

GULF April Open Meet

A LONG COURSE METERS TIMED FINALS MEET

HOSTED BY THE WOODLANDS SWIM TEAM

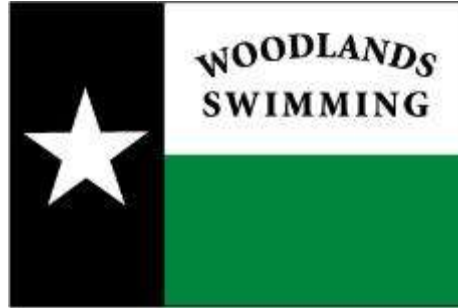
April 21-23, 2017



SANCTION No. GULC 17-005R2

Warm-up/Timelines

Meet Referee: Andrea Walin
Admin Official: Robin Gawronska & Shawn Anderson
Meet Director: Vanessa Krantzcke & Shari Newman
Safety Marshal: Pati Bryant
Entries Director: Patricia Leijnse



GULF April Open Meet April 21, 22 & 23, 2017 Reminders

This is a deck seeded event. ALL SWIMMERS MUST CIRCLE IN FOR ALL EVENTS, NO EXCEPTION! Circle-in period closes **45 minutes BEFORE the session begins.** Once the check-in period closes, all events will be seeded. Coaches please make your swimmers aware of the circle in procedure.

On-deck entries will be accepted each day up to 45 minutes before the start of each session. The start time in the timeline PM sessions is an approximate time.

Friday Session: Meet start: 6:30 pm & Warm-up start: 5:00 pm

Saturday and Sunday AM Session: Meet start time at 9am. Warm-ups begin at 7:30 am.

Saturday and Sunday PM Session: Warm-up will start immediately upon the completion of the AM Session. PM Session will start 1 hour and 15 minutes after the conclusion of the AM session.

Swimmers must provide their own timers for the 400 Free, 400 IM and their own timers & lap counter for the 800 Free events.

2017 Gulf April Open - 4/21/2017 to 4/23/2017 Team List

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	AMBU-GU Ambush Swimming	11	10	21	98	0	98
2	BLST-GU Battleground Area Swim Team	29	17	46	238	0	238
3	BTA-GU Blue Tide Aquatics	35	47	82	467	0	467
4	CATS-GU Conroe Area Team Swimmers	14	8	22	133	0	133
5	EPRC-GU Eagle Pointe Stingrays	16	7	23	50	0	50
6	ESA-GU Eagle Swimming Association	49	51	100	527	0	527
7	HCAP-GU Harris County Aquatics Program	79	75	154	773	0	773
8	HUNT-GU Huntsville Nadadores Swim Club	6	3	9	42	0	42
9	LAP-GU Lighthouse Aquatics	4	5	9	41	0	41
10	NOCH-GU North Channel Aquatics	18	20	38	230	0	230
11	NEHA-GU Northeast Houston Aquatics	6	3	9	37	0	37
12	STA-GU South Texas Aquatics	14	11	25	111	0	111
13	SST-GU Spring Swim Team	14	10	24	116	0	116
14	TWST-GU The Woodlands Swim Team	137	98	235	1,403	0	1403
15	TASC-GU Tomball Area Swim Club	13	4	17	70	0	70
16	UAMBU-GU UnAtt - Ambush Swimming	1	0	1	6	0	6
17	UTASC-GU UnAtt - Tomball Area Swim Club	0	1	1	4	0	4
18	UCATS-GU Unattached-CATS	0	1	1	6	0	6
19	UTWST-GU Unat-The Woodlands	2	1	3	18	0	18
20	USTA-GU UnAtt-South Texas Aquatics	0	1	1	7	0	7
21	USA-GU United Swim Aquatics	6	3	9	38	0	38
22	VSST-GU VillaSport Swim Team	13	4	17	62	0	62
		467	380	847	4477	0	4477

Friday April 21, 2017

PM Session Warm-up Assignments Session Starts 6:30 pm

1st Warm-up Session 5:00 pm – 5:25 pm

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

2nd Warm-up Session 5:25 pm - 5:50 pm

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ESA LAP	ESA	ESA	ESA	ESA HUNT	SST BLST	TASC AMBU	CATS

3rd Warm-up Session 5:50 pm - 6:15 pm

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NOCH	NOCH	STA	HCAP	BTA	BTA	BTA	BTA NEHA

Friday, April 21, 2017 Session Starts 6:30 pm

We will need VOLUNTEER TIMERS for the 200 IM event only. Please help the meet start on time and run smoothly by volunteering to time this event.

