

2015 CFSC 11-14 INVITATIONAL QUIN MEET

hosted by
Cy-Fair Swim Club – Fleet Swimming
October 24-25, 2015
SANCTION #GUSC 16-021



LOCATION: Michael D. Holland Natatorium
14350 FM 1488
Magnolia, Texas 77354

Directions: Traveling from I-45 just north of The Woodlands, take FM 1488 west approximately 15 miles toward Magnolia. The pool is located on the Magnolia High School campus (on the east side of the High School). The School is located on the north side of FM 1488 at the corner of FM 1488 & FM 149. Traveling from the west, take Beltway 8 north to Hwy. 249. Take Hwy. 249 north approximately 25 miles to FM 149 (approximately 3 miles north of Tomball). Turn right on FM 149 and go north to FM 1488. The pool is located on the Magnolia High School campus (on the east side of the High School). The school is located on the north side of FM 1488 at the corner of FM 1488 and FM 149.

COACHES: Louis Demetriades Assistant Coach
Colin Kennedy Head Age Group Coach

POOL: Eight lane, 25 yard indoor pool with 5 continuous warm up-down lanes at far end. Pool has competitor non-turbulent lane lines, an 8 line LED CTS scoreboard and non-slip touch pads.

TIME AND DATE: This is a Timed Finals Split Session Meet.

Saturday Morning Session: 7:30 AM Warm-up, meet starts at 9:00 am
Saturday Afternoon Session: 1:30 PM Warm-up, meet starts at 3:00 pm
Sunday Morning Session: 7:30 AM Warm-up, meet starts at 9:00 am

Split warm-ups will be in effect for all sessions, with assignments posted on the Gulf Swimming web site.

Lane assignments for warm-ups and timing will be designated in the psych sheet, and posted on the Gulf Swimming website by Monday, October 19, 2015.

MEET TYPE: This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chairman. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

MEET REFEREE: Andrea Walin, andrea.walin@gmail.com

ADMINISTRATIVE OFFICIAL: Holger Luebsen, holger@luebsen.com

MEET DIRECTOR: Carolyn Reed, 713-725-4604, deerjc@gmail.com

SAFETY MARSHAL: Efrain Rovira

SAFETY GUIDELINES AND WARM-UP PROCEDURES: See attached Safety Guidelines and Warm-up Procedures.

SEEDING: The meet will be a pre-seeded meet for events of 200 yards or shorter. All events will be seeded with heats in the order of fastest to slowest. As a courtesy to the host, coaches should inform the Clerk of Course of swimmers not attending the meet. Empty lanes will be used to fill on-deck entries.

CHECK-IN: All swimmers must positive check in with the Clerk of the Course for the 500 Free by 8:15 am on Saturday morning and the 400 IM by 2:15 p.m. on Saturday afternoon. After the events are officially closed, no one may check in or scratch. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chair, for each event in which he/she fails to appear. Relay cards must be turned in to the Clerk of Course by 8:15 a.m. for morning relays and 2:15 p.m. for afternoon relays. Swimmers must provide their own timers and lap counters for the 500 Free and 400 IM.

ON-DECK ENTRIES: Late entries will be accepted each day up to **45 minutes** before the start of the meet. Those swimmers missing the 6:00 p.m. Tuesday, October 13, 2015 deadline may enter the meet on deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry.
2. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes.
3. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. A heat will be added, if necessary and if the timeline permits.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter times to yard times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). Times must be from USA Swimming meets. If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested.

Cut-off Times: None.

Qualifying Time: None.

Age: As of October 24, 2015.

Number of Events: Swimmers may compete in up to eight (8) individual events and up to two (2) relay events for the entire meet. Maximum number of five (5) individual events per day.

Deadline: Entries must be in the hands of the Meet Entry Chairman no later than 6:00 p.m. on Tuesday, October 13, 2015. No late entries will be accepted. Do not send entries via Federal Express, etc., that require a signature; if you must send your entries by express mail, please indicate that a signature is NOT required. Mail or hand deliver entries to the Meet Entry Chairman at:

CFSC
Attn: Carolyn Reed
11659 Jones Rd. PMB #351
Houston, TX 77070
713-725-4604
deerjc@gmail.com

Entries: All teams entering 10 or more swimmers MUST submit their entries on a diskette or electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software, along with a hard copy printout of the entries. Teams without Hy-Tek should submit their entries on the enclosed Entry Form. A \$25.00 fee must be included with the entry fees for teams that enter 10 or more swimmers using an entry form only (without sending Hy-Tek files). Include relays and relay-only swimmers on your completed entry form, diskette, or electronic submission.

