

April Sprint Series (April 1, 2017)

Hosts: LSST, STA (if entries exceed 400 athletes)

Entries due March 21, 6:00pm to tpc@gulfswimming.org

Entry rules:

Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	Athletes may have no more than 2BB times
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes
Gulf "up/down" rule applies?	Does not apply
Gulf "beyond IMX" rule applies?	Does not apply
Fees	Individual - \$5.75; Relays - \$9.00
Facility surcharge	Facility Surcharge requirements listed below

Notes:

1 day meet - split sessions
Beyond IMX rule does not apply

Order of Events:

Saturday AM

9-12	200 Free Relay
9-12	100 IM
9-12	50 Back
9-12	50 Free
9-12	50 Fly
9-12	50 Breast
9-12	100 Free

Saturday PM

8 & Under	100 Free Relay
	5 min Break
8 & Under	100 IM
8 & Under	25 Fly
8 & Under	25 Back
8 & Under	25 Breast
8 & Under	25 Free
8 & Under	5 Min Break
8 & Under	50 Free
8 & Under	50 Breast
8 & Under	50 Back
8 & Under	50 Fly
8 & Under	100 Free

All events will be seeded fastest to slowest.

All 8&U events will be swum combined but scored separately as 6 & Under, 7yo, and 8yo.

All 9-12 events will be swum combined but scored as 9-10 and 11-12.

All individual events will be pre-seeded; Relays will be positive check-in; cards due 45 min before meet start

Athletes may only swim one (1) relay each day

Facility Surcharge requirements									
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00								
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50								
meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes	\$5.00								

April Open Meet (April 21-23, 2017)

Host: FCST, ECS, TWST, AGS

Entries due April 1, 6:00pm to tpc@gulfswimming.org

Entry rules:	
Type of Meet	Timed Finals
Entry Limits:	3/day
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	11-12 Must have A time in 400/500 free to enter 800 Free 11-12 Must have A time in 200 IM to enter 400 IM
Cut-off times	None
Enter with no time?	Yes, Except 12&U must have a time (YSL) to enter any event 200m or longer event 200m or longer
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Yes
Gulf "Beyond IMX" rule applies?	Yes
Fees	Individual - \$6.00 (AGS - \$7.00)
Facility surcharge	See chart at the bottom of page

Notes:

12&U Must have any time (YSL) to enter events 200 & Longer
Need to set up entry file to pull in yards times

PM session: Host team will publish PM session warm-up & start times with timing/warm-up assignments on Gulf webpage.

Order of Events:

Friday Evening

11&Over 200 IM
11&Over 400 Free*

Saturday AM

13&Over 100 Fly
13&Over 200 Breast
13&Over 100 Back
13&Over 100 Free
13&O Girls 400 IM
13&O Boys 800 Free

Sunday AM

13&Over 200 Free
13&Over 100 Breast
13&Over 200 Fly
13&Over 200 Back
13&Over 50 Free
10 Min Break
13&Over Boys 400 IM
13&Over Girls 800 Free

Saturday PM

12&Under 100 Back

Sunday PM

12&Under 100 Breast

12&Under	50 Fly			12&Under	50 Free						
12&Under	50 Breast			12&Under	50 Back						
11-12	200 Fly			12&Under	200 Free						
12&Under	100 Free			12&Under	100 Fly						
11-12	200 Back			11-12	200 Breast						
10&Under	200 IM			10&Under	400 Free						
11-12 Mixed	800 Free			11-12 Mixed	400 IM						

All events will be seeded fastest to slowest.
 All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.
 All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, 15 & Over.
 All 12 & Under events will be swum combined but scored separately as 11-12, 10 & Under.
 All 10 & Under events will be swum combined but scored separately as 10&Under.
 All Mixed events will be swum mixed but scored separating genders.
 *Event will be swum alternating girls and boys heats.

