

PACK Hosted Gulf Oct Open - 10/8/2016 to 10/9/2016**Team List**

| | Team | Female | Male | Total Athletes | Entries | Relay | Total |
|---|-------------------------------------|---------------|-------------|-----------------------|----------------|--------------|--------------|
| 1 | AQUA-GU Aquastar | 44 | 45 | 89 | 398 | 0 | 398 |
| 2 | LIFE-GU Life Time Houston Swim Team | 52 | 58 | 110 | 358 | 0 | 358 |
| 3 | PACK-GU Premier Aquatics | 122 | 105 | 227 | 1,073 | 0 | 1073 |
| 4 | SSS-GU South Shore Sails | 59 | 39 | 98 | 437 | 0 | 437 |
| 5 | UPACK-GU UnAtt - Premier Aquatics | 4 | 3 | 7 | 42 | 0 | 42 |
| | | 281 | 250 | 531 | 2308 | 0 | 2308 |

PACK Hosted Gulf Open Meet 10/08/2016-10/09/2016

REVISED

Warmups

Saturday, October 08, 2016 - AM Session - 11 and up girls, 13 and up boys

First warmups 7:30 AM To 7:55 AM (Meet starts at 9:00 AM)

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK |

Second warmups 7:55 AM To 8:20 AM (Meet starts at 9:00 AM)

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| LIFE | LIFE | PACK | PACK | PACK | PACK | PACK | PACK | LIFE | PACK | PACK |

Third warmups 8:20 AM To 8:45 AM (Meet starts at 9:00 AM)

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| AQUA | AQUA | SSS | SSS | SSS | SSS | SSS | SSS | SSS | SSS | AQUA |
| | | AQUA | | | | | | | | |

Saturday, October 08, 2016 - PM Session - 10 and under girls, 12 and under boys

*Warm-up times below are an estimate based on the timeline for the morning.
Meet will not start before 1:25 pm*

First warmups 12:10 PM TO 12:30 PM (Meet won't start before 1:25 PM) ALL START TIMES ARE ESTIMATED

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK |

Second warmups 12:30 PM To 12:50 PM (Meet won't start before at 1:25 PM) ALL START TIMES ARE ESTIMATED

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| AQUA | AQUA | AQUA | AQUA | SSS | SSS | SSS | SSS | SSS | SSS | AQUA |
| | | | | AQUA | | | | | | |

Third warmups 12:50 PM To 1:10 PM (Meet won't start before 1:25 PM) ALL START TIMES ARE ESTIMATED

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| PACK | PACK | LIFE | LIFE | LIFE | LIFE | LIFE | LIFE | LIFE | LIFE | PACK |

Sunday, October 09, 2016 - AM Session - 11 and up girls, 13 and up boys

First warmups 7:30 AM To 7:55 AM (Meet starts at 9:00 AM)

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK |

Second warmups 7:55 AM To 8:20 AM (Meet starts at 9:00 AM)

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| PACK | PACK | PACK | PACK | PACK | PACK | LIFE | LIFE | PACK | PACK | PACK |

Third warmups 8:20 AM To 8:45 AM (Meet starts at 9:00 AM)

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| AQUA | AQUA | AQUA | SSS | SSS | SSS | SSS | SSS | SSS | AQUA | SSS |

Sunday, October 9, 2016 - PM Session - 10 and under girls, 12 and under boys

*Warm-up times below are an estimate based on the timeline for the morning;
Meet will not start before 12:45pm.*

First warmups 11:30 AM To 11:50 AM (Meet won't start before 12:45 PM) ALL START TIMES ARE ESTIMATED

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK | PACK |

Second warmups 11:50 AM To 12:10 PM (Meet won't start before 12:45 PM) ALL START TIMES ARE ESTIMATED

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| PACK | PACK | LIFE | LIFE | LIFE | LIFE | LIFE | LIFE | LIFE | LIFE | LIFE |

Third warmups 12:10 PM To 12:30 PM (Meet won't start before 12:45 PM) ALL START TIMES ARE ESTIMATED

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 | Lane 9 | Lane 10 | Lane 11 |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|
| AQUA | AQUA | AQUA | AQUA | SSS | SSS | SSS | SSS | SSS | AQUA | AQUA |

PACK hosted Gulf Open Meet 10/08/2016-10/09/2016

Timing Assignments

Saturday AM Timer Chairs

*Swimmers need to supply their own timers/counter for the 500 Free

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| AQUA | PACK | PACK | PACK | PACK | PACK | SSS | SSS |
| AQUA | PACK | PACK | PACK | PACK | LIFE | SSS | SSS |

Saturday PM Timer Chairs

*Swimmers need to supply their own timers/counter for the 500 Free

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| AQUA | PACK | PACK | PACK | PACK | SSS | LIFE | LIFE |
| AQUA | PACK | PACK | PACK | PACK | SSS | LIFE | LIFE |

