

GULF SWIMMING SENIOR MEET
Timed Finals - Short Course Yards
Hosted by: Montgomery Aquatic Race Club (MARC)

October 17-18, 2015



Sanction No. GUSC 16-012R1

WARM UP
Timer Lane Assignments
TIMELINE

Meet Referee: Keith Rudy
Administrative Official: Grant Newman
Meet Director: Karen Nelson
Safety Marshal: Lou Spencer



WARM UP ASSIGNMENTS

Saturday, October 17, 2015 – Session1 (MORNING)

Early Warm Up: 7:30-8:05 a.m.

1	2	3	4	5	6	7	8
MARC	BTA	BTA	COOG	ESA	FINS	ECA	BLST

9	10	11	12	13
XXX	COOG	ESA	FINS	OPEN

**WARM UP/DOWN
LANE 9 NEXT TO
BULKHEAD**

Late Warm Up: 8:10-8:45 a.m.

1	2	3	4	5	6	7	8
DADS	DADS	PEAK	PEAK	RICE	RICE	SHRK	AQUA

9	10	11	12	13
XXX	DADS	DADS	OPEN	OPEN

**WARM UP/DOWN
LANE 9 NEXT TO
BULKHEAD**

Saturday, October 17, 2015 – Session 2 (AFTERNOON)

Early Warm Up: 1:00-1:25 p.m.

1	2	3	4	5	6	7	8
DADS	DADS	PEAK	PEAK	RICE	RICE	SHRK	AQUA

9	10	11	12	13
XXX	DADS	DADS	OPEN	OPEN

**WARM UP/DOWN
LANE 9 NEXT TO
BULKHEAD**

Late Warm Up: 1:25-1:50 p.m.

1	2	3	4	5	6	7	8
MARC	BTA	COOG	ESA	ESA	FINS	ECA	BLST

9	10	11	12	13
XXX	MARC	BTA	COOG	FINS

**WARM UP/DOWN
LANE 9 NEXT TO
BULKHEAD**



Sunday, October 18, 2015 – Session 3 (MORNING)

Early Warm Up: 7:30-8:05 a.m.

1	2	3	4	5	6	7	8
MARC	BTA	COOG	ESA	FINS	FINS	ECA	BLST

9	10	11	12	13
XXX	MARC	BTA	ESA	OPEN

WARM UP/DOWN LANE 9 NEXT TO BULKHEAD

Late Warm Up: 8:10-8:45 a.m.

1	2	3	4	5	6	7	8
DADS	DADS	DADS	PEAK	PEAK	RICE	SHRK	AQUA

9	10	11	12	13
XXX	DADS	DADS	PEAK	RICE

WARM UP/DOWN LANE 9 NEXT TO BULKHEAD



LANE TIMER ASSIGNMENTS

SATURDAY, OCTOBER 17, 2015 – SESSION 1 (MORNING)

	1	2	3	4	5	6	7	8
<u>CHAIR 1</u>	DADS	DADS	PEAK	BTA	ESA	RICE	COOG	AQUA SHRK
<u>CHAIR 2</u>	DADS	DADS	PEAK	BTA	ESA	RICE	FINS	ECS BLST

Swimmers in the 500 Free must provide their own timer and lap counter

SATURDAY, OCTOBER 17, 2015 – SESSION 2 (AFTERNOON)

	1	2	3	4	5	6	7	8
<u>CHAIR 1</u>	DADS	DADS	PEAK	BTA	FINS	RICE	COOG	AQUA SHRK
<u>CHAIR 2</u>	DADS	DADS	PEAK	BTA	FINS	RICE	ESA	ECS BLST

Swimmers in the 400 IM must provide their own timers

SUNDAY, OCTOBER 18, 2015 – SESSION 3 (MORNING)

	1	2	3	4	5	6	7	8
<u>CHAIR 1</u>	DADS	DADS	PEAK	BTA	ESA	RICE	COOG	AQUA SHRK
<u>CHAIR 2</u>	DADS	DADS	PEAK	BTA	ESA	RICE	FINS	ECS BLST

Swimmers in the 1000 Free must provide their own timer and lap counter

Each team is responsible for providing timers. Two timers are needed for each lane. In order for the meet to run smoothly, we ask that each team(s) keep 2 timers in their assigned lanes throughout the entire meet. Those teams not assigned a lane, please help out when and where needed.