



## **Gulf Open Invitational**

**HOSTED BY**  
*First Colony Swim Team*  
*April 21-23, 2017*  
**SANCTION # GULC 17-006R4**

**Meet Referees:**  
**Joe Stucka and Tom Obrien**

**Don Cook Natatorium**  
**16255 Lexington Blvd., Sugar Land, TX 77478**

**2017 Gulf April Open - 4/21/2017 to 4/23/2017**

**Session Report**

Session: 1 Friday PM

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 0 Seconds / Back +5 Seconds / Chase -5

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11 & Over 200 IM	152	19 u	05:30 PM	_____
Finals	2 Boys 11 & Over 200 IM	114	15 u	06:29 PM	_____
Finals	3 Girls 11 & Over 400 Freestyle	100	13 u	07:13 PM	_____
Finals	4 Boys 11 & Over 400 Freestyle	84	11 u	08:26 PM	_____
	Swimmers Counts for Warm-ups: 299	=====	=====		
	Entry / Heat Totals:	450	58		
	Finish Time			09:25 PM	_____

Session: 2 Saturday AM

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 0 Seconds / Back +5 Seconds / Chase -5

Round	Event	Entries	Heats	Starts at	
Finals	5 Girls 13 & Over 100 Butterfly	90	12 u	09:00 AM	_____
Finals	6 Boys 13 & Over 100 Butterfly	99	13 u	09:17 AM	_____
Finals	7 Girls 13 & Over 200 Breaststroke	68	9 u	09:33 AM	_____
Finals	8 Boys 13 & Over 200 Breaststroke	59	8 u	10:04 AM	_____
Finals	9 Girls 13 & Over 100 Backstroke	121	16 u	10:30 AM	_____
Finals	10 Boys 13 & Over 100 Backstroke	117	15 u	10:53 AM	_____
Finals	11 Girls 13 & Over 100 Freestyle	114	15 u	11:14 AM	_____
Finals	12 Boys 13 & Over 100 Freestyle	121	16 u	11:31 AM	_____
Finals	13 Girls 13 & Over 400 IM	36	5 u	11:49 AM	_____
Finals	16 Boys 13 & Over 800 Freestyle	23	3 u	12:18 PM	_____
	Swimmers Counts for Warm-ups: 295	=====	=====		
	Entry / Heat Totals:	848	112		
	Finish Time			12:50 PM	_____

**2017 Gulf April Open - 4/21/2017 to 4/23/2017****Session Report**

Session: 3 Saturday PM

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 10 Seconds / Back +5 Seconds / Chase -5

Round	Event	Entries	Heats	Starts at	
Finals	17 Girls 12 & Under 100 Backstroke	156	20 u	02:00 PM	_____
Finals	18 Boys 12 & Under 100 Backstroke	109	14 u	02:39 PM	_____
Finals	19 Girls 12 & Under 50 Butterfly	139	18 u	03:06 PM	_____
Finals	20 Boys 12 & Under 50 Butterfly	102	13 u	03:24 PM	_____
Finals	21 Girls 12 & Under 50 Breaststroke	184	23 u	03:38 PM	_____
Finals	22 Boys 12 & Under 50 Breaststroke	132	17 u	04:04 PM	_____
Finals	23 Girls 11-12 200 Butterfly	2	1 u	04:24 PM	_____
Finals	24 Boys 11-12 200 Butterfly	6	1 u	04:27 PM	_____
Finals	25 Girls 12 & Under 100 Freestyle	198	25 u	04:30 PM	_____
Finals	26 Boys 12 & Under 100 Freestyle	146	19 u	05:11 PM	_____
Finals	27 Girls 11-12 200 Backstroke	7	1 u	05:44 PM	_____
Finals	28 Boys 11-12 200 Backstroke	7	1 u	05:47 PM	_____
Finals	29 Girls 10 & Under 200 IM	29	4 u	05:51 PM	_____
Finals	30 Boys 10 & Under 200 IM	13	2 u	06:07 PM	_____
Finals	31 Mixed 11-12 800 Freestyle	4	1 u	06:15 PM	_____
	Swimmers Counts for Warm-ups: 420	=====	=====		
	Entry / Heat Totals:	1,234	160		
	Finish Time			06:31 PM	_____

Session: 4 Sunday AM

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 0 Seconds / Back +5 Seconds / Chase -5