Sunday AM Timer Chairs

*Swimmers need to supply their own timers for the 400 IM

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| AQUA | PACK | PACK | PACK | PACK | PACK | SSS | SSS |
| AQUA | PACK | PACK | PACK | PACK | PACK | SSS | LIFE |

Sunday PM Timer Chairs

*Swimmers need to supply their own timers/counter for the 500 Free

| Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | Lane 7 | Lane 8 |
|--------|--------|--------|--------|--------|--------|--------|--------|
| SSS | PACK | PACK | PACK | LIFE | LIFE | AQUA | AQUA |
| SSS | PACK | PACK | PACK | LIFE | LIFE | AQUA | AQUA |

Teams not listed please have timers ready to fill in as needed

PACK Hosted Gulf Oct Open - 10/8/2016 to 10/9/2016**Session Report**

Session: 1 Sat A.M

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|------------------------------------|----------------|--------------|------------------|-------|
| Finals | 1 Girls 11-12 50 Backstroke | 38 | 5 | 09:00 AM | _____ |
| Finals | 3 Girls 11 & Over 200 IM | 60 | 8 | 09:07 AM | _____ |
| Finals | 4 Boys 13 & Over 200 IM | 44 | 6 | 09:32 AM | _____ |
| Finals | 5 Girls 11 & Over 100 Freestyle | 116 | 15 | 09:51 AM | _____ |
| Finals | 6 Boys 13 & Over 100 Freestyle | 57 | 8 | 10:14 AM | _____ |
| Finals | 7 Girls 11 & Over 200 Butterfly | 11 | 2 | 10:25 AM | _____ |
| Finals | 8 Boys 13 & Over 200 Butterfly | 9 | 2 | 10:32 AM | _____ |
| Finals | 9 Girls 11 & Over 100 Breaststroke | 65 | 9 | 10:39 AM | _____ |
| Finals | 10 Boys 13 & Over 100 Breaststroke | 45 | 6 | 10:56 AM | _____ |
| Finals | 11 Girls 11 & Over 200 Backstroke | 35 | 5 | 11:06 AM | _____ |
| Finals | 12 Boys 13 & Over 200 Backstroke | 23 | 3 | 11:24 AM | _____ |
| Finals | 13 Girls 11-12 50 Butterfly | 34 | 5 | 11:34 AM | _____ |
| Finals | 15 Girls 11 & Over 500 Freestyle | 16 | 2 u | 11:39 AM | _____ |
| Finals | 16 Boys 13 & Over 500 Freestyle | 14 | 2 u | 11:51 AM | _____ |
| | Swimmers Counts for Warm-ups: 202 | ===== | ===== | | |
| | Entry / Heat Totals: | 567 | 78 | | |
| | Finish Time | | | 12:03 PM | _____ |

PACK Hosted Gulf Oct Open - 10/8/2016 to 10/9/2016**Session Report**

Session: 2 Sat P.M.

Day of Meet: 1 Starts at 01:25 PM Heat Interval: 25 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|------------------------------------|----------------|--------------|------------------|-------|
| Finals | 17 Girls 10 & Under 50 Backstroke | 66 | 9 | 01:25 PM | _____ |
| Finals | 18 Boys 12 & Under 50 Backstroke | 78 | 10 | 01:40 PM | _____ |
| Finals | 19 Girls 9-10 200 IM | 4 | 1 | 01:54 PM | _____ |
| Finals | 20 Boys 9-12 200 IM | 21 | 3 | 01:58 PM | _____ |
| Finals | 21 Girls 8 & Under 25 Freestyle | 43 | 6 | 02:09 PM | _____ |
| Finals | 22 Boys 8 & Under 25 Freestyle | 36 | 5 | 02:15 PM | _____ |
| Finals | 23 Girls 9-10 100 Breaststroke | 16 | 2 | 02:19 PM | _____ |
| Finals | 24 Boys 9-12 100 Breaststroke | 37 | 5 | 02:25 PM | _____ |
| Finals | 26 Boys 11-12 200 Butterfly | 1 | 1 | 02:35 PM | _____ |
| Finals | 27 Girls 10 & Under 100 Freestyle | 39 | 5 | 02:39 PM | _____ |
| Finals | 28 Boys 12 & Under 100 Freestyle | 79 | 10 | 02:50 PM | _____ |
| Finals | 29 Girls 8 & Under 25 Breaststroke | 32 | 4 | 03:09 PM | _____ |
| Finals | 30 Boys 8 & Under 25 Breaststroke | 26 | 4 | 03:13 PM | _____ |
| Finals | 32 Boys 11-12 200 Backstroke | 4 | 1 | 03:17 PM | _____ |
| Finals | 33 Girls 10 & Under 50 Butterfly | 39 | 5 | 03:21 PM | _____ |
| Finals | 34 Boys 12 & Under 50 Butterfly | 56 | 7 | 03:28 PM | _____ |
| Finals | 35 Girls 9-10 500 Freestyle | 6 | 1 u | 03:36 PM | _____ |
| Finals | 36 Boys 9-12 500 Freestyle | 11 | 2 u | 03:46 PM | _____ |
| | Swimmers Counts for Warm-ups: 231 | ===== | ===== | | |
| | Entry / Heat Totals: | 594 | 81 | | |
| | Finish Time | | | 04:04 PM | _____ |

PACK Hosted Gulf Oct Open - 10/8/2016 to 10/9/2016**Session Report**

Session: 3 Sun A.M.