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50
Meet that uses 1 x 50 meter pool w/ 1 or more warm up lanes + chase starts	\$6.50

May Sprint Series (May 13-14, 2017)

Hosts:

Entries due March 25, 6:00pm to tpc@gulfswimming.org

Entry rules:

Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	Athletes may have no more than 2BB times
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes
Gulf "up/down" rule applies?	Does not apply
Gulf "beyond IMX" rule applies?	Does not apply
Fees	Individual - \$5.75; Relays - \$9.00
Facility surcharge	Facility Surcharge requirements listed below

Notes:

Split Sessions to control length and size
 Added from April:
 --9-12 100's stroke, 200 free/IM
 Beyond IMX rule does not apply

Order of Events:

Saturday AM

9-12	100	IM
9-12	100	Fly
9-12	50	Free
9-12	100	Back
12&U	200	Med Relay
9-10	200	Med Relay
9-12	50	Breast
9-12	200	Free

Sunday AM

9-12	100	Free
9-12	50	Fly
9-12	100	Breast
12&U	200	Free Relay
9-10	200	Free Relay
9-12	50	Back
9-12	200	IM
9-12	500	Free

Saturday PM

8 & Under	50	Free
8 & Under	50	Back
8 & Under	25	Breast
8 & Under	25	Fly
8 & Under	100	Medley Relay
8 & Under	100	Free
8 & Under	100	Fly
8 & Under	100	Breast

Sunday PM

8 & Under	50	Breast
8 & Under	50	Fly
8 & Under	25	Back
8 & Under	25	Free
8 & Under	100	Free Relay
8 & Under	100	IM
8 & Under	100	Back
8 & Under	200	Free

May Open (May 19-21, 2017)

Host: PEAK, CFSC, SPA

Entries due April 29, 6:00pm to tpc@gulfswimming.org

Entry rules:

Type of Meet	Timed Finals
Entry Limits	3/day
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	11-12 Must have A time in 400/500 free to enter 800 Free 11-12 Must have A time in 200 IM to enter 400 IM
Cut-off times	None
Enter with no time?	Yes, Except 12&U must have a time (YSL) to enter any event 200m or longer
Gulf "three event" rule applies?	Does Not apply
Gulf "up/down" rule applies?	Yes
Gulf "Beyond IMX" rule applies?	Yes
Fees	Individual - \$6.00
Facility surcharge	See chart at the bottom of page

Notes:

Removed 30 min break for distance events
 Added 11-12 800 free, 400 IM
 Need to set up entry file to pull in yards times
 Mixing genders for 10&U 400 free, 11-12 400 IM, 800 free

PM session: Host team will publish PM session warm-up & start times with timing/warm-up assignments on Gulf webpage.

Order of Events:

Friday Evening

13&O	400 IM*
11-12	400 Free*
13&O	400 Free*
11-12 Mixed	400 IM

Saturday AM

13&Over	200 Fly
13&Over	50 Free
13&Over	200 Back
13&Over	100 Breast
13&Over	200 Free
13&O Girls	1500 Free

Sunday AM

13&Over	100 Fly
13&Over	200 Breast
13&Over	100 Free
13&Over	200 IM
13&Over	100 Back
	10 Min Break
13&Over Boys	1500 Free

Saturday PM		Sunday PM	
12&Under	100 Breast	11-12	200 Fly
12&Under	50 Free	12&Under	100 Back
12&Under	50 Back	12&Under	50 Breast
12&Under	200 Free	12&Under	50 Fly
12&Under	100 Fly	11-12	200 Back
11-12	200 Breast	12&Under	100 Free
10&Under	200 IM	11-12 Mixed	800 Free
11-12	200 IM	10&Under Mixed	400 Free

All events will be seeded fastest to slowest.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, 15 & Over.

All 12 & Under events will be swum combined but scored separately as 11-12, 10&Under

All 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

All Mixed events will be swum mixed but scored separating genders.

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50
Meet that uses 1x50m pool w/ 1 or more warm up lanes + chase star	\$6.50

June Sprint Series (June 10-11, 2017)

Hosts:

Entries due May 23, 6:00pm to tpc@gulfswimming.org

Entry rules:

Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	Athletes may not have more than 2BB times
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes
Gulf "up/down" rule applies?	Does not apply
Gulf "beyond IMX" rule applies?	Does not apply
Fees	Individual - \$5.75; Relays - \$9.00
Facility surcharge	Facility Surcharge requirements listed below

Notes:

Flipped days from May Sprint Series & B&U Champs

Added 100's non-free for 8&Us

--added at end of meet, as it doesn't add time for those already there

Beyond IMX rule does not apply

Order of Events:

