

GULF Swimming B & Under Champs

July 8-9, 2017

A Short Course Yards Timed Finals Meet

HOSTED BY

North Channel Aquatics and South Texas Aquatics



Sanction Number # GULC 17-044

ENTRIES DUE TO TPC Chair (tpc@gulfswimming.org) BY 6:00 PM, SATURDAY, JUNE 17, 2017

LOCATION: Galena Park ISD Natatorium
15027 Wallisville Rd.
Houston, TX 77015

DIRECTIONS: From Beltway 8 on the East side of town, turn West on Wallisville Rd. After crossing Castlegory, the natatorium is on your right, just before the football stadium and behind the YMCA.

SPECIAL INSTRUCTIONS: Parking will be in front of the football stadium. Enter from Wallisville at the second driveway. No parking will be allowed directly in front of the natatorium. This lot will be used for tent set up. The driveway will be blocked off with cones so please do not move them. There is no set up on any grass areas. There is no set up on any sidewalks.

The building will open at 7:00 a.m. for swimmers and coaches.

The pool will be open for swimmers and coaches only during warm up times. Spectator seating will open at 8:45 am. Parents needing to deck enter will be allowed to do so but will need to exit the pool area afterwards.

There is no permanent seating inside the natatorium. Parents are asked to watch their swimmer and then exit the stands so that others may watch their children. This will be strictly monitored.

There is no food allowed on the pool deck. Swimmers must eat outside or in the lobby.

MEET STAFF:

| | | | |
|--------------------------|-----------------|--|--------------|
| MEET REFEREE: | Jay Haskins | jhrider@gmail.com | |
| ADMIN OFFICIAL: | Greg Pennington | rgpennington@gmail.com | |
| MEET DIRECTOR(S): | Paige Sikkema | nochswimcoachpaige@gmail.com | 832-360-3456 |
| | Tony Puckett | twpuckett@paalp.com | |



GULF SWIMMING

SAFETY MARSHAL: Sandra Salge
COACH(ES): Kristien Newman
Mark Martinez
Kelli Northern

POOL: One eight lane, 25 yard indoor pool with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up / warm-down area will be made available during the competition.

TIME AND DATE: This is a four session, 2 day, timed-finals meet with AM and PM sessions on Saturday and Sunday.

Session 1: Saturday AM—July 8, 2017

Age Groups: 9-12 girls and boys

Warm-up*: 7:30-8:45 am / Meet Start: 9:00 am

Session 2: Saturday PM – July 8, 2017

Age Groups: 8 & Under girls and boys

Warm-up*: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

Session 3: Sunday AM—July 9, 2017

Age Groups: 9-12 girls and boys

Warm-up*: 7:30-8:45 am / Meet Start: 9:00 am

Session 2: Sunday PM – July 8, 2017

Age Groups: 8 & Under girls and boys

Warm-up*: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the heat sheet, and posted on the Gulf Swimming website by Monday, July 3, 2017.

MEET TYPE: This meet will be run utilizing flyover start procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the flyover start procedure.

SAFETY GUIDELINES AND WARM-UP PROCEDURES:

See attached Safety Guidelines and Warm-up Procedures

SEEDING: The meet will be a pre-seeded for all events except the 500 free and all relays, which will be deck seeded.

POSITIVE CHECK-IN (500 FREE & RELAY CARDS):

All swimmers must positively check-in with the Clerk of the Course for the 500 Free.



GULF SWIMMING

Swimmers are required to positively check-in at least 45 minutes before the beginning of the meet session. After the events are officially closed, no one may check-in or scratch. After checking-in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chair, Jason Wedlick, for each event in which he/she fails to appear.

Relay cards must be turned in to the Clerk of Course 45 min. before the start of the session each day, or the entry will be considered scratched.

ON-DECK ENTRIES: Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the 6:00 pm, Saturday, June 17, 2017 deadline may enter the meet on-deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
2. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes in the pre-seeded events and according to their best times in deck seeded events.
3. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers that on-deck enter to change their entry time in a deck seeded event,
 - a. must circle-in on the posted circle-in sheets,
 - b. the on-deck entry time will be used for seeding, and
 - c. the on-deck entry fees still apply to these swimmers.
7. Heats will be added, if necessary and if the timeline permits.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., L, S, or Y). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.

Cut-off Times: 10 & U, 11 -12 USAS BB Motivational time standards

Qualifying Times: None

Beyond IMX Rule: Does not apply

Times Eligibility: Times must be achieved between July 1, 2015 and the entry deadline.

Age: As of July 8, 2017

Number of Events: Swimmers may compete in up to four (4) individual events per day.

