

**GULF SWIMMING  
SUMMER CHAMPS**  
July 14-16, 2017  
A Long Course Meters Prelims / Finals Meet  
HOSTED BY

**Pearland Aquatics**



**\*\*\*For ALL Prelim Sessions\*\*\***  
All swimmers are required to circle-in at least 45 minutes before the beginning of each prelim session for all events.

**Friday, Saturday & Sunday AM Prelim Warm Up Schedule**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:00-7:25a	HCAP	HCAP	HCAP	PEAK	PEAK SHRK	SHRK	BATS AQUA	SCAT COOG
7:25-7:50a	SSS LJAC	BTA LSST	TTST	NOCH PLAT	STA TYES EPRC	BLST	ESA GIST	TASC AMBU SST
7:50-8:15a	TWST	TWST	TWST	AGS	AGS MAC	MAC	MARC LIFE	CATS BBSC PACE

**Friday & Saturday PM Prelim Warm Up Schedule**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1:00-1:25p	HCAP	HCAP	PEAK	SSS	COOG BLST	SHRK BATS	AQUA LJAC TTST	AQUA
1:25-1:50p	TWST	TWST	TWST TASC MARC	MAC	AGS VVST	ESA LLST TYES AMBU	CATS LIFE BTA BBSC 300 SST	PLAT PACE SCAT TASC NOCH STA

**Sunday PM Prelim Warm Up Schedule**

Two 20-minute warm-up sessions will be held immediately following the completion of the AM prelim session.

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Warm-up 1	HCAP	HCAP	PEAK	SSS	COOG BLST	SHRK BATS	AQUA LJAC TTST	AQUA
Warm-up 2	TWST	TWST	TWST TASC MARC	MAC	AGS VVST	ESA LLST TYES AMBU	CATS LIFE BTA BBSC 300 SST	PLAT PACE SCAT TASC NOCH STA

## **Friday Finals Warm-Up Schedule**

Open Warm Ups 4:00 - 5:15 pm

## **Saturday Finals Warm-Up Schedule**

Open Warm Ups 4:45 - 5:20 pm

## **Sunday Finals Warm-Up Schedule**

Open Warm Ups 5:15 - 5:50 pm

## **Friday, Saturday, & Sunday Prelim Timing Assignments**

Activity Pool End of the Pool - Odd Heats (Women's 400 IM, 400 FR & 800 FR must provide 2 timers)

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	HCAP	HCAP	PEAK	PEAK	SHRK	BLST	MARC	PLAT
Chair 2	HCAP	HCAP	PEAK	MAC	SHRK	ESA	TTST	AMBU

Diving Board End of the Pool - Even Heats (Men's 400 IM, 400 FR, & 800 FR must provide 2 timers)

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	TWST	TWST	AGS	AGS	AQUA	COOG	BATS	TYES
Chair 2	TWST	TWST	AGS	SSS	AQUA	BTA	NOCH	CATS

## **Friday, Saturday, & Sunday Finals Timing Assignments**

16 Chairs at Activity Pool end: PLEASE Volunteer!!!