Saturday AM

9-12	100	Free
9-12	50	Fly
9-12	100	Breast
12&U	200	Free Relay
9-10	200	Free Relay
9-12	50	Back
9-12	200	IM
9-12	500	Free

Sunday PM

9-12	100	IM
9-12	100	Fly
9-12	50	Free
9-12	100	Back
12&U	200	Med Relay
9-10	200	Med Relay
9-12	50	Breast
9-12	200	Free

Saturday PM

8 & Under	50	Breast
8 & Under	50	Fly
8 & Under	25	Back
8 & Under	25	Free
8 & Under	100	Free Relay
8 & Under	100	IM
8 & Under	100	Back
8 & Under	200	Free

Sunday PM

8 & Under	50	Free
8 & Under	50	Back
8 & Under	25	Breast
8 & Under	25	Fly
8 & Under	100	Medley Relay
8 & Under	100	Free
8 & Under	100	Fly
8 & Under	100	Breast

June Open Meet (June 23-25, 2017)

Host: ESCA/LSST

Entries due June 3, 6:00pm to tpc@gulfswimming.org

Entry rules:

Type of Meet	Timed Finals
Entry Limits	3/day
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	11-12 Must have A time in 400/500 free to enter 800 Free 11-12 Must have A time in 200 IM to enter 400 IM
Cut-off times	None
Enter with no time?	Yes, Except 12&U must have a time (YSL) to enter any event 200m or longer
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Yes
Gulf "Beyond IMX" rule applies?	Yes
Fees	Individual - \$6.00
Facility surcharge	See chart at the bottom of page

PM session: Host team will publish PM session warm-up & start times with timing/warm-up assignments on Gulf webpage.

Order of Events:

Friday Evening

11&Over	200 IM
11&Over	200 Free

Saturday AM

13&Over	100 Fly
13&Over	200 Breast
13&Over	100 Back
13&Over	100 Free
13&O Girls	400 IM
13&O Boys	400 Free
13&O Boys	800 Free

Sunday AM

13&Over	100 Breast
13&Over	200 Fly
13&Over	200 Back
13&Over	50 Free
13&O Girls	400 Free
13&O Boys	400 IM
13&O Girls	800 Free

Saturday PM

Sunday PM

12&Under	100 Back			12&Under	100 Breast
12&Under	50 Fly			12&Under	50 free
12&Under	50 Breast			12&Under	50 back
11-12	200 Fly			10&Under	200 Free
12&Under	100 Free			12&Under	100 Fly
11-12	200 Back			11-12	200 Breast
10&Under Mixed	200 IM			10&Under Mixed	400 Free
11-12 Mixed	400 IM			11-12 Mixed	400 free

All events will be seeded fastest to slowest.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, 15 & Over.

All 12 & Under events will be swum combined but scored separately as 11-12, 10&Under

All 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

All Mixed events will be swum mixed but scored separating genders.

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50
Meet that uses 1x50m pool w/ 1 or more warm up lanes + chase star	\$6.50

Gulf Age Group Champs (July 7-9, 2017)

Host: CFSC

Entries due June 27, 6:00pm to host team

Gulf Swimming custom medals will be awarded.

Entry rules:

Type of Meet	Prelim/Final A/B Finals for each age group
Max # individual events:	Three (3)/Day; 7 Maximum for meet
Swimmers eligible	Gulf Only
Entry time in	Any LCM/SCM/SCY
Qualifying times	Gulf AG Champs times
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Yes
Gulf "beyond IMX" rule applies?	Does not apply
Fees	Individual - \$9.00; Relays - \$16.50
Facility surcharge	See Chart at bottom

Notes

Changed meet date
 Added Beyond IMX rule
 Meet Format most similar to 2016 Gulf Champs (TWST) meet
 Create "AG Champs" to keep time standards same SCY/LCM
 Greater long-term stability in meet size
 Changed 10&U to AB finals
 Added 400 Free & 4 Med Relays for 11-14;
 Move 10&U to afternoon
 Eliminate 1500 free - going 800 for both gender/age groups
 Still a tags qualifying event, more timeline friendly
 1 distance event over 3 days
 Switched days for 13-14 200 Fly & 13-14 200 Breast to match 11-12's
 Switched 11-12 50 breast & 200 Fly on Sunday; due to 11-12 400 Free
 being moved to Friday
 Prelims Warm up: 7:00am; Meet start 8:30am
 Finals warm up: 4:30pm; Meet start 5:30pm
 Offering only 800 free in 1st year of LCM AG champs meet