Entries: All teams MUST submit their entries electronically via e-mail, using the



GULF SWIMMING

Hy-Tek Meet Manager/Team Manager computer software.

Deadline: Entries must be in the hands of the TPC Chair no later than **6:00 PM, SATURDAY, JUNE 17, 2017**. No late entries will be accepted. Email entries to

tpc@gulfswimming.org

Eligible Teams: Venues will be balanced by team numbers. The team lists will be posted on the Gulf website. Only swimmers attached to a registered Gulf Swimming team, swimmers in the documented process of transferring to a Gulf Swimming team may participate in this invitational meet.

Individual Event Entry Fee (per event): \$5.75
Relay Event Entry Fee (per relay): \$9.00
Swimmer Surcharge Fee (per swimmer): \$3.50
Make entry fee checks payable to: North Channel Aquatics

Mail entry fees (**POSTMARKED BY FRIDAY, JUNE 30, 2017**) to the address below:

North Channel Aquatics
13839 Woodforest Blvd.
Houston, TX 77015

832-360-3456
nochswimcoachpaige@gmail.com

AWARDS: Individual events: Custom Gulf Medals, 1st-3rd place, Gulf Ribbons, 4th -8th place.
Relay events: Custom Gulf Medals 1st place, Gulf Ribbons 2nd -3rd place.
Individual High Points for each age and gender
Team Awards for 1st-3rd place.

SCORING: Individual Events: 9-7-6-5-4-3-2-1
Relay Events: 18-14-12-10-8-6-4-2
Most 12 & under events will be swum combined but scored separately as 8 & under, 9-10 and 11-12.
Some events, indicated by an *, will be swim combined but scored separately as 11-12 and 10 & Under.

RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted. Gulf Swimming teams assigned by the Technical Planning Chairman may only participate in this invitational meet.



GULF SWIMMING

The Gulf Swimming three (3) event rule and up/down rule do not apply.

PROOF OF TIME:

Swimmers are not eligible to swim an event if they have times faster than the cut-off. Once swimmers have qualified for a particular division in a particular event, PRIOR to the entry deadline stated in the meet invitation, they MAY NOT swim that event in a slower division. Swimmers entering events in a slower division are subject to disqualification from the meet by the Meet Referee.

Any swimmer is eligible to be a swimmer of a relay team competing at the meet as long as the swimmer is not competing in a stroke and distance in which they have equaled or bettered the cutoff time for that division in which the relay is competing; i.e., swimmers do not compete on B & Under relays in a stroke or distance in which they have a "BB" time or faster.

Swimmers shall be fined \$50.00 for each event in which they competed and are over qualified. The fine or proof of time is sent to the Administrative Vice-Chairman, Jason Wedlick.

POOL MEASUREMENT:

The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the competition course is 13 feet measured from 1 meter to 5 meters on the starting end of the course, and 4.5 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM:

A Daktronics Model 2000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 500 Free must provide 2 timers and a lap counter where applicable.

POOL DECK RESTRICTION:

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

The pool will only be open for swimmers and coaches during the warm up times. Spectator seating will open at 8:45 am. Parents needing to deck enter will be allowed to do so but will need to exit the pool area.



GULF SWIMMING

There is no permanent seating inside the natatorium. Parents are asked to watch their swimmer and then exit the stands so that others may watch their children. This will be strictly monitored.

There is no food allowed on the pool deck. Swimmers must eat outside or in the lobby.

DECK CHANGES: Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, Coaches, officials and/or spectators are present. Exceptions may be granted with prior Written approval by the Vice President of Program Operations.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

HOSPITALITY: A hospitality room will be available.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet. Unofficial real time results will be available on MEET MOBILE. Please note that the wifi in the pool area is not reliable so there are no guarantees that all results will show on Meet Mobile.

CONCESSIONS: Concessions will be available complete with breakfast items (breakfast tacos, kolaches, donuts) and lunch items (burgers, sausage on a stick, pasta).

MERCHANDISE: D & J Sports will be at the meet selling swim gear.



GULF SWIMMING

Fine Designs will also be on site selling swim apparel with the meet logo.
Heat Sheets will be for sale for \$5.00 along with highlighters and sharpies.

FACILITY RULES:

Parking will be in front of the football stadium. Enter from Wallisville at the second driveway. No parking will be allowed directly in front of the natatorium. This lot will be used for tent set up. The driveway will be blocked off with cones so please do not move them. There is no set up on any grass areas. There is no set up on any sidewalks.

The building will open at 7:00 am for swimmers and coaches.

