Land	Deck	Swimmer was walking on deck when he stepped into the brain box. It was not properly shut and opened when he stepped on it	Twisted ankle
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	Bumped head on the pool wall during flip turn	Swimmer banged his head on the wall while completing a flip turn. Swimmer went to the bottom of the pool and was able to finish the race. After completing the race the swimmer was asked by the starter if his head hurt. He responded "Yes" EMT was notified.
Male	NC - North Carolina Swimming	Practice / Water	Deck	Athlete was speed walking (borderline running) on the pool deck when his feet slipped out from under him. He fell straight back, landing first on his back and then having his head hit.	Landed on his back & the back of his head. No visible injury or cut, just tender from contact.
Male	IN - Indiana Swimming	Meet / Competition	Bleachers	(Guest) child was going down the bleacher stairs; bumped into a man and then fell off balance down eight steps along the same bleachers	hit ribs on left/right side of torso; pain on top of left hand and knuckle.
Male	NJ - New Jersey Swimming	Meet / Competition	Hallway	After the conclusion of the session in which swimmer was participating, he got a nose bleed. He was in a public hallway when it started. Swimmer stated that he does get nosebleeds from time to time and there was not specific event that caused this one.	Nose Bleed.
Female		Meet / Competition	Bleachers	(parent) was walking down the bleachers, missed a step and fell.	(parent) twisted her ankle when she fell. She did feel a little bit dizzy.
Female		Meet / Competition	In Water	NOTE: The original injury did not take place at the meet. Swimmer hit her head on the door going into the bathroom of her hotel room the night before. It was during warm-up that she began to experience head pain while she was swimming.	Again, actual injury took place the night before at the hotel where swimmer was staying for the swim meet. (She hit her head on a door during the night when she was going into the bathroom. She did not have any discomfort until she began to swim warm-up. She complained of headache type pain.
Female	LE - Lake Erie Swimming	Meet / Warm-up	Deck	Hit in the eye by another swimmer's elbow	Eye was red
Male	OR - Oregon Swimming	Meet / Competition	In Water	While swimming the 100 back swimmer messed up his count and hit the wall on his second turn.	swam into the wall swimming backstroke.
Female	CO - Colorado Swimming	Meet / Competition	On Blocks	Slipped back off blocks, scrapped / bruised right shin	scrape on right leg from ankle to knee
Male	CO - Colorado Swimming	Meet / Warm-up	Deck	When I was coming out of the pool, I accidentally hit my leg on the side of the deck.	Swelling, purple color on shin above ankle
Female	CA - So. California Swimming	Meet / Competition	Bleachers	(Guest) walking and hit left forehead on bleachers	bumped left forehead

Female		Meet / Competition	Deck	Athlete reported walking on deck, scraping upper right arm on wall hook. Wall hooks on wall to support shepherd's crook and ring buoys	Approximate 3 inch long scrape to back of upper right arm
Male	CA - So. California Swimming	Meet / Competition	In Water	When approaching the wall on the backstroke turn his timing was off and he hit his head and face during the turn.	Hit head and scraped side of face
Male	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Slipped climbing out of the pool and fell on another swimmer hitting heads.	Abrasions on 4 knuckles left hand from jumping into water and hand hitting block as he was going in.
Male	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Slipped climbing out of the pool and fell on another swimmer hitting heads.	Slipped climbing out of pool and fell on another swimmer banging heads. Back of Head.
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Another swimmer climbing out of the pool slipped and fell back on top of swimmer both heads hitting.	Bump on the left side of forehead. Did not cause bruising marking or any swelling.
Female	MD - Maryland Swimming	Meet / Competition	Deck	Vomiting and Feeling of faintness. Mother States that member has had history of similar episodes.	Vomiting, Faintness
Female	MD - Maryland Swimming	Meet / Competition	Deck	Swimmer bumped into a pole/column and injured cheek	Small bump/swelling on facial cheek.
Female	MI Michigan Swimming	Practice / Water	In Water	Bumped in to another swimmer during backstroke and was hit in the head by the other swimmer	Sore head
Male	WI - Wisconsin Swimming	Meet / Competition	Bleachers	(Spectator) felt faint and fainted in the stands. 911 was called spectator declined being taken to the hospital.	No injuries
Female	AD - Adirondack Swimming	Meet / Warm-up	In Water	Head-on collision after push off from wall	Swelling and bruising near the eye, headache and dizziness.
Male	CA - So. California Swimming	Meet / Competition	In Water	He was swimming his fly event and after making his first turn and going into the stroke the muscle in his right shoulder stretched out and he felt a sharp pain.	Tender to touch and sore
Female	NC - North Carolina Swimming	Meet / Competition	Bleachers	Fell of wrist when climbing bleachers.	Swollen wrist
Male	NC - North Carolina Swimming	Meet / Competition	Deck	Slipped on deck, hit head - cut and bruised head	Slipped on deck, hit head - cut and bruised head
Male	PC - Pacific Swimming	Practice / Dry-Land	Deck	Medicine ball relay collision with opposing team member. Hit knee on concrete resulting in abrasion on right knee.	Abrasion on right knee. Knee cap tender.
Female	OR - Oregon Swimming	Practice / Water	Hallway	Lacerated finger on tile bottom while working in underH2O breaststroke	Laceration on finger
Female		Meet / Competition	Stairs	(Guest) Standing by a step and stepped backwards off of stair. She fell to the ground and hit her tailbone and elbow	Soreness in elbow and tailbone
Male	IL - Illinois Swimming	Meet / Competition	Deck	Scraped back on the metal pane of the window.	10" + on upper back (shoulders)
Female	UT - Utah Swimming	Practice / Water	Deck	She said that she slipped when she was doing push ups. The area was checked, there was water on the deck from the swim team getting in and out and squeegeed.	Scraped Right Knee
Female	MA - Middle Atlantic Swimming	Practice / Water	In Water	swimmer was accidently kick in nose from swimmer in front doing breaststroke kick	blooded nose
Male	CT - Connecticut Swimming	Practice / Water	In Water	Hit heel of right foot on gutter edge during flip turn.	Approx 1 inch cut across back of heel.
Male	PV - Potomac Valley Swimming	Practice / Water	In Water	Swimmer was swimming freestyle, lost track of where he was in the pool, and ran into the wall with his head.	After swimmer hit his head, he said he felt a little dizzy, and that he had a mild headache. The lifeguards administered an ice pack, and by the time he left the pool he only had pain to the touch.
Female		Practice / Water	In Water	Swimmers sharing a lane. As swimmer with paddle was passing athlete the paddle hit her left hand.	Bruising on front of wrist with pain and swelling
Male	OR - Oregon Swimming	Practice / Dry-Land	Gym	The athlete was performing box jumps as a part of his dryland routine. On one of the box jumps he missed, scraped his left shin and left a large scratch that broke the skin with some swelling	On one of the box jumps he missed, scraped his left shin and left a large scratch that broke the skin with some swelling
Female	NE - New England Swimming	Meet / Competition	In Water	Swimmer was doing the 25 backstroke and smacked her head against the wall at the finish end of the pool.	bumped head

Female	MI Michigan Swimming	Practice / Water	In Water	Swimmer was getting out of the water when her hand slipped and she fell on the edge of the pool and hurt her ribs on the right side. Swimmer needed assistance getting out of the water and had the wind knocked out of her.	Right ribs
Female	OR - Oregon Swimming	Meet / Warm-up	In Water	Swimming backstroke in warmup pool, hit head on wall.	Bump on head, dizziness.
Male	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer hit head on side of pool during race.	Swimmer complained of pain on top of head from hitting wall during the race.
Female	IL - Illinois Swimming	Meet / Competition	Hallway	Swimmer backed up against wall heater and burned her leg.	Affected area had red mark with small blisters
Female	CO - Colorado Swimming	Meet / Competition	Deck	Walking and tripped and fell on left knee. Scratched knee.	fell and scratched left knee
Female		Meet / Competition	Bleachers	(guest) Missed a step and fell down bleachers. Hit head on railing at bottom of steps.	No visible injury.
Female	IN - Indiana Swimming	Meet / Competition	In Water	swimmer was climbing out of the pool and slipped and tore her toenail almost completely off, left big toe	left toenail on the big toe was torn almost completely off
Male	PC - Pacific Swimming	Meet / Competition	In Water	During last turn in freestyle, swimmer missed the edge of the pool and hit his heel into the gutter	Direct impact of heel onto size of deck
Female	MN - Minnesota Swimming	Meet / Competition	Deck	collided with opening door; door hit left side of head	bump to left side of forehead
Female	NE - New England Swimming	Meet / Competition	Deck	(Parent) was timing behind lane 2 when she slipped and fell	parent fell while timing and complained of dizziness upon standing and left wrist is sore. Parent refused treatment and applied ice to the left wrist herself.
Female	CT - Connecticut Swimming	Meet / Competition	Deck	swimmer was stretching before her event when her foot slipped and jammed into the block	avulsion on left big toe
Male	NE - New England Swimming	Meet / Warm-up	exiting warm up pool	Swimmer was exiting the warm up/warm down pool when he scrapped his knee against a broken tile on the wall	swimmer has small abrasion on right shin
Female	NE - New England Swimming	Meet / Competition	Deck	(Volunteer) Timer was timing in lane 7 and fell backwards onto her buttocks after slipping in a puddle of water on the deck	parent complains of generalized soreness
Female	MR - Metropolitan Swimming	Meet / Competition	Deck	Slipped and fell on deck	Swollen knuckles and fingers on left hand
Female	KY - Kentucky Swimming	Practice / Water	In Water	Swimmer was accidentally kicked by another swimmer. This swimmer kicked her hand and injured her thumb. She could not move her thumb	The kick bent swimmer's thumb back and she could not use it after practice.
Female	CT - Connecticut Swimming	Meet / Warm-up	Deck	Toenail injury/ stubbed toe	Stubbed Toe
Female	NE - New England Swimming	Meet / Competition	Deck	Stubbed toe while walking on pool deck, she was wearing flip flops	Cut on middle toe
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	During a freestyle event, swimmer did a flip turn and the back heels of both feet forcefully struck the pool gutter edge instead of the bottoms of her feet pushing off of the pool wall.	There were contusions to the backs heel area of both feet, and the back of her right foot also received a laceration about 1.5" in size.
Male	SC - South Carolina Swimming	Meet / Competition	Deck	Swimmer exiting water in Lane 8, slipped on deck, and ripped a scab (previous injury) off.	Ripped off scab (previous injury) from knee. Blood from knee
Female	AZ - Arizona Swimming	Practice / Water	In Water	The swimmer pushed off of the wall and cut the bottom of her foot on the underwater light	Cut on the bottom of the right foot
Female	GU - Gulf Swimming	Meet / Competition	In Water	Unable to breathe sufficiently after a race.	Unable to breathe sufficiently after a race.
Female	GU - Gulf Swimming	Meet / Competition	In Water	Slipped during backstroke start and twisted left knee	Slipped during backstroke start and twisted left knee
Male	VA - Virginia Swimming	Practice / Water	Deck	Athlete was getting out of the water with his kick board. he was running to get his place in the lane when he slipped in some water and fell on the right side of his face.	bruised cheek and eye. small cut around eye from goggles
Female	PC - Pacific Swimming	walking into facility	outside on sidewalk	slipped on ice area on sidewalk	slipped on sidewalk
Female	WI - Wisconsin Swimming	Meet / Competition	Deck	Swimmer was getting out of the pool and felt pain in her right side that increased with breathing.	Muscle Strain
Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	Swimmer scraped the bottom of the pool while practicing a underwater breaststroke pull-out. She has a dime sized abrasion above her lip and a quarter sized abrasion below her lip.	two abrasions on the face, above and below the mouth.
Male	NJ - New Jersey Swimming	Meet / Warm Down	Deck	Bloody nose	Bloody nose

Male	OH - Ohio Swimming	Meet/waiting for competition	Deck	Athlete cut his right big toe on the bleacher. It was minor, maybe a little nail damage. The lifeguard called for help and he gave a bandiac	cut on right big toe
Male	NJ - New Jersey Swimming	Meet / Warm-up	In Water	normal nose bleed, no contact	bloody nose
Male	NJ - New Jersey Swimming	Meet / Competition	In Water	jammed finger against wall on the finish. misjudged distance	right middle finger joint
Male	PC - Pacific Swimming	Practice / Water	In Water	Was pushed in the pool by another swimmer, pushed off the bottom of the pool, hit front tooth on side of pool	Loose front tooth
Male	SE - Southeastern Swimming	Practice / Water	Deck	Hit mouth on gutter	Chipped tooth
Female	IN - Indiana Swimming	Meet / Warm-up	Bulkhead-Sprint Lane	She was climbing out of the pool onto the bulkhead, slipped & hit her right ankle.	Small abrasion on the right ankle & one on the 4th toe of right foot. Slight bruising around area.
Female	NJ - New Jersey Swimming	Walking into workout. Outside building	Outside Venue	Athlete was running and tripped caused abrasions on both knees	Abrasions on both knees.
Female	MD - Maryland Swimming	Meet / Competition	Bleachers	Slipped on floor getting up from bleachers and fell on pool deck.	Bruised/scratched thigh
Female	CA - So. California Swimming	Meet / Competition	Deck	Walked and tripped (scrapped knee).	Scrapped knee.
Female	IN - Indiana Swimming	Meet / Competition	Deck	Slipped on deck near diving well, abrasion on right knee.	Abrasion
Female	LE - Lake Erie Swimming	Meet / Competition	Deck	She stubbed her toe on the lifeguard chair causing a minor cut to the big toe while walking on deck	Minor cut to her toe
Female	IN - Indiana Swimming	Meet / Competition	Bleachers	Athlete notice toe was bleeding after exiting the water.	Cut on pinky toe
Female	MN - Minnesota Swimming	Meet / Competition	Deck	Light headed after swimming 200IM; helped to deck by a timer; did not lose consciousness; did not hit head; put feet up; drank Gatorade (2 sips); feeling better in 15 min.	Fell getting out of pool - exhausted
Female	MN - Minnesota Swimming	Meet / Competition	Deck	(Guest) Fingers were in doorway leading into the pool and the door closed.	Fingers bruised / cut.
Female	AZ - Arizona Swimming	IN BETWEEN RACES AT COMPETITON	Deck	near fainting but was conscience and able to communicate	felt faint; parents suggest low blood sugar; was also taking antibiotics for ear infections
Male	OK - Oklahoma Swimming	Practice / Water	In Water	Hit his right ankle on the ladder while swimming breaststroke.	Hit his right ankle on the ladder while swimming breaststroke.
Male	SE - Southeastern Swimming	Practice / Water	Deck	Slipped and fell hitting head on deck	Slight concussion
Female	PN - Pacific Northwest Swimming	Meet / Competition	Deck	SLIPPED AND FELL ON POOL DECK WHEN TURNING CORNER AT NORTH EAST CORNER OF POOL.	SMALL ABRASION ON LEFT ELBOW AND LEFT ANKLE
Female	IN - Indiana Swimming	Meet / Warm-up	Deck	Swimmer noticed, during warm up , that her left foot was cut and bleeding. She notified her coach, who notified event staff, provided first aid, cleaned, bandaged. Swimmer continued to swim the session, and indicated no concern.	Small cut/laceration of top, left foot.
Male	IN - Indiana Swimming	Meet / Competition	Deck	Swimmer was getting ready to get into water for a race and noticed blood on the deck. Does not remember cutting it.	Cut on the pad of toe
Female	AM - Allegheny Mtn Swimming	Meet / Competition	In Water	Hit lane rope with right hand, middle finger, ice applied.	right mid finger tip.
Male	AM - Allegheny Mtn Swimming	Meet / Competition	In Water	scratch to chest by another swimmers finger nails	scratch to right chest from another swimmer
Male	AM - Allegheny Mtn Swimming	swimming	getting out of pool	scraped knee when exiting the pool.	Abrasion to left knee
Female	WI - Wisconsin Swimming	Meet / Competition	Bleachers	Little toe of left foot was stubbed/skinned on bleacher.	Stubbed/skinned little toe of left foot.
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	While climbing out of warm down pool, swimmer scratched her upper arm on a touch pad anchor plate on the edge of the pool. This plate was removed from the venue when the issue was discovered	Scratch about 8-9 inches long on inside of upper arm.
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	While climbing out of warm down pool, swimmer scratched her upper arm on a touch pad anchor plate on the edge of the pool. This plate was removed from the venue when the issue was discovered	Scratch about 8-9 inches long on inside of upper arm.
Male	LE - Lake Erie Swimming	Meet / Competition	In Water	Jumped into 12 ft section of pool and scraped his toe when jumping in	scrape right foot 4th toe
Female	MD - Maryland Swimming	Meet / Warm-up	In Water	Another swimmer accidentally scratched athlete with nails during warm-ups.	The scratch was about 3 inches on the upper chest.
Female		Meet / Competition	In Water	Hit knee on block while exiting the pool.	Bruise forming.
Female	SD - South Dakota Swimming	Meet / Warm-up	In Water	FOOT CAUGHT BRIEFLY IN LANE LINE	NONE VISIBLE - STATED NO INJURY

Female	MI Michigan Swimming	Practice / Water	In Water	Hit pinky toe on lane line	red, bruised
Male	CA - So. California Swimming	Meet / Warm-up	In Water	Allergic reaction to pool water	Allergic reaction to pool water
Female	IL - Illinois Swimming	Meet / Competition	In Water	Elbowed in the mouth during warm-ups Wearing braces and sustained small cut to lip with bleeding.	Small cut on lip from braces after she was elbowed by another swimmer during warmups.
Male	IL - Illinois Swimming	Meet / Competition	Deck	Athlete stepped on a small shard of a broken mirror. He sustained a small cut on his left heel.	Small cut on left heel.
Male	AZ - Arizona Swimming	Meet / Competition	open field south of the pool	We hosted a sanctioned meet last weekend. One of the visiting teams hired a tent company to put up a 20x20 shade tent and gave them permission (without asking me) to stake the tent into the ground. The tent company drove a stake through a water main and it burst. The Chandler School District (pool owner) sent me (the meet host) a bill for \$1100 to pay for the repair. I have forwarded the bill and contact info of the responsible USA Team and tent company to George Ward.	We hosted a sanctioned meet last weekend. One of the visiting teams hired a tent company to put up a 20x20 shade tent and gave them permission (without asking me) to stake the tent into the ground. The tent company drove a stake through a water main and it burst. The Chandler School District (pool owner) sent me (the meet host) a bill for \$1100 to pay for the repair. I have forwarded the bill and contact info of the responsible USA Team and tent company to George Ward.
Male	MN - Minnesota Swimming	Meet / Competition	In Water	Came out of pool with left big toe bleeding slightly	Looked like past blister that poened up and bled minimally
Female	NC - North Carolina Swimming	Meet / Warm-up	In Water	Swimmer had an epileptic seizure during swim meet warmups. The seizure occurred in shallow water and another swimmer was able to hold the seizing swimmer up and her head above water until two coaches pulled her out of the water. While the seizure was occurring, the swimmer's mother, a meet volunteer who is an ER nurse and two coaches were able to lay her on her side with a towel beneath her head so she did not sustain any injuries. After the seizure stopped, the swimmer was able to walk off the pool deck assisted by her mother and a volunteer and she went home to rest.	Epileptic seizure
Female	CA - So. California Swimming	Meet / Competition	In Water	SEIZURE IN WATER WHILE COMPETING-COMPLEX PARTIAL (SWIMMER HAS THIS CONDITION)	NO INJURY-SWIMMER WAS PULLED OUT OF POOL
Female	NC - North Carolina Swimming	Meet / Warm-up	In Water	Epileptic seizure	Epileptic seizure in water. Teammate caught her before she went under and coach pulled her out of the water and placed her on the deck.
Male	GU - Gulf Swimming	Practice / Water	In Water	Swimmer swam under bulkhead, he hit the back of his head and came up crying. Coach made sure he was ok, then sent him to sit out with his grandpa.	Bumped back of head - No laceration or any other problem
Male	NJ - New Jersey Swimming	Meet / Competition	Bleachers	Lost balance on bleacher and fell from 2nd level to deck	Pulled Hamstring
Female	MR - Metropolitan Swimming	Meet / Competition	Deck	(nonmember volunteer) Timer felt light headed and walked towards the console. Fainted and fell against the AO who then caught her so as to break her fall.	No injury. Timer fainted.
Male	IL - Illinois Swimming	Meet / Competition	On Blocks	Swimmer slipped getting out of the water after his backstroke race and scraped his right arm.	Scrape on right arm
Male		Practice / Dry-Land	Deck	Doing a wall sit, fell on deck and hit tailbone	Sore tailbone
Male	MD - Maryland Swimming	Practice / Water	Deck	Athlete was preparing to dive in. His foot slipped on the edge of the pool causing him to fall against the block and do a split. the swimmer was in in the neck by the backstroke peg and also strained his groir	slight mark in his neck and painful groin area
Male	AZ - Arizona Swimming	Meet / Competition	Outside Venue	Slipped in some gravel in the parking lot.	Scrapped Knee
Male	MA - Middle Atlantic Swimming	Changing in locker room after lesson	Locker Room	(nonmember) Child was standing on wooden bench in locker room and slipped and fell. He hit locker with left hand and cut his middle finger at the base.	small laceration to middle finger on left hand

Female	NC - North Carolina Swimming	Meet / Warm-up	Deck	There was a cracked tile on deck. The swimmer stepped on a small shard of tile which cut her foot.	Small cut on the bottom of her foot.
Male	SC - South Carolina Swimming	Meet / Competition	Hallway	Swimmer was dragging his hand against the wall and it was scrapped against the tile.	Slight scrape on palm of hand, swimmer went directly to lifeguard for a bandaid
Male	SC - South Carolina Swimming	Between sessions	Locker Room	Swimmer stubbed his toe in the locker room, and it was slightly scraped, requiring a bandaid.	Toe was slightly scraped, requiring a bandaid.
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	Swimmer was warming up before the meet and was accidentally kicked in the face by the swimmer in front of him	Bloody nose
Female		Meet / Competition	In Water	Scrape 2 inches wide on wrist and arm from side of pool	scrape on arm and wrist
Female	MT - Montana Swimming	Meet / Competition	Deck	Cut her right large toe on the pool deck	Her large right Large Toe had a cut on the outside of the toe. She was done swimming for the day.
Female	LE - Lake Erie Swimming	Meet / Warm-up	In Water	Scratched existing cut on lane line.	Existing cut on elbow was reopened when the swimmer scratched it on the lane line and started to bleed
Female	IL - Illinois Swimming	Meet / Competition	Deck	slipped getting out of the pool and scraped arm	scrape on arm
Female	IL - Illinois Swimming	Meet / Competition	On Blocks	cut on the underside of big toe when she pushed off the block while diving for the start of a race	cut on big toe
Female		Meet / Competition	Deck	Swimmer Collapsed to knees.	Collapsed on deck
Female	CO - Colorado Swimming	Meet / Competition	Gym	Athlete was running in the gym and fell hitting her head on brick wall. Complaining of head hurting, shaken up, not nauseous	Right side head
Female	NE - New England Swimming	Meet / Warm-up	In Water	swimmer was kicked in face during warm up.	Swimmer had braces which cut the upper lip
Female	IN - Indiana Swimming	Meet / Competition	Bleachers	(guest) woman had a seizure	woman had a seizure, there was no injury
Female	NE - New England Swimming	Meet / Competition	In Water	swimmer cut leg on a tile missing on the wall of the warm up/warm down pool	abrasion on lower left leg
Male	NE - New England Swimming	Meet/Stands	Bleachers	(property damage) Air compressor broke releasing 1000 of gallons of water on top of parents sitting in the bleachers.	Water burst from ceiling onto stands water traveled through ceiling into locker rooms below and traveled onto the pool deck
Male	ME - Maine Swimming	Meet / Warm-up	In Water	As swimmer was getting out of the pool scrapped his knee	small abrasion of left knee
Male	ME - Maine Swimming	Meet/Stands	Bleachers	(property damage) Air compressor broke during freezing cold temperature and leaked a lot of water onto the stand where parents where sitting. Description from claimant "Water Fell from the ceiling on me while working on my apple MacBook air laptop computer. Computer has malfunctioned since water intrusion from the leak."	Computer was damaged during a major water leak from the ceiling dumping thousands of gallons onto parents from the ceiling, a/c air compressors cracked due to cold temp.
Male	WI - Wisconsin Swimming	Meet / Competition	Deck	Slipped on start end of deck; hit elbow and back	bruise on elbow and scrape on back