Round	Event	Entries	Heats	Starts at	
Finals	33 Girls 13 & Over 200 Freestyle	128	16 u	09:00 AM	_____
Finals	34 Boys 13 & Over 200 Freestyle	122	16 u	09:42 AM	_____
Finals	35 Girls 13 & Over 100 Breaststroke	87	11 u	10:20 AM	_____
Finals	36 Boys 13 & Over 100 Breaststroke	80	10 u	10:38 AM	_____
Finals	37 Girls 13 & Over 200 Butterfly	23	3 u	10:53 AM	_____
Finals	38 Boys 13 & Over 200 Butterfly	14	2 u	11:01 AM	_____
Finals	39 Girls 13 & Over 200 Backstroke	77	10 u	11:05 AM	_____
Finals	40 Boys 13 & Over 200 Backstroke	70	9 u	11:34 AM	_____
Finals	41 Girls 13 & Over 50 Freestyle	111	14 u	11:59 AM	_____
Finals	42 Boys 13 & Over 50 Freestyle	107	14 u	12:06 PM	_____
	Break: 10 Minutes:				
Finals	44 Boys 13 & Over 400 IM	41	6 u	12:24 PM	_____
Finals	45 Girls 13 & Over 800 Freestyle	37	5 u	12:56 PM	_____
	Swimmers Counts for Warm-ups: 308	=====	=====		
	Entry / Heat Totals:	897	116		
	Finish Time			01:54 PM	_____

**2017 Gulf April Open - 4/21/2017 to 4/23/2017**

**Session Report**

Session: 5 Sunday PM

Day of Meet: 3 Starts at 03:00 PM Heat Interval: 10 Seconds / Back +5 Seconds / Chase -5

Round	Event	Entries	Heats	Starts at	
Finals	47 Girls 12 & Under 100 Breaststroke	137	18 u	03:00 PM	_____
Finals	48 Boys 12 & Under 100 Breaststroke	97	13 u	03:37 PM	_____
Finals	49 Girls 12 & Under 50 Freestyle	184	23 u	04:05 PM	_____
Finals	50 Boys 12 & Under 50 Freestyle	126	16 u	04:26 PM	_____
Finals	51 Girls 12 & Under 50 Backstroke	196	25 u	04:40 PM	_____
Finals	52 Boys 12 & Under 50 Backstroke	127	16 u	05:08 PM	_____
Finals	53 Girls 12 & Under 200 Freestyle	100	13 u	05:26 PM	_____
Finals	54 Boys 12 & Under 200 Freestyle	57	8 u	06:10 PM	_____
Finals	55 Girls 12 & Under 100 Butterfly	47	6 u	06:40 PM	_____
Finals	56 Boys 12 & Under 100 Butterfly	36	5 u	06:51 PM	_____
Finals	57 Girls 11-12 200 Breaststroke	12	2 u	06:59 PM	_____
Finals	58 Boys 11-12 200 Breaststroke	10	2 u	07:06 PM	_____
Finals	59 Girls 10 & Under 400 Freestyle	3	1 u	07:13 PM	_____
Finals	60 Boys 10 & Under 400 Freestyle	3	1 u	07:20 PM	_____
Finals	61 Mixed 11-12 400 IM	5	1 u	07:27 PM	_____
	Swimmers Counts for Warm-ups: 394	=====	=====		
	Entry / Heat Totals:	1,140	150		
	Finish Time			07:34 PM	_____



# Gulf Open Invitational

**\*\*\* For ALL Sessions \*\*\***

**Swimmers must circle in for ALL events 45 minutes prior to the start of the session.**  
**Please note teams assigned to a later warmup must arrive earlier to circle in.**

## Friday Warm Up Schedule

Open Warm-up 4:30-5:20pm Meet starts at 5:30pm

## Friday Timing Assignments

### Lobby End of the Pool – Odd heats 200IM Only

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	AQUA	SHRK	SHRK	SHRK	SHRK	SSS	COOG	SWAT
Chair 2	PACE	SHRK	SHRK	SHRK	SSS	SSS	COOG	SWAT

### Scoreboard End of the Pool – Even heats 200IM Only

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	RICE	RICE	RICE	RICE	RICE	PEAK	PEAK	SCAT
Chair 2	RICE	RICE	RICE	RICE	RICE	PEAK	PEAK	SCAT

All swimmers in the 400 Freestyle must provide 2 timers –

Girls at the Lobby End of the Pool; Boys at the Scoreboard End of the Pool

## 13 & Over Saturday & Sunday Morning Warm Up Schedule

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:30-7:55	FCST	FCST	FCST	FCST	FCST	FCST 300	SWAT	SWAT
7:55-8:20	PEAK	PEAK	PEAK	RICE	RICE	RICE	RICE	COOG
8:20-8:45	AQUA TCAP	SHRK	SHRK	SHRK	SSS	SSS	SSS SCAT	PACE GIST