Teams may electronically mail their Meet Manager files. Payments for the electronic entries and a hard copy print-out of the entries must be submitted or postmarked no later than 24 hours after the entry deadline as stated in the Meet Invitation.

Eligible Teams: CFSC, KATY, South Texas Aquatics, Swim Streamline, TWST

Fees: Five dollars and twenty-five cents (\$5.25) per Individual Event and nine dollars (\$9.00) for each Relay event plus a three dollar and fifty cent (\$3.50) per Swimmer Surcharge fee. Make checks payable to CFSC. Entry fees must accompany entries, if delivered by any method other than email.

AWARDS: Individual events: Ribbons for 1st – 8th place.
Relay events: Ribbons for 1st – 3rd place.

SCORING: Individual Events: 9-7-6-5-4-3-2-1
Relay Events: 18-14-12-10-8-6-4-2

All events will be scored as 11-12 and 13-14.

RULES AND SANCTIONS: The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted. The three (3) event rule and up/down rule do not apply. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

POOL MEASUREMENT: The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.
The water depth of the competition course is 13 feet measured from 1 meter to 5 meters on the starting end of the course, and 5 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM: A Colorado Model 6000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 500 Free and 400 I.M. must provide two (2) timers and a lap counter where applicable.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.
Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room.

DECK CHANGING: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: Concessions will be available.

HOSPITALITY: A hospitality room will be available for Coaches and Officials.

MERCHANDISE: D&J Sports will be at the meet selling a complete line of swim gear and apparel.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org) and www.fleetswimming.com , within three days after the conclusion of the meet.

Meet Mobile will be utilized by searching 2015 CFSC 11-14 Invitational QUIN Meet. Realtime results can be accessed online at <http://results.teamunify.com/gscfsc/>

On the day of the meet, a live scoreboard will be available at <http://scoreboard.fleetswimming.com>. This will always show the latest scoreboard results of the just finished heat.



APPENDIX F

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

Entry rules:

| | |
|-------------------------|---|
| Type of Meet | Timed Finals |
| Max # Individual events | Eight (8) per meet, Five (5) per day |
| Swimmers eligible | CFSC, KATY, Southwest Aquatics, Swim Streamline & TWST |
| Entry times in | SCY/SCM/LCM |
| Qualifying times | None |
| Enter with no time? | Yes |
| Fees | Individual - \$5.25; Relays - \$9.00 |
| Facility surcharge | \$3.50/swimmer |

**CFSC 11-14 Invitational QUIN
Meet
October 24-25, 2015
Michael D. Holland Natatorium
14350 FM 1488
Magnolia, Texas 77354**



Girl Event # Event Description Boy Event #

Saturday, October 24, 2015, Warm Ups 7:30 AM, Meet Starts 9:00AM

| | | |
|----|----------------------|----|
| 1 | 11-12 100 IM | 2 |
| 3 | 13-14 200 IM | 4 |
| 5 | 11-12 200 Free Relay | 6 |
| 7 | 13-14 200 Free Relay | 8 |
| 9 | 11-12 50 Free | 10 |
| 11 | 13-14 50 Free | 12 |
| 13 | 11-12 500 Free* | 14 |
| 15 | 13-14 500 Free* | 16 |

Saturday, October 24, 2015, Warm Ups 1:30 PM, Meet Starts 3:00 PM

| | | |
|----|------------------------|----|
| 17 | 11-12 50 Fly | 18 |
| 19 | 13-14 200 Fly | 20 |
| 21 | 11-12 200 Free | 22 |
| 23 | 13-14 200 Free | 24 |
| 25 | 11-12 100 Breast | 26 |
| 27 | 13-14 100 Breast | 28 |
| 29 | 11-12 100 Back | 30 |
| 31 | 13-14 100 Back | 32 |
| 33 | 11-12 200 Medley Relay | 34 |
| 35 | 13-14 200 Medley Relay | 36 |
| 37 | 13-14 400 IM* | 38 |

