



GULF SWIMMING OPEN MEET INVITATIONAL

A SHORT COURSE TIMED FINAL MEET HOSTED BY

PACK

Premier Aquatics Club of Klein

October 10-11, 2015

SANCTION GUSC 16-014

LOCATION:

Klein High School Natatorium.

16715 Stuebner Airline

Klein, Texas 77379

Directions: See map attached to this announcement



COACHES:

Mike McCauley - Head Coach

Shane McCauley - Head Age Group Coach

POOL:

Eight lane, 25 yard indoor pool with non-turbulent lane lines with separate warm down area.

TIME AND DATE:

This is a timed-finals meet with morning (11-12 girls plus all 13 and up) and afternoon (all 10 and under plus 11-12 boys) sessions on Sat. and Sun.

Session 1: Saturday Morning – October 10, 2015 (TIMED FINAL EVENTS)

Age Groups: **11-12 girls**, 13-14 girls and boys, 15 and over girls and boys

Warm-ups*: **7:30 am – 8:45 am**

Meet Starts: **9:00 am**

Session 2: Saturday Afternoon – October 10, 2015 (TIMED FINAL EVENTS)

Age Groups: 8 and under girls and boys, 9-10 girls and boys, **11-12 boys**

Warm-ups*: **begin at the conclusion of the morning session**

Meet Starts: **will start approximately 1 hour after the conclusion of the 1st session**

Session 1: Sunday Morning – October 11, 2015 (TIMED FINAL EVENTS)
Age Groups: **11-12 girls**, 13-14 girls and boys, 15 and over girls and boys
Warm-ups*: **7:30 am – 8:45 am**
Meet Starts: **9:00 am**

Session 2: Sunday Afternoon – October 11, 2015 (TIMED FINAL EVENTS)
Age Groups: 8 and under girls and boys, 9-10 girls and boys, **11-12 boys**
Warm-ups*: **begin at the conclusion of the morning session**
Meet Starts: **will start approximately 1 hour after the conclusion of the 1st session**

*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website.

Lane assignments for warm-ups and timing will be designated in the psych sheet, and posted on the Gulf Swimming website by Monday October 5, 2015.

MEET TYPE: This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

MEET REFEREE: Tom Jones twjones@earthlink.net

ADMINISTRATIVE OFFICIAL: Donna Akins donna.akins10@gmail.com

MEET DIRECTORS: Lyne Martin packswimming@att.net
Todd Ber

SAFETY MARSHAL: Adam Hayes

SAFETY GUIDELINES AND WARM-UP PROCEDURES:
See attached Safety Guidelines and Warm-up Procedures

SEEDING: The meet will be pre-seeded except the 400 IM and 500 Free will be deck seeded events. All events will be seeded with heats in the order of fastest to slowest. As a courtesy to the host, coaches should inform the clerk of course of swimmers not attending the meet. Empty lanes will be used to fill on deck entries

400 IM AND 500 FREE: All swimmers must positive check in with the clerk of course for the 400 IM and 500 Free by the start of their respective sessions. After the events are officially closed, no one may check in or scratch. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman Jason Wedlick, if he/she fails to appear. The 400 IM and 500 Free will be swum alternating girls and boys heats. Swimmers must provide 2 timers and a lap counter where applicable.

RELAY EVENTS: There are no relay events at this meet.

ON-DECK ENTRIES: Late entries will be accepted each day up to 45 minutes before the start of the meet. Those swimmers missing the **6:00 p.m. Saturday, September 19, 2015** deadline may enter the meet on deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry.
2. Swimmers must supply completed entry forms entered at the swimmers' best times. The swimmers will be seeded into open lanes only in the preseeded events and according to their best times in deck seeded events..
3. Swimmers must enter all events for the day 45 minutes prior to the start of the day's first event.
4. Swimmers must be qualified to swim the event entered.

5. Swimmers must not exceed the allotted number of events allowed each day.
6. A heat will be added, if necessary and if the timeline permits.
7. Swimmers who on-deck to change an entry time in a deck seeded event already entered must circle-in on the posted circle-in sheets. The new time will be used for seeding. The on-deck entry fees still apply to these swimmers.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time and **times must be from USAS meets**. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert *meter (yard)* times to *yard (meter)* times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). **No Times ARE allowed at this meet.**

Cut-off Times: None

Qualifying Times: None

Age: As of October 10, 2015

Number of Events: Swimmers may compete in up to three (3) individual events per day.

