

# **2016 GULF SENIOR CHAMPIONSHIP**

**December 2-4, 2016**

**A Short Course Yards Prelims/Finals Meet**

**Hosted by: Montgomery Aquatic Race Club (MARC)**



**Sanction No. GUSC 17-044R1**

**WARM UP**

**Timer Lane Assignments**

**TIMELINE**

<b>MEET REFEREE:</b>	Keith Rudy
<b>ADMIN OFFICIAL:</b>	Grant Newman
<b>MEET DIRECTOR:</b>	Karen Nelson
<b>SAFETY MARSHAL:</b>	Lou Spencer
<b>COACH:</b>	Dusti See



**WARM UP for ALL Prelims & Finals Sessions**  
 Prelims: Open Warm up 7:30 - 8:45 am  
 Finals: Open Warm up 4:00 – 5:15 pm

**LANE TIMER ASSIGNMENTS**

**Friday, December 2, 2016 – Session 1 (AM- Prelims)**

Each team is responsible for providing timers. Two timers are needed for each lane. In order for the meet to run smoothly, we ask that each team(s) keep 2 timers in their assigned lanes throughout the entire meet. Those teams not assigned a lane, please help out when and where needed.

	1	2	3	4	5	6	7	8
<b><u>CHAIR 1</u></b>	BLST	HCAP	DADS	TWST	TWST	PACK	SPA	NOCH
<b><u>CHAIR 2</u></b>	ECS	HCAP	DADS	DADS	TWST	PACK	SPA	BSC

**\*\*\*Swimmers in the 1000 Free must provide their own timer and lap counter\*\*\***

**LANE TIMER ASSIGNMENTS**

**Saturday, December 3, 2016 – Session 3 (AM- Prelims)**

Each team is responsible for providing timers. Two timers are needed for each lane. In order for the meet to run smoothly, we ask that each team(s) keep 2 timers in their assigned lanes throughout the entire meet. Those teams not assigned a lane, please help out when and where needed.

	1	2	3	4	5	6	7	8
<b><u>CHAIR 1</u></b>	BLST	HCAP	DADS	PACK	TWST	TWST	SPA	PFL
<b><u>CHAIR 2</u></b>	KATY	HCAP	DADS	PACK	TWST	RICE	SPA	SSAN

**\*\*\*Swimmers in the 500 Free must provide their own timer and lap counter\*\*\***

**LANE TIMER ASSIGNMENTS**

**Sunday, December 4, 2016 – Session 5 (AM- Prelims)**

Each team is responsible for providing timers. Two timers are needed for each lane. In order for the meet to run smoothly, we ask that each team(s) keep 2 timers in their assigned lanes throughout the entire meet. Those teams not assigned a lane, please help out when and where needed.

	1	2	3	4	5	6	7	8
<b><u>CHAIR 1</u></b>	BLST	HCAP	DADS	PACK	TWST	ESA	SPA	FCST
<b><u>CHAIR 2</u></b>	KATY	CFSC	DADS	PACK	TWST	HSC	BTA	TYES

**\*\*\*Swimmers in the 1650 Free must provide their own timer and lap counter\*\*\***



## Friday, December 2, 2016 – Session 1 (AM- Prelims)

### TIMELINE

	Event	Entries	Heats	Starts at..
1	Girls 100 Breast	40	5	9:00 AM
2	Boys 100 Breast	25	4	9:09 AM
3	Girls 200 Freestyle	65	9	9:16 AM
4	Boys 200 Freestyle	47	6	9:41 AM
5	Girls 50 Back	34	5	9:55 AM
6	Boys 50 Back	13	2	10:02 AM
7	Girls 100 Butterfly	51	7	10:04 AM
8	Boys 100 Butterfly	36	5	10:15 AM
9	Girls 400 IM	4	1	10:22 AM
10	Boys 400 IM	4	1	10:29 AM
	Break: 15 minutes			
11	Girls 400 Free Relay	1	0	10:50 AM
12	Boys 400 Free Relay	0	0	10:50 AM
13	Girls 1000 Freestyle	6	0	10:50 AM
14	Boys 1000 Freestyle	7	0	10:50 AM
	Swimmer count for warm up	131		
	Entry/Heat Totals	319	45	
	Finish Time			10:50 AM

## Friday, December 2, 2016 – Session 2 (PM - Finals)

### TIMELINE

	Event	Entries	Heats	Starts at..
1	Girls 100 Breast	24	3	5:30 PM
2	Boys 100 Breast	24	3	5:37 PM
3	Girls 200 Freestyle	24	3	5:44 PM
4	Boys 200 Freestyle	24	3	5:54 PM
5	Girls 50 Back	24	3	6:03 PM
6	Boys 50 Back	13	3	6:09 PM
7	Girls 100 Butterfly	24	3	6:14 PM
8	Boys 100 Butterfly	24	3	6:20 PM
9	Girls 400 IM	4	1	6:27 PM
10	Boys 400 IM	4	1	6:46 PM
	Break: 15 minutes			
11	Girls 400 Free Relay	1	1	7:18 PM
12	Boys 400 Free Relay	0	0	7:29 PM
13	Girls 1000 Freestyle	6	1	7:29 PM
14	Boys 1000 Freestyle	7	1	7:45 PM
	Swimmer count for warm up	114		
	Entry/Heat Totals	203	29	
	Finish Time			8:02 PM