Sunday, October 25, 2015, Warm Ups 7:30AM, Meet Starts 9:00 AM

| | | |
|----|------------------|----|
| 39 | 11-12 50 Back | 40 |
| 41 | 13-14 200 Back | 42 |
| 43 | 11-12 100 Free | 44 |
| 45 | 13-14 100 Free | 46 |
| 47 | 11-12 50 Breast | 48 |
| 49 | 13-14 200 Breast | 50 |
| 51 | 11-12 100 Fly | 52 |
| 53 | 13-14 100 Fly | 54 |
| 55 | 11-12 200 IM | 56 |



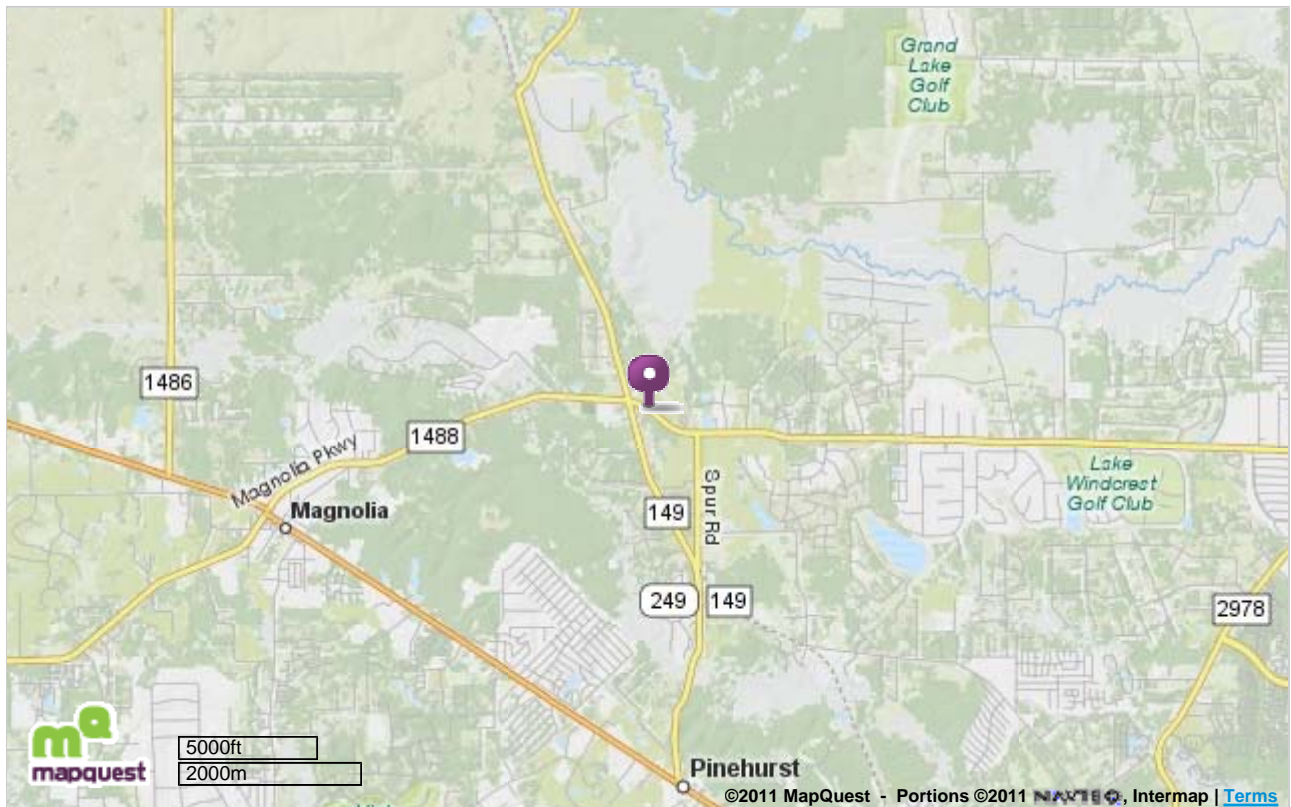
- All events will be seeded fastest to slowest.
- *The 400 I.M. and 500 Free will be swum alternating girls and boys heats.



Notes

Map of:

14350 Fm 1488 Rd
Magnolia, TX 77354-1665



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