

GULF April Sprint Series

April 1, 2017

A Short Course Yards Timed Finals Meet

HOSTED BY

Escalate Aquatic Team & Lone Star Swim Team



Sanction Number # GULC 17-007R2

ENTRIES DUE TO TPC Chair (tpc@gulfswimming.org) BY 6:00 PM, TUESDAY, MARCH 21, 2017

LOCATION: FBISD Aquatic Practice Facility
16701 Bissonnet Street
Houston, TX 77083

DIRECTIONS: From Hwy 6, take Bissonnet to the West. Facility is on the left at Clodine Road Intersection.
From Westpark Tollway, take Clodine Road to the South. Follow Clodine Road to the left at the Orchid Ln/Clodine intersection. Turn left on to Bissonnet. Facility is on the right.

SPECIAL INSTRUCTIONS: **FBISD Policy: There is absolutely NO FOOD allowed on the pool deck. Violators of this rule will be asked to take their food outside and will be asked to leave the facility if they are asked second time. FBISD will impose a \$50 fine to the violating team if this occurs.**

MEET STAFF:
MEET REFEREE: Rick Tobin, tobinrc@comcast.net
ADMIN OFFICIAL: Beth Gonzales, bsmithgonzales@yahoo.com
MEET DIRECTOR(S): Eddie Adams, headcoach@lonestarswimteam.org 281-858-7946
SAFETY MARSHAL: Gia Pham, swimescalate@yahoo.com
Agnieszka Pham agnieszka7777@yahoo.com
COACH(ES): Michael Montez refuelmont@aol.com

POOL: One eight lane, 25 yard indoor pool with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up / warm-down area will be made available during the competition.

TIME AND DATE: This is two session, 1 day, timed-finals meet with AM and PM sessions on Saturday.



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Session 1: Saturday AM – April 1, 2017
Age Groups: 9 - 12 girls and boys
Warm-up*: 7:30 – 8:45 am / Meet Start: 9:00 am

Session 2: Saturday PM – April 1, 2017
Age Groups: 8 & Under girls and boys
Warm-up: Host team will publish PM session warm-up and start times with warm-up/timing assignments on Gulf webpage.

*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the heat sheet, and posted on the Gulf Swimming website by Monday, March 27, 2017.

MEET TYPE: This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

SAFETY GUIDELINES AND WARM-UP PROCEDURES:
See attached Safety Guidelines and Warm-up Procedures

SEEDING: The meet will be pre-seeded, with the exception of relays, which will be deck seeded events. Coaches please inform your swimmers of pre-seeded and deck seeded rules. All events, including relays, will be seeded with heats in the order of fastest to slowest. As a courtesy to the host, coaches should inform the clerk of course of swimmers not attending the meet. Empty lanes will be used for deck entries.

RELAY CARDS: Relay cards must be turned in to the Clerk of Course **45** minutes before the start of the session in which the event is scheduled to swim or the entry will be considered scratched.

ON-DECK ENTRIES: Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the 6:00 pm, Tuesday, March 21, 2017 deadline may enter the meet on-deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
2. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes in the pre-seeded events and according to their best times in deck seeded events.
3. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers that on-deck enter to change their entry time in a deck seeded event,
 - a. must circle-in on the posted circle-in sheets,
 - b. the on-deck entry time will be used for seeding, and
 - c. the on-deck entry fees still apply to these swimmers.
7. Heats will be added, if necessary and if the timeline permits.



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ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.

Cut-off Times: Athlete may have no more than two (2) BB Times. Events not offered at this meet still count towards the total number of BB times.

Age: As of April 1, 2017

Times Eligibility: Times must be achieved between July 1, 2015 and the entry deadline.

Number of Events: Swimmers may compete in up to four (4) individual events per day and one (1) relay event per day.

Entries: All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software.

Deadline: Entries must be in the hands of the designee of the Technical Planning Chairman no later than **6:00 PM, SATURDAY, MARCH 11, 2017**. No late entries will be accepted. Email entries to the designee of the Technical Planning Chairman (Beau Caldwell) at: **EMAIL: GULFTPC@GMAIL.COM**

Eligible Teams: Venues will be balanced by team numbers. The team lists will be posted on the Gulf website. Only swimmers attached to a registered Gulf Swimming team, swimmers in the documented process of transferring to a Gulf Swimming team may participate in this invitational meet.