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	AD - Adirondack Swimming	Meet / Competition	Bleachers	(Parent) Paent collapsed in the bleachers while watching a swim meet where her daughter was competing. At the time, it appeared to look like a seizure. First responder and parent), Doctor and Parent and Nurse and parent helped on the scene with direct contact of the patient. Coach on deck, Hosting Coach, Hosting Parent and school faculty member, and Lifeguards assisted in gathering equipment, calling 911 and directed EMS.	It appeared to be a seizure at the time (by bystanders and the parents in the stands who assisted with helping parent. Vitals were taken, patient was being assessed and EMS was called at 5:54pm (by Ballston Spa Parent). Due to the location of the incident, she was backboarded in case she needed to be moved to preform CPR. While waiting for EMS to arrive, patient started losing airway and tongue was in the way of airway. She was provided Rescue Breathing until it wasn't needed any longer. EMS arrived and took over care. Ambulance left the school at 6:25pm. EMS transfered patient to Ellis Hospital and then to Albany Medical Center. Patient was suffering a Brain Aneurysm and had immediate surgery. Patient remained in a medical coma and life support, eventually passed away on March 1, 2014.
Female	AD - Adirondack Swimming	After practice	Locker Room	Fell in locker room while getting changed after practice	Fell and injured knee
Female	AD - Adirondack Swimming	Meet / Competition	ON DECK 25 MIN AFTER SWIM	FELT FAINT, STUBBLED AND SLOWLY FELL TO FLOOR.	FAINTED, SOFT LANDING, ASOMATIC SIGNS, HYPERVENTILATING, CHILLS, GOT SHOCKY, HYPOTHERMIC
Male	AD - Adirondack Swimming	Meet / Competition	Locker Room	Athletes father approached meet manager requesting a nurse or an EMT to see his son who was reported to have been vomiting and passing bloody stool. Dad was advised that there was no EMT or nurse available and he was advised to speak with a lifeguard and father declined. Father then asked what given by athletes father. Please see above for the nearest hospital was on his way home. He was advised Newport Hospital or Hasbro Hospital. The father stated that he would probably go to Hasbro on the way home.	No witness of visible injury. Statement was given by athletes father. Please see above for the nearest hospital statement
Female	AD - Adirondack Swimming	Practice / Dry-Land	Bleachers	During dryland practice caught her heel on the bleachers while doing step ups causing her to fall backwards onto the pool deck landing on her wrist, and hip	Wrist swollen and discolored, bruised knee
Male	AD - Adirondack Swimming	Meet / Warm-up	In Water	Struck head on wall in practice pool when doing backstroke.. Complained of slight dizziness and pain at impact point.	Complained of slight dizziness and pain at impact point
Female	AD - Adirondack Swimming	Meet / Competition	Deck	While on deck officiating twisted knee aggravating prior injury	twisted left knee, irritating prior injury
Female	AD - Adirondack Swimming	Meet / Competition	In Water	swimmer hit head at start of 200 IM	bumped forehead
Female	AD - Adirondack Swimming	Meet / Warm-up	In Water	Head-on collision after push off from wall	Swelling and bruising near the eye, headache and dizziness.
Female	AK - Alaska Swimming	Practice / Water	In Water	They had watched the first part of the new IM flip turn that was on the coaches corner and were trying it out during practice	Subluxation of Shoulder
Male	AM - Allegheny Mtn Swimming	Meet / Competition	Locker Room	Swimmer in male locker room getting stuff out of his locker when he stepped on a nail that punctured the heel of his left foot	Approx 2in puncture wound to heel of left foot
Female	AM - Allegheny Mtn Swimming	FREE TIME AT HOTEL	HOTEL BATHROOM	SWIMMER IS PART OF THE ALLEGHENY MOUNTAIN ZONE TEAM - WHILE IN THE SHOWER AREA OF HOTEL TAKING AN ICE BATH SWIMMER TURNED HEAD AND CAUGHT RIGHT CHEEK ON THE FAUCET.	APPROX. 1.5" CUT ON RIGHT CHEEK CLOSE TO NOSE AND MOUTH. WHEN CHILD REALIZED SHE WAS CUT SHE LEFT HOTEL ROOM AND WENT TO GET HER MOTHER IN HER ROOM (IN THE SAME HOTEL)

Female	AM - Allegheny Mtn Swimming	Meet / Competition	Deck	Swimmer reported mid-sternal chest pain that occurred before and during her swim. Reported pain was sharp and withdrew from meet	Pt complained of mis-sternal chest pain.
Male	AM - Allegheny Mtn Swimming	Learn To Swim for Daniel's Brother	Deck	Athlete was wearing his tennis shoes and was standing still; he went to the left and fell. He fell and hit his front upper adult tooth.	Class 2 Fracture YO #9 and Subluxation YO #9
Female	AM - Allegheny Mtn Swimming	Practice / Water	On Blocks	Swimmer went up on blocks and went to sit down. She then fell off the back of the blocks and landed on her head. Swelling around the eye	Black eye, swelling, small cut on eyebrow
Female	AM - Allegheny Mtn Swimming	Meet / Warm-up	In Water	spontaneous nose bleed, no injury.	no injury, spontaneous nose bleed.
Female	AM - Allegheny Mtn Swimming	Practice / Water	Team Room	While moving rowers so team room could be used, one of the rowers came apart hitting coach forcibly on the top of her head. She stated everything went dark for a moment. She jammed her jaw causing a tooth to crack.	Rower hit the top of her head with great force causing everything to go dark for a few minutes and cracking a tooth.
Female	AM - Allegheny Mtn Swimming	Practice / Water	Locker Room	Fell on entering locker room	Left elbow and hip, bruised upon falling
Female	AM - Allegheny Mtn Swimming	Practice / Water	In Water	Swimmer was finishing into wall freestyle and hit head off wall	Bumped head off wall
Female	AM - Allegheny Mtn Swimming	Meet / Warm-up	Deck	Athlete was bumped by another swimmer in the eye/goggles.	During warm-up sprints, while in line, goggles were pushed into eye socket by being bumped by another swimmer.
Male	AM - Allegheny Mtn Swimming	Meet / Competition	In Water	Athlete in water against wall during warm-ups when another swimmer from another team hit swimmer's nose while pushing off of the wall	Elbow to the bridge of the nose cause a nose bleed.
Female	AM - Allegheny Mtn Swimming	Meet / Competition	In Water	Hit lane rope with right hand, middle finger, ice applied.	right mid finger tip.
Male	AM - Allegheny Mtn Swimming	Meet / Competition	In Water	scratch to chest by another swimmer's finger nails	scratch to right chest from another swimmer
Male	AM - Allegheny Mtn Swimming	swimming	getting out of pool	scraped knee when exiting the pool.	Abrasion to left knee
Male	AR - Arkansas Swimming	Meet / Competition	Deck	swimmer developed difficulty breathing during 550 Free. Swimmer finished race, had extreme difficulty breathing/walked with OCCC medical staff to room off deck where breathing improved. Parents Treated with inhaler.	difficulty breathing
Female	AZ - Arizona Swimming	Meet / Competition	Deck	athlete was walking over to the warm-up pool and fell over raised portion of concrete sidewalk near waterslide. Parent comments that the raised concrete was unmarked.	left elbow is broken
Female	AZ - Arizona Swimming	Meet / Competition	Bleachers	(guest) While attempting to exit the bleachers, I slipped and fell. My foot was trapped under the lower step of the bleacher. The result of the fall was a severe ankle sprain and deep contusion on the leg. The bleachers were crowded with both people and swimmer equipment bags. Water from wet swimmers on the metal bleachers caused the bleachers to become slippery. People and chairs in front of and around the bleachers made it difficult to enter and exit the bleachers safely.	severe ankle sprain and deep leg contusion
Male	AZ - Arizona Swimming	Practice / Dry-Land	Outside Venue	During dryland prior to practice on basketball court, athlete ran into a pole on the court and cut below his right eye	Cut below right eye.
Female	AZ - Arizona Swimming	Practice / Water	In Water	During practice athlete collided head on with another swimmer.	Athlete has been experiencing concussion like symptoms, including headaches and dizziness.
Female	AZ - Arizona Swimming	Meet / Competition	Outside Venue	slipped on grass and gashed her head on a electrical stub.	2 inch long cut on side of head (under the hair).
Female	AZ - Arizona Swimming	Practice / Dry-Land	Outside Venue	While playing basketball before practice, athlete fell and hurt her arm.	Athlete fell while playing basketball and hurt her arm.
Male	AZ - Arizona Swimming	Meet / Competition	In Water	The Athlete above swam up the wrong side of the lane and swam head first into the other female athlete.	Concussion
Female	AZ - Arizona Swimming	Practice / Water	In Water	While completing the main set, the male athlete mistaking swam up the wrong side of the the lane and both collided head first.	Concussion
Male	AZ - Arizona Swimming	Soccer game prior to practice	Outside Venue	While playing soccer on the field prior to practice, athlete collided with another player and when they bumped heads, athlete bit his tongue all the way through.	Athlete bit his tongue causing a large cut.

Male	AZ - Arizona Swimming	Meet / Competition	In Water	athlete pulled himself out of water during 1650 race because of difficulty breathing	difficulty breathing during and after race; conscience and able to communicate the entire time
Female	AZ - Arizona Swimming	Meet / Competition	In Water	While swimmer was swimming, she dislocated her right shoulder.	Swimmer dislocated her right shoulder while swimming in an event during the meet. The shoulder popped back into place immediately following the incident.
Male	AZ - Arizona Swimming	Meet / Competition	In Water	During warm up swimmer had a head on collision with another swimmer in the warm up pool.	Swimmer experienced a bloody nose and had a bump on his head. He complained of a headache.
Male	AZ - Arizona Swimming	Meet / Competition	In Water	Hit head on bulkhead on 100 backstroke turn.	Hit head on wall before making a backstroke turn. Not cuts, just dizzy.
Male	AZ - Arizona Swimming	Practice / Water	In Water	Swimmer hit his head on another swimmer right shoulder while doing a backstroke drill.	Swimmer was injured at the top of his head by the right shoulder of other swimmer
Female	AZ - Arizona Swimming	Practice / Water	In Water	The swimmer pushed off of the wall and cut the bottom of her foot on the underwater light	Cut on the bottom of the right foot
Female	AZ - Arizona Swimming	IN BETWEEN RACES AT COMPETITON	Deck	near fainting but was conscience and able to communicate	felt faint; parents suggest low blood sugar; was also taking antibiotics for ear infections
Male	AZ - Arizona Swimming	Meet / Competition	open field south of the pool	We hosted a sanctioned meet last weekend. One of the visiting teams hired a tent company to put up a 20x20 shade tent and gave them permission (without asking me) to stake the tent into the ground. The tent company drove a stake through a water main and it burst. The Chandler School District (pool owner) sent me (the meet host) a bill for \$1100 to pay for the repair. I have forwarded the bill and contact info of the responsible USA Team and tent company to George Ward.	We hosted a sanctioned meet last weekend. One of the visiting teams hired a tent company to put up a 20x20 shade tent and gave them permission (without asking me) to stake the tent into the ground. The tent company drove a stake through a water main and it burst. The Chandler School District (pool owner) sent me (the meet host) a bill for \$1100 to pay for the repair. I have forwarded the bill and contact info of the responsible USA Team and tent company to George Ward.
Male	AZ - Arizona Swimming	Meet / Competition	Outside Venue	Slipped in some gravel in the parking lot. Swimmer was working on technique for butterfly, Swimmer was swimming a set of 4X25 butterfly with fins and a stretch cord. We had been working out for an hour, a lot to stroke drills, nothing hard. Swimmer later told me about three days later that she had felt a slight pull on her left shoulder, on the outer part of the deltoid, she went home and iced her shoulder because it felt sore.	Scrapped Knee
Female	BD - Border Swimming	Practice / Water	In Water	Swimmer also told me that the next morning her outer side of her shoulder was buried, and she continued to iced her shoulder as a precaution. On Monday, Feb. 10th, I saw and told her we could not work out, she would need to see a physician. To date all we are doing is kicking exercises and dryland for abs and legs.	Left shoulder area, lateral deltoid (out side of shoulder) is bursed, slightly swollen. The injury seems closer to the ball andsocket area.
Female	CA - So. California Swimming	Meet / Competition	Deck	Stubbed toe	Possible broken toe, toenail broken off
Female	CA - So. California Swimming	Meet / Warm-up	In Water	While warming up, the swimmer's left ring finger was struck by the foot of the swimmer in front of her	While warming up, the swimmer's left ring finger was struck by the foot of the swimmer in front of her
Female	CA - So. California Swimming	Meet / Competition	In Water	Incident - swimmer was entered in 100 m fly, climbed out of pool at 50 m end as she was experiencing difficulty breathing.	Athlete was having difficulty breathing normally, was breathing very quickly, had trouble taking a deep breath and breathing in a normal rhythm.

Female	CA - So. California Swimming	Meet / Competition	INSIDE VENUE	<p>Patient presented with signs indicating respiratory distress, dyspnea. Patient was brought over by lifeguard personnel on staff. Patient waited for oxygen mask, but medical did not have one. Patient opted to return to hotel in team van. Team Chaperone noted patient's difficulty breathing, lethargic appearance and blue/purple discoloration in fingers, toes and limbs and called 911. College Station Fire Paramedics responded. Patient oxygen was monitored, given nebulizer treatment by paramedics and CO2 levels watched. EMT determined patient ok to release after 30-45 minutes of monitoring</p>	Diagnosis-Toxic Exposure - Chlorine Exposure Chlorine Burn to lungs
Male	CA - So. California Swimming	Meet / Competition	Inside Venue	<p>: Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient was transported back to hotel under supervision of Dr. Stephen Lin.</p>	Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea
Female	CA - So. California Swimming	Meet / Competition	Inside Venue	<p>Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient response unchanged and patient triaged for transport to College Station Medical Center by CSFD for further medical evaluation. Transport decision was made by paramedics on the medic unit EOR.</p>	Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea
Female	CA - So. California Swimming	Practice / Water	In Water	<p>Swimmer hit heel of right foot on metal ladder that extend from deck into water at end of lane.</p>	cut on right heel
Female	CA - So. California Swimming	Meet / Competition	Inside Venue	<p>Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient response unchanged and patient triaged for transport to College Station Medical Center by CSFD for further medical evaluation. Transport decision was made by paramedics on the medic unit EOR.</p>	Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea
Female	CA - So. California Swimming	Meet / Competition	Inside Venue	<p>Patient presented with signs indicating respiratory distress, dyspnea. Air quality in the natatorium was very humid, hot and medic noticed the chlorine smell was strong and burning his eyes. Patient was brought over by lifeguard personnel on staff. History, allergies, and medications unobtained due to large number of patients present. Patient placed on high flow oxygen via NRB. EMS/FD was notified for possible HAZMAT incident. Additional on scene assist from TAMU EMS and CSFD. Natatorium was evacuated. Patient was released by medic staff and transported by Dr. Stephen Lin back to hotel.</p>	Diagnosis: Toxic Exposure - Chlorine exposure; Dyspnea
Female	CA - So. California Swimming	Meet / Competition	Inside Venue	<p>Patient presented with signs indicating respiratory distress, dyspnea. patient was brought over by lifeguard personnel on staff. History, allergies and medications unobtained due to large number of patients present. Patient placed on a high flow oxygen via NRB at 151pm. EMS/FD notified for possible Hazmat incident. Natatorium evacuated. Patient response unchanged and patient triaged for transport to College Station Medical Center by CSFD for further medical evaluation. Transport decision was made by paramedics on the medic unit EOR.</p>	Diagnosis - Toxic Exposure - Chlorine exposure; Dyspnea
Male	CA - So. California Swimming	Practice / Water	In Water	<p>A swim paddle was thrown in the air and hit athlete in the head causing a gash on the top of the head.</p>	2 inch gash to head.
Male	CA - So. California Swimming	Meet / Competition	In Water	<p>Swimmer was competing in the 500 freestyle and he got out of the water before he finished. He was having a hard time breathing</p>	Swimmer had a hard time breathing.

Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medic	Trouble breathing, received oxygen from medic
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medic	Trouble breathing, received oxygen from medic
Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Male	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medic	Trouble breathing, received oxygen from medic
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from medics	Trouble breathing, received oxygen from medics
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen from the medics	Trouble breathing, received oxygen from the medics
Female	CA - So. California Swimming	Meet / Competition	Deck	Trouble breathing, received oxygen by medics	Trouble breathing, received oxygen by medics
Female	CA - So. California Swimming	In between sessions.	Bleachers	(Parent) was walking down stairs and slipped and fell bruised lower back and upper arm, neck, back pain. The athlete had an asthma attack while swimming the 100 yd freestyle. Exited the competition pool mid-race. During the day she was not feeling well and had to use her inhaler frequently. She complained about the quality of the air in the Natatorium.	Parent bruised lower back and upper arm, neck, back pain.
Female	CA - So. California Swimming	Meet / Competition	In Water	While walking on deck after exiting a warm lane , the athlete had a seizure. The athlete's fall to the deck was broken by a nearby athlete, and thus the victim did not sustain any head injuries. This was the first time the swimmer had experienced a seizure, although he reported that he had "passed out" in the past.	Asthma attack
Male	CA - So. California Swimming	Meet / Warm-up	Deck	The athlete was doing pull outs during practice. His hand slipped and he hit his face on the edge of the deck.	See above
Male	CA - So. California Swimming	Practice / Water	In Water	Swimmer collided with another swimmer during warm-up	The athlete sustained a laceration below his bottom lip.
Female	CA - So. California Swimming	Meet / Competition	In Water	Appears to be hyperventilating.	bloody nose/swelling
Female	CA - So. California Swimming	Meet / Warm-up	Deck	Foot slipped on box while doing box jumps	Athlete appeared to be hyperventilating
Male	CA - So. California Swimming	Practice / Dry-Land	Gym	Swimmer was swimming backstroke into the wall and hit head on wall	Scraped and bruised left shin
Male	CA - So. California Swimming	Practice / Water	In Water	In warm-up for breaststroke event felt muscle pull on right leg in groin area.	Small bump on head
Female	CA - So. California Swimming	Practice / Water	In Water	During warm-up dive when diving left foot slipped and hit block.	Felt muscle pull on right leg in groin area.
Male	CA - So. California Swimming	Meet / Warm-up	On Blocks	Swimmer got out of the pool with his kin an obviuos red in color. He went to the coach and told him that his skin, particularly his face and neck, were burning. The coach instructed him to shower to rinse. After the shower, the swimmer told the coach that nothing had changed	Cut and bruise on top of foot.
Male	CA - So. California Swimming	Meet / Competition	Deck	During backstroke event the swimmer miscalculated his turn and hit his head on the wall	Possible allergic reaction?
Male	CA - So. California Swimming	Meet / Competition	In Water	(Guest) walking and hit left forehead on bleachers	Hit head on wall during backstroke turn
Female	CA - So. California Swimming	Meet / Competition	Bleachers	When approaching the wall on the backstroke turn his timing was off and he hit his head and face during the turn.	bumped left forehead
Male	CA - So. California Swimming	Meet / Competition	In Water	He was swimming his fly event and after making his first turn and going into the stroke the muscle in his right shoulder stretched out and he felt a sharp pain.	Hit head and scraped side of face
Male	CA - So. California Swimming	Meet / Competition	In Water	Walked and tripped (scrapped knee).	Tender to touch and sore
Female	CA - So. California Swimming	Meet / Competition	Deck	Allergic reaction to pool water	Scrapped knee.
Male	CA - So. California Swimming	Meet / Warm-up	In Water		Allergic reaction to pool water

Female	CA - So. California Swimming	Meet / Competition	In Water	SEIZURE IN WATER WHILE COMPETING-COMPLEX PARTIAL (SWIMMER HAS THIS CONDITION)	NO INJURY-SWIMMER WAS PULLED OUT OF POOL
Male	CC - Central California Swimming	Clean up post Time Trial Meet	Deck	While cleaning up after the Time Trail Meet, coach collapsed. John M., Shawn H. and Patrick N. along with several kids saw him fall and rushed to his aide. Coach was unresponsive. CPR started immediately while John called 911. EMS response time was 5 minutes. Coach was transported by EMS to Clovis Community Medical Center where he was pronounced dead. According to the hospital supervisor it was likely a catastrophic cardiac or pulmonary event.	There were no visible signs of injury. Coach suddenly collapsed on the pool deck.
Female	CC - Central California Swimming	Practice / Water	In Water	(tryout swimmer) Swimmer was stung by a bee while doing an open turn on the wall.	Swimmer was stung by a bee. There was a small bump at the site of the sting. There was a red, swollen area about an inch in circumference around the site of the sting.
Male	CC - Central California Swimming	Practice / Water	Bleachers	(sibling/guest) Child was climbing on bleachers unattended by parent on deck. Child fell off bleachers and bumped his head.	Bump on left side of forehead and small graze on bump.
Female	CO - Colorado Swimming	Meet / Competition	Deck	(parent) Fell on pool deck...man caught her....says she felt a pop, but cannot move leg. Ice provided by University of Denver lifeguard staff, husband to will transport to Urgent Care after PT staff was consulted.	Upper right leg was injured as she fell on the pool deck.
Female	CO - Colorado Swimming	Practice / Water	In Water	Swimmer was practicing breaststroke and kicked ladder with her right foot.	bruised foot and contusion
Female	CO - Colorado Swimming	Meet / Competition	Locker Room	Barefoot swimmer was walking in the locker room and slipped and fell. She hit her head, small cut on the back, coach checked for signs of a concussion and did not see any. Mother took her to the Emergency Room where swimmer received one staple.	Small, deep cut on back of head.
Male	CO - Colorado Swimming	Practice / Water	In Water	The athlete hit the back of his right heel as he did a flip turn; he sliced his heel leaving a 4-5 inch laceration.	The athlete sliced his heel on the wall; the laceration was 4-5 inches long. The laceration was deep enough to require immediate care and stitches.
Female	CO - Colorado Swimming	Meet / Competition	In Water	Swimmer reached the end of the 56 lap of the 66 in the 1650 and was unable to continue to swim. The coach helped her out of the pool and to the chairs beside the tank.	The swimmer was unable to complete the event. The athlete was exhausted and after leaving the pool, threw up. Her hands and feet turned blue.
Female	CO - Colorado Swimming	Practice / Water	In Water	Swimmer experienced shoulder pain in her right shoulder area and upper back after doing cords and swimming.	Pain in right shoulder upper back.
Female	CO - Colorado Swimming	Meet / Warm-up	Deck	Sitting in chair, rapid breathing, pulse etc om, brought in office, gave juice, light food - she had not eaten, trying to calm down	Rapid breathing etc, appears having panic attack
Female	CO - Colorado Swimming	Practice / Water	Deck	She was walking on deck to get some equipment and slipped on a slanted part of the deck. She slipped and fell and absorbed most of the impact with her face and shoulder. She bruised her right eye brow and got a small cut and bruise on the inside of her lip.	She had a bruised right eyebrow. A small cut on the inside of her lip from hitting her tooth. She also got a fat bruised lip.
Male	CO - Colorado Swimming	Meet / Warm-up	Locker Room	Bloody nose in bathroom. Continued to swim; had had bloody noses prior	Bloody nose
Male	CO - Colorado Swimming	Meet / Competition	Deck	Slipped and fell on the deck by the shallow pool	Bruise , scrape on left forehead, left elbow, left knee
Female	CO - Colorado Swimming	Practice / Dry-Land	Regis High School weight/strength and conditioning room	Injury occurred before dry land had officially started. She said she was walking and twisted her foot. I did not observe the accident but other athletes informed me that she was jumping up and down and she twisted her foot. She had a hard time walking without assistance. We sat her down in the bleachers by the pool. I looked at the injury.....didn't appear to be any swelling, just a little redness. We applied an ice bag and called mom and dad. We never did get a response. She sat through practice, as she was getting a ride from another swimmer. Other athletes assisted her to the car.	She twisted her right foot/ankle.
Female	CO - Colorado Swimming	Meet / Competition	On Blocks	Slipped back off blocks, scrapped / bruised right shin	scrape on right leg from ankle to knee

Male	CO - Colorado Swimming	Meet / Warm-up	Deck	When I was coming out of the pool, I accidentally hit my leg on the side of the deck.	Swelling, purple color on shin above ankle
Female	CO - Colorado Swimming	Meet / Competition	Deck	Walking and tripped and fell on left knee. Scratched knee.	fell and scratched left knee
Female	CO - Colorado Swimming	Meet / Competition	Gym	Athlete was running in the gym and fell hitting her head on brick wall. Complaining of head hurting, shaken up, not nauseous	Right side head
Male	CT - Connecticut Swimming	Meet / Warm-up	In Water	Cut foot on edge of pool during turn	laceration of right foot
Male	CT - Connecticut Swimming	Practice / Water	In Water	Hit heel of right foot on gutter edge during flip turn.	Approx 1 inch cut across back of heel.
Female	CT - Connecticut Swimming	Meet / Competition	Deck	swimmer was stretching before her event when her foot slipped and jammed into the block	avulsion on left big toe
Female	CT - Connecticut Swimming	Meet / Warm-up	Deck	Toenail injury/ stubbed toe	Stubbed Toe Athlete was doing dryland: they were doing rotation of step-ups, jump rope and 6 inches leg lifts.
Female	FG - Florida Gold Coast Swimming	Practice / Dry-Land	Outside Venue	Dryland they were doing rotation of step-ups, jump rope and 6 inches leg lifts. When she was jump roping she felt a snap. She continued jumping but placing weight on other leg.	rotation of step-ups, jump rope and 6 inches leg lifts. When she was jump roping she felt a snap. She continued jumping but placing weight on other leg. Saw doctor today, Feb.5 with result of reaction fracture.
Female	FG - Florida Gold Coast Swimming	Practice / Water	In Water	Swimmer was swimming backstroke and hit her head on the wall. She came into the guard room and was given ice by the guard. After a few minutes she began to feel dizzy and vomited. Staff was notified and 911 was called. Parents gave approval for transport to Kendall Regional for further treatment/observation as swimmer became disoriented.	Potential Concussion resulting in vomiting and disorientation
Female	FG - Florida Gold Coast Swimming	After Practice/ Locker Room , Changing	Locker Room	After practice the girls went to the locker room. An hour later one of the girls came down asking for a bag of ice because her elbow hurt. Child had tears in her eyes. No cuts, bruising or swelling. Child mentioned she thought everything would be ok. Child then left with her mom. When child came back to practice, one week later. Child said elbow was "lightly fractured" there was no cast and child was playing and exercising as normal.	She slipped and fell on her elbow in the locker room. Came down stairs asking for ice. Child had tears in her eyes. No swelling or bruising visible at the time of injury.
Male	FL - Florida Swimming	Meet / Warm Down	Deck	Swimmer was standing on the gutter cover, jumped to enter the warm down pool, hooked his toes under the grate, then tore skin as he entered the water.	Abrasion on right toes. Broken toe.
Female	FL - Florida Swimming	Practice / Dry-Land	Gym	Doing drylands and medicine ball ended up pushing into her thumb, which we found out later in the day was broken due to this incident	broken right thumb
Female	FL - Florida Swimming	Practice / Water	In Water	ATHLETE WAS RUNNING INTO THE WATER, TRIPPED AND FELL, CATCHING HERSELF WITH HER ARM.	FELL AND CAUGHT ALL OF HER BODY WEIGHT WITH HER ARM.
Female	FL - Florida Swimming	Meet / Competition	In Water	Left shoulder popped on backstroke start during competition.	Dislocated left shoulder
Male	FL - Florida Swimming	Practice / Dry-Land	Deck	Tripped while running	Wrist hurts to move, does not hurt to touch
Female	FL - Florida Swimming	Practice / Water	In Water	A swimmer tossed a lane line buoy in the water and it hit her in the head.	Small cut on the top of her head just above hairline.
Female	GA - Georgia Swimming	Prior to practice	Outside Tent (but in club property)	Kids were playing 4-Square prior to practice, outside our tent. Athlete tripped and twisted her ankle	Ankle sprain with a possible fracture
Female	GA - Georgia Swimming	Meet / Competition	Bleachers	Walking out of bleachers, slipped on wet floor, possible broken arm.	Possible fracture
Male	GA - Georgia Swimming	Practice / Water	In Water	Head to Head collision with another swimmer which caused severe nose bleed resulting in a trip to Children's to get a neuro exam and xrays to rule out concussion.	Collided with another swimmer during backstroke. Other swimmers head hit athlete causing severe nosebleed.
Female	GA - Georgia Swimming	Meet / Competition	Bleachers	(Guest) Fainted, was sitting on upstairs bleachers, slid down bleachers, D was notified, he went up., she was aware, nurse gave Coke, she walked downstairs and went outside. Checked on later and she was fine said nothing hurt.	no injury
Female	GA - Georgia Swimming	Practice / Water	In Water	During a Breaststroke swimming set, a swimmer was passing by and accidentally kicked athlete in the shoulder.	The accidental kick to the shoulder somehow caused it to bleed from the impact of the kick (seemed maybe like it was similar to a rug burn type contact from the kick that caused the bleeding perhaps).