Entries: All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software. Entries must be in the hands of the designee of the Technical Planning Chairman no later than **6:00PM, Saturday September 19, 2015. No late entries will be accepted.** Email entries to the Technical Planning Chairman, Joel Beard at gulftpc@gmail.com

Eligible Teams: Venues will be balanced by team numbers. The team lists will be posted on the Gulf website.

Only swimmers attached to Gulf Swimming teams assigned to this meet or swimmers in the documented process of transferring to one of these teams, may participate in this invitational meet.

Fees: \$5.75 per Individual Event and \$3.50 per swimmer facility surcharge fee. Entry fees must be mailed to each team's designated meet host and postmarked by **October 2, 2015** to the address below:

Premier Aquatics
PO Box 11108
Spring TX 77391

entries@packswimming.com

Make checks payable to: **Premier Aquatics**

AWARDS: Individual events: Ribbons 1st – 8th place

SCORING: Individual Events: 9-7-6-5-4-3-2-1

All 13 & over events will be swum combined but scored separately as 13-14 and 15 & over.

All 12 & under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & under.

All 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

All 8 & under events will be swum combined but scored separately as 8, 7 and 6 & under.

RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted. Gulf Zone A, B, or C teams are not eligible to swim at this meet.

The three (3) event rule and up/down rule do not apply

POOL MEASUREMENT:

The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the competition course is 12 feet measured from 1 meter to 5 meters on the starting end of the course, and 6 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM:

A Daktronics electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet and on Gulf Swimming website on Monday before the meet. Swimmers in the 500 Free and 400 IM must provide 2 timers and a lap counter where applicable.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety. Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room.

DECK CHANGING PROHIBITION: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

PROOF OF TIME: Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, Jason Wedlick, payable to Gulf Swimming.

UNACCOMPANIED SWIMMERS:

Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: Concessions will be available

HOSPITALITY: A hospitality room will be available for Coaches, Officials and Meet Personnel

MERCHANDISE: D&J Sports will be at the meet selling swim apparel and swim gear.

MEET RESULTS: ***Unofficial real time results will be available on the MEET MOBILE app on Android and iPhone.***

Official Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet.

ATTACHMENTS: Meet Format, Entry Verification Form, Gulf Safety Guidelines and Warm-up Procedures, Klein HS Map and Campus Close-Up

**GULF SWIMMING OPEN MEET INVITATIONAL
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October 10-11, 2015**

Type of Meet	Timed Finals
Maximum # individual events per day	Three (3)
Swimmers eligible	Gulf Teams Assigned to Meet
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual \$5.75; Swimmer Facility Surcharge \$3.50

Saturday, October 10th, 2015

AM Session Warmup at 7:30 am, Meet starts at 9:00 am.

PM Session Warmup will begin approximately 1 hour after the conclusion of the AM Session.

Girls Event #	Description	Event	Description	Boys Event #		Girls Event #	Description	Event	Description	Boys Event #
<i>AM Session</i>		<i>AM Session</i>		<i>AM Session</i>		<i>PM Session</i>		<i>PM Session</i>		<i>PM</i>
1	11 & O	100 Back	13 & O	2		21	9-10	100 Back	9-12	22
3	11-12	50 Fly	-	-		23	10 & U	50 Fly	12 & U	24
5	11 & O	200 Breast	13 & O	6		-	-	200 Breast	11-12	26
7	13 & O	100 Free	13 & O	8		27	8 & U	25 Back	8 & U	28
9	11-12	200 Back	-	-		29	10 & U	50 Free	12 & U	30
11	11 & O	100 Fly	13 & O	12		-	9-10	100 Fly	9-12	32
13	11-12	50 Back	-	-		33	10 & U	50 Back	12 & U	34
15	13 & O	200 IM	13 & O	16		35	10 & U	100 IM	12 & U	36
17	11-12	100 IM	-	-		37	8 & U	25 Breast	8 & U	38
19	11 & O	500 Free*	13 & O	20		39	9-10	200 Free	9-10	40
						-	-	500 Free*	11-12	42

All events will be seeded fastest to slowest.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, 15 & Over.

All 12 & Under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & Under.

All 10 & Under events will be swum combined but scored separately as 9-10, 8, 7 and 6 & Under.

All 8 & Under events will be swum combined but scored separately as 8, 7 and 6 & Under.

All 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

All 9 & Over events will be swum combined but scored separately as 9-10, 11-12, 13-14, 15&Over

All Open events will be swum combined but scored separately as 6 & Under, 7, 8, 9-10, 11-12, 13-14, 15&Over.