West End (Scoreboard)

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	ESA	ESA	ESA	BTA	BTA	BTA	NOCH	STA
Chair 2	ESA	ESA	ESA	BTA	BTA	BTA	NOCH	CATS

East End (Bulkhead)

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST
Chair 2	TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

Swimmers in the 400 Free must provide their own timers.

Session: 1 Friday PM

Day of Meet: 1 Starts at 06:30 PM Heat Interval: 0 Seconds / Chase -5

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11 & Over 200 IM	100	13 u	06:30 PM	_____
Finals	2 Boys 11 & Over 200 IM	102	13 u	07:09 PM	_____
Finals	3 Girls 11 & Over 400 Freestyle	52	7 u	07:44 PM	_____
Finals	4 Boys 11 & Over 400 Freestyle	59	8 u	08:21 PM	_____
	Swimmers Counts for Warm-ups: 262	=====	=====		
	Entry / Heat Totals:	313	41		
	Finish Time			09:01 PM	_____

Saturday April 22, 2017

AM Session Warm-up Assignments Session Starts 9:00 am

1st Warm-up Session 7:30 am – 7:55 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST CATS

2nd Warm-up Session 7:55 am – 8:20 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
BLST	HCAP BLST	HCAP	HCAP	HCAP	SST HUNT	AMBU LAP	TASC EPRC

3rd Warm-up Session 8:20 am – 8:45 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NOCH	NOCH USA	ESA	ESA	ESA STA	BTA	BTA	BTA

Saturday, April 22, 2017 Timing Assignment begins 9:00 AM

West End (Scoreboard)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	STA	TASC	HCAP	HCAP	BTA	BTA	NOCH	BLST
Chair 2	CATS	HCAP	HCAP	HCAP	BTA	BTA	NOCH	BLST

East End (Bulkhead)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	TWST	TWST	TWST	TWST	TWST	TWST	SST	ESA
Chair 2	TWST	TWST	TWST	TWST	TWST	TWST	AMBU	ESA

Swimmers in the 800 Free must provide their own timers and lap counter. Swimmers in the 400 IM must provide their own timers.

Session: 2 Saturday AM

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 15 Seconds / Chase -25

Round	Event	Entries	Heats	Starts at	
Finals	5 Girls 13 & Over 100 Butterfly	119	15 u	09:00 AM	_____
Finals	6 Boys 13 & Over 100 Butterfly	121	16 u	09:18 AM	_____
Finals	7 Girls 13 & Over 200 Breaststroke	53	7 u	09:36 AM	_____
Finals	8 Boys 13 & Over 200 Breaststroke	48	6 u	09:58 AM	_____
Finals	9 Girls 13 & Over 100 Backstroke	142	18 u	10:17 AM	_____
Finals	10 Boys 13 & Over 100 Backstroke	126	16 u	10:40 AM	_____
Finals	11 Girls 13 & Over 100 Freestyle	160	20 u	10:59 AM	_____
Finals	12 Boys 13 & Over 100 Freestyle	161	21 u	11:21 AM	_____
Finals	13 Girls 13 & Over 400 IM	16	2 u	11:42 AM	_____
Finals	16 Boys 13 & Over 800 Freestyle	23	3 u	11:52 AM	_____
	Swimmers Counts for Warm-ups: 354	=====	=====		
	Entry / Heat Totals:	969	124		
	Finish Time			12:23 PM	_____

**Saturday, April 22nd, 2017
PM Session*
Warm-up Assignments**

**1st Session ** Approximately 12:45 pm – 1:05 pm
Will begin immediately after completion of AM session**

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	BTA	BTA

2nd Session ** Approximately 1:05 pm – 1:25 pm

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCAP	HCAP	NOCH	BLST	VSST

3rd Session ** Approximately 1:25 pm – 1:45 pm

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
AMBU USA	SST LAP	ESA TASC	ESA	ESA	ESA CATS	NEHA STA	EPRC HUNT

***Warm-ups will begin immediately upon completion of the AM session. Session start is One Hour and 15 Minutes after completion of the morning session, but not before 2pm.**

**Saturday, April 22, 2017
PM Session – Timing Assignment**

Meet starts One Hour and 15 Minutes after completion of the morning session, but not before 2pm.