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|-------------------------------------|----------------|--------------|------------------|-------|
| Finals | 37 Girls 11-12 50 Breaststroke | 33 | 5 | 09:00 AM | _____ |
| Finals | 39 Girls 11 & Over 200 Freestyle | 51 | 7 | 09:06 AM | _____ |
| Finals | 40 Boys 13 & Over 200 Freestyle | 40 | 5 | 09:27 AM | _____ |
| Finals | 41 Girls 11 & Over 100 Butterfly | 47 | 6 | 09:39 AM | _____ |
| Finals | 42 Boys 13 & Over 100 Butterfly | 32 | 4 | 09:49 AM | _____ |
| Finals | 43 Girls 11 & Over 50 Freestyle | 101 | 13 | 09:55 AM | _____ |
| Finals | 44 Boys 13 & Over 50 Freestyle | 52 | 7 | 10:07 AM | _____ |
| Finals | 45 Girls 11 & Over 200 Breaststroke | 23 | 3 | 10:13 AM | _____ |
| Finals | 46 Boys 13 & Over 200 Breaststroke | 27 | 4 | 10:23 AM | _____ |
| Finals | 47 Girls 11 & Over 100 Backstroke | 61 | 8 | 10:37 AM | _____ |
| Finals | 48 Boys 13 & Over 100 Backstroke | 38 | 5 | 10:52 AM | _____ |
| Finals | 49 Girls 11-12 100 IM | 24 | 3 | 11:01 AM | _____ |
| Finals | 51 Girls 13 & Over 400 IM | 10 | 2 u | 11:07 AM | _____ |
| Finals | 52 Boys 13 & Over 400 IM | 10 | 2 u | 11:19 AM | _____ |
| | Swimmers Counts for Warm-ups: 196 | ===== | ===== | | |
| | Entry / Heat Totals: | 549 | 74 | | |
| | Finish Time | | | 11:32 AM | _____ |

PACK Hosted Gulf Oct Open - 10/8/2016 to 10/9/2016**Session Report**

Session: 4 Sun P.M

Day of Meet: 2 Starts at 12:45 PM Heat Interval: 25 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|--------------|-------------------------------------|----------------|--------------|------------------|-------|
| Finals | 53 Girls 10 & Under 50 Breaststroke | 53 | 7 | 12:45 PM | _____ |
| Finals | 54 Boys 12 & Under 50 Breaststroke | 75 | 10 | 12:56 PM | _____ |
| Finals | 55 Girls 9-10 200 Freestyle | 3 | 1 | 01:09 PM | _____ |
| Finals | 56 Boys 9-12 200 Freestyle | 22 | 3 | 01:13 PM | _____ |
| Finals | 57 Girls 8 & Under 25 Backstroke | 39 | 5 | 01:23 PM | _____ |
| Finals | 58 Boys 8 & Under 25 Backstroke | 26 | 4 | 01:29 PM | _____ |
| Finals | 59 Girls 9-10 100 Butterfly | 8 | 1 | 01:33 PM | _____ |
| Finals | 60 Boys 9-12 100 Butterfly | 17 | 3 | 01:35 PM | _____ |
| Finals | 61 Girls 10 & Under 50 Freestyle | 79 | 10 | 01:41 PM | _____ |
| Finals | 62 Boys 12 & Under 50 Freestyle | 99 | 13 | 01:54 PM | _____ |
| Finals | 63 Girls 8 & Under 25 Butterfly | 25 | 4 | 02:09 PM | _____ |
| Finals | 64 Boys 8 & Under 25 Butterfly | 19 | 3 | 02:13 PM | _____ |
| Finals | 66 Boys 11-12 200 Breaststroke | 6 | 1 | 02:16 PM | _____ |
| Finals | 67 Girls 9-10 100 Backstroke | 11 | 2 | 02:20 PM | _____ |
| Finals | 68 Boys 9-12 100 Backstroke | 31 | 4 | 02:24 PM | _____ |
| Finals | 69 Girls 10 & Under 100 IM | 37 | 5 | 02:34 PM | _____ |
| Finals | 70 Boys 12 & Under 100 IM | 48 | 6 | 02:45 PM | _____ |
| | Swimmers Counts for Warm-ups: 232 | ===== | ===== | | |
| | Entry / Heat Totals: | 598 | 82 | | |
| | Finish Time | | | 02:58 PM | _____ |