

# SSAN October Open Meet

## October 8-9, 2016

### Warmup Assignment

Klein Oak HS Pool

#### Saturday, October 8<sup>th</sup>, 2016 – FIRST SESSION

##### First Warmup 7:30 am to 7:55 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SSAN

##### Second Warmup 7:55 am to 8:20 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	STA	STA	PEAK	PEAK	PEAK	PEAK

##### Third Warmup 8:20 am to 8:45 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ECS	ECS	ECS	ECS	ECS	CATS	EPRC	LAP

#### Saturday, October 8<sup>th</sup>, 2016 – SECOND SESSION

##### \*First Warmup – Immediately after the conclusion of Session 1 – 25 minutes length

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SSAN

##### Second Warmup – At the conclusion of 2<sup>nd</sup> session, first warmup – 25 minutes length

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	SSAN	STA	STA	ECS	ECS	ECS

##### Third Warmup – At the conclusion of 2<sup>nd</sup> session, second warmup – 25 minutes length

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PEAK	PEAK	PEAK	PEAK	PEAK	EPRC	CATS	LAP EPSC

\*The afternoon meet will start IMMEDIATELY after the conclusion of the morning session. The posted times are merely a guide.

#### Sunday, October 9<sup>th</sup>, 2016

##### First Warmup 7:30 am to 7:55 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SSAN

##### Second Warmup 7:55 am to 8:20 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	STA	STA	PEAK	PEAK	PEAK	PEAK

##### Third Warmup 8:20 am to 8:45 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
OPEN	ECS	ECS	ECS	ECS	CATS	EPRC	LAP

#### Sunday, October 9<sup>th</sup>, 2016 – SECOND SESSION

##### \*First Warmup – Immediately after the conclusion of Session 1 – 25 minutes length

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SSAN	SSAN

##### Second Warmup – At the conclusion of 2<sup>nd</sup> session, first warmup – 25 minutes length

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSAN	SSAN	SSAN	SSAN	ECS	ECS	ECS	ECS

##### Third Warmup – At the conclusion of 2<sup>nd</sup> session, second warmup – 25 minutes length

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PEAK	PEAK	PEAK	PEAK	STA	STA	CATS	LAP EPRC

\*The afternoon meet will start IMMEDIATELY after the conclusion of the morning session. The posted times are merely a guide.

SSAN October Open Meet  
October 8-9, 2016

Timing Assignments  
Klein Oak HS Pool

Saturday, October 8<sup>th</sup>, 2016 – SESSION 1

Timer Chairs

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
STA	LAP	CATS	SSAN	PEAK	PEAK	ECS	ECS
STA	EPRC	SSAN	SSAN	PEAK	PEAK	ECS	ECS

\*\*\* Teams not listed, please have timers ready as needed.

Saturday, October 8<sup>th</sup>, 2016 – SESSION 2

Timer Chairs

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
STA	LAP	CATS	SSAN	PEAK	PEAK	PEAK	ECS
STA	EPRC	SSAN	SSAN	PEAK	PEAK	ECS	ECS

\*\*\* Teams not listed, please have timers ready as needed.

Sunday, October 9<sup>th</sup>, 2016 – SESSION 1

Timer Chairs

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
STA	LAP	SSAN	SSAN	PEAK	PEAK	CATS	ECS
STA	EPRC	SSAN	SSAN	PEAK	PEAK	ECS	ECS

\*\*\* Teams not listed, please have timers ready as needed.

Sunday, October 9<sup>th</sup>, 2016 – SESSION 2

Timer Chairs

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
STA	LAP	CATS	SSAN	PEAK	PEAK	ECS	ECS
STA	EPRC	SSAN	SSAN	PEAK	PEAK	ECS	ECS

\*\*\* Teams not listed, please have timers ready as needed.