West End (Scoreboard)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	AMBU	SST	STA	BTA	HCAP	HCAP	ESA	ESA
Chair 2	HUNT	USA	EPRC	BTA	HCAP	HCAP	ESA	ESA

East End (Bulkhead)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	TWST	TWST	TWST	TWST	TWST	TWST	BLST	CATS
Chair 2	TWST	TWST	TWST	TWST	TWST	TWST	NOCH	VSST

Swimmers in the 800 Free must provide their own timers & lap counter.

Session: 3 Saturday PM

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 15 Seconds / Chase -15

Round	Event	Entries	Heats	Starts at	
Finals	17 Girls 12 & Under 100 Backstroke	135	17 u	02:00 PM	_____
Finals	18 Boys 12 & Under 100 Backstroke	93	12 u	02:30 PM	_____
Finals	19 Girls 12 & Under 50 Butterfly	136	17 u	02:51 PM	_____
Finals	20 Boys 12 & Under 50 Butterfly	107	14 u	03:09 PM	_____
Finals	21 Girls 12 & Under 50 Breaststroke	159	20 u	03:24 PM	_____
Finals	22 Boys 12 & Under 50 Breaststroke	110	14 u	03:48 PM	_____
Finals	23 Girls 11-12 200 Butterfly	3	1 u	04:06 PM	_____
Finals	24 Boys 11-12 200 Butterfly	7	1 u	04:10 PM	_____
Finals	25 Girls 12 & Under 100 Freestyle	204	26 u	04:13 PM	_____
Finals	26 Boys 12 & Under 100 Freestyle	158	20 u	04:53 PM	_____
Finals	27 Girls 11-12 200 Backstroke	14	2 u	05:24 PM	_____
Finals	28 Boys 11-12 200 Backstroke	9	2 u	05:31 PM	_____
Finals	29 Girls 10 & Under 200 IM	15	2 u	05:37 PM	_____
Finals	30 Boys 10 & Under 200 IM	8	1 u	05:45 PM	_____
Finals	31 Mixed 11-12 800 Freestyle	4	1 u	05:49 PM	_____
	Swimmers Counts for Warm-ups: 410	=====	=====		
	Entry / Heat Totals:	1,162	150		
	Finish Time			06:03 PM	_____

Sunday April 23, 2017 AM Session

Warm-up Assignments

Session Starts 9:00 am

1st Warm-up Session 7:30 am – 7:55 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

2nd Warm-up Session 7:55 am – 8:20 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ESA	ESA	BLST	BLST NOCH	NOCH	BTA	BTA	BTA NEHA

3rd Warm-up Session 8:20 am – 8:45 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCAP SST	AMBU EPRC	STA LAP	CATS VSST	TASC HUNT

Sunday, April 23, 2017

Timing Assignment begins 9:00 AM

West End (Scoreboard)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	HCAP	ESA	TASC	NOCH	BLST	ESA	BTA	BTA
Chair 2	HCAP	ESA	SST	NOCH	BLST	ESA	BTA	BTA

East End (Bulkhead)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	TWST	TWST	TWST	TWST	TWST	TWST	HCAP	HCAP
Chair 2	TWST	TWST	TWST	TWST	TWST	TWST	HCAP	BTA

Swimmers in the 800 Free must provide their own timers and lap counter. Swimmers in the 400 IM must provide their own timers.