Order of Events:

Friday

Fri AM Prelims

11-12 50 Fly
 11-14 200 IM
 11-14 100 Back
 11-14 200 Breast
 13-14 400 Free Relay
 11-12 400 Free Relay
 11-14 400 Free**

Fri PM Prelims

10&U 50 Fly
 10&U 200 IM
 10&U 100 Back
 10&U 200 F.R.

Saturday

Saturday AM Prelims

13-14 200 Free Relay
 11-12 200 Free Relay
 11-14 100 Fly
 11-14 200 Free
 11-14 100 Breast
 11-14 50 free
 11-12 200 Back
 13-14 200 Med Relay
 11-12 200 Med Relay
 13-14 400 IM#

Sat PM Prelims

10&U 100 Fly
 10&U 200 Free
 10&U 100 Breast
 10&U 50 Free
 5 min break
 10&U 200 M.R

Sunday

Sunday AM Prelims

13-14 200 Back
 11-12 50 Back
 11-14 100 free
 11-12 50 Breast
 11-14 200 Fly
 13-14 400 Med Relay
 11-12 400 Med Relay
 13&O 800 Free@

Sun PM Prelims

10&U 50 Back
 10&U 100 Free
 10&U 50 Breast
 10&U 400 Free*

60 sec interval for finals; no parade
 Announce names in water

Friday Finals	Saturday Finals	Sunday Finals
11-12 400 Free**	13-14 400 IM#	13-14 800 Free@
13-14 400 Free**	10&U 100 Fly	13-14 200 Back
10&U 50 Fly	11-14 100 Fly	10&U 50 Back
11-12 50 Fly	10&U 200 Free	11-12 50 Back
10&U 200 IM	11-14 200 Free	10&U 100 Free
11-14 200 IM	10&U 100 Breast	11-14 100 Free
10&U 100 Back	11-14 100 Breast	10&U 50 Breast
11-14 100 Back	10&U 50 Free	11-12 50 Breast
11-14 200 Breast	11-14 50 Free	11-14 200 Fly
	11-12 200 Back	

*10&U 400 Free will be swum timed finals, with all heats swum in prelims, running all girls heats then all boys heats

**11-14 400 Free - Top 10 11-12 & top 10 13-14 of each gender choosing PM option will swim at the start of finals. All others will swim ages combined at the start of prelims, alternating girls & boys by heat

#400 IM - Top 10 13-14 of each gender choosing PM option will swim at the start of finals. All others will swim at the end of prelims, alternating girls & boys by heat

@800 Free - Top 10 13-14 of each gender choosing PM option will swim at the start of finals. All others will swim at the end of prelims, alternating girls & boys by heat

All 11-14 preliminary events 200 & shorter will be seeded fastest to slowest, utilizing chase starts, one end for odd heats, and one end for even heats.

All 10&U preliminary events 200 & shorter will be seeded fastest to slowest

All Relays swum timed finals during prelim sessions

All 11-14 events will be swum combined in prelims, and separated out 11-12 & 13-14 in finals.

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50
Meet that uses 1x50m pool w/ 1 or more warm up lanes +	\$6.50

Gulf B&U Champs (July 8-9, 2017)

Hosts: DADS, MAC, NOCH

Entries due June 17, 6:00pm to tpc@gulfswimming.org

Gulf Swimming custom medals will be awarded.

