

2016 CFSC GULF FALL CHAMPS INVITATIONAL



Hosted by
Cy-Fair Swim Club – Fleet Swimming

Short Course Timed Final

December 9-11, 2016
SANCTION # GUSC 17-042

Meet Referee: Tom Jones
Administrative Official: Holger Luebsen

2016 CFSC Gulf Fall Champs Invitational - 12/9/2016 to 12/11/2016**Team List - Team Size**

| | Team | Female | Male | Total Athletes | Entries | Relay | Total |
|----|--------------------------------------|---------------|-------------|-----------------------|----------------|--------------|--------------|
| 1 | CFSC-GU Cypress Fairbanks Swim Club | 92 | 73 | 165 | 947 | 50 | 997 |
| 2 | TWST-GU The Woodlands Swim Team | 94 | 49 | 143 | 888 | 42 | 930 |
| 3 | AGS-GU Aggie Swim Club | 48 | 39 | 87 | 537 | 33 | 570 |
| 4 | ESA-GU Eagle Swimming Association | 45 | 38 | 83 | 429 | 28 | 457 |
| 5 | MAC-GU Magnolia Aquatic Club | 44 | 21 | 65 | 365 | 16 | 381 |
| 6 | MARC-GU Montgomery Aquatic Race Club | 26 | 17 | 43 | 178 | 8 | 186 |
| 7 | TASC-GU Tomball Area Swim Club | 14 | 8 | 22 | 89 | 3 | 92 |
| 8 | USA-GU United Swim Aquatics | 7 | 7 | 14 | 48 | 0 | 48 |
| 9 | VSST-GU VillaSport Swim Team | 7 | 3 | 10 | 47 | 2 | 49 |
| 10 | NEHA-GU Northeast Houston Aquatics | 1 | 3 | 4 | 19 | 0 | 19 |
| | | 378 | 258 | 636 | 3547 | 182 | 3729 |

2016 CFSC Gulf Fall Champs Invitational - 12/9/2016 to 12/11/2016**Session Report**

Session: 1 Friday Afternoon

Day of Meet: 1 Starts at 06:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------|-----------------------------------|---------|-------|-----------|-------|
| Finals | 1 Girls 9-14 500 Freestyle | 80 | 10 u | 06:30 PM | _____ |
| Finals | 2 Boys 9-14 500 Freestyle | 67 | 9 u | 07:39 PM | _____ |
| | Swimmers Counts for Warm-ups: 147 | ===== | ===== | | |
| | Entry / Heat Totals: | 147 | 19 | | |
| | Finish Time | | | 08:41 PM | _____ |

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------|-----------------------------------|---------|-------|-----------|-------|
| Finals | 3 Girls 11-12 200 Medley Relay | 20 | 3 u | 09:00 AM | _____ |
| Finals | 5 Girls 13-14 200 Medley Relay | 15 | 2 u | 09:09 AM | _____ |
| Finals | 6 Boys 13-14 200 Medley Relay | 12 | 2 u | 09:15 AM | _____ |
| | Break: 5 Minutes: Relay break | | | | |
| Finals | 7 Girls 11-14 200 Freestyle | 115 | 15 u | 09:26 AM | _____ |
| Finals | 8 Boys 13-14 200 Freestyle | 47 | 6 u | 10:08 AM | _____ |
| Finals | 9 Girls 11-14 100 Breaststroke | 126 | 16 u | 10:24 AM | _____ |
| Finals | 10 Boys 13-14 100 Breaststroke | 33 | 5 u | 10:55 AM | _____ |
| Finals | 11 Girls 11-14 50 Freestyle | 197 | 25 u | 11:04 AM | _____ |
| Finals | 12 Boys 13-14 50 Freestyle | 56 | 7 u | 11:26 AM | _____ |
| Finals | 13 Girls 11-14 200 Backstroke | 55 | 7 u | 11:31 AM | _____ |
| Finals | 14 Boys 13-14 200 Backstroke | 21 | 3 u | 11:55 AM | _____ |
| Finals | 15 Girls 11-14 100 Butterfly | 77 | 10 u | 12:06 PM | _____ |
| Finals | 16 Boys 13-14 100 Butterfly | 29 | 4 u | 12:23 PM | _____ |
| Finals | 17 Girls 11-12 50 Backstroke | 81 | 11 u | 12:29 PM | _____ |
| Finals | 19 Girls 11-12 100 IM | 93 | 12 u | 12:42 PM | _____ |
| Finals | 21 Girls 13-14 400 IM | 9 | 2 u | 01:04 PM | _____ |
| Finals | 22 Boys 13-14 400 IM | 13 | 2 u | 01:16 PM | _____ |
| | Swimmers Counts for Warm-ups: 308 | ===== | ===== | | |
| | Entry / Heat Totals: | 999 | 132 | | |
| | Finish Time | | | 01:27 PM | _____ |