Session: 4 Sunday AM

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 15 Seconds / Chase -25

Round	Event	Entries	Heats	Starts at
Finals	33 Girls 13 & Over 200 Freestyle	140	18 u	09:00 AM
Finals	34 Boys 13 & Over 200 Freestyle	126	16 u	09:45 AM
Finals	35 Girls 13 & Over 100 Breaststroke	102	13 u	10:21 AM
Finals	36 Boys 13 & Over 100 Breaststroke	93	12 u	10:40 AM
Finals	37 Girls 13 & Over 200 Butterfly	20	3 u	10:55 AM
Finals	38 Boys 13 & Over 200 Butterfly	26	4 u	11:04 AM
Finals	39 Girls 13 & Over 200 Backstroke	66	9 u	11:13 AM
Finals	40 Boys 13 & Over 200 Backstroke	55	7 u	11:37 AM
Finals	41 Girls 13 & Over 50 Freestyle	149	19 u	11:55 AM
Finals	42 Boys 13 & Over 50 Freestyle	141	18 u	12:10 PM
	Break: 10 Minutes:			
Finals	44 Boys 13 & Over 400 IM	22	3 u	12:34 PM
Finals	45 Girls 13 & Over 800 Freestyle	11	2 u	12:49 PM
	Swimmers Counts for Warm-ups: 344	=====	=====	
	Entry / Heat Totals:	951	124	
	Finish Time			01:12 PM

Sunday, April 23, 2017

PM Session*

Warm-up Assignments

1st Warm-up Session ** Approximately 12:45 pm – 1:05 pm

****Will begin immediately after completion of AM session****

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CATS TASC	VSST LAP	STA NEHA	SST EPRC	HUNT AMBU	ESA	ESA	ESA

2nd Warm-up Session ** Approximately 1:05 pm – 1:25 pm

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	TWST	NOCH

3rd Warm-up Session Approximately 1:25 pm – 1:45 pm

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
BLST	BLST USA	HCAP	HCAP	HCAP	HCAP	BTA	BTA

***Warm-ups will begin immediately upon completion of the AM session. Session start is One Hour and 15 Minutes after completion of the morning session, but not before 2pm.**

Sunday, April 23, 2017

PM Session Timing Assignments

Meet starts One Hour and 15 Minutes after completion of the morning session, but not before 2pm.

West End (Scoreboard)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	HCAP	HCAP	HCAP	HCAP	ESA	ESA	SST	VSST
Chair 2	HCAP	HCAP	HCAP	BTA	ESA	ESA	STA	CATS

East End (Bulkhead)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	TWST	TWST	TWST	TWST	TWST	TWST	BTA	BLST
Chair 2	TWST	TWST	TWST	TWST	TWST	TWST	BTA	NOCH

Round	Event	Entries	Heats	Starts at	
Finals	47 Girls 12 & Under 100 Breaststroke	89	12 u	02:00 PM	_____
Finals	48 Boys 12 & Under 100 Breaststroke	66	9 u	02:24 PM	_____
Finals	49 Girls 12 & Under 50 Freestyle	207	26 u	02:42 PM	_____
Finals	50 Boys 12 & Under 50 Freestyle	140	18 u	03:09 PM	_____
Finals	51 Girls 12 & Under 50 Backstroke	191	24 u	03:26 PM	_____
Finals	52 Boys 12 & Under 50 Backstroke	126	16 u	03:54 PM	_____
Finals	53 Girls 12 & Under 200 Freestyle	80	10 u	04:11 PM	_____
Finals	54 Boys 12 & Under 200 Freestyle	69	9 u	04:44 PM	_____
Finals	55 Girls 12 & Under 100 Butterfly	53	7 u	05:13 PM	_____
Finals	56 Boys 12 & Under 100 Butterfly	38	5 u	05:25 PM	_____
Finals	57 Girls 11-12 200 Breaststroke	11	2 u	05:33 PM	_____
Finals	58 Boys 11-12 200 Breaststroke	9	2 u	05:40 PM	_____
Finals	59 Girls 10 & Under 400 Freestyle	5	1 u	05:47 PM	_____
Finals	60 Boys 10 & Under 400 Freestyle	4	1 u	05:55 PM	_____
Finals	61 Mixed 11-12 400 IM	0	0	06:02 PM	_____
	Swimmers Counts for Warm-ups: 390	=====	=====		
	Entry / Heat Totals:	1,088	142		
	Finish Time			06:02 PM	_____