## Saturday, December 3, 2016 – Session 3 (AM – Prelims)

### TIMELINE

	Event	Entries	Heats	Starts at..
15	Girls 200 Butterfly	21	3	9:00 AM
16	Boys 200 Butterfly	23	3	9:09 AM
17	Girls 50 Freestyle	111	14	9:19 AM
18	Boys 50 Freestyle	83	11	9:30 AM
19	Girls 200 Breaststroke	45	6	9:39 AM
20	Boys 200 Breaststroke	31	4	9:59 AM
21	Girls 100 Backstroke	99	13	10:11 AM
22	Boys 100 Backstroke	70	9	10:35 AM
23	Girls 500 Freestyle	49	7	10:50 AM
24	Boys 500 Freestyle	37	5	11:36 AM
	Break: 15 minutes			
25	Girls 800 Free Relay	12	0	12:21 PM
26	Boys 800 Free Relay	8	0	12:21 PM
	Swimmer count for warm up	217		
	Entry/Heat Totals	569	75	
	Finish Time			12:21 PM

## Saturday, December 3, 2016 – Session 4 (PM – Finals)

### TIMELINE

	Event	Entries	Heats	Starts at..
15	Girls 200 Butterfly	21	3	5:30 PM
16	Boys 200 Butterfly	23	3	5:41 PM
17	Girls 50 Freestyle	24	3	5:52 PM
18	Boys 50 Freestyle	24	3	5:56 PM
19	Girls 200 Breaststroke	24	3	6:00 PM
20	Boys 200 Breaststroke	24	3	6:12 PM
21	Girls 100 Backstroke	24	3	6:23 PM
22	Boys 100 Backstroke	24	3	6:30 PM
23	Girls 500 Freestyle	24	3	6:37 PM
24	Boys 500 Freestyle	24	3	6:58 PM
	Break: 15 minutes			
25	Girls 800 Free Relay	12	2	7:32 PM
26	Boys 800 Free Relay	8	1	7:53 PM
	Swimmer count for warm up	161		
	Entry/Heat Totals	256	33	
	Finish Time			8:12 PM



## Sunday, December 4, 2016 – Session 5 (AM – Prelims)

### TIMELINE

	Event	Entries	Heats	Starts at..
27	Girls 100 Freestyle	123	16	9:00 AM
28	Boys 100 Freestyle	89	12	9:23 AM
29	Girls 50 Breaststroke	36	5	9:38 AM
30	Boys 50 Breaststroke	20	3	9:44 AM
33	Girls 200 Backstroke	63	8	9:47 AM
34	Boys 200 Backstroke	48	6	10:12 AM
35	Girls 50 Butterfly	51	7	10:30 AM
36	Boys 50 Butterfly	30	4	10:37 AM
37	Girls 200 IM	84	11	10:41 AM
38	Boys 200 IM	63	8	11:14 AM
	Break: 15 Minutes			
39	Girls 400 Medley Relay	0	0	11:50 AM
40	Boys 400 Medley Relay	0	0	11:50 AM
31	Girls 1650 Freestyle	0	0	11:50 AM
32	Boys 1650 Freestyle	1	1	11:50 AM
	Swimmer count for warm up	224		
	Entry/Heat Totals	608	81	
	Finish Time			12:15 PM

## Sunday, December 4, 2016 – Session 6 (PM – Finals)

### TIMELINE

	Event	Entries	Heats	Starts at..
27	Girls 100 Freestyle	24	3	5:30 PM
28	Boys 100 Freestyle	24	3	5:36 PM
29	Girls 50 Breaststroke	24	3	5:42 PM
30	Boys 50 Breaststroke	24	3	5:47 PM
31	Girls 1650 Freestyle	8	1	5:52 PM
32	Boys 1650 Freestyle	8	1	6:19 PM
33	Girls 200 Backstroke	24	3	6:45 PM
34	Boys 200 Backstroke	24	3	6:56 PM
35	Girls 50 Butterfly	24	3	7:07 PM
36	Boys 50 Butterfly	24	3	7:11 PM
37	Girls 200 IM	24	3	7:16 PM
38	Boys 200 IM	24	3	7:27 PM
	Break: 15 Minutes			
39	Girls 400 Medley Relay	13	2	7:51 PM
40	Boys 400 Medley Relay	9	2	8:04 PM
	Swimmer count for warm up	164		
	Entry/Heat Totals	274	36	
	Finish Time			8:15 PM