Entry rules:

Type of Meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Group X
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	BB Times by event
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Gulf "beyond IMX" rule applies?	Does not apply
Fees	Individual - \$6.00; Relays - \$9.25
Facility surcharge	See Chart at bottom

Notes:

Split 8&U into afternoon session - approx 100/session

Order of Events:

Saturday AM

9-12	100	IM
9-12	100	Fly
9-12	50	Free
9-12	100	Back
12&U	200	Med Relay
9-10	200	Med Relay
9-12	50	Breast
9-12	200	Free

Sunday PM

9-12	100	Free
9-12	50	Fly
9-12	100	Breast
12&U	200	Free Relay
9-10	200	Free Relay
9-12	50	Back
9-12	200	IM
9-12	500	Free

Saturday PM

8 & Under	50	Free
8 & Under	50	Back
8 & Under	25	Breast
8 & Under	25	Fly
8 & Under	100	Medley Relay

Sunday PM

8 & Under	50	Breast
8 & Under	50	Fly
8 & Under	25	Back
8 & Under	25	Free
8 & Under	100	Free Relay

8 & Under	100	Free		8 & Under	100	IM							
8 & Under	100	Fly		8 & Under	100	Back							
8 & Under	100	Breast		8 & Under	200	Free							

All events will be seeded fastest to slowest.

All 8&U events will be swum combined but scored separately as 6 & Under, 7yo, and 8yo.

All 9-12 events will be swum combined but scored as 9-10 and 11-12.

All individual events will be pre-seeded; Relays will be positive check-in; cards due 45 min before meet start

All 500 freestyles swum Girls first, then boys

Athletes may only swim one (1) relay each day

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50
Meet that uses 1x50m pool w/ 1 or more warm up lanes + chase	\$6.50

Gulf Summer Champs (July 14-16, 2017)

Host: FCST, PEAK

Entries due June 27, 6:00pm to tpc@gulfswimming.org

Gulf Swimming custom medals will be awarded.

Entry rules:

Type of Meet	Prelim/Final 11&O AB finals; 10&U A final
Max # individual events per day	Three (3)
Swimmers eligible	Gulf Only
Entry time in	Any LCM/SCM/SCY
Qualifying times	12&U - BB Times by event 13&O - None
Cut-off times	14&U Gulf AG Champs times 15&O - 2 AA times or fewer
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Yes for 12&U athletes
Gulf "beyond IMX" rule applies?	Does not apply
Fees	Individual - \$9.00; Relays - \$16.50
Facility surcharge	See Chart at bottom

Notes

Changed meet date
 Added Beyond IMX rule
 Meet Format most similar to 2016 Gulf Champs (TWST) meet
 --Intent is for fall champs/dec senior champs type meet
 Created "AG Champs" to keep time standards same SCY/LCM
 Greater long-term stability in meet size
 Events separated by age, no combined events
 Separated age groups in prelims in order to separate age groups in finals
 60 sec interval for finals; no parade
 Announce names in water

Prelims Warm up: 7:00am; Meet start 8:30am

Finals warm up: 4:30pm; Meet start 5:30pm

Order of Events:

Friday	Saturday	Sunday
<u>Fri AM Prelims</u>	<u>Saturday AM Prelims</u>	<u>Sunday AM Prelims</u>
15&O 200 IM	13-14 100 fly	13-14 200 back
13-14 200 IM	15&O 100 fly	15-18 200 back
15&O 100 back	13-14 200 free	13-14 100 free
13-14 100 back	15&O 200 free	15&O 100 free
15&O 200 fly	13-14 100 breast	13-14 200 breast
13-14 200 fly	15&O 100 breast	15&O 200 breast
13&O 400 free#	13-14 50 free	13-14 200 F.R
	15&O 50 free	15&O 200 F.R
	13-14 200 M.R	5 min break
	15&O 200 M.R	13&O 800 free*
	5 min break	
	13&O 400 IM#	
<u>Fri PM Prelims</u>	<u>Saturday Afternoon</u>	<u>Sunday Afternoon</u>
11-12 50 fly	10&U 100 fly	10&U 50 back
10&U 50 fly	11-12 100 fly	11-12 50 back

11-12 200 IM		10&U 200 free			10&U 100 free						
10&U 200 IM		11-12 200 free			11-12 100 free						
11-12 100 back		10&U 100 breast			11-12 200 fly						
10&U 100 back		11-12 100 breast			10&U 50 breast						
11-12 200 breast		10&U 50 free			11-12 50 breast						
		11-12 50 free			11-12 200 F.R						
		11-12 200 back			10&U 200 F.R						
		10&U 200 M.R			12&U 400 free#						
		11-12 200 M.R									