2016 CFSC Gulf Fall Champs Invitational - 12/9/2016 to 12/11/2016**Session Report**

Session: 3 Saturday Afternoon

Day of Meet: 2 Starts at 03:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------|-----------------------------------|---------|-------|-----------|-------|
| Finals | 23 Girls 9-10 200 Medley Relay | 18 | 3 u | 03:00 PM | _____ |
| Finals | 24 Boys 9-10 200 Medley Relay | 12 | 2 u | 03:11 PM | _____ |
| Finals | 26 Boys 11-12 200 Medley Relay | 16 | 2 u | 03:18 PM | _____ |
| | Break: 5 Minutes: Relay Break | | | | |
| Finals | 27 Girls 9-10 200 Freestyle | 43 | 6 u | 03:30 PM | _____ |
| Finals | 28 Boys 9-12 200 Freestyle | 69 | 9 u | 03:50 PM | _____ |
| Finals | 29 Girls 9-10 100 Breaststroke | 58 | 8 u | 04:18 PM | _____ |
| Finals | 30 Boys 9-12 100 Breaststroke | 83 | 11 u | 04:36 PM | _____ |
| Finals | 31 Girls 9-10 50 Freestyle | 99 | 13 u | 04:59 PM | _____ |
| Finals | 32 Boys 8-12 50 Freestyle | 150 | 19 u | 05:13 PM | _____ |
| Finals | 33 Girls 9-10 50 Backstroke | 94 | 12 u | 05:31 PM | _____ |
| Finals | 34 Boys 8-12 50 Backstroke | 123 | 16 u | 05:47 PM | _____ |
| Finals | 35 Girls 9-10 100 Butterfly | 17 | 3 u | 06:08 PM | _____ |
| Finals | 36 Boys 9-12 100 Butterfly | 24 | 3 u | 06:14 PM | _____ |
| Finals | 37 Girls 9-10 200 IM | 43 | 6 u | 06:21 PM | _____ |
| Finals | 38 Boys 9-12 200 IM | 49 | 7 u | 06:43 PM | _____ |
| Finals | 40 Boys 11-12 200 Backstroke | 6 | 1 u | 07:08 PM | _____ |
| | Swimmers Counts for Warm-ups: 283 | ===== | ===== | | |
| | Entry / Heat Totals: | 904 | 121 | | |
| | Finish Time | | | 07:12 PM | _____ |