Male	GA - Georgia Swimming	Practice / Water	In Water	Fellow swimmer hopped onto block and dove on to this swimmer after clear instructions not to and did so without looking for any oncoming swimmers.	chipped adult tooth in lower jaw.
Female	GA - Georgia Swimming	Practice / Water	In Water	Swimmer was in a lane swimming laps with 5 other team mates. Swimmer was kicked in the head while passing by another swimmer. Swimmer exited the pool and complained about a headache from the kick.	Headache and concussion like symptoms.
Male	GU - Gulf Swimming	Meet / Competition	Bleachers	Allergy-Peanut. He had the chex-mix with peanut butter. Itchy Throat. Parent hasn't carried allergy medicine and doesn't want to use EMS. Another Parent offered claritin-D. Facility and meet personnel encouraged his mother to take the swimmer to ER. His mother refused and wanted to keep watching his reaction.	Itchy Throat
Female	GU - Gulf Swimming	Practice / Dry-Land	Deck	Jumping kicks alternate legs landing &	Right Ankle sprain & swelling
Male	GU - Gulf Swimming	Meet / Warm-up	In Water	Swimmer had a seizure in the pool during warm-up. Swimmers pulled him out. Life guards and medics treated swimmer. Swimmer was taken to the hospital.	Swimmer had a seizure in the pool during warm-up. Swimmers pulled him out. Life guards and medics treated swimmer. Swimmer was taken to the hospital.
Female	GU - Gulf Swimming	Practice / Water	In Water	Backstroke start from block, other swimmer was underwater behind the block starter	Contusion to upper right forehead after collision with another swimmer. Resulted in a concussion to one swimmer
Male	GU - Gulf Swimming	Meet / Competition	In Water	While touching the touch pad, swimmer jammed his left pointer and middle fingers.	jammed left pointer and middle fingers
Male	GU - Gulf Swimming	Practice / Dry-Land	Outside Venue	The group was playing ultimate frisbee as a dryland activity during practice Friday, February 27th. Athlete passed the frisbee and began running forward. He collided with a concrete pole on the edge of the playing field.	Athlete contacted the pole on the left side of his chest. A 2-3" bruise immediately formed. He reported some aches and tenderness.
Female	GU - Gulf Swimming	Meet / Competition	On Blocks	Swimmer was on block and heat was requested to step down by official. When getting off block, she slipped and fell in to the water. Scraped leg on deck before falling in to water.	Large abrasion down lower left leg (under knee and going all the way down leg towards the foot)
Male	GU - Gulf Swimming	Meet / Competition	Locker Room	Opening the locker room door and caught his toe in door.	Toe got caught on the boys locker room door. There is a crack in the toe and bleeding.
Female	GU - Gulf Swimming	Meet / Warm Down	In Water	In warm down pool and another swimmer jumped in on top of swimmer, didn't see her under water. Swimmer complained that her shoulder hurt.	In warm down pool and another swimmer jumped in on top of swimmer, didn't see her under water. Swimmer complained that her shoulder hurt. Swimmer can move her shoulder and arm.
Male	GU - Gulf Swimming	Practice / Dry-Land	In Water	Swimmer coming into wall with snorkel on. Didn't see wall and swam into it.	Multiple small cuts on the face - forehead, bridge of nose, under left eye, left cheek
Male	GU - Gulf Swimming	Practice / Water	In Water	Swimmer hit his head on wall while swimming backstroke.	Swimmer hit head on the wall while swimming backstroke.
Female	GU - Gulf Swimming	Meet / Competition	In Water	Caught right side of the right foot on the edge of the activity pool while getting out of the water. Bleeding	A small cut causes the bleeding at the right side of right foot. bleeding stopped after holding pressure.
Female	GU - Gulf Swimming	Meet / Competition	In Water	Unable to breathe sufficiently after a race.	Unable to breathe sufficiently after a race.
Female	GU - Gulf Swimming	Meet / Competition	In Water	Slipped during backstroke start and twisted left knee	Slipped during backstroke start and twisted left knee
Male	GU - Gulf Swimming	Practice / Water	In Water	Swimmer swam under bulkhead, he hit the back of his head and came up crying. Coach made sure he was ok, then sent him to sit out with his grandpa.	Bumped back of head - No laceration or any other problem
Female	IA - Iowa Swimming	Meet / Competition	In Water	inhaled water during 200 fly	could not breath, used inhaler
Male	IA - Iowa Swimming	Meet / Competition	In Water	During flip turn, hit head on wall.	Hit just above right eye. Area swelled up and slightly bruised.

Male	IE - Inland Empire Swimming	Meet / Competition	In Water	Swimmer jammed wrist into pool edge during race.	Swimmer jammed wrist into pool edge during race.
Female	IL - Illinois Swimming	Practice / Dry-Land	Gym	During the ball game, athlete said that her finger hurts. We put ice right away.	At first it looked like the finger is dislocated. After practice mom took athlete to ER and they said it's broken.
Female	IL - Illinois Swimming	Meet / Competition	Deck	Swimmer was walking on the pool deck when she hit her foot on the leg/post of a bench.	Broken toe/s on right foot
Female	IL - Illinois Swimming	Meet / Competition	In Water	She did a flip turn and hit her right hand on either the lane line or the deck	possible contusion/ hairline fracture
Female	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer was making a turn and felt her shoulder pop. She was unable to continue the race.	Shoulder popped and she was not able to continue.
Male	IL - Illinois Swimming	Meet / Competition	Deck	Slipped and fell on deck	Fell hard on right hip/leg. Could not stand or put any weight on the right leg. Was assisted into a chair, and later assisted into a vehicle to be taken to the hospital for evaluation.
Female	IL - Illinois Swimming	Meet / Competition	Outside Venue	(Guest) The incident involves a spectator at the meet. She allegedly slipped and fell because of snow as she walked to her car upon leaving the meet. We had no knowledge of the fall. She was in pain and later in the day went to a hospital where she was reportedly told she had a broken tail bone and a concussion. She contacted the high school on Monday, March 3rd and said she is seeking coverage of her medical expenses and compensation for missed days at work. The high school sent our club who hosted the meet an email informing us. We have no information beyond her name and the details described here about the accident. I called Pam Lowenthal of Illinois Swimming to determine if the guest was associated with a USA swimmer. No swimmer or parent of swimmer has that last name. We have no further information at this time.	concussion and broken tail bone
Female	IL - Illinois Swimming	Meet / Competition	Stairs	(guest) UIC Aquatics Director reported that guest slipped and fell on the stairs near the main entrance. The stairs are located outside of the pool area.	Injuries reportedly included pains in her back and neck. Paramedics applied ice to her neck and transported her to the hospital.
Female	IL - Illinois Swimming	Practice / Water	In Water	Swimmer left pool to use inhaler for asthma	swimmer was having breathing issues and used inhaler.
Male	IL - Illinois Swimming	Meet / Competition	Outside Venue	Injured had been talking with Mike Unger in the trailer [NBC TV Trailer]. He left the trailer and slipped on the wet stairs falling forward 3-4 steps landing on outstretched arms hitting face/glasses on steps or pavement. Witness one witnessed the fall. When I arrived on the scene after being found in drug testing area after the competition the patient had already been and was being evaluated by the venue physician, paramedics (ambulance had been called but not arrived) and Team Physio John Cavanaugh, PT, ATC. Pt was alert and denied loss of consciousness. Had non-bleeding lacerations to R face and pain in wrists/hands/elbows. was transported to hospital and I rode in the ambulance and stayed with him.	Laceration to R Face lateral to eye and pain in wrists/hands/elbows.
Female	IL - Illinois Swimming	Meet / Competition	Bleachers	(Guest) tripped over a small metal door part divider stand that was in the middle of the doorway. She immediately fell to the ground and hit her head.	large knot (bump) above right eye
Male	IL - Illinois Swimming	Athlete camp/waiting area	Gym	Athlete slipped on wet floor in the gym	Most of the impact was on the upper left shoulder with a secondary impact of the left side of head to the floor. No swelling was observed on the head, and the swimmer returned to normal activity.
Female	IL - Illinois Swimming	Meet / Competition	Deck	Athlete slipped on deck and bruised both knee caps.	Athlete bruised both her knee caps

Female	IL - Illinois Swimming	Practice / Water	In Water	Was diving off the block during practice and hit water funny and hurt her back. The coaches helped her out of the water. She refused any immediate treatment at practice and wanted to go home. She was able to walk out of practice. Coaches checked for any numbness in lower extremities and all was good at that time. We contacted the swimmer a couple of hours later and she was alternating ice and heat and plans to go to the doctor 2/14/14.	lower back pain
Male	IL - Illinois Swimming	Meet / Competition	In Water	swimming in event (backstroke) hit heels. Bruise marks on both feet - ice applied. Athlete wants to continue mee!	hit heels while in pool
Male	IL - Illinois Swimming	Meet / Competition	In Water	athlete was warming up when he hit his left hand / wrist on another athlete's head - applied ice - athlete wants to continue swimming	hit left hand on someone's head while warming up
Female	IL - Illinois Swimming	Meet / Competition	In Water	Cut left ankle at home while shaving. Cur re-opened while doing warm-ups. Site cleaned and bandaaid applied by guard on duty	Shave cut on left ankle bone
Male	IL - Illinois Swimming	Meet / Competition	Deck	Slipped on deck, fell backwards and bumped right side of head above the ear.	Slipped on deck, fell backwards and bumped right side of head above the ear.
Female	IL - Illinois Swimming	Meet / Competition	In Water	swimmer swam into wall while swimming in a race	knot on forehead
Male	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer felt pain in the back of his head upon diving in in a relay. Did note note hitting anything. No one watching could see anything he could have hit. End was the deep end of the pool. Doctor diagnosed strained neck muscle	Pain in the back of his head. Muscle strain
Female	IL - Illinois Swimming	Practice / Water	In Water	Swimming backstroke, impacted end wall.	Bump on the top of the head. Report of a "headache."
Male	IL - Illinois Swimming	Meet / Competition	Deck	Official fell on water and hit head on pool deck. Other officials reviewed and consulted. Victim denied medical attention	slip and fall no skin broken
Male	IL - Illinois Swimming	Meet / Competition	Deck	Scraped back on the metal pane of the window.	10" + on upper back (shoulders)
Male	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer hit head on side of pool during race.	Swimmer complained of pain on top of head from hitting wall during the race.
Female	IL - Illinois Swimming	Meet / Competition	Hallway	Swimmer backed up against wall heater and burned her leg.	Affected area had red mark with small blisters
Female	IL - Illinois Swimming	Meet / Competition	In Water	Elbowed in the mouth during warm-ups Wearing braces and sustained small cut to lip with bleeding.	Small cut on lip from braces after she was elbowed by another swimmer during warmups.
Male	IL - Illinois Swimming	Meet / Competition	Deck	Athlete stepped on a small shard of a broken mirror. He sustained a small cut on his left heel.	Small cut on left heel.
Male	IL - Illinois Swimming	Meet / Competition	On Blocks	Swimmer slipped getting out of the water after his backstroke race and scraped his right arm.	Scrape on right arm
Female	IL - Illinois Swimming	Meet / Competition	Deck	slipped getting out of the pool and scraped arm	scrape on arm
Female	IL - Illinois Swimming	Meet / Competition	On Blocks	cut on the underside of big toe when she pushed off the block while diving for the start of a race	cut on big toe
Female	IN - Indiana Swimming	walking in parking lot	parking lot at venue	(guest) Was walking in the parking lot, slipped on a patch of ice and fell backwards and hit her head on the ground	Bump on the back of the head.
Female	IN - Indiana Swimming	Practice / Water	In Water	She was swimming and hit her Left hand on the lane line.	Left 5th finger sprain
Female	IN - Indiana Swimming	Leaving practice	Outside Venue	The coach was leaving practice and fell on black ice in the parking lot.	right hand was swollen
Female	IN - Indiana Swimming	Practice / Water	In Water	She was getting out of the water and scraped her knee on the tile butting up to the gutter.	Approximately 1 1/2" laceration on right knee.
Female	IN - Indiana Swimming	Meet / Competition	Stairs	Coming down the concourse stairs, slipped, fell & hit head.	Negative for concussion symptoms. Trainer advised athlete to return if headache or other symptoms come up.
Female	IN - Indiana Swimming	Practice / Water	Deck	coach slipped and fell on the pool deck while coaching swimmers at practice.	coach slipped and fell on the pool deck while coaching swimmers at practice. I landed on my back and butt hurting my back and my tailbone area.
Male	IN - Indiana Swimming	Meet / Warm-up	In Water	Athlete pushed off wall, his left big tow got stuck in groove along wall. Bandaaid wrap applied but no blood was seen. Athlete continued to swim	Left toe cut on top. No blood

Male	IN - Indiana Swimming	Practice / Dry-Land	Spectator gallery	The swimmers were using medicine balls and the athlete was hit in the face with one. He has braces on his teeth and they cut both his top and bottom lips.	The athlete has cuts on both his upper and lower lips from his braces.
Female	IN - Indiana Swimming	Meet / Warm-up	Deck	slipped and hit knee on benches by warm up area	abrasion on right knee
Female	IN - Indiana Swimming	Practice / Water	On Blocks	Swimmer was stepping up on blocks. She slipped and fell off starting block.	Scraped elbow, scraped knee, and bruised hip.
Male	IN - Indiana Swimming	Meet / Competition	Bleachers	(Guest) child was going down the bleacher stairs; bumped into a man and then fell off balance down eight steps along the same bleachers	hit ribs on left/right side of torso; pain on top of left hand and knuckle.
Female	IN - Indiana Swimming	Meet / Competition	In Water	swimmer was climbing out of the pool and slipped and tore her toenail almost completely off, left big toe	left toenail on the big toe was torn almost completely off
Female	IN - Indiana Swimming	Meet / Warm-up	Bulkhead-Sprint Lane	She was climbing out of the pool onto the bulkhead, slipped & hit her right ankle.	Small abrasion on the right ankle & one on the 4th toe of right foot. Slight bruising around area.
Female	IN - Indiana Swimming	Meet / Competition	Deck	Slipped on deck near diving well, abrasion on right knee.	Abrasion
Female	IN - Indiana Swimming	Meet / Competition	Bleachers	Athlete notice toe was bleeding after exiting the water. Swimmer noticed, during warm up , that her left foot was cut and bleeding. She notified her coach, who notified event staff, provided first aid, cleaned, bandaged. Swimmer continued to swim the session, and indicated no concern.	Cut on pinky toe
Female	IN - Indiana Swimming	Meet / Warm-up	Deck	Swimmer was getting ready to get into water for a race and noticed blood on the deck. Does not remember cutting it.	Small cut/laceration of top, left foot.
Male	IN - Indiana Swimming	Meet / Competition	Deck	(guest) woman had a seizure	Cut on the pad of toe
Female	IN - Indiana Swimming	Meet / Competition	Bleachers	(Guest) Parking lot with ice and snow patches after a recent snow. Temp in low 20's parked and walked away from vehicle. Slipped on snow covered ice patch lost balance and put hand out to brace her fall. Broke both bones in forearm and will need surgery.	woman had a seizure, there was no injury
Female	KY - Kentucky Swimming	Meet / Competition	parking Lot	She hit her foot on backstroke grip.... not covered.	Broken arm/ wrist
Female	KY - Kentucky Swimming	Meet / Competition	Getting out of water	Hyperventilated during 200 free (after). Breathing rapid, pulse rapid. Recovered with rest and water.	Sliced left foot at base of big toe by inch in diameter
Female	KY - Kentucky Swimming	Meet / Competition	Deck	Swimmer was accidentally kicked by another swimmer. This swimmer kicked her hand and injured her thumb. She could not move her thumb	couldn't catch breath, hyperventilation
Female	LA - Louisiana Swimming	Practice / Water	In Water	Missed catch hit in face with medicine ball. During Drills.	The kick bent swimmer's thumb back and she could not use it after practice.
Female	LE - Lake Erie Swimming	Meet / Competition	Deck	Her knee popped while climbing out of the pool after her race.	Concussion.
Female	LE - Lake Erie Swimming	Meet / Warm-up	In Water	Swimmer was kicked during warm - ups and got a bloody nose	Strain or sprain
Female	LE - Lake Erie Swimming	Meet / Competition	Hallway	She was opening the door to the pool when someone on the other side opened it and they jammed her toe in to the door	bloody nose
Female	LE - Lake Erie Swimming	Meet / Warm-up	In Water	Scraped knee on gutter	Toe jammed/stubbed
Female	LE - Lake Erie Swimming	Meet / Warm-up	Deck	Hit in the eye by another swimmer's elbow	Small cut
Female	LE - Lake Erie Swimming	Meet / Competition	Deck	She stubbed her toe on the lifeguard chair causing a minor cut to the big toe while walking on deck	Eye was red
Male	LE - Lake Erie Swimming	Meet / Competition	In Water	Jumped into 12 ft section of pool and scraped his toe when jumping in	Minor cut to her toe
Female	LE - Lake Erie Swimming	Meet / Warm-up	In Water	Scratched existing cut on lane line.	scrape right foot 4th toe
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Finishing stroke at end of 50 Free, hit wall with fully extended elbow.	Existing cut on elbow was reopened when the swimmer scratched it on the lane line and started to bleed
Male	MA - Middle Atlantic Swimming	Scuba Lesson	In Water	(Guest) became light headed and had shortness of breath during scuba class	Partially dislocates left elbow

Female	MA - Middle Atlantic Swimming	Practice / Water	In Water	<p>During practice, swimmer dove into the water in an end lane. A teammate of hers was positioned at the side wall and happened to breaststroke kick outward at the same time, inadvertently kicking the swimmer in the left side of the head. Swimmer surfaced, shouted "Owwwwwww!" and then blacked out face-down in the water. The teammate immediately grabbed her arm and upon noticing that she was limp and unresponsive gave her a bear hug from behind in order to pick her face up out of the water. Coach happened to be standing less than 5 feet away at the time of the incident, and upon seeing the swimmer unresponsive, grabbed both of her wrists and pulled her vertically out of the water and onto the pool deck. Swimmer remained unconscious on her back on the pool deck for approximately 15-20 seconds while coach and teammate called her name and touched her arm and face. After 15-20 seconds, she awoke and reported headache and blurred vision. Vision problems abated after a minute or two, but headache persisted. While swimmer was laying on deck, coach called her father via cell and informed him of the situation. Coach then handed the phone to the athlete and she spoke to her father for a minute. After 4-5 minutes laying down, swimmer was assisted to a sitting position. After a few minutes sitting, she was escorted to the locker room by a teammate and kept watch over while she got dressed. When dressed, she was escorted back to the pool deck and remained seated for the last 20 minutes of practice while she waited for her ride. Swimmer did not perform any more training after the incident and a visit to a hospital/doctor on the evening of the incident was recommended by the coach. No ice was administered because none was available on site. The athlete had suffered a fainting incident earlier in the week (at school, not associated with swimming) and therefore coach deemed extra precautions should be taken.</p>	Athlete sustained an inadvertent kick to the side of the head and blacked out for 20-30 seconds. Symptoms consistent with concussion. Athlete reported no neck pain or any pain exception the head.
Female	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Injured swimmer was coming into the wall during warm up - and was hit in the nose by a boy doing a backstroke start	Nose Swollen- Swimmer states her nose hurts and feels "Funny".
Female	MA - Middle Atlantic Swimming	Meet / Competition	Outside Venue	(Parent) of a swimmer slipped on ice and fell.	Torn right hamstring.
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Subject was kicked in the finger during warm-ups by another swimmer.	Finger appeared to be jammed, hurt to move and unable to bend.
Female	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Swimmer was participating and a relay and experienced severe pain in her right shoulder as she was finishing. Injury initially believed to have been the shoulder popping out, but after application of ice, pain subsided and it's believed to have only been a muscle spasm	Initially believed to be shoulder popped out, but then determined to be a muscle spasm.
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Athlete was hit or kicked in the left lower eye socket. the other athlete was not identified.	Swimmer was hit or kicked in the left lower eye socket. Some swelling.
Male	MA - Middle Atlantic Swimming	Practice / Water	In Water	Swimmer cut his right foot on the bottom of the pool.	Laceration on the side of his right foot
Female	MA - Middle Atlantic Swimming	Practice / Water	In Water	hit top of head on wall during freestyle flip turn	hit top of head on wall during freestyle flip turn
Female	MA - Middle Atlantic Swimming	Meet / Competition	Hallway	Swimmer slipped on floor and fell on lower part of back.	soreness in lower back after fall
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Swimmer collided with another swimmer causing minor bruise to head.	Minor bruise to forehead.
Female	MA - Middle Atlantic Swimming	Meet / Competition	Deck	Official tripped on "lip" of pool bruising both knees with minor laceration to left. Fall was onto tiled deck and described as a "hard fall". Official later complained of left shoulder and arm pain incurred in bracing self from fall.	bruising of both knees with laceration to left. Also left shoulder and arm pain caused by bracing self from fall.
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Bumped his head on the corner of the backstroke starting bar when he was exiting the pool during the 200 Y Free Relay	Has minor pain on the top of his head after bumping it on the backstroke starting bar when he was exiting the pool during the 200 Y Free Relay. He did not experience any dizziness. Now fine with no pain at all.