The pool will only be open for swimmers and coaches during the warm up times. Spectator seating will open at 8:45 am. Parents needing to deck enter will be allowed to do so but will need to exit the pool area.

There is no permanent seating inside the natatorium. Parents are asked to watch their swimmer and then exit the stands so that others may watch their children. This will be strictly monitored.

There is no food allowed on the pool deck. Swimmers must eat outside or in the lobby.

ATTACHMENTS:

Meet Format, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form



GULF SWIMMING

GULF Swimming B & Under Champs

July 8-9, 2017

A Short Course Yards Timed Finals Meet

HOSTED BY

North Channel Aquatics and South Texas Aquatics

Entry Rules:

| | |
|----------------------------------|--|
| Type of meet | Timed Finals |
| Max # individual events per day | Four (4) |
| Swimmers eligible | Gulf registered swimmers assigned to this venue |
| Entry times in | SCY/SCM/LCM |
| Qualifying times | None |
| Cut-off times | BB times by event |
| Enter with no time? | Yes |
| Gulf "three event rule" applies? | No |
| Gulf "up/down rule" applies? | No |
| Gulf "beyond IMX" rule applies | No |
| Fees | Individual – \$6.00, Relays \$9.25 Facility Surcharge –\$3.50 per swimmer |



GULF SWIMMING

| Girls Event# | Saturday AM – July 8, 2017 | | | Boys Event# |
|-------------------------|-----------------------------------|-----|---------------|------------------------|
| | Event Name | | | |
| 1 | 9-12 | 100 | I.M. | 2 |
| 3 | 9-12 | 100 | Fly | 4 |
| 5 | 9-12 | 50 | Free | 6 |
| 7 | 9-12 | 100 | Back | 8 |
| 9 | 12 & U | 200 | Medley Relay* | 10 |
| 11 | 9-10 | 200 | Medley Relay* | 12 |
| 13 | 9-12 | 50 | Breast | 14 |
| 15 | 9-12 | 200 | Free | 16 |

| Girls Event# | Saturday PM – July 8, 2017 | | | Boys Event# |
|-------------------------|-----------------------------------|-----|---------------|------------------------|
| | Event Name | | | |
| 17 | 8 & U | 50 | Free | 18 |
| 19 | 8 & U | 50 | Back | 20 |
| 21 | 8 & U | 25 | Breast | 22 |
| 23 | 8 & U | 25 | Fly | 24 |
| 25 | 8 & U | 100 | Medley Relay* | 26 |
| 27 | 8 & U | 100 | Free | 28 |
| 29 | 8 & U | 100 | Fly | 30 |
| 31 | 8 & U | 100 | Breast | 32 |

All events will be seeded fastest to slowest.

All 8 & U events will be swum combined but scored separately as 6 & U, 7 year olds, 8 year olds

All 9-12 events will be swum combined but scored separately as 9-10, 11-12

*Athletes may only swim one (1) relay each day.



GULF SWIMMING

| Girls Event# | Sunday AM – July 9, 2017 | | | Boys Event# |
|-------------------------|---------------------------------|-----|-------------|------------------------|
| | Event Name | | | |
| 33 | 9-12 | 100 | Free | 34 |
| 35 | 9-12 | 50 | Fly | 36 |
| 37 | 9-12 | 100 | Breast | 38 |
| 39 | 12 & Under | 200 | Free Relay* | 40 |
| 41 | 9-10 | 200 | Free Relay* | 42 |
| 43 | 9-12 | 50 | Back | 44 |
| 45 | 9-12 | 200 | I.M. | 46 |
| 47 | 9-12 | 500 | Free** | 48 |

| Girls Event# | Sunday PM – July 9, 2017 | | | Boys Event# |
|-------------------------|---------------------------------|-----|-------------|------------------------|
| | Event Name | | | |
| 49 | 8 & U | 50 | Breast | 50 |
| 51 | 8 & U | 50 | Fly | 52 |
| 53 | 8 & U | 25 | Back | 54 |
| 55 | 8 & U | 25 | Free | 56 |
| 57 | 8 & U | 100 | Free Relay* | 58 |
| 59 | 8 & U | 100 | I.M. | 60 |
| 61 | 8 & U | 100 | Back | 62 |
| 63 | 8 & U | 200 | Free | 64 |

All events will be seeded fastest to slowest.

All 8 & U events will be swum combined but scored separately as 6 & U, 7 year olds, 8 year olds

All 9-12 events will be swum combined but scored separately as 9-10, 11-12

*Athletes may only swim one (1) relay each day.

**All 500 freestyles will be swum girls first, then boys.



GULF SWIMMING

GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.



GULF SWIMMING

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date



GULF SWIMMING