2016 CFSC Gulf Fall Champs Invitational - 12/9/2016 to 12/11/2016**Session Report**

Session: 4 Sunday Morning

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------|------------------------------------|---------|-------|-----------|-------|
| Finals | 41 Girls 11-12 200 Freestyle Relay | 20 | 3 u | 09:00 AM | _____ |
| Finals | 43 Girls 13-14 200 Freestyle Relay | 16 | 2 u | 09:08 AM | _____ |
| Finals | 44 Boys 13-14 200 Freestyle Relay | 11 | 2 u | 09:13 AM | _____ |
| | Break: 5 Minutes: | | | | |
| Finals | 45 Girls 11-14 200 IM | 93 | 12 u | 09:22 AM | _____ |
| Finals | 46 Boys 13-14 200 IM | 40 | 5 u | 10:01 AM | _____ |
| Finals | 47 Girls 11-14 200 Breaststroke | 55 | 7 u | 10:15 AM | _____ |
| Finals | 48 Boys 13-14 200 Breaststroke | 19 | 3 u | 10:40 AM | _____ |
| Finals | 49 Girls 11-12 50 Butterfly | 70 | 9 u | 10:50 AM | _____ |
| Finals | 51 Girls 11-14 100 Freestyle | 180 | 23 u | 10:59 AM | _____ |
| Finals | 52 Boys 13-14 100 Freestyle | 61 | 8 u | 11:33 AM | _____ |
| Finals | 53 Girls 11-14 100 Backstroke | 120 | 15 u | 11:44 AM | _____ |
| Finals | 54 Boys 13-14 100 Backstroke | 42 | 6 u | 12:14 PM | _____ |
| Finals | 55 Girls 11-14 200 Butterfly | 12 | 2 u | 12:25 PM | _____ |
| Finals | 56 Boys 13-14 200 Butterfly | 9 | 2 u | 12:31 PM | _____ |
| Finals | 57 Girls 11-12 50 Breaststroke | 70 | 9 u | 12:38 PM | _____ |
| Finals | 59 Mixed 13-14 1000 Freestyle | 18 | 3 u | 12:47 PM | _____ |
| | Swimmers Counts for Warm-ups: 270 | ===== | ===== | | |
| | Entry / Heat Totals: | 836 | 111 | | |
| | Finish Time | | | 01:47 PM | _____ |

Session: 5 Sunday Afternoon

Day of Meet: 3 Starts at 03:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------|-----------------------------------|---------|-------|-----------|-------|
| Finals | 61 Girls 9-10 200 Freestyle Relay | 16 | 2 u | 03:00 PM | _____ |
| Finals | 62 Boys 9-10 200 Freestyle Relay | 11 | 2 u | 03:06 PM | _____ |
| Finals | 64 Boys 11-12 200 Freestyle Relay | 15 | 2 u | 03:12 PM | _____ |
| | Break: 5 Minutes: Relay Break | | | | |
| Finals | 65 Girls 9-10 100 IM | 76 | 10 u | 03:22 PM | _____ |
| Finals | 66 Boys 8-12 100 IM | 100 | 13 u | 03:42 PM | _____ |
| Finals | 68 Boys 11-12 200 Breaststroke | 12 | 2 u | 04:07 PM | _____ |
| Finals | 69 Girls 9-10 50 Butterfly | 46 | 6 u | 04:15 PM | _____ |
| Finals | 70 Boys 9-12 50 Butterfly | 74 | 10 u | 04:22 PM | _____ |
| Finals | 71 Girls 9-10 100 Freestyle | 91 | 12 u | 04:33 PM | _____ |
| Finals | 72 Boys 8-12 100 Freestyle | 127 | 16 u | 04:54 PM | _____ |
| Finals | 73 Girls 9-10 100 Backstroke | 57 | 8 u | 05:21 PM | _____ |
| Finals | 74 Boys 9-12 100 Backstroke | 70 | 9 u | 05:39 PM | _____ |
| Finals | 75 Girls 9-10 50 Breaststroke | 62 | 8 u | 05:59 PM | _____ |
| Finals | 76 Boys 8-12 50 Breaststroke | 84 | 11 u | 06:09 PM | _____ |
| Finals | 78 Boys 11-12 200 Butterfly | 2 | 1 u | 06:21 PM | _____ |
| | Swimmers Counts for Warm-ups: 254 | ===== | ===== | | |
| | Entry / Heat Totals: | 843 | 112 | | |
| | Finish Time | | | 06:25 PM | _____ |