Female	MA - Middle Atlantic Swimming	Meet / Competition	Bleachers	Slipped on the bottom step of the bleachers and landed on her right thigh. We provided ice for the swimmer. She appeared to be ok and in little pain. Swimming plans to continue swimming in the meet	Minor bump on her right though. Little pain.
Male	MA - Middle Atlantic Swimming	Meet / Competition	Deck	Swimmer Slipped on the deck and scraped his left knee on a platform.	Knee was scrapped and cut - Ice was immediately applied along with gauze to stop the bleeding.. Once Bleeding stopped a bandage was applied
Female	MA - Middle Atlantic Swimming	Meet / Competition	On Blocks	Swimmer was on the Blocks for the start of her heat. She fell sideways off the block and fell to the ground. Hit her head (however witness to the accident said she hit her shoulder and hip first and did not fully hit her head) However, Ice was given immediately to the head	Swimmer hit her head after she slid sideways off the block
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Swimmer was doing a Backstroke start as another swimmer was approaching the wall. His head hit other swimmer in the head/nose	Swimmer hit his head on another swimmer's head.
Male	MA - Middle Atlantic Swimming	Meet / Competition	Deck	The official was sitting at the corner of the turn end in a chair on the bulkhead. He rose to assist in stopping an athlete from continuing to swim in the second to last heat of the last event of prelims as the starter had stood the swimmers and not given the starting signal. The official slipped on water on the deck and fell flat out, sprawled on deck. He immediately righted himself, stood and walked over to the lane and stopped the swimmer and returned to his seat where he was seen rubbing his knee. He was asked about his fall and he indicated his right knee was hurting. He said he would watch it during the day and report back at finals if it was still hurting. At finals he reported that it was stiff and iced it during the session as well as taking some medicine.	Right Knee hurting
Female	MA - Middle Atlantic Swimming	Practice / Water	In Water	swimmer was accidently kick in nose from swimmer in front doing breaststroke kick	blooded nose
Male	MA - Middle Atlantic Swimming	Changing in locker room after lesson	Locker Room	(nonmember) Child was standing on wooden bench in locker room and slipped and fell. He hit locker with left hand and cut his middle finger at the base.	small laceration to middle finger on left hand
Female	MD - Maryland Swimming	Practice / Water	Deck	swimmer bumped into another swimmer and got a nose bleed	Nose bleed
Male	MD - Maryland Swimming	Practice / Water	Deck	Slipped on pool deck, hurt back and hit his head on the block step	Slipped on pool deck and hit back and head on the block step
Female	MD - Maryland Swimming	setting up concessions	home	(volunteer) individual was loading then moving the coffee carafe into her car when it tipped over spilling hot coffee onto her leg	burn with blistering
Female	MD - Maryland Swimming	Practice / Water	In Water	The athlete was kicked in the face by a swimmer she was swimming behind. According to her mother, this caused bleeding.	I did not see the injury or the action that caused it. The athlete said nothing to me, her coach, during or after practice. The athlete's mother described the injury in an email sent to me after practice ended. The athlete's mother wrote that the athlete's face was bleeding. She said that her daughter had been kicked in the face while swimming behind another swimmer in her lane
Female	MD - Maryland Swimming	Meet / Competition	In Water	swimmer hit head on wall at finish of backstroke race	bump on head
Female	MD - Maryland Swimming	Meet / Competition	In Water	Swimmer hit head on wall during backstroke flipturn	bump on head
Male	MD - Maryland Swimming	Meet / Competition	In Water	Sharp pain in right tricep was reported by the swimmer following his 100 freestyle. Swimmer got out of the pool Monday at practice complaining of the same pain.	Sharp pain in right tricep
Female	MD - Maryland Swimming	getting ready for swim	Deck	Slipped on deck and landed on back	slipped and landed on back
Female	MD - Maryland Swimming	Meet / Competition	Deck	Swimmer was walking on deck, slipped and cut foot on gutter.	cut on foot
Female	MD - Maryland Swimming	Meet / Competition	Deck	Vomiting and Feeling of faintness. Mother States that member has had history of similar episodes.	Vomiting, Faintness
Female	MD - Maryland Swimming	Meet / Competition	Deck	Swimmer bumped into a pole/column and injured cheek	Small bump/swelling on facial cheek.

Female	MD - Maryland Swimming	Meet / Competition	Bleachers	Slipped on floor getting up from bleachers and fell on pool deck.	Bruised/scratched thigh
Female	MD - Maryland Swimming	Meet / Warm-up	In Water	Another swimmer accidentally scratched athlete with nails during warm-ups.	The scratch was about 3 inches on the upper chest.
Male	MD - Maryland Swimming	Practice / Water	Deck	Athlete was preparing to dive in. His foot slipped on the edge of the pool causing him to fall against the block and do a split. the swimmer was in the neck by the backstroke peg and also strained his groir	slight mark in his neck and painful groin area
Male	ME - Maine Swimming	Meet / Competition	Hallway	(Spectator) was in hallway talking with swimmer, in crouched position. While standing up, he passed out and fell and hit his head on the floor	Large swollen nodule on forehead.
Male	ME - Maine Swimming	Meet / Warm-up	In Water	As swimmer was getting out of the pool scrapped his knee	small abrasion of left knee
Male	ME - Maine Swimming	Meet/Stands	Bleachers	(property damage) Air compressor broke during freezing cold temperature and leaked a lot of water onto the stand where parents where sitting. Description from claimant "Water Fell from the ceiling on me while working on my apple MacBook air laptop computer. Computer has malfunctioned since water intrusion from the leak."	Computer was damaged during a major water leak from the ceiling dumping thousands of gallons onto parents from the ceiling, a/c air compressors cracked due to cold temp.
Female	MI Michigan Swimming	Practice / Water	In Water	Hit another swimmer with her hand in the lane	Black and blue finger (bruised)
Male	MI Michigan Swimming	Meet / Competition	In Water	athlete slipped getting out of diving well and chipped left fron tooth (broken in half). Child said mouth is sore - ice bag given - mother present - wants to continue meet	chipped tooth getting out of pool
Female	MI Michigan Swimming	Practice / Water	In Water	Athlete was attempting a backstroke flip turn and misjudged distance to the wall, upon attempting the turn she struck her head against the gutter/wall.	Concussion
Male	MI Michigan Swimming	Meet / Competition	In Water	Hand was kicked by another swimmer during warm-up.	Left hand fourth finger, unable to bend, and in pain
Male	MI Michigan Swimming	Meet / Competition	In Water	Swimmer was hig in the nose by a swimmer in the same lane while they were passing each other during warm-up/cool-down	Bloody Nose
Female	MI Michigan Swimming	Practice / Water	In Water	She dove in water and came up with a bloody nose	Bloody nose
Female	MI Michigan Swimming	Practice / Water	In Water	Kicked in the nose and lip by another swimmer while doing her flip turn	Upper lip bleeding and sore nose
Female	MI Michigan Swimming	Practice / Water	In Water	During flip turn, hit wrist on another swimmer and twisted it	Wrist swollen and bruised knuckles
Female	MI Michigan Swimming	Practice / Water	In Water	Doing backstroke, hit head at end of pool	Headache
Male	MI Michigan Swimming	Meet / Warm Down	In Water	upon cooling down in the pool, athlete was too close behind another person and was accidentally hit during the roll over. The athlete was accidentally scratched under his left eye under the goggles	small cut under the left eye.
Female	MI Michigan Swimming	Meet / Warm-up	In Water	Hanging on to wall and someone hit touch pad and pinched skin pad underneath arm.	just beneath armpit skin pinch by timing pad
Female	MI Michigan Swimming	Meet / Competition	In Water	On backstroke, hit gutter at finish	Scraped elbow
Male	MI Michigan Swimming	Meet / Competition	Upstairs bathroom	athlete said he bumped right shoulder and top of head on tp dispenser in bathroom. no knot on head, right shoulder with red mark - ice applic	bumped right should and head on tp dispenser in bathroom
Female	MI Michigan Swimming	Practice / Water	In Water	Cut knuckle open on lane line	cut on right hand
Female	MI Michigan Swimming	Meet / Warm-up	In Water	On warm up in a crowded pool another swimmer flipped at the end of the lane and accidentally hit her in the forehead . Unable to determine if a foot or a knee cap hit her in the head.	A small swollen bump on the fore head above the left eye.
Female	MI Michigan Swimming	Meet / Warm Down	In Water	swimmer stood up on diving well steps and hit top of head on platform of diving board	hit head and reported being nauseous but no pain
Female	MI Michigan Swimming	Meet / Competition	Deck	Official slipped and fell injuring her hand, arm, shoulder, hip, and leg.	Official slipped and fell injuring her hand, arm, shoulder, hip, and leg.
Male	MI Michigan Swimming	Meet / Competition	In Water	Hit head on turn during warm up	Bumped head
Female	MI Michigan Swimming	Practice / Water	In Water	Bumped in to another swimmer during backstroke and was hit in the head by the other swimmer	Sore head
Female	MI Michigan Swimming	Practice / Water	In Water	Swimmer was getting out of the water when her hand slipped and she fell on the edge of the pool and hurt her ribs on the right side. Swimmer needed assistance getting out of the water and had the wind knocked out of her.	Right ribs
Female	MI Michigan Swimming	Practice / Water	In Water	Hit pinky toe on lane line	red, bruised

Male	MN - Minnesota Swimming	After Practice	Locker Room	Swimmer wrestling with another swimmer, fell against bench and lacerated ear.	Lacerated ear from fall against bench
Male	MN - Minnesota Swimming	Meet / Competition	Hallway	Slipped and fell, landing on arm/elbow	arm/elbow swollen and painful.
Female	MN - Minnesota Swimming	Meet / Competition	Deck	(volunteer) slipped fell back and hit head	feeling nauseous, lightheaded, headache, feeling unable to stay awake
Male	MN - Minnesota Swimming	Meet / Competition	Deck	As swimmer stood up from his seat on the bleachers he slipped or tripped and fell on the deck. I did not see it happen, but turned to see him laying on the deck as he screamed out in pain. I had someone go get ice and checked over him carefully and determined that his major concern was his head. He had hit it on the deck. We were able to locate his parents and told them what happened. They thought he should try to see how he feels after the relay. We applied ice and had him sit still. He decided to do the relay, but quickly got a head ache. His parents then took him to a local urgent care and it was determined that he had a concussion.	Swimmer hit his head on the deck and it was determined that he had a concussion after going to a local urgent care shortly after he fell.
Female	MN - Minnesota Swimming	Meet / Competition	Hallway	Athlete was walking from the hallway into the pool area and someone opened the door and it hit her toes. Toe nail was still attached, but bent up and there was a small cut to the top of her toe.	Toe nail still attached but bent up, small cut to top of toe.
Female	MN - Minnesota Swimming	Meet / Competition	In Water	When swimming warm-up, caught lane line with finger, resulting in small cut to index finger	small cut to index finger
Male	MN - Minnesota Swimming	Meet / Competition	Deck	Came out of locker room, slipped on deck, hit back of head. No loss of consciousness, but a lump appeared, ice was applied	contusion
Female	MN - Minnesota Swimming	Practice / Water	On the edge of the pool.	Swimmer slipped on a kickboard as she was climbing out of the shallow end of the pool and cut her knee. We are not sure what she cut her knee on. It could have been from the impact of her knee hitting the pool deck	Small cut on swimmer's knee.
Female	MN - Minnesota Swimming	Meet / Competition	Locker Room	Slipped in Locker room shower area Hit Elbow on Floor	Hit left Elbow on Floor and Fell on Butt
Female	MN - Minnesota Swimming	Meet / Warm-up	In Water	Swimmer was swimming warm up and was kicked in the nose. It started bleeding, so she immediately got out of the pool and went for help	Swimmer was kicked in the nose by another swimmer in the pool
Female	MN - Minnesota Swimming	Practice / Water	On Blocks	Swimmer stepped up on the starting block and quickly lost her balance. As she was trying to keep herself from falling off of the block, she scraped her knee and shin.	She got a fairly large abrasion on her knee and shin.
Female	MN - Minnesota Swimming	Meet / Competition	Deck	collided with opening door; door hit left side of head	bump to left side of forehead
Female	MN - Minnesota Swimming	Meet / Competition	Deck	Light headed after swimming 200IM; helped to deck by a timer; did not lose consciousness; did not hit head; put feet up; drank Gatorade (2 sips); feeling better in 15 min.	Fell getting out of pool - exhausted
Female	MN - Minnesota Swimming	Meet / Competition	Deck	(Guest) Fingers were in doorway leading into the pool and the door closed.	Fingers bruised / cut.
Male	MN - Minnesota Swimming	Meet / Competition	In Water	Came out of pool with left big toe bleeding slightly	Looked like past blister that poened up and bled minimally
Male	MR - Metropolitan Swimming	Meet / Warm-up	In Water	Swimmer reportedly cut his big toe on the touch pad. First aid was provided by facility lifeguards. Facility called EMS, who transported swimmer to Metropolitan Hospital where he received 2 stitches. Swimmer returned to meet the same morning and competed in 3 events.	Cut on right big toe
Female	MR - Metropolitan Swimming	Practice / Water	In Water	Severe nose bleed. Swimmer was swimming backstroke and got kicked in the face by another swimmer. Her nose began to bleed heavily. Coaches applied ice packs, gauze pads and pressure to the nose to stop the bleeding. Bleeding stopped after about 10 minutes	Severe nose bleed
Male	MR - Metropolitan Swimming	Meet / Competition	Deck	eyes started fluttering & swimmer fell forward and hit head on top front sustained a cut and contusion. Disoriented for aabout a minute before he regained composure.	Contusion to head
Female	MR - Metropolitan Swimming	Meet / Warm-up	In Water	Swimmer was accidentally kicked by a teammate during warm-up and contact resulted in a bloody nose.	bloody nose; after resolution, swimmer competed in 3 events during the session.
Female	MR - Metropolitan Swimming	Meet / Competition	Deck	Slipped and fell on deck	Swollen knuckles and fingers on left hand

Female	MR - Metropolitan Swimming	Meet / Competition	Deck	(nonmember volunteer) Timer felt light headed and walked towards the console. Fainted and fell against the AO who then caught her so as to break her fall.	No injury. Timer fainted.
Female	MS - Mississippi Swimming	immediately after water practice going to locker room	Locker Room	Swimmer was walking to the locker room and was going to open the door when it was opened by another swimmer coming out. The door went into the top of her toes causing it to cut open her toe	There was a deep cut on the top part of her toes caused by the bottom of the door going into the locker room. The father of the athlete sent me a text message on the day following the accident informing me that the athlete had been taken to the doctor and had required surgery to repair a vaginal laceration. The father informed me that the athlete would be okay but that she could not be in the pool for 10-14 days.
Female	MS - Mississippi Swimming	Practice / Water	Pool Gutter	I personally did not see the accident. The athlete came up to me crying and informed me that she had been standing on the edge of the pool gutter (the edge closest to the water) and slipped. When the athlete slipped she did a split with her legs before hitting the gutter with her bottom and sliding into the water. As the athlete was talking to me I observed pink water trickling down the athletes leg. At this time I notified my fellow coach of the situation.	
Male	MS - Mississippi Swimming	Meet / Competition	On Blocks	The official called for the start and the swimmer fell into water and on the way down to the water his arm hit a part of the backstroke bar. Bruised his left arm on the inside of the of the forearm. Ice and compression and referred to the sports medicine team	bruised forearm
Male	MS - Mississippi Swimming	Meet / Warm-up	In Water	Flip Turn and cut his foot on a tile	cut on foot
Male	MT - Montana Swimming	Meet / Competition	Deck	PARTICIPANT WAS STANDING ON BENCHED TALKING TO HIS MOTHER IN THE BALCONY. HE LOST CONSCIOUSNESS AND FELL TO THE POOL DECK. HE HIT THE LEFT PART OF HIS HEAD ON THE DECK. HE WAS UNCONSCIOS FOR SEVERAL SECONDS THEN CAME TO. HE ALSO HAS A GOUSE EGG ON HIS HEAD AND A ABRASION ON HIS SHOULDER.	He hit his head on the deck and has a gouse egg on his head. He also hit his shoulder on the deck and has an abrasion on his shoulder.
Female	MT - Montana Swimming	(parent) Time hit in head by swimmer swinging his arms	Deck	Timer at end of warmups just before the meet started. swimmer was swinging hois arms and hit her in the head between the eyes with his elbow.	has a head ache.
Female	MT - Montana Swimming	Meet / Competition	Deck	Cut her right large toe on the pool deck	Her large right Large Toe had a cut on the outside of the toe. She was done swimming for the day.
Male	MV - Missouri Valley Swimming	After practice on deck	Deck	Swimmer #1 threw Swimmer #2 their mesh bag full of equipment. The equipment bag hit swimmer #2 above his left eye. A one inch gash above his left eye required 4 stitches.	A one inch gash about 1/2 an inch deep above left eyebrow
Female	MV - Missouri Valley Swimming	Meet / Competition	In Water	Recurring knee cap problems aggravated during competition	Loose patella aggravated by competition
Female	MV - Missouri Valley Swimming	Practice / Dry-Land	Deck	She slipped while doing the bear crawl during dry land and hit her knee on the ground.	Hit knee on the ground and it started bruising
Male	MW - Midwestern Swimming	Meet / Competition	In Water	Swimming the 50 Free, Lost goggles. Swam with eyes closed. Ran into wall with face. Applied ice to nose, informed mother. She took him to hospital.	Possible broken nose
Female	MW - Midwestern Swimming	Meet / Competition	Deck	Cut foot on metal tack on pool deck	cut on foot
Female	MW - Midwestern Swimming	Meet / Competition	Deck	Athlete cut foot on nail/tack on deck	cut to foot
Female	NC - North Carolina Swimming	Practice / Water	In Water	Athlete jammed her finger on a freestyle finish in practice.	Athlete jammed her finger on a freestyle finish in practice.
Male	NC - North Carolina Swimming	Meet / Competition	Bleachers	Slipped on the bleacher just after the end of the session and his left foot slid between two bleachers and he sustained a severe laceration to his foot. tendon was visible, and bleeding was controlled. EMS arrived and observed Dr Hoffman (parent & surgeon) in bandage his left foot. Parents denied EMS transport to hospital and took him to ER immediately.	Sustained deep laceration to left pedal webspace/ lateral 3rd toe. Visible bones and extensor tenon/sheath. No evident fracture and bleeding was controlled.
Female	NC - North Carolina Swimming	Meet / Competition	Deck	Slipped and fell down scaffolding stairs from timing area.	Bruises, hematoma, scrapes

Female	NC - North Carolina Swimming	Meet / Competition	Deck	Swimmer had an epileptic seizure on deck behind the blocks before race. The swimmer fell and landed hands-first on the deck but also hit her head, hip and knee when she fell. The swimmer has had epileptic seizures before and one of her teammates quickly got her mother, who was on deck working at the meet and is knowledgeable about her condition. The swimmer had immediate help from one of the meet officials, who is a doctor, a meet volunteer who is an ER nurse and a facility employee, who immediately put a towel underneath the swimmer's head when the swimmer fell and was seizing. 911 was immediately called and EMS took the swimmer's vital signs, oxygen levels and checked the swimmer for signs of a concussion. The swimmer did not need to be carried off the deck on a stretcher or taken to the hospital. The swimmer's mother and the meet official who is a doctor were able to help the swimmer walk off the deck and the swimmer was able to go home and rest.	The swimmer had an epileptic seizure. When the swimmer seized, she fell and landed on her hands first but also hit her head, hip and knee on the deck. She had a notch above her right eye, a cut on her chin and bruises on her hip and knee, but did not suffer a concussion.
Male	NC - North Carolina Swimming	Meet / Competition	In Water	During 100yd Backstroke prelim, swimmers partially separated his right shoulder during normal swimming motion. He was unable to continue the session or remainder of the meet.	During 100yd Backstroke prelim, swimmers partially separated his right shoulder during normal swimming motion. Shoulder returned to normal position on its own.
Female	NC - North Carolina Swimming	Practice / Water	Deck	Climbing out of the pool to walk to the other end. As swimmer was rounding the corner, she slipped and flew.	Her lip was bleeding as well as top part of gums.
Female	NC - North Carolina Swimming	Meet / Competition	In Water	When getting out of pool, she had back pain (8 out of 10 on pain scale), left the water, which started an asthma attack.	Upper back pain causing asthma attack. No known reason for the cause of back pain.
Female	NC - North Carolina Swimming	Practice / Water	On Blocks	Swimmer punctured skin of foot - noticed injury while stepping onto the blocks. Was able to walk on foot to locker room where care was given.	Small puncture on sole of right foot; piece of debris inside.
Male	NC - North Carolina Swimming	Practice / Water	Outside Venue	Fell and slipped outside while leaving the facility.	Scraped his knee and elbow.
Female	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	During dryland, another athlete's elbow landed on top of swimmer's shoulder.	Contact to the top of athlete's shoulder, into the muscle (not the bone).
Male	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	During dryland, athlete fell, hitting the back of his head on the concrete.	Hit the back of his head on the concrete. The skin was not broken but a slight bump did rise later.
Male	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	Athlete was working out during dryland when he slipped and fell, hitting his head on the sidewalk.	Athlete hit the side of his head on the concrete when he slipped and fell. The skin was not broken but a slight bump formed.
Female	NC - North Carolina Swimming	Meet / Competition	In Water	At end of backstroke event, she hit her left hand / wrist at the top of the wall. She iced her wrist after exiting the pool.	At end of backstroke event, she hit her left hand / wrist at the top of the wall. She iced her wrist after exiting the pool.
Female	NC - North Carolina Swimming	Meet / Competition	Deck	Swimmer had a seizure while standing on deck and fell hitting her head.	Swimmer hit head when she passed out with seizure and had not on forehead
Male	NC - North Carolina Swimming	Practice / Dry-Land	Deck	Cut leg on from metal object	scrape that drew blood
Female	NC - North Carolina Swimming	Meet / Warm-up	Deck	Was stretching during warmup and shoulder slightly sublexed.	Athlete came to me and said she was stretching prior to warmup and her shoulder popped and she was in a lot of pain
Female	NC - North Carolina Swimming	Practice / Water	Deck	the athlete had been on vacation for a week and this was her first day back - after a 15 min warmup, all of the kids got out of the water to listen to the coach explain the next set - the athlete was standing in the same place for about five minutes, then fell forward into another swimmer who broke her fall - the other swimmer was unhurt - the athlete was stunned and had somewhat of a blank stare for about 5 seconds and then started trying to get up - the coaches helped her get comfortable while the lifeguard was alerted to the situation - the parents of the athlete were called to come pick up the athlete - there was no recurrence of the fainting while she was waiting to be picked up	no injury thanks to the fall being cushioned by another swimmer who broke her fall

Male	NC - North Carolina Swimming	Practice / Water	Deck	Athlete was speed walking (borderline running) on the pool deck when his feet slipped out from under him. He fell straight back, landing first on his back and then having his head hit.	Landed on his back & the back of his head. No visible injury or cut, just tender from contact.
Female	NC - North Carolina Swimming	Meet / Competition	Bleachers	Fell of wrist when climbing bleachers.	Swollen wrist
Male	NC - North Carolina Swimming	Meet / Competition	Deck	Slipped on deck, hit head - cut and bruised head	Slipped on deck, hit head - cut and bruised head
Female	NC - North Carolina Swimming	Meet / Warm-up	In Water	Swimmer had an epileptic seizure during swim meet warmups. The seizure occurred in shallow water and another swimmer was able to hold the seizing swimmer up and her head above water until two coaches pulled her out of the water. While the seizure was occurring, the swimmer's mother, a meet volunteer who is an ER nurse and two coaches were able to lay her on her side with a towel beneath her head so she did not sustain any injuries. After the seizure stopped, the swimmer was able to walk off the pool deck assisted by her mother and a volunteer and she went home to rest.	Epileptic seizure
Female	NC - North Carolina Swimming	Meet / Warm-up	In Water	Epileptic seizure	Epileptic seizure in water. Teammate caught her before she went under and coach pulled her out of the water and placed her on the deck.
Female	NC - North Carolina Swimming	Meet / Warm-up	Deck	There was a cracked tile on deck. The swimmer stepped on a small shard of tile which cut her foot.	Small cut on the bottom of her foot.
Female	ND - North Dakota Swimming	Meet / Competition	Deck	Swimmer collapsed on Deck with a Convulsive Seizure	Epileptic Seizure
Female	ND - North Dakota Swimming	Meet / Competition	In Water	During swim 200 IM, swimmer felt acute pain coming from right knee or the back of the knee during the breast stroke portion. the swimmer did finish the race and was able to exit the pool	posterior lateral knee pain in right knee and hamstring area
Female	ND - North Dakota Swimming	Meet / Competition	On Blocks	While starting dive swimmer's knee locked up and she false started and fell into the water.	Sore knee, continued to swim
Female	ND - North Dakota Swimming	Meet / Competition	Deck	The athlete slipped on water on the pool deck while walking off bleachers. Her foot slipped underneath herself and she landed on the foot	Very sore right foot after landing on top of it, the athlete could not put weight on the foot
Male	ND - North Dakota Swimming	Meet / Competition	Stairs	Stubbed right foot big toe.	Right foot big tow stubbed. (black and blue)
Female	ND - North Dakota Swimming	Meet / Competition	Deck	Slipped on deck and landed on right knee.	Individual slipped and hit right knee on decking.
Female	ND - North Dakota Swimming	Meet / Competition	Locker Room	A conditioner bottle skidded across the floor and hit athlete's heel.	Discomfort on left heel.
Female	ND - North Dakota Swimming	Meet / Competition	In Water	The athlete was in the water preparing for the start of a backstroke event. The athlete stated that at the start her foot slid down and she was scratched on the bottom of her right foot by something on the bottom of the touch pad. She continued with the event and was treated by an official after the race. The athlete sustained a scratch on the bottom of her right foot the was bleeding. A bandage and tape were applied by the official and the athlete continued competing in the meet. Both her coach and mother were notified of her minor injury.	Scratch/cut on the bottom of the right foot.
Male	NE - New England Swimming	Meet / Competition	Gym	Swimmer complained of stomach pain - father suspected appendicitis. An ambulance was called for transport to Beverly Hospital	suspected appendicitis
Male	NE - New England Swimming	Meet / Competition	at hotel during team travel	Athlete crushed an unknown quantity of Mucinex tablets into a powder and snorted them through his nose.	No apparent injury occurred.
Female	NE - New England Swimming	Meet / Competition	Deck	Swimmer was walking very fast around the warm-down pool and slipped and fell on the pool deck as she was coming around a corner of the pool.	Swimmer had several different injuries as a result of her fall. She hit her head, left hip and right knee on the pool deck. She had visible bruising on her left hip and small scratches on her right knee. She also had visible injuries to her left hand including cuts around her thumb and swelling and bruising at the tips of her fingers. Her second knuckle also appeared to be swollen.

