



Gulf All Age Open Meet

HOSTED BY

Magnolia Aquatic Club

Timed Finals – Short Course Yards

October 10-11, 2015

SANCTION #GUSC 16-009R1R1



LOCATION: Michael D. Holland Natatorium
14350 FM 1488
Magnolia, Tx 77354

Directions: *Traveling from I-45 just north of the Woodlands, take FM 1488 West approximately 15 miles towards Magnolia. Traveling from the west, take Beltway 8 North to Highway 249. Take 249 North approximately 25 miles to FM 149 (approximately 3 miles north of Tomball). Turn right on FM 149 and go north to FM 1488. The pool is located on the Magnolia High School Campus (on the East side of the high school). The school is located on the North side of FM 1488 & FM 149.*

COACHES: Terry Jones Head Coach
Michael Nordmann, Rick Mills Assistant Coaches

POOL: Eight lane, 25 yard indoor pool with 5 continuous warm up-warm down lanes at the far end. Pool has competitor non-turbulent lane lines, an 8 line LED CTS Scoreboard and non-slip touch pads.

TIME AND DATE: This is a Timed Finals Meet (October 10-11)
Session 1 – Saturday (October 10) BOYS 13 & Over and GIRLS 11 & Over
Warm-up at 7:30 a.m., meet starts at 9:00 a.m.
Session 2 – Saturday (October 10) BOYS 12 & Under and GIRLS 10 & Under
Warm-ups begin at conclusion of the morning session, meet starts approximately 1 hour after conclusion of morning session
Session 3 – Sunday (October 11) BOYS 13 & Over and GIRLS 11 & Over
Warm-up at 7:30 a.m., meet starts at 9:00 a.m.
Session 4 – Sunday (October 11) BOYS 12 & Under and GIRLS 10 & Under
Warm-ups begin at conclusion of the morning session, meet starts approximately 1 hour after conclusion of morning session

Lane assignments for warm-ups and timing will be designated in the heat sheet, and posted on the Gulf Swimming website at least by the Monday, October 5th.
www.gulfswimming.org

MEET TYPE: This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the “Flyover Start” procedures.

MEET REFEREE: Donna L. Dormiani donnadormiani@hotmail.com 832-723-8614

ADMINISTRATIVE OFFICIAL: David Neff

MEET DIRECTOR: Jill Mitchell Mitchell-five@sbcglobal.net 936-828-6103

SAFETY MARSHAL: Michael McCorvy

SAFETY GUIDELINES AND WARM-UP PROCEDURES: See attached Safety Guidelines and Warm-up Procedures. (Note: Attach to the announcement the standard Gulf Swimming “SAFETY GUIDELINES AND WARM-UP PROCEDURES”).

SEEDING: The meet will be a pre-seeded meet for events of 200 yards/meters or shorter. All events will be seeded fastest to slowest. As a courtesy to the host, coaches, please inform Clerk of Course of swimmers not attending the meet. **All 400 and 500 yard events will require positive check in.**

CHECK-IN: All swimmers must positively check-in with the Clerk of the Course for events of 400 yards/meters or longer. Swimmers are required to positively check-in **45 minutes prior to the start of that session's events**. After the events are officially closed, no one may check-in or scratch. After checking-in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chair, for each event in which he/she fails to appear.

ON-DECK ENTRIES: Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the September 19th deadline may enter the meet on-deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry.
2. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes.
3. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. A heat will be added, if necessary and if the timeline permits.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert *meter (yard)* times to *yard (meter)* times. If entries are made by paper (not using HY-TEK), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested.

Cut-off Times: None

Qualifying Times: None

Age: As of October 10, 2015.

Number of Events: Swimmers may compete in up to 3 individual events per day.

Deadline: Entries must be in the hands of the Gulf TPC Chair no later than 6:00 p.m. on September 19, 2015. No late entries will be accepted. Do not send entries via Federal Express, etc., that require a signature; if you must send your entries by express mail, please indicate that a signature is NOT required. Email entries (Or request address for mailing if needed) to: gulftpc@gmail.com.

Entries: All teams entering 10 or more swimmers MUST submit their entries on a diskette or electronically via e-mail, using the HY-TEK MEET MANAGER/HY-TEK TEAM MANAGER computer software, along with a hard copy printout of the entries. Teams without HY-TEK should submit their entries on the enclosed Entry Form. A \$25.00 fee must be included with the entry fees for teams that enter 10 or more swimmers using an entry form only (without sending HY-TEK files). Include relays and relay-only swimmers on your completed entry form, diskette, or electronic submission.

Teams may electronically mail their MEET MANAGER files. Payments for the electronic entries and a hard copy print-out of the entries must be submitted or postmarked no later than September 29, 2015 to:

Terry Jones
12707 Marshall Court
Magnolia, TX 77354
281/356-1106 tjones@magnoliaisd.org

Eligible Teams: As assigned by the Gulf. Only swimmers attached to these registered Gulf Swimming Teams, or swimmers in the documented process of transferring to one of these Teams, may participate in this Invitational meet.

Fees: Five dollars and seventy-five cents (\$5.75) per Individual Event. Make checks payable to Magnolia Aquatic Club (MAC). Entry fees must accompany entries, if delivered by any method other than email.