<u>Friday Finals</u>		<u>Saturday Finals</u>		<u>Sunday Finals</u>							
11-12 50 fly		10&U 100 fly		10&U 50 back							
10&U 50 fly		11-12 100 fly		11-12 50 back							
15&O 200 IM		13-14 100 fly		13-14 200 back							
13-14 200 IM		15&O 100 fly		15-18 200 back							
11-12 200 IM		10&U 200 free		10&U 100 free							
10&U 200 IM		11-12 200 free		11-12 100 free							
15&O 100 back		13-14 200 free		13-14 100 free							
13-14 100 back		15-18 200 free		15&O 100 free							
11-12 100 back		10&U 100 breast		11-12 200 fly							
10&U 100 back		11-12 100 breast		13-14 200 breast							
15&O 200 fly		13-14 100 breast		15&O 200 breast							
13-14 200 fly		15&O 100 breast		10&U 50 breast							
11-12 200 breast		10&U 50 free		11-12 50 breast							
13&O 400 free#		11-12 50 free		13&O 800 free*							
		13-14 50 free		12&U 400 free#							
		15&O 50 free									
		11-12 200 back									
		13&O 400 IM#									

13&O 400/800 free & 400 IM will be swum combined but scored separating 13-14, 15&O
12&U 400 free will be swum combined but scored separating 11-12, 10&U
400 Free & 400 IM are swum girls first then boys in prelims; fastest 8 choosing PM option for each gender swim in finals; all other heats in prelims.
*800 Free is swum alternating girls & boys by heat, with the fastest 8 of each gender swimming in finals; all other heats swum in prelims.
All relays swum timed finals in prelims
All preliminary events 200 & shorter will be seeded fastest to slowest, utilizing chase starts, one end for odd heats, and one end for even heats.

Facility Surcharge requirements	
8x25 Yard pool with 1 or less warm-up/warm-down lanes	\$2.00
8x25 Yard pool with 2 or more warm-up/warm-down lanes	\$3.50
Meet that uses 2x25 yard pools with 8 lanes and 2 or more warm-up/warm-down lanes	\$5.00
Meet that uses 1x50 meter pool w/ no warm down	\$3.50

Gulf Senior Champs (July 14-16, 2017)

Host: TWST

Entries due July 3, 6:00pm to host team

Gulf Swimming custom medals will be awarded.

Entry rules:

Type of Meet	Prelim/Final A/B/C/D Finals for each gender
Max # individual events:	Three/day; 7 total for meet; 50's non-free do not count toward 7 total
Swimmers eligible	Gulf Only - 13&Over
Entry time in	Any LCM/SCM/SCY
Qualifying times	(3) 15-16 AA times - may swim anything
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Yes
Gulf "up/down" rule applies?	Does not apply
Gulf "beyond IMX" rule applies?	Does not apply
Fees	Individual - \$9.00; Relays - \$16.50
Facility surcharge	See Chart at bottom

Notes

Changed meet date
 Added Beyond IMX rule
 Meet Format most similar to 2016 Futures Champs
 60 sec interval for finals; no parade
 Announce names in water

Order of Events:

Prelims Warm up: 7:30am; Meet start 9:00am

Finals warm up: 4:30pm; Meet start 5:30pm

Friday	Saturday	Sunday
<u>Fri AM Prelims</u>	<u>Saturday AM Prelims</u>	<u>Sunday AM Prelims</u>
200 Freestyle	200 Fly	100 Freestyle
100 Breast	50 Free	200 Back
100 Fly	200 Breast	50 fly
50 Back	100 Back	200 IM
400 IM	400 Free	50 breast
		1500 Free
<u>Fri PM Finals</u>	<u>Saturday PM Finals</u>	<u>Sunday PM Finals</u>
200 Freestyle	200 Fly	100 Free
100 Breaststroke	50 Free	1500 Free (Girls)
100 Fly	200 Breast	200 Backstroke
50 Back	100 Back	1500 Free (Boys)
400 IM	400 Free	50 fly
400 Free Relay	400 Med Relay	200 IM
		50 breast

Note prelims 30 min later than AG Champ

All preliminary events 200 & shorter will be seeded fastest to slowest, utilizing chase starts, one end for odd heats, and one end for even heats.

All preliminary events 400 & longer will be swum alternating girls then boys by heat