## 13 & Over Saturday Morning Timing Assignments

**LOBBY End – Odd heats (Girls 400IM must provide 2 timers)**

Saturday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	AQUA	PACE	SHRK	SHRK	SSS	SSS	SWAT	SWAT
Chair 2	AQUA	SHRK	SHRK	SHRK	SSS	SSS	SWAT	SWAT

**SCOREBOARD End – Even heats (Boys 800 Free must provide 2 timers)**

Saturday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	RICE	RICE	RICE	RICE	PEAK	PEAK	COOG	SCAT
Chair 2	RICE	RICE	RICE	PEAK	PEAK	PEAK	COOG	TCAP

## 13 & Over Sunday Morning Timing Assignments

**LOBBY End – Odd heats & 50m Finishes (Girls 800 Free must provide 2 timers)**

Sunday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	RICE	RICE	RICE	RICE	PEAK	PEAK	PEAK	COOG
Chair 2	RICE	RICE	RICE	RICE	PEAK	PEAK	SCAT	COOG

**SCOREBOARD End – Even heats & 50m Starts (Boys 400IM must provide 2 timers)**

Sunday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	AQUA	PACE	SHRK	SHRK	SSS	SSS	SWAT	SWAT
Chair 2	AQUA	SHRK	SHRK	SHRK	SSS	SSS	SWAT	SWAT

## 12 & Under Saturday & Sunday Afternoon Warm Up Schedule

Group 1 begins at the conclusion of the morning session;  
groups 2 & 3 begin 25 & 50 minutes later, respectively

**Note:** Afternoon warmups will begin no earlier than 12:30 pm Saturday and 1:30pm Sunday

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1 <sup>st</sup> 25 min	FCST	FCST	FCST	FCST	FCST	FCST	SWAT TCAP	300
2 <sup>nd</sup> 25 min	PEAK	PEAK	PEAK	RICE	RICE	RICE	COOG	COOG GIST
3 <sup>rd</sup> 25 min	AQUA	AQUA	AQUA PACE	SHRK	SHRK	SSS	SSS	SCAT

## 12 & Under Saturday Afternoon Timing Assignments

**LOBBY End of the Pool – Odd heats ( Girls 400IM must provide 2 timers )**

Saturday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	AQUA	AQUA	AQUA	COOG	SSS	SSS	SCAT	300
Chair 2	AQUA	AQUA	COOG	COOG	SSS	SSS GIST	PACE	300

**SCOREBOARD End of the Pool – Even heats ( Boys 400IM must provide 2 timers)**

Saturday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	RICE	RICE	RICE	SHRK	SHRK	PEAK	PEAK	PEAK
Chair 2	RICE	RICE	RICE	SHRK	SHRK	PEAK	PEAK	SWAT

## 12 & Under Sunday Afternoon Timing Assignments

**LOBBY End of the Pool – Odd heats & 50m Finishes**

Sunday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	RICE	RICE	RICE	SHRK	SHRK	PEAK	PEAK	PEAK
Chair 2	RICE	RICE	RICE	SHRK	SHRK	PEAK	PEAK	SWAT

**SCOREBOARD End of the Pool – Even heats & 50m Starts**

Sunday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	AQUA	AQUA	AQUA	COOG	SSS	SSS	SCAT	300
Chair 2	AQUA	AQUA	COOG	COOG	SSS	SSS GIST	SCAT	PACE

## IMPORTANT REMINDERS:

1. **Swimmers must circle in for all events 45 minutes prior to the start of each session.** There are no exceptions for teams with warmups that start after that time. **If your team is assigned to the last warmup, families must arrive early to circle in.**
2. **Afternoon Session Times.** The afternoon warmups will begin immediately upon the completion of the morning session and the afternoon competition session will commence 1 hour & 20 minutes after the completion of the morning session. Afternoon warmups will not start prior to 12:30 Saturday and 1:30 on Sunday
3. In all sessions, odd heats will start from the Lobby end of the pool and even heats will start from the scoreboard end of the pool All 50 meter events will start from the scoreboard end of the pool.
4. 800 Freestyle and 400 IM will alternate girls and boys heats; girls will start from the lobby end and boys will start from the scoreboard end
5. Coaches must have valid credentials to enter the pool deck, and are to wear their credentials while on deck.