Male	NE - New England Swimming	Practice / Water	In Water	Jammed or broke pinky finger of right hand on the gutter	Jammed finger
Male	NE - New England Swimming	Practice / Dry-Land	In Water	Streamlined freestyle, went to do break out, upon first stroke hit his hand against a lane line	Minor swelling
Female	NE - New England Swimming	Meet / Warm-up	In Water	Swimmer was kicked in the jaw/temple area of the head during warm-up.	Kick to the head. Swimmer felt nausea.
Male	NE - New England Swimming	Meet / Competition	Deck	while walking by the starting blocks, athlete bumped into one of the steps on the block	abrasion on right shin
Female	NE - New England Swimming	Meet / Competition	In Water	Swimmer was doing the 25 backstroke and smacked her head against the wall at the finish end of the pool.	bumped head
Female	NE - New England Swimming	Meet / Competition	Deck	(Parent) was timing behind lane 2 when she slipped and fell	parent fell while timing and complained of dizziness upon standing and left wrist is sore. Parent refused treatment and applied ice to the left wrist herself.
Male	NE - New England Swimming	Meet / Warm-up	exiting warm up pool	Swimmer was exiting the warm up/warm down pool when he scrapped his knee against a broken tile on the wall	swimmer has small abrasion on right shin
Female	NE - New England Swimming	Meet / Competition	Deck	(Volunteer) Timer was timing in lane 7 and fell backwards onto her buttocks after slipping in a puddle of water on the deck	parent complains of generalized soreness
Female	NE - New England Swimming	Meet / Competition	Deck	Stubbed toe while walking on pool deck, she was wearing flip flops	Cut on middle toe
Female	NE - New England Swimming	Meet / Warm-up	In Water	swimmer was kicked in face during warm up.	Swimmer had braces which cut the upper lip
Female	NE - New England Swimming	Meet / Competition	In Water	swimmer cut leg on a tile missing on the wall of the warm up/warm down pool	abrasion on lower left leg
Male	NE - New England Swimming	Meet/Stands	Bleachers	(property damage) Air compressor broke releasing 1000 of gallons of water on top of parents sitting in the bleachers.	Water burst from ceiling onto stands water traveled through ceiling into locker rooms below and traveled onto the pool deck
Male	NI - Niagara Swimming	Practice / Water	Locker Room	Swimmer stepped up on bench in locker room and slipped which cause shin to hit wooden bench and cut his leg	large laceration on shin which may require stitches.
Female	NI - Niagara Swimming	Practice / Water	Deck	Swimmer fell onto deck, hit chin and appeared to be having a seizure.	Afterwards swimmer stated she was dizzy and light headed and everything went black. When coach got to her the swimmer asked what happened? Chin was bleeding a bit
Female	NI - Niagara Swimming	Practice / Dry-Land	Deck	All other swimmers were conducting dry land activities (sit-ups) while athlete was making her way out of the pool. She tripped over fellow athlete's upper body. Becoming off balance athlete fell, hit her left knee and upper left portion of her frontal bone, above her eye brow	Contusion/bruise to Left Knee Contusion/bruise/minor cut on Left side of temple Bruise/Swollen Right wrist
Male	NI - Niagara Swimming	Meet / Competition	Deck	As referee, I was also observing stroke (by walking). I tripped on the edge of the deck and fell into the water (Lane 1). I bruised my right shin and right hip.	Bruises on shin and hip
Male	NI - Niagara Swimming	Practice / Water	In Water	Swimmer hit his head (top) on the wall during backstroke	Hit head on the bulkhead during backstroke. He said he felt dizzy and was taken to the lifeguard station
Female	NJ - New Jersey Swimming	Meet / Competition	Hallway	(Parent) While standing in line for concessions, parent became light-headed, and began sweating. She was removed from line to a back room where she vomited once. She remained dizzy while seated in the back area.	Light-headed, dizzy, sweating, vomited. Rutgers EMT was contacted and provided care on-site. Injured has chronic rheumatoid arthritis...not evident that it is related. As time passed, symptoms seemed to improve. She refused transport to hospital.

Female	NJ - New Jersey Swimming	Practice / Water	Deck	Athlete fell to grown causing a laceration to left side of head. Near lane 1 on deck between bulkhead and locker room. Was wearing flip flops that she wears everyday to practice.	Laceration about 3.5cm long and about 2mm deep on left side of head just above and behind the ear on the parietal bone area. Also a laceration to the left foot was observed to which was no more than 5mm in length and superficial. Laceration of the foot was located on the 5th tarsal area towards the top.
Male	NJ - New Jersey Swimming	Practice / Water	Locker Room	Another athlete had placed bag on floor - Athlete trip and fell. Athlete put his left arm to out and down to break the fall. Felt sharp pain in the forearm arm - between wrist and elbow	Another athlete had placed bag on floor - Athlete trip and fell. Athlete put his left arm to out and down to break the fall. Felt sharp pain in the forearm arm - between wrist and elbow. Athlete left locker room and returned to pool deck with parent. Incident was not witnessed by coaches
Male	NJ - New Jersey Swimming	Meet / Competition	In Water	Athlete's nose was bleeding when he got out of the pool. He stated that this is normal for him.	Nose Bleed.
Male	NJ - New Jersey Swimming	Meet / Competition	Stairs	Caught large toe on right foot under door when entering the stairway outside of gym.	Athlete caught the large toe on his right foot under the door when leaving the gym. There was bleeding around toenail.
Female	NJ - New Jersey Swimming	Meet / Competition	In Water	Athlete was kicked on the left side of her head during warm-up.	Athlete was kicked on the left side of her head during warm-up. After examination by Rutgers staff, it was found that there was no visible injury and no immediate signs of other injury. Athlete did participate in Meet as scheduled. (Her mom is her coach.)
Male	NJ - New Jersey Swimming	Meet / Competition	In Water	During 500 Free, athlete pushed off the wall on turn 5 and felt pain in his left knee.	Pain in left knee.
Female	NJ - New Jersey Swimming	Meet / Competition	In Water	"swimming and pre-existing shoulder injury and just needed ice" Sara no visible injury / slight pain	swimming and pre-existing shoulder injury and just needed ice" Sara no visible injury / slight pain
Male	NJ - New Jersey Swimming	Meet / Warm-up	In Water	Cut right foot 1s phalange on lane line, lane 8	Laceration superficial to the 1st digital phalange
Male	NJ - New Jersey Swimming	Meet / Warm-up	In Water	was swimming freestyle and was kicked and scratched by the swimmer next to him	right shoulder, upper back
Female	NJ - New Jersey Swimming	Meet / Competition	Deck	Dislocated knee	Dislocated knee when kneeling down to speak to swimmer
Female	NJ - New Jersey Swimming	Meet / Competition	Deck	I went to squat down and talk to a swimmer in the cool down pool and my knee popped.	Dislocated my knee
Female	NJ - New Jersey Swimming	Practice / Dry-Land	Deck	After doing a somersault, she stood up and felt pain in the knee. There was no "pop" and the knee is not bruised or swollen.	Pain in the knee. After doing a somersault, she stood up and felt pain in the knee. There was no "pop" and the knee is not bruised or swollen but there was a lot of pain if she moved the knee.
Male	NJ - New Jersey Swimming	Meet / Competition	Hallway	After the conclusion of the session in which swimmer was participating, he got a nose bleed. He was in a public hallway when it started. Swimmer stated that he does get nosebleeds from time to time and there was not specific event that caused this one.	Nose Bleed.
Male	NJ - New Jersey Swimming	Meet / Warm Down	Deck	Bloody nose	Bloody nose
Male	NJ - New Jersey Swimming	Meet / Warm-up	In Water	normal nose bleed, no contact	bloody nose
Male	NJ - New Jersey Swimming	Meet / Competition	In Water	jammed finger against wall on the finish. misjudged distance	right middle finger joint
Female	NJ - New Jersey Swimming	Walking into workout. Outside building	Outside Venue	Athlete was running and tripped caused abrasions on both knees	Abrasions on both knees.
Male	NJ - New Jersey Swimming	Meet / Competition	Bleachers	Lost balance on bleacher and fell from 2nd level to deck	Pulled Hamstring

Female	NM - New Mexico Swimming	Practice / Dry-Land	Deck	During dryland for the 9-10 year old Los Alamos Aquatomics (LAA) practice group, coach for Charger Aquatics (CAQ), without speaking to the swimmers, physically moved three LAA swimmers by pushing their shoulders from behind. In addition, coach pushed athlete (LAA) in the lower back, also from behind. Coach had perceived the LAA swimmers were in CAQ practice space, who were concurrently holding their dryland practice. Athlete later complained that the push had hurt her lower back and shoulder. Walkup Aquatic Center's Program Coordinator, spoke with coach explaining that touching minors in any way, other than an emergency situation, is not permitted without the swimmer's parents' consent as their swimmer's team coach. Upon request coach apologized. Program coordinator has formally communicated the proper procedures of use of the common shared dryland space and reported the 2/11/2014 incident to Los Alamos County Risk Management. LAA coaches met with CAQ coaches in an effort to mitigate any further incidents.	Pain in lower back and shoulder.
Male	NT - North Texas Swimming	Practice / Dry-Land	Outside Venue	children playing sharks and meanows, ran into each other resulting in injury	nose bleed and headache
Female	NT - North Texas Swimming	Meet / Competition	Deck	Fell and scraped her neck on a chair.	Road rash type of scrape on neck; minor.
Female	NT - North Texas Swimming	Meet / Competition	Deck	KNEE POPPED WHEN ON STARTING BLOCK BEFORE RACE	TORN MINISCUS
Female	NT - North Texas Swimming	Practice / Water	Deck	The accident occurred the last 5 minutes of practice. Athlete was walking on the pool deck when she slipped backwards after stepping on a wet kick board. Her tailbone started hurting immediately. She rested for 5 minutes and then was able to walk out of practice unassisted to see her mom.	Fell backwards on her tailbone.
Male	NT - North Texas Swimming	Practice / Water	In Water	Hit the back of his head while working on backstroke finishes	Hit the back of his head while working on backstroke finishes. When asked, he said he was fine. However, his mother contacted me and said he threw up on the ride home from workout. I encouraged her to take him to a doctor because that was a sign of a concussion.
Male	NT - North Texas Swimming	Meet / Competition	Deck	Swimmer cut bottom left foot on the deck tile behind the blocks of lane 8.	Cut bottom left foot next to big toe
Female	NT - North Texas Swimming	Meet / Competition	Deck	Swimmer swam 100 Backstroke. Got out of the pool & told timer she felt like she was going to throw up & then told him her legs felt numb. Timer laid her down and got Safety Marshall and then teh facility EAP went into effect.	Swimmer felt sick and legs were numb
Female	OH - Ohio Swimming	spectator during meet	Bleachers	(spectator) Woman passed out in bleachers - possible low blood sugar issue.	No apparent injuries from fall. Loss of consciousness was the concern.
Female	OH - Ohio Swimming	Meet / Competition	Deck	During the Friday night session of the GCSTO "Last Ditch Meet," GCSTO swimmer was standing on the swim deck after having completed her event when an Ipad fell from the balcony above the swim deck and landed on her head. The Ipad then hit her shoulder and shattered on the ground. This event was witnessed by lifeguard. GCSTO coach was the first responder and gave athlete ice for her head.	Direct blow to the top of her head. Showed signs of concussion.

Female	OH - Ohio Swimming	Meet / Competition	Deck	During the Friday night session of the GCSTO "Last Ditch Meet," GCSTO swimmer was standing on the swim deck after having completed her event when an Ipad fell from the balcony above the swim deck and landed on her head. The Ipad then hit her shoulder and shattered on the ground. This event was witnessed by lifeguard. Coach was the first responder and gave swimmer ice for her head. At the end of the meet, the mother told me what happened and we printed off forms for USA and Ohio Swimming. I gave athlete's mother the concussion signs and symptoms papers and also the form that must be filled out and completed by athlete's Doctor, after she is checked out for a concussion. We were very direct in our recommendation that athlete go to Children's Hospital this evening. I then sat with them and filled out the paper form (to copy from later to USA Swimming) of the USA Swimming - Report of Occurrence and the Ohio Swimming Inc, Concussion Report.	possible head, shoulder injury from falling object.
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	Swimmer was swimming and scraped his knee at the bottom of the pool	Cut on his knee
Female	OH - Ohio Swimming	Meet / Competition	In Water	Climbing out of north end of west pool near the bulk head. Used ladder and thinks foot was caught in one of the foothold. Scuffed up top of left foot.	Bruise/cut top of left foot
Male	OH - Ohio Swimming	Meet / Warm Down	Deck	Nose began bleeding unexpectedly while waiting between races.	Nose bleed
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	During warm-ups, swimmer miscounted his strokes into the wall and bumped his head on the wall.	Concussion
Male	OH - Ohio Swimming	Meet / Warm-up	Deck	Slipped on pool deck by the man hole cover, flag end of pool.	twisted ankle, abrasion on right ankle and hand.
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	Cut foot on seam - big toe length of toe. Lane5 Balcony end.	cut foot on seam in pool
Female	OH - Ohio Swimming	Meet / Warm-up	Hallway	Ran into door and hit head. Had a headache and was dizzy.	hit head
Male	OH - Ohio Swimming	Meet / Warm-up	In Water	Swimmer dove in during warm-up 7 hit his head on the bottom of the pool. He immediately popped up and exited the pool	bumped his head
Female	OH - Ohio Swimming	Meet / Competition	Deck	Dry skin caused itching. The itching caused a red dot on her leg.	Red dot on leg from itching dry skin
Female	OH - Ohio Swimming	Meet / Competition	Stairs	(guest/volunteer) A slip and fall on stairs which are located outside of the pool area but at the facility.	Minor bumps on arm and knee from fall
Male	OH - Ohio Swimming	Meet/waiting for competition	Deck	Athlete cut his right big toe on the bleacher. It was minor, maybe a little nail damage. The lifeguard called for help and he gave a bandiac	cut on right big toe
Female	OK - Oklahoma Swimming	Meet / Competition	Deck	Swimmer slipped stepping onto the athlete seating(bleachers) and hit her shin on the corner of the bench.	Deep gash on the upper portion of her right shin.
Female	OK - Oklahoma Swimming	Practice / Water	In Water	Swimmer's heal hit wall during fill turn. Cut back of heal open	Back of heal cut
Male	OK - Oklahoma Swimming	Practice / Water	In Water	Cut right knee on a pool flood light leaving a laceration aprox 3cm in legnth	Laceration on right knee cap aprox 3cm in legnth
Male	OK - Oklahoma Swimming	Meet / Competition	In Water	Swimming 50 free, foot went in the bulkhead on his flip turn, he heard a pop and foot went stiff.	Upper ankle and heel hurts, swollen and tender. Hurts slightly to touch.
Male	OK - Oklahoma Swimming	Meet / Competition	Deck	The coach slipped beside the guard stand and landed on his wrist.	Coach said wrist was making a popping noise, but guard looked at and saw he had full range of motion. Coach later came back to the guards because his wrist was swelling and they wrapped it.
Male	OK - Oklahoma Swimming	Practice / Water	Locker Room	Tossing a water bottle around with friends. Slipped when going back to get his bag.	Blacked out - hit head /left side left arm and bottom
Male	OK - Oklahoma Swimming	Practice / Water	In Water	Hit his right ankle on the ladder while swimming breaststroke.	Hit his right ankle on the ladder while swimming breaststroke.
Female	OR - Oregon Swimming	Meet / Competition	In Water	During warm ups, jumped into pool for backstroke.	Broke her fourth toe on her right foot. Notified parents that it hurt, but thought it was just jammed. Iced at meet. Went to urgent care upon returning home and discovering a bruised foot.

Female	OR - Oregon Swimming	Meet / Competition	In Water	Jumped in during warm ups and misjudged depth of the pool. Hit foot on the bottom and felt foot twist. She came up to another coach after warm ups saying her foot hurt. Coach got her ice and she elevated foot. Left meet once parents arrived.	large discolored (purpleish) bump on top of left foot. Was checked out by a doctor day after injury: foot fractured.
Female	OR - Oregon Swimming	Practice / Water	In Water	Swimmer blacked out while swimming, upon extrication, immediately became conscious. EMS arrived and took her to the emergency room as mandated by law. She is healthy and in good spirits	Swimmer blacked out while swimming
Male	OR - Oregon Swimming	Meet / Competition	In Water	swimmer jammed left pinky into wall at finishing touch of relay race.	left hand/pinky finger/joint; doesn't appear broken; was suggested to ice and tape; finger swollen, slight discoloring.
Male	OR - Oregon Swimming	Meet / Competition	In Water	Swimmer caught finger in lane line, head guard jumped in and freed finger. Swimmer finished race.	Pinched fingers in lane line.
Male	OR - Oregon Swimming	Practice / Dry-Land	Outside Venue	He was running and tripped, he did not fall completely, he caught himself, but then his Right side of his back hurt to move.	Pain in Right lower and mid back.
Female	OR - Oregon Swimming	Meet / Warm-up	In Water	During warm-ups, she was kicked in the eye when swimmer in front of her did a Breast Stroke kick, swimmer got out and notified coach	black eye, swollen, minor skin breaks
Male	OR - Oregon Swimming	Meet / Competition	In Water	While swimming the 100 back swimmer messed up his count and hit the wall on his second turn.	swam into the wall swimming backstroke.
Female	OR - Oregon Swimming	Practice / Water	Hallway	Lacerated finger on tile bottom while working in underH2O breaststroke	Laceration on finger
Male	OR - Oregon Swimming	Practice / Dry-Land	Gym	The athlete was performing box jumps as a part of his dryland routine. On one of the box jumps he missed, scraped his left shin and left a large scratch that broke the skin with some swelling	On one of the box jumps he missed, scraped his left shin and left a large scratch that broke the skin with some swelling
Female	OR - Oregon Swimming	Meet / Warm-up	In Water	Swimming backstroke in warmup pool, hit head on wall.	Bump on head, dizziness.
Male	OZ - Ozark Swimming	Practice / Water	In Water	Swimmer and another swimmer had a head on collision while both swimmers swam down the middle of the lane. Swimmer looked up at the last minute, resulting in a fractured nose. The other swimmer was uninjured.	Fractured Nose
Female	OZ - Ozark Swimming	Practice / Water	Deck	Swimmer was climbing out of the water in lane 4 and was cut in between her toes by a broken tile on the ledge of the pool.	A deep cut in between toes on right foot. Swimmer was given medical attention to stop the bleeding, but no stitches were needed.
Female	OZ - Ozark Swimming	Practice / Water	In Water	Either while doing a flipturn or exiting the pool, athlete caught her foot right below her left pinky toe on a piece of broken tile causing a laceration.	laceration between the pad of her foot and pinky toe
Female	OZ - Ozark Swimming	Practice / Water	In Water	While swimmer was performing a freestyle flip turn, struck heel against the edge of the pool.	Swimmer's heel appeared very red immediately after striking the side of the pool as well as experiencing immediate pain.
Female	OZ - Ozark Swimming	Meet / Competition	On Blocks	Swimmer took a step back when she was told to "take her mark" while practicing her starts. She stepped too far back and slipped off the block when she shifted her weight. The "slip" resulted in her scraping her knee on the block top.	scrape just below right knee
Female	PC - Pacific Swimming	Practice / Dry-Land	Deck	I did not observe the accident happen. Athlete came up to me as we were about to start running for dryland and said she hurt her foot. I asked her to explain how she hurt it, she said she fell. I asked her to describe the pain and she said it hurt. I asked if she thought she rolled her ankle. She said maybe or I thought it was a rolled ankle. I found out the I don't know. I had her walk around the pool to try and loosen it up to see how it felt. From that point, athlete did not complain of anymore pain and I thought whatever was ailing her had passed. After talking to a few members of the team that were with her when she fell, they said I called the group over to begin practice and she fell of her own accord while walking.	next day it was a fractured ankle from her Mother via email.
Female	PC - Pacific Swimming	Practice / Water	In Water	Doing backstroke, did not pay notice of flags, went to do turn and when rolling to stomach position ran into the wall with her face.	Two gashes from hitting wall. One in middle of forehead and one on bridge of nose.

Male	PC - Pacific Swimming	Practice / Water	In Water	Hit another swimmer while doing backstroke start.	One wound above eye and one below eye.
Female	PC - Pacific Swimming	Meet / Competition	In Water	at flip turn during freestyle, swimmer hit her ankle/foot on the edge for the flush gutter deck.	at flip turn during freestyle, swimmer hit her ankle/foot on the edge for the flush gutter deck.
Male	PC - Pacific Swimming	After practice in the showers	Locker Room	Slipped on locker room floor and hit head against the floor	No noticeable injury - no cut, or bump
Female	PC - Pacific Swimming	Meet / Competition	Outside Venue	Between events during prelims, swimmer fell and experienced pain in her shoulder and collar bone.	Pain in shoulder and collar bone.
Female	PC - Pacific Swimming	Meet / Competition	In Water	Asthma attack	Asthma attack during race, assisted out of pool. Official is also an EMT and monitored heart rate and breathing. Heart rate was 260 BPM on first evaluation after exiting pool
Female	PC - Pacific Swimming	Pacific Coast All Star Trip/Meet	Parking lot at Red Lion Hotel in Olympia	Swimmer was exciting the chartered bus as she was returning from pool to Hotel in Olympia that the Pacific Swimming team was staying at. Swimmer missed the last step out of bus and rolled her ankle when exiting (she was carrying her swimbag in front of her and didn't see the last step.	right ankle swollen, and painful
Male	PC - Pacific Swimming	Practice / Water	In Water	The Injured Party was swimming freestyle when his thumb was caught and pulled back by a swimmer going in the opposite direction.	Left thumb tender to the touch. Pain localized around the inferior end of the metacarpal. Very limited movement of the left thumb with no apparent swelling. Palm of the whole hand was blue (mirrored by right hand) possibly due to cold outside.
Female	PC - Pacific Swimming	Practice / Water	In Water	Swimmer was doing a flip turn and cut her foot on the pool light; it had popped loose of its fittings	Cut foot on pool light fixture
Female	PC - Pacific Swimming	Practice / Water	In Water	Hit head on the wall while doing a flipturn.	Pain in her head accompanied by dizziness and a headache
Female	PC - Pacific Swimming	Spectator at practice	Bleachers	Fell down a couple of steps and bumped head	bump on head
Male	PC - Pacific Swimming	Practice / Water	In Water	doing backstroke, swimmer miscalculated strokecount and ran into the wall / hit head.	Hit top of head (no bump or visible injury) athlete complained of headache.
Female	PC - Pacific Swimming	Meet / Competition	Deck	allergic reaction to food (sandwich from Safeway)	allergic reaction to food (sandwich from Safeway)
Female	PC - Pacific Swimming	Practice / Water	In Water	Swimmers were loosening lane lines. While attempting to loosen a lane line, a swimmer lost her grip on the wrench and it hit athlete in the nose	Bloody nose. Laceration to the bridge of the nose
Male	PC - Pacific Swimming	Practice / Water	Deck	The swimmer slipped on the deck, fell and hit his head.	The swimmer hit his head, after slipping on a wet deck. All swimmers were walking to get some equipment.
Male	PC - Pacific Swimming	Practice / Water	In Water	Two swimmers ran into each other during warm up athlete bumped his head)	Two swimmers swam into each other during warm up
Male	PC - Pacific Swimming	Practice / Water	On Blocks	Swimmer stepped on starting block and lost balance and fell into pool. He hit the lane line with the back of his knee. Bruised the back of his knee.	bruised back of knee. Swimmer got out of practice early, Parent took him home
Male	PC - Pacific Swimming	Meet / Competition	In Water	Swimmer ran into the wall on the flip turn during the race.	bump on the head - hit the wall at the middle of the race - freestyle
Female	PC - Pacific Swimming	Practice / Water	In Water	Swimmer hit the front of her head on the wall while doing a flip turn.	Bump on the front of the head, complained of slight headache.
Female	PC - Pacific Swimming	Meet / Competition	In Water	knee "popped" on kick, began to swell, painful and difficult to walk- unable to continue swimming	Left knee "popped", swelling, pain, difficulty walking (bearing weight)
Male	PC - Pacific Swimming	Practice / Dry-Land	Deck	Medicine ball relay collision with opposing team member. Hit knee on concrete resulting in abrasion on right knee.	Abrasion on right knee. Knee cap tender.
Male	PC - Pacific Swimming	Meet / Competition	In Water	During last turn in freestyle, swimmer missed the edge of the pool and hit his heel into the gutter	Direct impact of heel onto size of deck
Female	PC - Pacific Swimming	walking into facility	outside on sidewalk	slipped on ice area on sidewalk	slipped on sidewalk

Male	PC - Pacific Swimming	Practice / Water	In Water	Was pushed in the pool by another swimmer, pushed off the bottom of the pool, hit front tooth on side of pool	Loose front tooth
Female	PN - Pacific Northwest Swimming	Meet / Competition	Deck	SWIMMER WAS PREPARING FOR THE START OF A HEAT AND WHILE STANDING ON THE EDGE OF THE LANE LOST HER BALANCE, TRIED TO CATCH HERSELF, FELL INTO THE POOL BUT ON THE WAY DOWN STRUCK THE EDGE OF THE DECK WITH HER GROIN.	MOTHER DESCRIBED THE AREA AS SORE AND HAS A LACERATION.
Male	PN - Pacific Northwest Swimming	Meet / Competition	Deck	WHILE DOING A WALL SQUAT AGAINST THE WALL BEHIND THE BLOCK HE SLIPPED AND HIT HIS HEAD ON THE WALL.	HIT HEAD ON WALL AFTER HE SLIPPED. NO VISIBLE INJURY.
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	Deck	Swimmer was walking along deck beside warmup pool during meet warmup and slipped falling backwards. Hit the back of her head.	hit back of head
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Swimmer's hand was kicked by another swimmer in front of her during warm up.	Ring finger on right hand was bent back. Swimmer was able to return to warm up.
Male	PN - Pacific Northwest Swimming	Waiting in Line at the staggging area.	Deck	Swimmer was waiting in line in the staggging area and he got a nose bleed.	Nose bleed
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Dove in at start of race and suffered a muscle spasm/pull in left lower back.	Left lower back muscle spasm/pulled muscle
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	lower back seized up on left side	very bad spasm in lower back on left side
Male	PN - Pacific Northwest Swimming	Practice / Dry-Land	Deck	Swimmer was walking on deck when he stepped into the brain box. It was not properly shut and opened when he stepped on it	Twisted ankle
Male	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Slipped climbing out of the pool and fell on another swimmer hitting heads.	Abrasions on 4 knuckles left hand from jumping into water and hand hitting block as he was going in.
Male	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Slipped climbing out of the pool and fell on another swimmer hitting heads.	Slipped climbing out of pool and fell on another swimmer banging heads. Back of Head.
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Another swimmer climbing out of the pool slipped and fell back on top of swimmer both heads hitting.	Bump on the left side of forehead. Did not cause bruising marking or any swelling.
Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	Swimmer scraped the bottom of the pool while practicing a underwater breaststroke pull-out. She has a dime sized abrasion above her lip and a quarter sized abrasion below her lip.	two abrasions on the face, above and below the mouth.
Female	PN - Pacific Northwest Swimming	Meet / Competition	Deck	SLIPPED AND FELL ON POOL DECK WHEN TURNING CORNER AT NORTH EAST CORNER OF POOL.	SMALL ABRASION ON LEFT ELBOW AND LEFT ANKLE
Female	PV - Potomac Valley Swimming	Meet / Competition	Deck	Official was walking on deck and slipped on a water covered area. She fell back and caught herself on her tailbone and wrists. She landed harder on her left arm. Whip lash possible. Wasn't all there right away.	Sore arm, wrists and back.
Female	PV - Potomac Valley Swimming	Practice / Dry-Land	Deck	Slipped on yoga mat, fell and hit back of head on pool deck	Mild concussion
Male	PV - Potomac Valley Swimming	Meet / Competition	Deck	slipped on deck and cut left elbow	small cut
Male	PV - Potomac Valley Swimming	Practice / Water	Locker Room	Swimmer stepped in glass on floor of locker room.	one cut to right heel area
Male	PV - Potomac Valley Swimming	Meet / Warm-up	In Water	Athlete bumped in to his brother in the water during warm-ups and athlete's nose started bleeding.	nosebleed.
Male	PV - Potomac Valley Swimming	Practice / Water	In Water	swimmer was kicked in goggle while swimming a set	right eye blackened under eye; vision checked ok
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	Bumped head on the pool wall during flip turn	Swimmer banged his head on the wall while completing a flip turn. Swimmer went to the bottom of the pool and was able to finish the race. After completing the race the swimmer was asked by the starter if his head hurt. He responded "Yes" EMT was notified.