AWARDS: Individual events: ribbons 1st - 8th place.

SCORING: Individual Events: 9-7-6-5-4-3-2-1
All events will be swum combined, but scored separately as noted in comments.

RULES AND SANCTIONS: The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. **It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.** No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted.

POOL MEASUREMENT: The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the competition course is 13 feet measured from 1 meter to 5 meters on the starting end of the course, and 5 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM: A Colorado Model 6000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the heat sheet.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room.

DECK CHANGING PROHIBITION: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law

enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

PROOF OF TIME: Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chair, Jason Wedlick.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: Concessions will be available

HOSPITALITY: A hospitality room will be available

MERCHANDISE: D&J Sports will be at the meet selling swim apparel and swim gear.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet.

ATTACHMENTS: *Meet Format, Entry Verification Form, Gulf Safety Guidelines and Warm-up Procedures, and Official Meet Entry Form.*



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ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

SAFETY GUIDELINES AND WARM-UP PROCEDURES
APPENDIX G

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.



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Entry Rules:

Type of Meet	Timed Finals
Max # of Individual Events per day	Three (3)
Swimmers Eligible	GULF USA Swimming Teams as Assigned
Qualifying Times	None
Cut-off Times	None
Enter with No Time?	Yes
Gulf "three event" rule applies?	No
Gulf "up/down" rule applies	No
Fees	Individual Events: \$5.75 \$3.50 Facility surcharge per swimmer

Morning Sessions:

Warm ups begin at 7:30 am; meet will begin at 9 am.

Afternoon Sessions:

Warm up will begin at the conclusion of the morning session; meet will start approximately 1 hour after the conclusion of the morning session.

Notes:

All events will be seeded fastest to slowest

All 13 &Over events will be swum combined but scored separately as 13-14 and 15&Over

All 11 &Over events will be swum combined but scored separately as 11-12, 13-14 and 15&Over

All 12 &Under events will be swum combined but scored separately as 11-12, 9-10, 8, 7, and 6&Under

All 10 &Under events will be swum combined but scored separately as 9-10, 8, 7, and 6&Under

All 8 &Under events will be swum combined but scored separately as 8, 7, and 6&Under

All 9-12 events will be swum combined but scored separately as 11-12 and 9-10

The 400 IM & 500 Freestyle will be swum fastest to slowest, alternating girls and boys heats



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Session 1: BOYS 13 & Over and GIRLS 11 & Over

Girls	Event	Boys
1	11 & Over 100 Backstroke	--
--	13 & Over 100 Backstroke	2
3	11-12 50 Fly	--
5	11 & Over 200 Breast	--
--	13 & Over 200 Breast	6
7	13 & Over 100 Free	8
9	11-12 200 Back	--
11	11 & Over 100 Fly	--
--	13 & Over 100 Fly	12
13	11-12 50 Back	--
15	13 & Over 200 IM	16
17	11-12 100 IM	--
19	11 & Over 500 Free	--
--	13 & Over 500 Free	20

Session 2: BOYS 12 & Under and GIRLS 10 & Under

Girls	Event	Boys
21	9-10 100 Backstroke	--
--	9-12 100 Backstroke	22
23	10 & Under 50 Fly	--
--	12 & Under 50 Fly	24
--	11 -12 200 Breast	26
27	8 & Under 25 Back	28
29	10 & Under 50 Free	--
--	12 & Under 50 Free	30
31	9-10 100 Fly	--
--	9-12 100 Fly	32
33	10 & Under 50 Back	--
--	12 & Under 50 Back	34
35	12 & Under 100 IM	36
37	8 & Under 25 Breast	38
39	9-10 200 Free	40
--	11-12 500 Free	42

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Session 3: BOYS 13 & Over and GIRLS 11 & Over

Girls	Event	Boys
43	11 & Over 100 Breast	--
--	13 & Over 100 Breast	44
45	11 & Over 50 Free	--
--	13 & Over 50 Free	46
47	11-12 200 IM	--
49	11 & Over 200 Fly	--
--	13 & Over 200 Fly	50
51	11-12 100 Free	--
53	13 & Over 200 Back	54
55	11-12 50 Breast	--
57	11 & Over 200 Free	--
--	13 & Over 200 Free	58
59	13 & Over 400 IM	60

Session 4: BOYS 12 & Under and GIRLS 10 & Under

Girls	Event	Boys
61	9-10 100 Breast	--
--	9-12 100 Breast	62
63	8 & Under 25 Fly	64
--	11-12 200 Fly	66
67	10 & Under 100 Free	--
--	12 & Under 100 Free	68
69	9-10 200 IM	--
--	9-12 200 IM	70
--	11-12 200 Back	72
73	8 & Under 25 Free	74
75	10 & Under 50 Breast	--
--	12 & Under 50 Breast	76
--	11-12 200 Free	78
79	9-10 500 Free	80

All events will be seeded fastest to slowest

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All 11 & Over events will be swum combined but scored separately as 11-12, 13-14 and 15 & Over

All 12 & Under events will be swum combined but scored separately as 11-12, 9-10, 8, 7, and 6 & Under

All 10 & Under events will be swum combined but scored separately as 9-10, 8, 7, and 6 & Under

All 8 & Under events will be swum combined but scored separately as 8, 7, and 6 & Under

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