

**Fall Champs Meet  
hosted by  
HARRIS COUNTY AQUATICS PROGRAM**

***Timing Lane Assignments***

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP LAP	RICE	RICE ROCC 300	SHRK	PEAK GIST	SSS PACE	SPA SCAT HCCL

**FRIDAY - Warm-Up Lane Assignments**

**5:00-6:15 p.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCAP	RICE	RICE	RICE SHRK	SHRK

Lane 9	Lane 10	Lane 11
PEAK LAP UROCC	SSS PACE	SCAT SPA

**SATURDAY A.M. - Warm-Up Lane Assignments**

**7:30-7:55 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCAP	HCAP	SHRK	SHRK	SHRK

**7:55-8:20 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	RICE	RICE	RICE	PEAK	PEAK	PEAK ROCC GIST

**8:20-8:45 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSS	SSS	SSS SPA LAP	SPA	SPA	PACE	SCAT	HCCL

**SATURDAY P.M. - Warm-Up Lane Assignments**

**Warmup will start immediately upon the completion of the AM Session but not earlier than 1:10 PM  
(25 MINUTE PER WARM-UP)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SHRK	SHRK	SHRK	SSS	SSS ROCC	SPA	SPA GIST	SCAT PACE

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCAP	HCAP	HCAP	HCAP HCCL	300 LAP

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	RICE	RICE	RICE	RICE PEAK	PEAK	PEAK

**SUNDAY A.M. - Warm-Up Lane Assignments**

**7:30-7:55 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	RICE	RICE	RICE	SPA	SPA	PACE

**7:55-8:20 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SHRK	SHRK	SHRK	SHRK	SSS	SSS	SSS LAP	SCAT HCCL

**8:20-8:45 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCAP	HCAP	HCAP PEAK	PEAK	PEAK

**SUNDAY P.M. - Warm-Up Lane Assignments**

**Warmup will start immediately upon the completion of the AM Session but not earlier than 1:10 PM  
(25 MINUTE PER WARM-UP)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCAP	HCAP	HCAP	HCAP	300 PACE ROCC

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	RICE	RICE	RICE	RICE PEAK	PEAK	PEAK

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SHRK	SHRK	SHRK	SHRK SCAT	SSS	SSS	SPA	SPA LAP