WARM UP ASSIGNMENTS

FRIDAY Evening Warm Up

OPEN Warm Up – 5:00pm – 6:15pm

SATURDAY MORNING Warm Up

1st Warm Up – 7:30 am – 7:55 am

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------------|--------|--------|
| TWST | TWST | TWST | TWST | TWST | TWST MARC | MARC | MARC |

2nd Warm Up – 7:55 am – 8:20 am

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|-------------|--------|--------|
| CFSC | CFSC | CFSC | CFSC | CFSC | ESA NEHA | ESA | ESA |

3rd Warm Up – 8:20 am – 8:45 am

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|------------|--------|--------|--------|-------------|
| AGS | AGS | AGS | AGS MAC | MAC | MAC | MAC | TASC USA |

SATURDAY AFTERNOON Warm Up

1st Warm Up – 1:30 pm – 1:55 pm

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| TWST | TWST | TWST | TWST | TWST | ESA | ESA | ESA |

2nd Warm Up – 1:55 pm – 2:20 pm

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| CFSC | CFSC | CFSC | CFSC | CFSC | CFSC | CFSC | CFSC |

3rd Warm Up – 2:20 pm – 2:45 pm

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|-------------|--------|-------------|--------|--------|-------------|
| AGS | AGS | AGS MARC | MARC | MAC VSST | MAC | TASC | USA NEHA |

SUNDAY MORNING Warm Up

1st Warm Up – 7:30 am – 7:55 am

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------------|
| MAC | MAC | MAC | MAC | ESA | ESA | ESA | TASC VSST |

2nd Warm Up – 7:55 am – 8:20 am

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|-------------|--------|--------|--------|
| CFSC | CFSC | CFSC | CFSC | CFSC AGS | AGS | AGS | AGS |

3rd Warm Up – 8:20 am – 8:45 am

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|---------------------|--------|
| TWST | TWST | TWST | TWST | TWST | TWST | TWST NEHA USA | MARC |

SUNDAY AFTERNOON Warm Up

1st Warm Up – 1:30 pm – 1:55 pm

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| CFSC | CFSC | CFSC | CFSC | CFSC | CFSC | CFSC | CFSC |

2nd Warm Up – 1:55 pm – 2:20 pm

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|-------------|--------|--------|--------|------------|--------|
| ESA | ESA | ESA NEHA | AGS | AGS | AGS | MAC USA | MAC |

3rd Warm Up – 2:20 pm – 2:45 pm

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------------|--------------|--------|
| TWST | TWST | TWST | TWST | TWST | TWST VSST | MARC TASC | MARC |

TIMING ASSIGNMENTS

Friday Evening Assignments

****Swimmers must provide 2 timers and a lap counter for the 500 Free**

Saturday Morning Assignments

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| TWST | TWST | TWST | CFSC | CFSC | ESA | AGS | MAC |
| TWST | TWST | CFSC | CFSC | CFSC | ESA | AGS | MAC |

****Swimmers in the 400 IM must provide 2 timers**

Saturday Afternoon Assignments

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| TWST | TWST | TWST | CFSC | CFSC | CFSC | CFSC | ESA |
| TWST | TWST | CFSC | CFSC | CFSC | CFSC | CFSC | AGS |

Sunday Morning Assignments

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| TWST | TWST | TWST | CFSC | CFSC | AGS | AGS | MAC |
| TWST | TWST | TWST | CFSC | CFSC | AGS | MAC | MAC |

****Swimmers must provide 2 timers and a lap counter for the 1000 Free**

Sunday Afternoon Assignments

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| TWST | TWST | TWST | CFSC | CFSC | CFSC | CFSC | ESA |
| TWST | TWST | CFSC | CFSC | CFSC | CFSC | CFSC | AGS |