Male	PV - Potomac Valley Swimming	Practice / Water	In Water	Swimmer was swimming freestyle, lost track of where he was in the pool, and ran into the wall with his head.	After swimmer hit his head, he said he felt a little dizzy, and that he had a mild headache. The lifeguards administered an ice pack, and by the time he left the pool he only had pain to the touch.
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	Swimmer was warming up before the meet and was accidentally kicked in the face by the swimmer in front of him	Bloody nose
Male	SC - South Carolina Swimming	Meet / Competition	Bleachers	Swimmer was climbing down from bleachers to deck, swimmer fell and his leg went through bleachers and swimmer sprained wrist when trying to brace himself. Swimmer went to ER and had xrays and was told it was a sprain.	Sprain
Female	SC - South Carolina Swimming	Practice / Water	Getting out of pool	Getting out of the pool on Nov. 5, lifted herself up and left knee dislocated. Taken to dr. on Nov.12. Did not let coaching staff or facility know the dislocation happened at practice until Dec. 3.	Knee dislocated while climbing out of the pool.
Male	SC - South Carolina Swimming	Meet / Competition	Deck	Swimmer exiting water in Lane 8, slipped on deck, and ripped a scab (previous injury) off.	Ripped off scab (previous injury) from knee. Blood from knee
Male	SC - South Carolina Swimming	Meet / Competition	Hallway	Swimmer was dragging his hand against the wall and it was scrapped against the tile.	Slight scrape on palm of hand, swimmer went directly to lifeguard for a bandaid
Male	SC - South Carolina Swimming	Between sessions	Locker Room	Swimmer stubbed his toe in the locker room, and it was slightly scraped, requiring a bandaid.	Toe was slightly scraped, requiring a bandaid.
Female	SD - South Dakota Swimming	Meet / Competition	Deck	Coach slipped when walking on the deck, falling backwards. She likely hit her head but we did not see that. She then got up, walked about 100 feet, passed out falling forward hitting her face on the deck. She was unconscious, but breathing with a pulse for about 5 min. She then woke following commands, but still sleepy. 911 was called and she was taken by ambulance to the hospital for further evaluation	Likely hit her head on the floor on the first fall on her back, then ot up and fell hitting her head on the front.
Female	SD - South Dakota Swimming	Meet / Warm Down	In Water	RIGHT GREAT TOE CUT ON TOUCH PAD IN LANE 6.	RIGHT GREAT TOE CUT ON TOUCH PAD IN LANE 6.
Female	SD - South Dakota Swimming	Meet / Competition	Gym	DOOR WAS OPENED AS CHILD WAS WALKING NEAR DOOR. CHILD'S TOE WAS CAUGHT UNDER DOOR AND PULLED NAIL BACK.	TORE TOENAIL.
Male	SD - South Dakota Swimming	Meet / Competition	In Water	JAMMED FINER ON 50 FREE FINISH	JAMMED FINGER
Female	SD - South Dakota Swimming	Practice / Water	In Water	Athlete misjudged wall on a flip turn.	Small bump on head. Parents notified both are doctors
Female	SD - South Dakota Swimming	Meet / Competition	Deck	(partent) Slipped and fell while walking on pool deck	landed on wrist and back, both are sore now
Female	SD - South Dakota Swimming	Meet / Warm-up	In Water	FOOT CAUGHT BRIEFLY IN LANE LINE	NONE VISIBLE - STATED NO INJURY
Male	SE - Southeastern Swimming	Practice / Water	In Water	Swimmer hit his head on the wall doing backstroke.	Swimmer received a cut on the top of his head. It was not apparent on inspection. The cut would not have been easy to see as it was under his hair.
Male	SE - Southeastern Swimming	Practice / Water	In Water	Swimmer climbed out of the water and hit his head on the block that was at the end of his lane. Although the head was the affected area, the swimmer did not show any signs of anything serious, like a concussion.	The swimmer bumped his head on the block as he was exiting the pool. At no point was there a change in mood, vision, or anything that indicated a concussion. Since there was just a small bump, ice was applied to the head between 15 and 20 minutes. The swimmer then returned to the activity in good spirits.
Female	SE - Southeastern Swimming	Practice / Water	Deck	The swimmer stepped on a screw	Screw embedded in heel
Female	SE - Southeastern Swimming	Practice / Water	In Water	Athlete was kicked in the face on accident.	Athlete was kicked in the face. Injury occurred under her right eye.
Male	SE - Southeastern Swimming	Practice / Water	Deck	Hit mouth on gutter	Chipped tooth
Male	SE - Southeastern Swimming	Practice / Water	Deck	Slipped and fell hitting head on deck	Slight concussion

Female	SI - San Diego-Imperial Swimming	Meet / Competition	Deck	Fainting episode. I blacked out on the pool deck twice and was unconscious for 10-20 seconds each time. EMTs were called at which point they determined my vital signs were stable but recommended I go to the hospital via ambulance since I'm 5 months pregnant.	syncope- loss of consciousness
Female	SN - Sierra Nevada Swimming	Practice / Dry-Land	Outside Venue	While playing a game for dryland, a soccer ball was kicked and hit athlete in the wrist as she moved to block the ball. Despite feeling some initial pain in her hand, athlete continued to play the game. She eventually got in the water, and was unable to swim. She got out of practice early and went home. Later that evening, upon going to the hospital, it resulted that she had broken her arm upon the impact with the soccer ball.	Broken arm
Female	SN - Sierra Nevada Swimming	Practice / Water	Deck	Athlete was walking and slipped on wet cement. Landed on elbow.	Landed on elbow on deck.
Male	SN - Sierra Nevada Swimming	Practice / Dry-Land	Grassy area within practice venue	Practice had not started yet and the children were playing on the grassy area inside the aquatic center. Athlete was pushed by a teammate (going for a football) and he broke his fall with his right arm.	Broken arm.
Male	SN - Sierra Nevada Swimming	Practice / Water	In Water	Hitting head into wall when practicing Back stroke.	Hit his head on wall
Female	SN - Sierra Nevada Swimming	Meet / Warm-up	In Water	Dove into the pool and hit her face at the bottom of the pool.	swollen nose
Female	SN - Sierra Nevada Swimming	Practice / Water	In Water	Swimmer was facing wall holding on with both hands. A swimmer swam by behind her. A wave pushed her towards the wall and she chipped her tooth	Chipped Tooth
Male	SR - Snake River Swimming	Meet / Competition	In Water	Swimmer was competing when his shoulder became injured. He felt like it popped out then popped back in place while swimming his 100 free. Swimmer did not complete the meet. Swimmer had complained of shoulder pain earlier in the month but nothing that resembled this incident.	Swimmer was competing when his shoulder became injured. He felt like it popped out then popped back in place while swimming his 100 free. Swimmer did not complete the meet. Swimmer had complained of shoulder pain earlier in the month but nothing that resembled this incident.
Female	SR - Snake River Swimming	Meet / Competition	In Water	Torn Labrum. We only discovered that she wasn't racing well at a meet in Park City, UT.	This was a result of an injury prior to this happening. The labrum was partially torn years ago, and slowly deteriorated over time, even with physical therapy work. After her ribs popped out of place, she went through physical therapy to repair the issue, and as a result her labrum tore completely.
Male	SR - Snake River Swimming	Practice / Water	In Water	Swimmer jumped in the pool during practice and another boy jumped in on top of him (on the back of swimmer's head)	Swimmer had a head ache and tingly toes. He was given an ice pack.
Male	SR - Snake River Swimming	Meet / Competition	Bleachers	Athlete was walking down the bleachers at the King County Aquatic Center in Federal Way WA. His flip flop caught on one of the steps and he fell down the bleachers. It is unknown which ankle was effected... Not put in incident report.	Athlete fell down the bleachers after catching his foot on a step. His ankle (it is unknown which one because it was not indicated in the incident report) began to swell and bruise immediately. The lifeguards at the Aquatic Center gave him ice and elevated his leg. One of our team parents, a MD assessed him as well. Said he was fine.
Male	SR - Snake River Swimming	Practice / Water	Deck	Swimmer and another teammate were removing lane lines from the water after practice, winding them around reels. The end of one of the lines whipped around and caught Swimmer on the top of the head. He had about a 1" laceration just above his hairline. Applied pressure. Cleaned wound. Called Mom.	He had about a 1" laceration just above his hairline.

Female	SR - Snake River Swimming	Practice / Water	In Water	Athlete was kicking on her back during practice. While she was kicking a male swimmer accidentally hit her in the head. Her neck was hurting so she walked to the lifeguard desk for an ice pack.	Athlete was kicking on her back during practice. While she was kicking a male swimmer accidentally hit her in the head. Her neck was hurting so she walked to the lifeguard desk for an ice pack. Her neck was not swollen or bruised.
Female	SR - Snake River Swimming	Practice / Water	In Water	Athlete was getting out of the pool and cut her left knee on the lane line. Her cut was the size of the tip of my pinky finger.	Athlete was getting out of the pool and cut her left knee on the lane line. Her cut was the size of the tip of my pinky finger. She was given gauze to stop the bleeding and then a band aid.
Male	SR - Snake River Swimming	Practice / Water	In Water	Athlete received a small cut (the size of a pen cap) on his left knee. It was during a diving set. Does not know how he received the cut.	Athlete received a small cut (the size of a pen cap) on his left knee. It was during a diving set. Does not know how he received the cut. He was given gauze to stop the bleeding and a band aid afterward.
Female	SR - Snake River Swimming	Practice / Water	In Water	Athlete was swimming 1 arm butterfly with her right arm. She hit her right thumb on the lane line. Her thumb began to turn slightly purple so I sent her to the lifeguard desk to get help.	Athlete was swimming 1 arm butterfly with her right arm. She hit her right thumb on the lane line. Her thumb began to turn slightly purple so I sent her to the lifeguard desk to get help. The lifeguards gave her an ice pack to slow the swelling.
Male	ST - South Texas Swimming	Meet / Competition	In Water	pop elbow out of socket at touch pads	pop elbow out of socket at touch pads
Male	ST - South Texas Swimming	Meet / Competition	Bleachers	walking down steps and slipped .Landed on left side of buttocks, then slide down 2-3 steps hitting left leg and knee	bruised buttocks
Female	ST - South Texas Swimming	Practice	Locker Room	Leaving locker room for practice, slipped and fell. Landed on back. Felt tingling down leg.	Felt tingling down leg.
Male	ST - South Texas Swimming	watching competition	Hallway	(Guest/parent) he felt dizzy and upset after his son complained his severe shoulder pain. He walked into the wall and slumped to the the floor unresponsive. The witnesses layed him on the floor and went to get help	No injury.
Male	ST - South Texas Swimming	Meet / Competition	In Water	In his 200IM, his right shoulder got injury. His Coach noticed.	Severe Right Shoulder Pain. EMT came and took him to ER
Male	ST - South Texas Swimming	Practice / Water	In Water	Swimmer was finishing to the wall and hit his hand on the deck/grate surface.	Swimmer sliced finger just below the knuckle joint
Female	ST - South Texas Swimming	Timing at Meet for National Honor Society Hours	Deck	When athlete was timing she had asked an athlete if she could step aside to be able to reach the timing plunger. When the other athlete refused, athlete stepped around her, leaned over and grabbed the plunger when the other athlete bit her ring finger on her right hand which drew blood.	Finger was bit and scraped the braces of the athlete. Initially athlete was so surprised that she kept timing until another athlete advised her that her finger was bleeding.
Female	ST - South Texas Swimming	Practice / Water	Deck	She was standing on the deck and slipped on the red painted sign on deck, landed on her gluteus(butt) and fell into the pool	Tail bone hurts but still able to swim
Male	ST - South Texas Swimming	Practice / Water	In Water	hit his head doing backstroke	hit head doing backstroke
Male	ST - South Texas Swimming	Practice / Water	Deck	Swimmer was walking around the pool deck and slipped. Direct impact to the back of the head.	slip and landed on back of head
Female	ST - South Texas Swimming	Exiting the pool	Both Deck and Water	AS she was exiting the Pool her foot slip away from her and fell on her left shin hitting the edge of the pool then fell back in the water	A small abrasion with a deep bruse
Male	ST - South Texas Swimming	Practice / Dry-Land	Deck	scrapped right knee (contact with ground/ tripping -even ground / deck- no object or obstacle involved in tripping). bandage applied at poo	knee scrap on right knee just below the patella - bandage applied at pool
Female	ST - South Texas Swimming	Practice / Water	In Water	Athlete suffered a kick to the right side during a flutter kicking set. (lower set of ribs on side/ or about halfway between hips and armpit general area)	kick to right side of torso
Male	ST - South Texas Swimming	Going to rinse of after dryland	Shower area	Swimmers was walking into the shower area an slip an fell, he hit his left side cheek bone. swimmer said he never attempted to stop the fall by placing his arms out to slow or stop the fall.	Red bump when parent call, slight bruse when parent arrived, ice pack applied while waiting for parent.

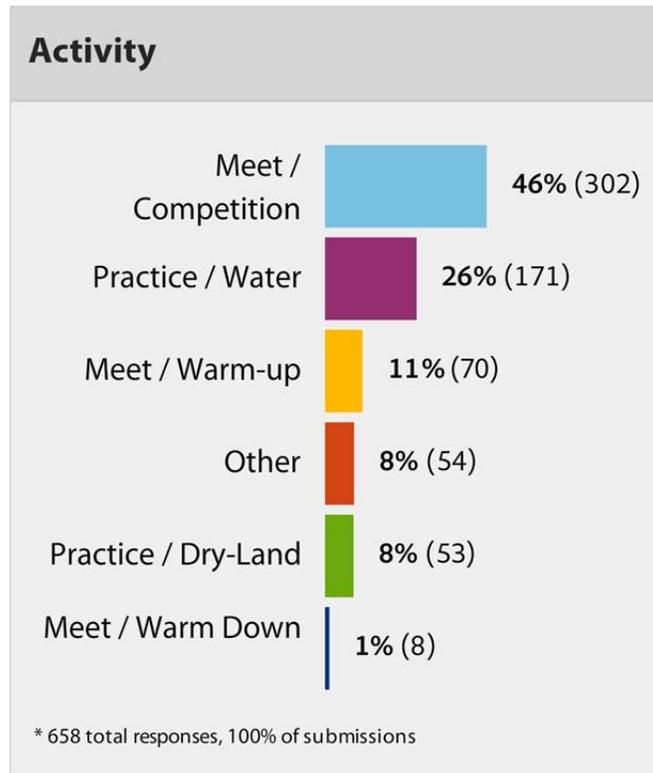
Male	ST - South Texas Swimming	Meet / Warm-up	In Water	In the water...did whale dive and hit face on bottom of pool	cuts on nose and upper lip
Male	ST - South Texas Swimming	Practice / Water	Deck	Swimmer slipped on deck surface and landed awkwardly on his elbow.	Contusion injury to the elbow, no lacerations.
Female	ST - South Texas Swimming	Practice / Water	Deck	Swimmer was practicing diving from the side of the pool in the eight foot deep water. She slipped and landed on the edge of the pool injuring her groin area. Next day parents took her to see her doctor about some bleeding in the groin area.	Swimmer had bleeding in groin area after evening practice.
Female	UT - Utah Swimming	Practice / Water	In Water	Hit her middle finger on her right hand on a lane line while swimming.	middle finger on right hand had swelling above the knuckle and was painful
Female	UT - Utah Swimming	Practice / Water	Deck	She said that she slipped when she was doing push ups. The area was checked, there was water on the deck from the swim team getting in and out and squeegeed.	Scraped Right Knee
Male	VA - Virginia Swimming	Meet / Competition	Bleachers	Fell thru bleachers while climbing	Bruised Hands, Arms and Hips
Male	VA - Virginia Swimming	Meet / Warm-up	In Water	Jumped into pool and hurt his foot	Foot began to swell.
Male	VA - Virginia Swimming	Practice / Dry-Land	Deck	Swimmer was standing while resting between wall-sits. Swimmer was barefoot and was standing on the edge of a kickboard when it started to slip. He tried to get it out from under his feet and at that point fell and hit his head on the deck.	swimmer hit his head on the deck. Parents took him to the doctor and during a followup with the parents, they said he had been diagnosed with a concussion.
Male	VA - Virginia Swimming	Practice / Water	In Water	Swimmer was swimming on the wrong side of the lane while another swimmer did a backstroke start. Their heads collided, and swimmer was left with a deep cut on his eyebrow.	Deep cut on eyebrow
Female	VA - Virginia Swimming	Meet / Competition	In Water	While executing the first flip turn during a 500 Freestyle, foot slipped on wall causing a twisting of the right knee	Twisted right knee
Female	VA - Virginia Swimming	Meet / Competition	Warm up pool	during warm down starting bleeding	nose bleed
Male	VA - Virginia Swimming	Meet / Competition	In Water	left shoulder blade/muscle pain after swimming; aggravated injury by swimming again	left shoulder blade/muscle pain after swimming; aggravated injury by swimming again
Female	VA - Virginia Swimming	Meet / Competition	In Water	Swimmer says that she felt a "pop" on right side lower back/hip area during butterfly race. Area was tender to the touch and pain. Onsite doctor looked at her and suggested Advil to ease pain. EMT remained with her for 15 minutes while icing affected area. Was pulled from balance of competition and taken home by mother.	right lower back/hip area -- presented as muscle pull
Female	VA - Virginia Swimming	Meet / Competition	Locker Room	Swimmers' mother reported to the Aquatic Coordinator (AC) that her daughter slipped in the ladies locker room and she wanted to let the AC that the floor is slippery so others will not fall. No report was filed. The swimmer left the facility and her mother called back stating that her daughter's back was now hurting. No member of my staff or myself was notified until the AC reported this to me.	Mother stated in phone call to AC that her back was hurting
Female	VA - Virginia Swimming	Meet / Competition	Deck	another swimmer stepped on the back of this swimmer's ankle and caused a blister that had healed to open up and bleed	reopening of healed blister, very minor bleeding. Very minor, the bleeding stopped and the swimmer competed in the session.
Male	VA - Virginia Swimming	Meet / Competition	Bleachers	Fell through bleachers and landed on hand/wrist	Pain and swelling on wrist and upper hand
Male	VA - Virginia Swimming	Meet / Competition	In Water	jammed hand into wall during the finish of the 50 free	jammed thumb
Female	VA - Virginia Swimming	Meet / Warm-up	In Water	Thinks she has tendinitis in her foot. Her left foot has a contusion on the left side.	Contusion on the left side of foot.
Male	VA - Virginia Swimming	Practice / Water	Deck	Athlete was getting out of the water with his kick board. he was running to get his place in the lane when he slipped in some water and fell on the right side of his face.	bruised cheek and eye. small cut around eye from goggles
Female	WI - Wisconsin Swimming	Practice / Water	In Water	(nonmember) Swimmer was getting into the pool at Waukesha West High School and hit her chin on the side of the pool and cut her chin open.	Cut on the bottom of her chin
Female	WI - Wisconsin Swimming	Meet / Competition	Outside Venue	Slipped on ice, twisted ankle, and fell.	Sprained ankle and foot.
Male	WI - Wisconsin Swimming	Meet / Warm Down	In Water	Athlete was entering Warm up/ Cool Down well when he hit his chin on the pool edge	Laceration to his chin. Received 4 stitches in chin

Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Muscle / Joint injury while swimming	While swimming butterfly swimmer injured left shoulder
Male	WI - Wisconsin Swimming	Arriving to practice	Locker Room	Athlete opened the door of the locker room and got his foot stuck in the door.	Toe nail torn almost completely off big toe of right foot.
Female	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer was doing one of the drills the group was working on in the pool and swam head first into the wall. She hit the crown of her head after doing a breaststroke pull out from one end of the pool to the other. The group was working on turns.	Swimmer hit the top of her head on the bulkhead of the pool after doing a pull out and turn at the wall. She complained of a head ache and then was feeling nauseous and had an upset stomach.
Female	WI - Wisconsin Swimming	Meet / Warm-up	In Water	Another swimmer pushed off wall while swimmer was coming in for a turn and they ran into each other. Mother claims her nervous condition may be playing a role, as she may be playing this up somewhat	Head hurts and she seems dazed--or is playing it up (as per mom).
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Hit hands and then head on pool bottom on start in 7 feet of water.	Athlete swam event but now appears quiet (quieter than normal) and dazed.
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	While climbing out of pool, athlete scraped her foot on the touch pad plate.	Toe/side of little toe bleeding and ankle area scraped but not bleeding. Athlete bandaged and swam next event bandaged
Female	WI - Wisconsin Swimming	Meet / Competition	Deck	caught toe and tore off left big toenail	Torn off left toenail
Male	WI - Wisconsin Swimming	Meet / Competition	In Water	Dove in at start of race and struck the bottom with forehead	Bump on top of forehead with slight abrasion; possible concussion
Male	WI - Wisconsin Swimming	Meet / Warm-up	Deck	Swimmer was entering the pool in the warm up/cool down area, slipped and hit his chin on the edge of the pool.	Laceration to the chin
Male	WI - Wisconsin Swimming	Practice / Water	Deck	Athlete was stepping up on to the blocks, slipped and hit his shin on the blocks and fell in the water.	Athlete has a bruise on his shin and a scratch. No noticeable sign of broken bone.
Female	WI - Wisconsin Swimming	Meet / Warm-up	Deck	Bumped shin on bleacher	Bumped shin on bleacher. Bump swelled. Small scrape, some blood.
Male	WI - Wisconsin Swimming	At hotel	Hotel before meet	Athlete hit left elbow at hotel. Elbow hurt during meet. Ice applied.	Hit elbow at hotel. Ice applied at meet.
Male	WI - Wisconsin Swimming	Practice / Water	Deck	Cut his foot	Cut toe
Female	WI - Wisconsin Swimming	Meet / Competition	Spectator Gallery	(Guest) injured her hand while stepping down from the spectator area. Ice was applied as treatment.	Had a lump appear on her hand after the accident.
Male	WI - Wisconsin Swimming	Practice / Water	In Water	Swimmer was swimming behind another swimmer and was kicked in the eye	Swimmer's goggles were kicked into his face resulting in a scrape under the eye and a black eye
Male	WI - Wisconsin Swimming	Meet / Competition	Bleachers	(Spectator) felt faint and fainted in the stands. 911 was called spectator declined being taken to the hospital.	No injuries
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	During a freestyle event, swimmer did a flip turn and the back heels of both feet forcefully struck the pool gutter edge instead of the bottoms of her feet pushing off of the pool wall.	There were contusions to the backs heel area of both feet, and the back of her right foot also received a laceration about 1.5" in size.
Female	WI - Wisconsin Swimming	Meet / Competition	Deck	Swimmer was getting out of the pool and felt pain in her right side that increased with breathing.	Muscle Strain
Female	WI - Wisconsin Swimming	Meet / Competition	Bleachers	Little toe of left foot was stubbed/skinned on bleacher.	Stubbed/skinned little toe of left foot.
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	While climbing out of warm down pool, swimmer scratched her upper arm on a touch pad anchor plate on the edge of the pool. This plate was removed from the venue when the issue was discovered	Scratch about 8-9 inches long on inside of upper arm.
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	While climbing out of warm down pool, swimmer scratched her upper arm on a touch pad anchor plate on the edge of the pool. This plate was removed from the venue when the issue was discovered	Scratch about 8-9 inches long on inside of upper arm.
Male	WI - Wisconsin Swimming	Meet / Competition	Deck	Slipped on start end of deck; hit elbow and back	bruise on elbow and scrape on back
Female	WY - Wyoming Swimming	Meet / Competition	In Water	Upon entering the water for a race she took a stroke and felt something pop or pull in her left shoulder	Left Shoulder Muscle Strain

