

Gulf Swimming Third Coast Invitational

Hosted by Pearland Aquatics

January 13-15, 2017

Warm up Assignments

Friday Timed Finals

Open Warm ups 4:30p-5:45p

Saturday and Sunday Preliminaries Warm ups

Diving Board End	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:00a-7:25a	PEAK	PEAK	PEAK	PEAK	PEAK	PEAK	PEAK	PEAK
7:25a-7:50a	FCST	FCST	FCST	FCST	FCST	HSC	HSC	HSC
7:50a-8:15a	KATY	KATY	KATY	KATY	KATY	KATY	KATY	DADS

Activity End	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:00a-7:25a	PEAK	PEAK	PEAK	PEAK	PEAK	PEAK	PEAK	PEAK
7:25a-7:50a	FCST	FCST	FCST	FCST	HCAP	HCAP	HSC	HSC
7:50a-8:15a	RICE	RICE	RICE	RICE	RICE	SHRK	SHRK	SHRK

Saturday and Sunday Finals Warm ups

Open Warm ups 5:00p-5:45p

Please Note: Swimmers in distance events (400yds or longer) must circle in at least 45 minutes prior to the session start (not 45 minutes before event start).

If you have a late warm up, swimmers in distance events must arrange to circle in with enough time.

Circle in sheets will be pulled promptly at 5:15p Friday and 7:45a Saturday. No exceptions