*The 500 Freestyle will be swum alternating girls and boys heats. Must provide own timers and counters

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Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual \$5.75; Swimmer Facility Surcharge \$3.50

Sunday, October 11th, 2015

AM Session Warmup at 7:30 am, Meet starts at 9:00 am.

PM Session Warmup will begin approximately 1 hour after the conclusion of the AM Session

Girls Event #	Description	Event	Description	Boys Event #	Girls Event #	Description	Event	Description	Boys Event #
<i>AM Session</i>		<i>AM Session</i>		<i>AM Session</i>	<i>PM</i>		<i>PM Session</i>		<i>PM</i>
43	11 & O	100 Breast	13 & O	44	61	9-10	100 Breast	9-12	62
45	11 & O	50 Free	13 & O	46	63	8 & U	25 Fly	8 & U	64
47	11-12	200 IM	-	-	-	-	200 Fly	11-12	66
49	11 & O	200 Fly	13 & O	50	67	10 & U	100 Free	12 & U	68
51	11-12	100 Free	-	-	69	9-10	200 IM	9-12	70
53	13 & O	200 Back	13 & O	54	-	-	200 Back	11-12	72
55	11-12	50 Breast	-	-	73	8 & U	25 Free	8 & U	74
57	11 & O	200 Free	13 & O	58	75	10 & U	50 Breast	12 & U	76
59	13 & O	400 IM*	13 & O	60	-	-	200 Free	11-12	78
					79	9-10	500 Free *	9-10	80

All events will be seeded fastest to slowest.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14, 15 & Over.

All 12 & Under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & Under.

All 10 & Under events will be swum combined but scored separately as 9-10, 8, 7 and 6 & Under.

All 8 & Under events will be swum combined but scored separately as 8, 7 and 6 & Under.

All 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

All 9 & Over events will be swum combined but scored separately as 9-10, 11-12, 13-14, 15&Over

All Open events will be swum combined but scored separately as 6 & Under, 7, 8, 9-10, 11-12, 13-14, 15&Over.

*The 400 IM and 500 free will be swum alternating girls and boys heats and timers will need to be provided.

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

SAFETY GUIDELINES AND WARM-UP PROCEDURES

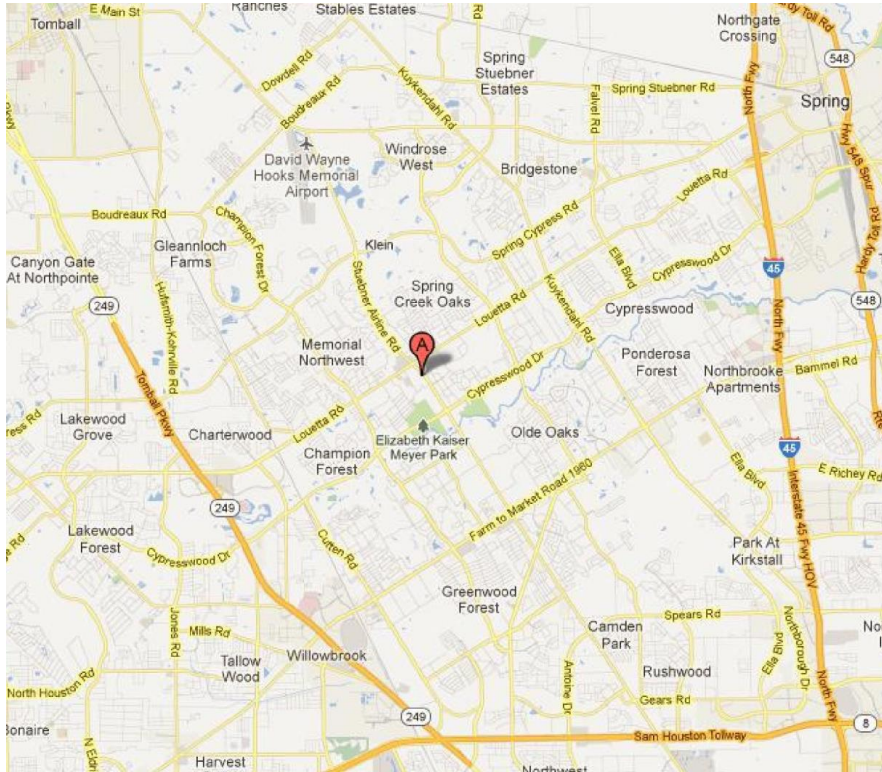
WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.
 - 4. Food and smoothies not allowed on deck.

Klein High School Natatorium.
16715 Stuebner Airline
Klein, Texas 77379



KLEIN HIGH SCHOOL POOL