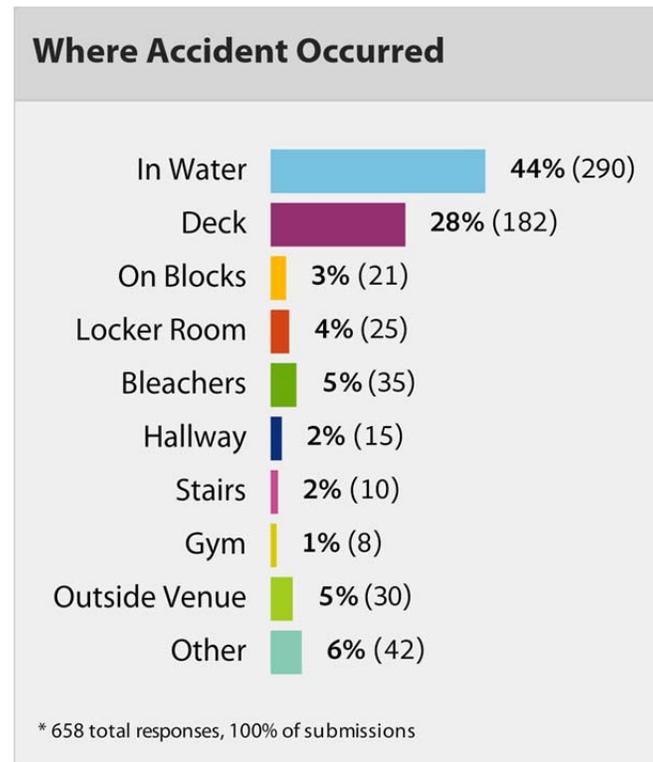
Female	WY - Wyoming Swimming	Practice / Water	In Water	Two athletes were working on the bungee chords swimming against each other. They cooled down and had some free time in the pool. Athlete did not complain of hurting or tell me anything was wrong until the next day when she said it started to hurt after she got home. The Pt feels she has torn or hurt her abdominal muscle.	She may have a parcallly torn abdominal muscle or badly bused muscle.
Female	WY - Wyoming Swimming	practice, set up	Deck	Caught my left middle finger in between the teeth of the ratchet end of lane ropes while trying to loosen them.	Pinched and cut the end of the left middle finger, laceration about 1/2".
Male	WY - Wyoming Swimming	Meet / Competition	Deck	Athlete on the deck and scraped his left big toe on the concrete.	approx 1" laceration on left big toe
Female	WY - Wyoming Swimming	Meet / Competition	In Water	Athlete smashed her finger in the wall during a back-breast turn.	Bruised, swollen right index finger
Male	WY - Wyoming Swimming	Meet / Competition	In Water	Swimmer slammed his hand against the block/wall during a backstroke finish and bruised it.	Bruised right hand and tendonitis.
Female	WY - Wyoming Swimming	Practice / Water	In Water	Pushed off the wall and cut toe on a broken drain/filter guard toward the bottom of the 5" section of the pool.	Right big toe, laceration approximately 1/2"
Male	WY - Wyoming Swimming	Practice/hot tub	In Water	Another athlete elbowed athlete in the nose.	bloody nose for about 5 minutes
Male	WY - Wyoming Swimming	Practice / Water	In Water	While athlete was doing a rocket jump next to wall he hit his chin on the lip of the wall.	about 1" laceration on the bottom of his chin
Female		Practice / Dry-Land	Outdoor Athletic Field	The group was playing a game, athlete slipped in the grass and braced herself with her wrist.	Broken arm/wrist
Female		Meet / Competition	Outside Venue	(parent) Slipped on ice pushed car door shut on right thumb	Slammed right thumb in car door, approx. 1" cut on inside of thumb
Female		Meet / Competition	Bleachers	(Guest) NOSE BLEED AT HOTEL B4 ARRIVING AT MEET BUT ABLE TO STOP THE BLEEDING. AT MEET NOSE BEGAN TO BLEED AGAIN WITHOUT CONTACT W/ANY PERSON OR OBJECT. UNABLE TO STOP. TAKEN TO HOSPITAL FOR TREATMENT BY FAMILY.	NOSE BLEED W/OUT CONTACT OR INJURY
Male		Practice / Water	Deck	The swimmer was exiting the pool and cut his heel on the raised portion of the deck by the starting blocks.	Slice on heel
Male		Meet / Warm-up	In Water	Cut knee on touchpad	Approximately 5" laceration to knee, part of which required 3 stitches.
Male		before practice	Stairs	Ben got cut by a door plate.	sliced part of hand
Male		Practice / Water	In Water	Heading into the wall, other swimmer pushed off into swimmer's face, and dislocated a capped tooth. (the cap came off). The cap was recovered and a dental appt. was made to re-cap the tooth	Capped tooth came off when swimmer colided with another.
Female		playing in hallway	Hallway	(sibling) Patient climbed on table and burnt her hand on hot t-shirt press.	Burn to top of left thumb and first finger.
Male		Practice / Water	In Water	Swimmer was doing a flip turn and the swimmer in front of him was pushing off of the wall and his foot (as he was kicking) hit his goggles, cutting his eye.	Goggles cut the oft tissue under his left eye.
Female		Practice / Water	In Water	Swimmer was doing a backstroke start and hit her hand on the lane line.	Cut to the uppermost knuckle on left pinky
Male		Meet / Competition	On Blocks	slipped on blocks and scraped lower leg	scrape - minor bleeding
Male		Meet / Competition	On Blocks	Right foot caught on rear of block and anterior part of foot.	Bruise
Male		Practice / Water	In Water	Kicked in the eye by the swimmer in front of him.	Eyelid was swollen and had a small bruise.
Female		Swim Lesson	Locker Room	(non-member) Child slipped on floor and hit head on bench.	Bruise to the head around the right eye.
Male		Practice / Water	In Water	Swimmer said he misjudged his stroke count into the wall, therefor he ran into the walll, hitting the top of his head.	Swimmer misjudged his stroke count into the wall, therefor he ran into the walll, hitting the top of his head.
Male		Practice / Water	In Water	While swimming an IM set the swimmer got kicked in the face (on the bridge of the nose) by another swimmer doing breaststroke on the opposite side of the lane.	The swimmer was kicked on the bridge of his nose, around where the nose piece for his goggles were.
Male		Meet / Competition	In Water	Bee sting, swimmer came up to lifeguard tower informing that he had been stung. Stinger was removed.	bee sting left hand above pointer finger
Male		Meet / Competition	In Water	Swimmer was swimming 50 y butterfly, as soon as he dived in his goggles came off. As he swam he went into the wall face first. Bumped forehead and upper lip.	forehead and upper lip
Female		Meet / Competition	Deck	Slipped and fell on the deck while rushing to an event	laceration to left knee

Male	Meet / Competition	Deck	(Guest) Injured is the team photographer and became lightheaded from heat. Was taken out of the pool area by meet marshal. Taken to the gymnasium where he was able to lie down	Lightheaded, never lost consciousness.
Female	Meet / Competition	In Water	Scratched leg on reaction pad	Scratch on shin
Female	Walking down stairs	Stairs	(Spectator) was walking down stairs and slipped going down the stairs.	Spectator injured shoulder/collarbone while slipping down steps.
Male	Practice / Water	In Water	During practice, swimmer was trying to swim under another another swimmer and hit his head on the bottom of the pool	Swimmer hit top of his head at the bottom of the pool.
Male	walking down stairs	Stairs	(guest) walking down stairs and fell on landing	right arm and ankle were in pain
Male	Meet / Competition	Deck	(Volunteer) timer sat in chair. The chair broke, he fell and hit his head and hurt his back.	hit back of head and hurt back (lower)
Female	Waiting for practice to start	Bleachers	Slipped on bleachers. Scratched both knees and feet. Had trouble moving feet at first. Mobility returned.	Scratched both knees and feet. Had trouble moving feet at first. Mobility returned.
Female	Practice / Dry-Land	Deck	Slipped and fell on deck and hit head	Slipped and fell on deck and hit head
Male	Meet / Competition	Hallway	Fainted	(guest) Fainted
Female	Practice / Water	In Water	Swimming and hit hand on wall, casuing nail to split.	Split nail
Female	Meet / Competition	Deck	Slip and fall	Scrape on Thigh
Female	Meet / Competition	Deck	Nose bleed	Nose bleed
Female	Meet / Warm-up	In Water	Nose just started bleeding	Nose bleed
Female	Meet / Competition	Bleachers	(parent) was walking down the bleachers, missed a step and fell.	(parent) twisted her ankle when she fell. She did feel a little bit dizzy.
Female	Meet / Competition	In Water	NOTE: The original injury did not take place at the meet. Swimmer hit her head on the door going into the bathroom of her hotel room the night before. It was during warm-up that she began to experience head pain while she was swimming.	Again, actual injury took place the night before at the hotel where swimmer was staying for the swim meet. (She hit her head on a door during the night when she was going into the bathroom. She did not have any discomfort until she began to swim warm-up. She complained of headache type pain.
Female	Meet / Competition	Deck	Athlete reported walking on deck, scraping upper right arm on wall hook. Wall hooks on wall to support shepherd's crook and ring buoys	Approximate 3 inch long scrape to back of upper right arm
Female	Meet / Competition	Stairs	(Guest) Standing by a step and stepped backwards off of stair. She fell to the ground and hit her tailbone and elbow	Soreness in elbow and tailbone
Female	Practice / Water	In Water	Swimmers sharing a lane. As swimmer with paddle was passing athlete the paddle hit her left hand.	Bruising on front of wrist with pain and swelling
Female	Meet / Competition	Bleachers	(guest) Missed a step and fell down bleachers. Hit head on railing at bottom of steps.	No visible injury.
Female	Meet / Competition	In Water	Hit knee on block while exiting the pool.	Bruise forming.
Male	Practice / Dry-Land	Deck	Doing a wall sit, fell on deck and hit tailbone	Sore tailbone
Female	Meet / Competition	In Water	Scrape 2 inches wide on wrist and arm from side of pool	scrape on arm and wrist
Female	Meet / Competition	Deck	Swimmer Collapsed to knees.	Collapsed on deck

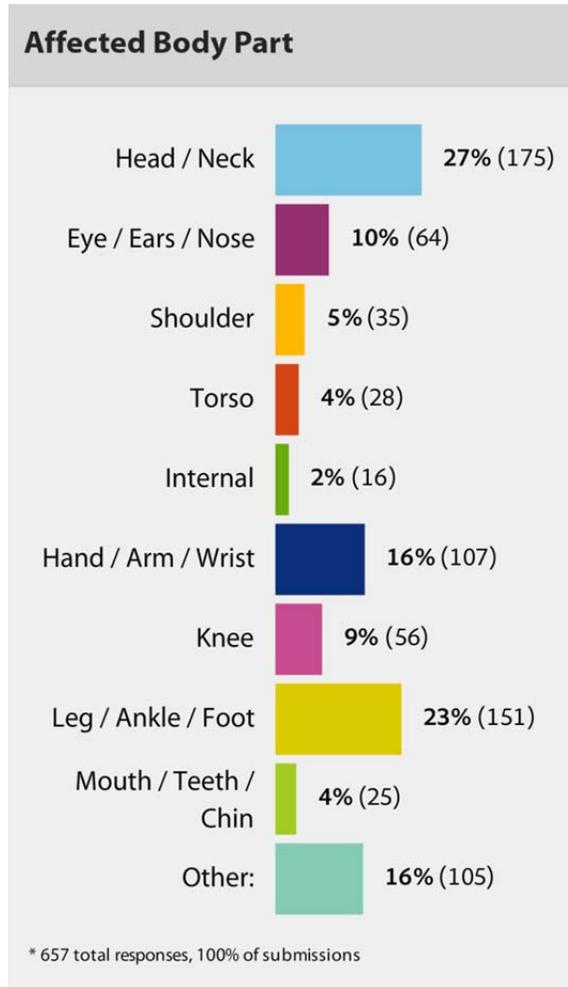
WHEN ACCIDENTS HAPPEN



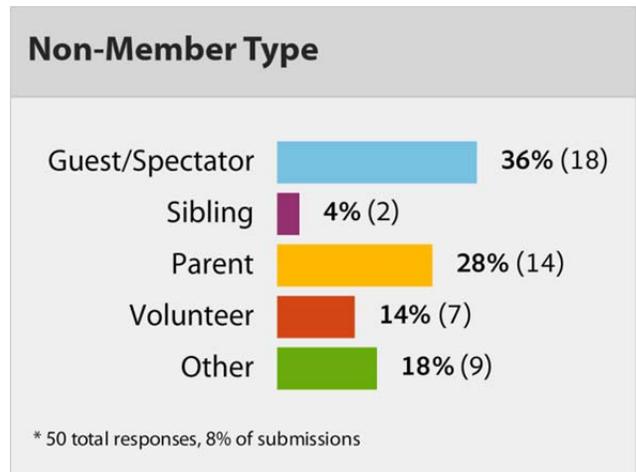
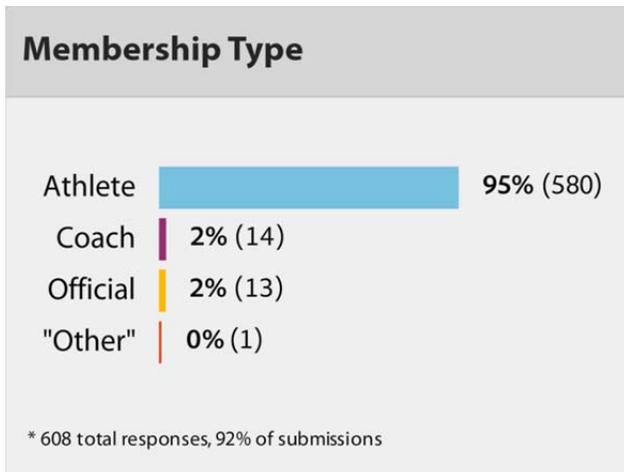
WHERE ACCIDENTS HAPPEN



AFFECTED BODY PART



MEMBER/NON-MEMBER TYPE



Gulf 2014 - 2015 Short and Long Course Schedule

Wk	Dates	Gulf Meets	Groups	Gulf Hosts	Entries Due	Club Meets	Notes
1	2014 September	6-7					Labor Day - Monday, Sept 1st
2		13-14					
3		20-21					U.S. Aquatic Sports Nat Conv, Sept 13-21
4		27-28					
5	October	5	Gulf Open Water Champs	1	RICE	23-Sep	TSA Convention / Open Water - Sunday
6		11-12	Gulf Open Meet	4	PACK, FCST, LSST, MAC	20-Sep	
7		18-19	Senior	1	HCAP	7-Oct	
8		25-26					
9	November	1-2					
10		8-9	Senior	1	PEAK	28-Oct	
11		15-16	Gulf Open Meet	5	BTA, AMBU, LSST, SPA, MAC	25-Oct	
12		22-23					
13	29-30						Thanksgiving- Nov 27th
14	December	5-7	Gulf Sr Champs	1	TWST	25-Nov	ATT SC Nationals, Dec 4-6
			Fall Champs	5	HCAP, PACK, CFSC, LSST/DADS, MARC?	17-Nov	
15		12-14	Gulf Champs	1	AGS	2-Dec	ATT SC Jr Nationals, Dec 11-13
		13	8 & Under Gulf Champs	3	AMBU, TTST, FCST?	22-Nov	
16		20-21					
17	27-28						
18	2015 January	3-4					Christmas - Thurs, Dec 25
19		10-11	Gulf Open Meet	4	BTA, NOCH, LSST, SSAN	20-Dec	New Years Day - Thurs, Jan 1
20		17-18					MLK - Jan 19th
21		24-25					UIL Districts
22	31-1						UIL Districts
23	February	7-8					UIL Regions
24		13-15	13 & Over Prelims / Finals	1	SSAN	3-Feb	
		14	Short Course Champs I (8&U)	3	SHRK, SPA, ESA	24-Jan	
25		20-22	Short Course Champs II (9-14)	6	AMBU, PACK, NOCH, LSST, MAC KATY	31-Jan	
26	27-1	Short Course Champs III (13&O)	1	TWST	17-Feb		SC Sectionals, Feb 26-1
27	March	7-8					TAGS, Mar 5-8
28		14-15					
29		21-22					
30		28-29					NCSA, Mar 17-21 ??
31	April	4-5					Easter - Sunday, April 5th
32		11-12					
33		17-19	Gulf Open Meet	3	FCST, TWST, AGS	28-Mar	
34		26	Open Water Meet	1	RICE	14-Apr	
35	May	2-3					
36		9-10					
37		15-17	Gulf Open Meet	3	PEAK, CFSC, SPA	25-Apr	
38		23-24					
39	30-31						
40	June	6-7					
41		13-14					
42		20-21					
43		26-28	Gulf Open Meet	2	CFSC, ?	6-Jun	
44	July	4-5					4th July - Saturday
45		11-12	B & Under Champs Meet	2	MAC, KATY	20-Jun	
46		17-19	Gulf Summer Champs	1	CFSC	29-Jun	Sectionals, Jul 16-19
			Gulf Summer Age Group Champs	2	PEAK, FCST	29-Jun	
47	25-26						TAGS, Jul 22-26
48	August	1-2					Jr Nationals, Jul 29-2
49		8-9					Sr Z, Aug 3-7 / NACC Aug 6-9 / Natls, Aug 5-9
50		15-16					
51		22-23					
52	29-30						

April Technical Planning Meeting

April 2nd

Meeting Start time 8:00

People in Attendance

Anne Silburn LSST	Allison Beebe FCST	Sean Dormiani FCST
Eddie Abams LSST	Travis Sandifer KATY	Jason Devine DADS
Gilbert Legaspi HSC	Hanna Huston KATY	Laura Davis SSAN
Terry Jones MAC	Jim Crampton SHARKS	Mike Robinson ESA
Jack Legendre TWST	Dusti See MARC	Lee Hutchens SPA
Tim Bauer TWST	Mark Martinez NOCH	Dane Rupley SPA
Henry Clark AGS	Lois Davis	Juan Caraveo PEAK
Mike McCanley PACK	Herb Schwab	Joel Beard WHAT
Erik Cozadd AMBU	Donna Dormiani FCST	

1. All meet bids were approved.
 - a. Questionable meet hosts
 - i. December 5-7 Fall Champs MARC might host
 - ii. December 13th 8 and under champs FCST might Host
 - iii. June 26-28 Gulf Open meet Need to find a 2nd Host
2. Date for April open meet was changed to Monday 4/7/14 at 6:00 P.M.
3. FCST will host June Open meet for 2014 but will limit entries to the First 500 swimmers who enter the meet, There will need to be a start time to except entries for this meet.
4. May open meet we need to find a site
 - a. Looking at FBISD Training Center

Meeting adjourned at 9:05

LC Course meets format change.

- Due to our meets being so long in April would there be an interest in doing deck seeding for LC meets.
- I do understand that we do not do this for SCY and it would be a change that teams would need to get across to their teams
- However, on Friday's during scy season when we did have events, those events were mostly events that swimmers did have to circle in for. SC Champs I and Sr. gulf Champs were the only meet that had events that were not above the 200 distance.
 1. Could we make all meets on Friday Circle in to help prevent issues with longer Friday night sessions.
 2. Another thought is if the session (at any time during the meet) is over 4 hours, to help decrease that we could allow the meet ref to make a decision before the meet to have positive check in, the meet host would then email all attending teams a week or so before the meet to let them know the change.

LC meet champs standards

- We have to start somewhere to make it work better for the next years, but in doing so trying to prevent problems with meet sites but mostly doing what is best for the kids
- I see there being a few options that we could pursue on this matter
 1. For Summer Gulf Champs (PEAK and FCST) meet
 - 10 and under swimmers must achieve at least 1 BB time to swim any event. 150 swimmers per site
 - 11-12 swimmers must achieve at least 1 BB time to swim any event. 170 swimmers per site
 - 13-14 swimmers must achieve at least 1 A time to swim any event. 115 swimmers per site
 - 15 and over swimmers must achieve at least 1 A time to swim any event. 160 swimmers per site
 - For Summer Age Group Champs (CFSC)
 - For all swimmers 13 and over that do not have An A time.
 - PEAK and FCST would have a total of 1180 swimmers to split between them
 - CFSC would have about 425 swimmers
 - total amount of swimmers adding up to 1605
 - There is some concern with this as PEAK can only have 600 swimmers per session and FCST only 500 swimmers per session
 - With last year's results that would put 540 at FCST and 640 at PEAK still quite a bit over what their max is.
 - Even when we know not all swimmers show up for the whole meet that may still put us at too many swimmers
 2. Keeping the same standards but having the 12 and under swimmers needing to achieve 3 BB times and use the 3 event rule.
 - If we were to keep the 13 and over swimmers the same that would still be 550 swimmers

- We would then take away 120 that were 12 and under that would move to the CFSC meet.
 - The CFSC would use the up/down rule as we had last year for the swimmers that achieve 1 or 2 BB times.
 - Making a total of 480 at FCST 580 at PEAK and 540 at CFSC
 - This would even out the numbers a little more
 - However, due to this we would be three different champs meets spread out for the 12 and under swimmers including the B and under champs meet
3. I could create brand new time standards specifically for summer champs. We could decide how many heats we want per age group and use last year's times to create them. This would be able to manage our numbers better and we could use it year after year.
- Still creating a lot of champs meets for the 12 and under swimmers.
 - We would be able to manage the numbers a little better.
 - Lots of different time standards when you include all of the meets our age group swimmers have, when the above ideas use standards we already know and support.
4. We already have gulf time standards why don't we use them?
- We would but they are slightly too tough to even make 1000 swimmers to split between FCST and PEAK which would make CFSC very large.

On 4-25-14 Annette Leach and I attended the Western Zone Conference. This Conference was for Registrars, Time Officers and Safe Sport Chairs.

Friday we attended the LSC Registrar Meeting. The big push across the Country is for LSC's and Teams to use their LSC and Club Portals more. Many questions that come to Annette and I can be answered from their Club Portal. We will be pushing Clubs to these Portals for answers immediately. USA Swimming will be going to full electronic registration and the big push was to see who is already doing this. Gulf seems to be 99% already. Soon all monies will be going straight to USA Swimming except for those funds kept by LSC. We did deep breakdown of what all is found on these portals and I feel this information given will be beneficial in my Non Athlete duties.

We attended a Times Meeting and even though I don't do times see that our LSC Portal needs some updating. We discussed "Holding Tanks" and in the near future Club Teams will need training in the Times area. Within two years Swims will be updated to Swims 2.0 and there will be many changes once it is up and running. There will be some gradual changes in the way Teams Register, enter times and Team upkeep.

We attended a "Best Practices" session where pretty much everything was talked about. What I learned was Gulf was the only LSC in attendance who did not have a LSC Office Manager. Annette is doing the Manager position just not getting paid for what she does. We discussed Meets and I found out we are one of the few who do pre seeded meets. We discussed pros and cons of this method. We discussed Officials and the lack of and that also seems to be problems everyone has.

We attended a "Future of USA Swimming" Meeting where Larry Herr walked us through more information on Portals, the New USA Swimming web site and information on what his job entails.

We attended a Safe Sport Session where were given a lot of information on Safe Sport. We had a presentation on Bullying and the wide areas of concerns. Susan Woessner went on to present what she does as the Director of Safe Sport. (Susan will send you up to 500 bag tags. Simply email her at swoessner@usaswimming.org)

Thank you for the opportunity to go to this workshop and I look forward to attending another soon.