Individual Event Entry Fee (per event):	\$ 5.75
Relay Entry Fee (per relay event):	\$ 9.00
Swimmer Surcharge Fee (per swimmer):	\$ 3.50
Make entry fee checks payable to:	Lone Star Swim Team

Mail entry fees (**POSTMARKED BY FRIDAY, MARCH 24, 2017**) to the address below:

Lone Star Swim Team
9597 Jones Road # 197
Houston TX 77065

281-858-7946
Eddie Adams, headcoach@lonestarswimteam.org

AWARDS:

Individual and Relay events: Ribbons 1st-8th place



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SCORING:

Individual Events: 9-7-6-5-4-3-2-1

Relay Events: 18-14-12-10-8-6-4-2

All 8 & Under events will be swum combined but scored separately as 6 & under, 7 and 8.

All 9 - 12 events will be swum combined but scored separately as 9-10 and 11-12.

RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted. Gulf Swimming teams assigned by the Technical Planning Chairman may only participate in this invitational meet.

The Gulf Swimming up/down rule does not apply.

POOL MEASUREMENT:

The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the competition course is 5 feet measured from 1 meter to 5 meters on the starting end of the course, and 5 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM:

A Daktronics Model 2000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 800 Free and 400 IM must provide 2 timers and a lap counter where applicable.

POOL DECK RESTRICTION:

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

FBISD Policy: There is absolutely NO FOOD allowed on the pool deck. Violators of this rule will be asked to take their food outside and will be asked to leave the facility if they are asked second time. FBISD will impose a \$50 fine to the violating team if this



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occurs.

DECK CHANGES: Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.

AUDIO/VIDEO RECORDING DEVICES:

Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

PROOF OF TIME: Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chair, Jason Wedlick.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

UNACCOMPANIED SWIMMERS:

Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

HOSPITALITY: A hospitality room will be available.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet. Unofficial real time results will be available on MEET MOBILE.

CONCESSIONS: Concessions will be available

MERCHANDISE: D&J Sports will be at the meet selling swim apparel and swim gear.

FACILITY RULES: **FBISD Policy: There is absolutely NO FOOD allowed on the pool deck. Violators of this rule will be asked to take their food outside and will be asked to leave the facility if**



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they are asked second time. FBISD will impose a \$50 fine to the violating team if this occurs.

ATTACHMENTS: Meet Format, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form



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April 1, 2017

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HOSTED BY

Escalate Aquatic Team & Lone Star Swim Team

Entry Rules:

Type of meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Gulf teams assigned to this venue
Entry times in	SCY, SCM, LCM
Qualifying times	None
Cut-off times	Athletes may have no more than two (2) BB times
Enter with no time?	Yes
Gulf "three event rule" applies?	Yes
Gulf "up/down rule" applies?	Does not apply
Gulf "Beyond IMX rule" applies?	Does not apply
Fees	Individual – \$ 5.75; Relays - \$ 9.00 Facility Surcharge – \$ 3.50



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**Saturday AM
April 1, 2017**

**Saturday PM
April 1, 2017**

Saturday AM April 1, 2017				Saturday PM April 1, 2017					
Girls Event#	Event Name			Boys Event#	Girls Event#	Event Name			Boys Event#
1	11-12	200	Free Relay	2	17	8 & U	100	Free Relay	18
3	9-10	200	Free Relay	4					
5	9-12	100	IM	6			5 min break		
7	9-12	50	Back	8	19	8 & U	100	IM	20
9	9-12	50	Free	10	21	8 & U	25	Fly	22
11	9-12	50	Fly	12	23	8 & U	25	Back	24
13	9-12	50	Breast	14	25	8 & U	25	Breast	26
15	9-12	100	Free	16	27	8 & U	25	Free	28
							5 min break		
					29	8 & U	50	Free	30
					31	8 & U	50	Breast	32
					33	8 & U	50	Back	34
					35	8 & U	50	Fly	36
					37	8 & U	100	Free	38

All events will be seeded fastest to slowest.

All 8 & Under events will be swum combined but scored separately as 6 & under, 7 and 8.
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ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date



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