Eddie Adams

Non Athlete Coordinator

Gulf Swimming

<i>Club</i>	<i>Athletes</i>	<i>Season 1</i>	<i>Season 2</i>	<i>Individual Season</i>	<i>Single Meet</i>	<i>Other NA</i>	<i>Coaches</i>	<i>Officials</i>	<i>Total</i>
AGS	278	0	0	1	0	5	17	6	307
ALAC	52	0	0	8	0	0	1	1	62
AMBU	92	0	0	0	0	2	5	9	107
AQUA	254	0	0	0	0	0	9	0	263
BBSC	34	0	0	0	0	1	3	0	38
BLST	126	0	0	9	0	0	6	0	141
BRAZ	19	0	0	0	0	1	3	0	23
BTA	319	0	0	3	0	13	11	13	359
BTST	6	0	0	0	0	0	1	0	7
CATS	40	0	0	0	0	0	2	0	42
CFSC	519	0	0	0	0	8	12	16	555
COOG	220	0	0	0	0	0	11	1	232
DADS	340	0	0	27	0	9	7	5	388
EPRC	24	0	0	7	0	0	4	0	35
ESA	218	0	0	9	0	6	7	8	246
FCST	549	0	0	12	0	19	25	17	618
FINS	212	0	0	13	0	3	9	1	238
GIST	74	0	0	0	0	5	1	0	80
HCAP	203	0	0	0	0	3	9	1	216
HCCL	9	0	0	70	0	0	6	0	85
HSC	123	0	0	0	0	4	4	4	135
HUNT	36	0	0	0	0	0	4	1	40
KATY	537	0	0	0	0	7	22	19	584
LAP	31	0	0	0	0	0	2	1	34
LJAC	56	0	0	21	0	0	5	2	84
LSST	85	0	0	0	0	6	6	5	100
LTST	0	0	0	0	0	0	1	0	1
MAC	164	0	0	6	0	2	6	12	189
MARC	98	0	0	0	0	3	3	2	106
NEHA	58	0	0	0	0	1	4	1	64
NOCH	77	0	0	0	0	2	6	3	88
OWLS	0	0	0	0	0	0	1	0	1
PACK	346	0	0	0	0	10	12	23	387
PEAK	232	0	0	0	0	11	9	10	261
PFL	122	0	0	2	0	0	13	1	138
PLAT	53	0	0	22	0	0	3	1	79
RICE	206	0	0	0	0	0	5	4	215
ROCC	43	0	0	2	0	0	2	0	47

<i>Club</i>	<i>Athletes</i>	<i>Season 1</i>	<i>Season 2</i>	<i>Individual Season</i>	<i>Single Meet</i>	<i>Other NA</i>	<i>Coaches</i>	<i>Officials</i>	<i>Total</i>
SCAT	41	0	0	0	0	7	3	1	52
SHRK	186	0	0	9	0	2	7	9	213
SPA	87	0	0	1	0	4	3	1	96
SS	10	0	0	0	0	1	1	1	13
SSAN	189	0	0	22	0	1	8	6	225
SSS	179	0	0	0	0	3	7	2	191
SST	96	0	0	4	0	0	2	0	102
SWAT	31	0	0	24	0	0	7	0	62
TAMU	50	0	0	0	0	2	4	0	56
TASC	78	0	0	0	0	0	4	0	82
TTST	105	0	0	4	0	5	3	4	121
TWST	423	0	0	0	0	20	14	42	499
TYES	125	0	0	2	0	1	3	2	133
UN	52	0	0	3	0	6	15	11	86
WHAT	167	0	0	0	0	8	7	4	185
Total	7674	0	0	281	0	181	345	250	8711

USA Swimming, Inc.
Year To Date Statistics

4/28/2014 2:14:13 PM

LSC: GU

Athlete	
Athlete	7356
Athlete Outreach	322
Athlete Individual Season	286
Total:	7964

Non-Athlete	
Individual	687
Family 1	30
Family 2	30
Life	10
Total:	757

Clubs	
Club	52
Total:	52

Outreach Reimbursement

Short Course 2013-2014 (Ended April 9th, 2014) \$21,592.00 - 3689 events

Long Course 2014 \$138.00 - 24 events

I attended a USA Swimming Zone Workshop this past weekend in Denver with Eddie Adams. I will be sending out an email to all clubs concerning their club portals.

Gulf Age Group Report for BOD Meeting

4/30/14

Starting with huge thanks to Gulf coaches who planned and put on the Gulf Coaching Clinic earlier this month. The speakers were great, the stories were motivating and all seemed to get something out of the presentations. Your hard work is greatly appreciated.

Thanks also to Allison Beebe for arranging Gulf BOD workshop with Tom Avischious. Lots of thought as to groundwork, foundation and focus for the board and LSC. A very positive experience.

Ladder of Success SC 2014: I've contacted Rick Kehlenbach about publishing the top 10 lists for Gulf swimmers SC 2013-14. Once these lists have been generated, plan is to put them on website for review for two weeks and then put in shirt orders.

Coaches will be asked to send me tshirt sizing for their swimmers during the review period.

In discussion with David Howard now about design and color options for this year's SC and LC shirts.

**** NACC report will be presented by Tim Bauer / Juan Caraveo or committee rep****

Gulf Swimming Inc
Balance Sheet Prev Year Comparison
 As of April 28, 2014

	<u>Mar 31, 14</u>	<u>Mar 31, 13</u>	<u>\$ Change</u>	<u>% Change</u>
ASSETS				
Current Assets				
Checking/Savings				
1000 - Bank and Investment Balances				
1005 - CHASE BUSINESS CHECKING	358,689.88	246,528.81	112,161.07	45.5%
1015 - CHASE BUSINESS MONEY MARKET ACC	100,874.18	100,723.36	150.82	0.15%
1025 - Chase OutReach Account	180,899.41	105,493.80	75,405.61	71.48%
1030 - Edward Jones Investments	1,357,188.56	1,219,767.87	137,420.69	11.27%
Total 1000 - Bank and Investment Balances	<u>1,997,652.03</u>	<u>1,672,513.84</u>	<u>325,138.19</u>	<u>19.44%</u>
Total Checking/Savings	<u>1,997,652.03</u>	<u>1,672,513.84</u>	<u>325,138.19</u>	<u>19.44%</u>
Total Current Assets	<u>1,997,652.03</u>	<u>1,672,513.84</u>	<u>325,138.19</u>	<u>19.44%</u>
TOTAL ASSETS	<u>1,997,652.03</u>	<u>1,672,513.84</u>	<u>325,138.19</u>	<u>19.44%</u>
LIABILITIES & EQUITY				
Equity				
3001 - Opening Bal Equity	513,056.68	513,056.68	0.00	0.0%
3010 - Unrestrict (retained earnings)	1,415,110.96	1,111,464.26	303,646.70	27.32%
Net Income	<u>69,484.39</u>	<u>47,992.90</u>	<u>21,491.49</u>	<u>44.78%</u>
Total Equity	<u>1,997,652.03</u>	<u>1,672,513.84</u>	<u>325,138.19</u>	<u>19.44%</u>
TOTAL LIABILITIES & EQUITY	<u>1,997,652.03</u>	<u>1,672,513.84</u>	<u>325,138.19</u>	<u>19.44%</u>

Gulf Swimming Inc
Profit & Loss Budget Performance
January 1 through April 28, 2014

	<u>Jan 1 - Apr 28, 14</u>	<u>Budget</u>	<u>Annual Budget</u>
ATHLETE TRAVEL FUND			
Age Group Camps	0.00	466.67	1,500.00
All Star Meet	0.00	0.00	
Athlete Apparel	0.00	0.00	-500.00
Fines	2,340.00	635.00	4,000.00
Gold Medal Clinic	0.00	0.00	100.00
LC Juniors	0.00	0.00	-41,007.72
Meet Expenses	0.00	-1,553.00	-1,553.00
National Team Expense	0.00	0.00	
NCSA Juniors	-37,863.84	-74,666.67	-83,251.46
NCSA LC Jr	0.00	0.00	-72,381.19
North American Challenge	0.00	0.00	-42,000.00
Olympic Development Camp	0.00	0.00	
Olympic Trials	0.00	0.00	
Open Water	0.00	0.00	-2,314.80
Open Water All Star	-5,336.89	1,866.67	2,000.00
Sanctions	2,850.00	3,326.67	12,000.00
SCY Jr Championships	-21,246.00	-20,790.00	-20,790.00
SCY National Championships	0.00	-852.00	-852.00
Select Camps	-300.00	-500.00	-1,200.00
Senior Nationals	0.00	0.00	
Senior Nationals - Spring	0.00	0.00	
Senior Nationals - Summer	0.00	0.00	-20,637.41
Short Course Yards Nationals	0.00	0.00	
Southern Zone Meet	0.00	0.00	
Southern Zones			
Parent Contribution	0.00	0.00	0.00
Southern Zone Sr Meet	0.00	0.00	-23,000.00
Southern Zone Team	0.00	0.00	0.00
Southern Zones - Other	0.00	0.00	
Total Southern Zones	<u>0.00</u>	<u>0.00</u>	<u>-23,000.00</u>
Splash Fees	103,889.75	92,796.33	330,000.00
Texas All Star Camp	757.70	0.00	3,700.00
TSA Convention	0.00	0.00	
US Open	0.00	0.00	0.00
USAS Convention	0.00	0.00	-3,000.00
ATHLETE TRAVEL FUND - Other	<u>0.00</u>	<u>0.00</u>	<u></u>
Total ATHLETE TRAVEL FUND	<u>45,090.72</u>	<u>729.67</u>	<u>40,812.42</u>
Donations	0.00	-500.00	-500.00
EQUIPMENT FUND			
Equipment Purchase	-1,367.86	-4,000.00	-6,000.00
Equipment Rental	1,000.00	293.33	1,500.00
Equipment Repair	-1,465.00	-1,200.00	-1,500.00
Equipment Shipping	0.00	0.00	-100.00
Logo pins	0.00	0.00	
Office Equipment	0.00	-500.00	-500.00

Gulf Swimming Inc
Profit & Loss Budget Performance
January 1 through April 28, 2014

	<u>Jan 1 - Apr 28, 14</u>	<u>Budget</u>	<u>Annual Budget</u>
Registration	0.00	0.00	-350.00
Storage	-1,224.00	-1,200.00	-1,200.00
System Training Exp	0.00	0.00	
EQUIPMENT FUND - Other	0.00	0.00	
Total EQUIPMENT FUND	-3,056.86	-6,606.67	-8,150.00
GENERAL FUND			
ACCOUNT TRANSFERS	0.00	0.00	
ADMIN VICE CHAIR			
Copy Expenses	0.00	-25.00	-25.00
Filing Fees	0.00	0.00	-25.00
Katrina Donations	0.00	0.00	
Meeting Expenses	0.00	-25.00	-75.00
Misc Expenses	0.00	0.00	0.00
Other Expenses	0.00	-50.00	-50.00
Postage	0.00	-15.73	-50.00
Software	0.00	-100.00	-100.00
Supplies	0.00	-19.33	-100.00
Telephone	0.00	0.00	
Travel Expenses	0.00	0.00	
Workshop Travel	0.00	0.00	
ADMIN VICE CHAIR - Other	0.00	0.00	
Total ADMIN VICE CHAIR	0.00	-235.06	-425.00
AGE GROUP VICE CHAIR			
Club Development	0.00	-7,000.00	-7,000.00
Ladder of Success	0.00	0.00	-4,500.00
Meeting Expenses	0.00	-100.00	-100.00
Postage	0.00	0.00	
Supplies	0.00	0.00	
Travel	0.00	0.00	
AGE GROUP VICE CHAIR - Other	0.00	0.00	
Total AGE GROUP VICE CHAIR	0.00	-7,100.00	-11,600.00
ATHLETE REGISTRATION			
Athlete Registration			
Ath Reg Expense	-45,800.00	-66,673.93	-400,000.00
Ath Reg Income	100,380.00	71,066.60	500,000.00
Outreach Reg Exp	-615.00	-577.33	-1,500.00
Outreach Reg Income	890.00	635.33	1,500.00
Sea'al Ath Reg Expense	-3,300.00	-1,933.07	-15,000.00
Sea'al Reg Income	3,920.00	3,516.67	18,000.00
Team Registration Expense	-840.00	-850.00	-1,200.00
Team Registration Income	1,750.00	233.33	12,000.00
Transfer Fee	141.00	118.53	500.00
Athlete Registration - Other	0.00	0.00	
Total Athlete Registration	56,526.00	5,536.13	114,300.00
Computer Expenses	-1,059.84	-1,200.00	-1,200.00
Internet	0.00	-330.40	-1,008.00

Gulf Swimming Inc

Profit & Loss Budget Performance

January 1 through April 28, 2014

	<u>Jan 1 - Apr 28, 14</u>	<u>Budget</u>	<u>Annual Budget</u>
Outreach Payments	-20,645.50	-13,259.23	-32,000.00
Postage	0.00	-100.00	-350.00
Registration & Times WS	0.00	0.00	
Seasonal Ath	0.00	0.00	
Supplies	0.00	-75.00	-800.00
Telephone & Fax	0.00	0.00	
ATHLETE REGISTRATION - Other	0.00	0.00	
Total ATHLETE REGISTRATION	34,820.66	-9,428.50	78,942.00
Background Check	0.00	-74.73	-152.00
BANQUET			
Awards	-8,555.25	-10,080.00	-14,000.00
Banquet Attendee Fee	0.00	0.00	15,000.00
Commissions	153.39	0.00	
Equipment Charge-Hotel	0.00	0.00	
Hotel Accomodations	0.00	0.00	-400.00
Meal Expense (Hotel Charges)	0.00	0.00	-30,000.00
Meeting Expenses	0.00	0.00	-150.00
Non Athlete Awards	0.00	0.00	-300.00
Printing	0.00	0.00	-722.07
Speaker	0.00	0.00	-18,000.00
Supplies	0.00	0.00	-65.64
Transportation	0.00	0.00	-6,000.00
BANQUET - Other	0.00	0.00	
Total BANQUET	-8,401.86	-10,080.00	-54,637.71
BOARD OF REVIEW			
Copy Expenses	0.00	-25.00	-25.00
Postage	0.00	-15.00	-15.00
Review Expenses	0.00	0.00	
Travel - Workshop	0.00	-575.00	-575.00
BOARD OF REVIEW - Other	0.00	0.00	
Total BOARD OF REVIEW	0.00	-615.00	-615.00
CLUB REGISTRATION	0.00	0.00	
COACH CHAIR			
Coach Clinic	-7,870.07	-14,233.33	-17,716.46
Coach of Year Award	0.00	-800.00	-800.00
Coach Reimbusm't - Travel Fund	-9,156.00	-7,866.67	-24,990.50
Coach Travel	0.00	-1,500.00	-1,500.00
Meeting Expenses	0.00	-125.00	-500.00
COACH CHAIR - Other	0.00	0.00	
Total COACH CHAIR	-17,026.07	-24,525.00	-45,506.96
COMMUNICATION			
Internet Service	0.00	0.00	
Software Expense	0.00	-200.00	-200.00
Website Expenses	-120.00	-500.00	-500.00
COMMUNICATION - Other	0.00	0.00	
Total COMMUNICATION	-120.00	-700.00	-700.00

Gulf Swimming Inc
Profit & Loss Budget Performance
January 1 through April 28, 2014

	<u>Jan 1 - Apr 28, 14</u>	<u>Budget</u>	<u>Annual Budget</u>
DIVERSITY COORDINATOR			
Other Expenses	0.00	0.00	
Travel	0.00	-900.00	-900.00
DIVERSITY COORDINATOR - Other	0.00	0.00	
Total DIVERSITY COORDINATOR	0.00	-900.00	-900.00
Finance Vice Chair			
Computer Software	0.00	-200.00	-200.00
Internet Expenses	0.00	-354.00	-1,080.00
Meeting Expenses	0.00	-300.00	-300.00
Postage	0.00	-100.00	-100.00
Supplies	0.00	-98.33	-300.00
Travel	0.00	0.00	-600.00
Finance Vice Chair - Other	0.00	0.00	
Total Finance Vice Chair	0.00	-1,052.33	-2,580.00
GENERAL CHAIRMAN			
Annual Dues	0.00	-50.00	-50.00
Computer equipment	0.00	-250.00	-250.00
Computer Software	0.00	-50.00	-50.00
Copying Expenses	0.00	-50.00	-50.00
Corporation Expenses	0.00	0.00	
Internet	0.00	-228.13	-696.00
Meeting Expenses	-294.25	-176.00	-700.00
Other Expenses	0.00	-100.00	-100.00
Postage	-1.82	-23.00	-75.00
Supplies	0.00	-440.00	-600.00
Telephone	0.00	0.00	
Travel	0.00	-500.00	-500.00
Travel Expenses - USA Swimming	0.00	0.00	
GENERAL CHAIRMAN - Other	0.00	0.00	
Total GENERAL CHAIRMAN	-296.07	-1,867.13	-3,071.00
NON ATH REGISTRATION			
Computer & Printers	-299.99	-300.00	-300.00
Copy Expenses	0.00	0.00	
Internet Expenses	-300.00	-236.00	-720.00
Non Athlete Registration			
Non Ath Reg Expense	-5,500.00	-4,092.63	-37,226.00
Non Ath Reg Income			
Family	360.00	0.00	0.00
Individual	5,700.00	14,750.00	45,000.00
Non Ath Reg Income - Other	0.00	2,915.73	3,188.00
Total Non Ath Reg Income	6,060.00	17,665.73	48,188.00
Non Athlete Registration - Other	0.00	0.00	
Total Non Athlete Registration	560.00	13,573.10	10,962.00
Other Expenses	0.00	-500.00	-500.00
Postage	-69.32	-75.00	-75.00
Supplies	-124.99	0.00	-100.00

Gulf Swimming Inc
Profit & Loss Budget Performance
January 1 through April 28, 2014

	<u>Jan 1 - Apr 28, 14</u>	<u>Budget</u>	<u>Annual Budget</u>
Travel	0.00	-600.00	-600.00
NON ATH REGISTRATION - Other	0.00	0.00	
Total NON ATH REGISTRATION	-234.30	11,862.10	8,667.00
NTV/Records Coordinator			
Internet Expenses	-201.81	-104.80	-232.06
Observations	250.00	160.00	400.00
Other Expenses	0.00	0.00	
Postage	0.00	0.00	-75.00
Supplies	-110.39	-125.00	-125.00
Travel	-104.00	-900.00	-900.00
NTV/Records Coordinator - Other	0.00	0.00	
Total NTV/Records Coordinator	-166.20	-969.80	-932.06
OFFICIALS VICE CHAIR			
Disqualification Slips	-189.43	-200.00	-200.00
Internet	0.00	-216.33	-660.00
Official Certification Training	0.00	-1,000.00	-1,000.00
Officials Apparel	0.00	0.00	-457.50
Officials Badges	-155.30	-176.00	-500.00
Officials BGC	0.00	0.00	
Officials Chair Workshop	0.00	-373.33	-400.00
Officials Clinic	-360.50	0.00	-2,606.68
Officials Travel - Meets	-852.00	-1,600.00	-2,500.00
Officials Workshop	0.00	0.00	-700.00
Postage	0.00	-37.27	-259.47
Printing	0.00	0.00	-75.00
Rule Books	0.00	0.00	-900.00
Shipping	0.00	-40.00	-75.00
Supplies	0.00	0.00	-1,500.00
OFFICIALS VICE CHAIR - Other	0.00	0.00	
Total OFFICIALS VICE CHAIR	-1,557.23	-3,642.93	-11,833.65
OPEN WATER CHAIR			
Awards	0.00	0.00	
OPEN WATER CHAIR - Other	0.00	0.00	
Total OPEN WATER CHAIR	0.00	0.00	
OTHER			
Annuity	0.00	0.00	
Banking Adjustment	0.00	0.00	
Banking Expenses	-75.00	-177.00	-665.00
Banking Interest	35.97	0.00	0.00
Brokerage Investment Account	0.00	0.00	
Fees	0.00	0.00	
Fines & Penalties	0.00	0.00	
Gain/Loss on Annuity	0.00	0.00	
Gain/Loss on Investment Acct	0.00	0.00	
Leadership Summit	0.00	0.00	
Miscellaneous Revenue	0.00	0.00	0.00

Gulf Swimming Inc

Profit & Loss Budget Performance

January 1 through April 28, 2014

	<u>Jan 1 - Apr 28, 14</u>	<u>Budget</u>	<u>Annual Budget</u>
Money Market Interest	13.64	47.20	144.00
NSF Fees	0.00	60.00	60.00
Refunds and Rebates	0.00	0.00	
Southern Zone Dues	0.00	-50.00	-50.00
Special Gifts	0.00	0.00	
Special Non-Ath Awards	0.00	-200.00	-200.00
Training	0.00	0.00	
Transfer to MM acct	0.00	0.00	
Travel Expenses (Coach)	0.00	0.00	
OTHER - Other	0.00	0.00	
Total OTHER	-25.39	-319.80	-711.00
Out Reach Coordinator			
Travel	0.00	0.00	
Out Reach Coordinator - Other	0.00	0.00	
Total Out Reach Coordinator	0.00	0.00	
RULES & REGULATIONS			
Other Expenses	0.00	0.00	
RULES & REGULATIONS - Other	0.00	0.00	
Total RULES & REGULATIONS	0.00	0.00	
SAFETY CHAIR			
LSC Safety Chair Meeting	0.00	-650.00	-650.00
SAFETY CHAIR - Other	0.00	0.00	
Total SAFETY CHAIR	0.00	-650.00	-650.00
SECRETARY			
Copy Expenses	0.00	-228.13	-696.00
Handbook Sales	0.00	0.00	
Internet	0.00	0.00	
Postage	0.00	0.00	
Supplies	0.00	-39.33	-120.00
SECRETARY - Other	0.00	0.00	
Total SECRETARY	0.00	-267.46	-816.00
TECHNICAL VICE CHAIR			
Copy Expense	0.00	-100.00	-100.00
Meet Director Clinic	0.00	0.00	-1,000.00
Meet Directors Clinic	0.00	0.00	
TECHNICAL VICE CHAIR - Other	0.00	0.00	
Total TECHNICAL VICE CHAIR	0.00	-100.00	-1,100.00
TREASURER			
Computer hardware & expenses	0.00	0.00	
Computer Software	0.00	0.00	-200.00
Copy Expenses	0.00	0.00	
Internet Expense	-277.86	-381.53	-1,164.00
Meeting Expenses	-24.20	-190.67	-200.00
Other Expenses	0.00	0.00	
Postage	0.00	-50.00	-200.00
Records Storage	0.00	0.00	-1,800.00

Gulf Swimming Inc

Profit & Loss Budget Performance

January 1 through April 28, 2014

	<u>Jan 1 - Apr 28, 14</u>	<u>Budget</u>	<u>Annual Budget</u>
Supplies	-129.53	-93.33	-575.00
Telephone Expense	0.00	0.00	
Training	0.00	-125.00	-125.00
Travel Expenses	-718.50	-600.00	-600.00
TREASURER - Other	0.00	0.00	
Total TREASURER	-1,150.09	-1,440.53	-4,864.00
TSA	0.00	0.00	-566.00
USAS CONVENTION	0.00	0.00	-30,000.00
GENERAL FUND - Other	0.00	0.00	
Total GENERAL FUND	5,843.45	-52,106.17	-84,051.38
Investments			
Annuity Account	0.00	0.00	
Investment Account	0.00	0.00	
Unrealized gain(loss)	21,824.93	0.00	0.00
Investments - Other	0.00	0.00	
Total Investments	21,824.93	0.00	0.00
our	0.00	0.00	
Safe Sport Coordinator			
Travel	0.00	-600.00	-600.00
Safe Sport Coordinator - Other	0.00	0.00	80.00
Total Safe Sport Coordinator	0.00	-600.00	-520.00
Sanctions Coordinator			
Internet	-167.90	-322.53	-984.00
Postage	0.00	-50.00	-50.00
Software	-49.95	0.00	-15.00
Supplies	0.00	0.00	-150.00
Sanctions Coordinator - Other	0.00	0.00	
Total Sanctions Coordinator	-217.85	-372.53	-1,199.00
TOTAL	<u>69,484.39</u>	<u>-59,455.70</u>	<u>-53,607.96</u>

Gulf Swimming Inc
Profit & Loss Prev Year Comparison
January 1 through April 28, 2014

	Jan - Mar 14	Jan - Mar 13	\$ Change	% Change
Ordinary Income/Expense				
Income				
5100 · Earned revenues	238,345.25	157,867.74	80,477.51	50.98%
Total Income	238,345.25	157,867.74	80,477.51	50.98%
Expense				
6560 · Payroll Expenses	0.00	80.00	-80.00	-100.0%
7000 · Grant & contract expense	0.00	500.00	-500.00	-100.0%
7500 · Other personnel expenses	0.00	1,500.00	-1,500.00	-100.0%
8100 · Non-personnel expenses	28,035.49	19,132.68	8,902.81	46.53%
8111 · Office Equipment	0.00	449.99	-449.99	-100.0%
8300 · Travel & meetings expenses	98,497.75	107,905.33	-9,407.58	-8.72%
8500 · Misc expenses	64,152.55	57,842.53	6,310.02	10.91%
Total Expense	190,685.79	187,410.53	3,275.26	1.75%
Net Ordinary Income	47,659.46	-29,542.79	77,202.25	261.32%
Other Income/Expense				
Other Income				
6800 · Unrealized gain (loss)	21,824.93	77,535.69	-55,710.76	-71.85%
Total Other Income	21,824.93	77,535.69	-55,710.76	-71.85%
Net Other Income	21,824.93	77,535.69	-55,710.76	-71.85%
Net Income	69,484.39	47,992.90	21,491.49	44.78%