



**GULF OPEN MEET
A SHORT COURSE TIMED FINALS MEET**

HOSTED BY:
BLUE TIDE AQUATICS

**November 14-15, 2015
SANCTION GUSC 16-029**

LOCATION: Kingwood High School, 2701 Kingwood Dr. Kingwood TX77339

Directions: Take U.S. 59 North to Kingwood Drive. Turn right (east) on Kingwood Drive. The High School is located approximately 4 miles east of U.S. 59 on the left (north) side of Kingwood Dr. The natatorium is located on the east side of the building. (Map included with invitation)

COACHES: Mike Yearwood Head Coach

POOL: Eight lane, 25 yard indoor pool with non-turbulent lane lines. There is no separate warm up/down area.

TIME AND DATE: This is a timed finals meet. Saturday and Sunday, November 14-15, 2015

Morning Sessions: Warm-ups at 7:30 am, meet starts at 9:00 am;
Afternoon Sessions: warm-up will begin immediately upon the completion of the morning session and the afternoon competition will begin 1 hour after the start of the warm-up session.

A split warm-up will be in effect. Lane assignments for warm-ups and timing will be designated in the meet program, and posted on the Gulf Swimming website.

This meet will be run using the "Flyover Start" procedures unless a waiver is received from the Technical Planning Committee Chairman. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the "Flyover Start" procedures.

MEET REFEREE: Andrea Walin andrea.walin@gmail.com

MEET DIRECTOR: Harold Lloyd harold.lloyd@colfaxcorp.com

SAFETY MARSHAL: Miranda Devenport

ADMINISTRATIVE OFFICIAL: Gabriele Sausnock gsausnock@gmail.com

SAFETY GUIDELINES AND WARM-UP PROCEDURES: See attached Safety Guidelines and Warm-up Procedures.

SEEDING: This meet will be a pre-seeded meet with the exception of the 500 Freestyle, 1000 Freestyle, 400 IM events which will be deck-seeded. All events will be seeded with heats in the order of fastest to slowest. As a courtesy to the host, coaches should inform the Clerk of Course of swimmers not attending the meet.

500/1000 free & 400 IM: All swimmers must positive check in with the Clerk of the Course for the 500 Free, 1000 Free, and 400 IM , 45 minutes prior to the start of the session. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman, Jason Wedlick. The 500 Free, 1000 Free, and 400 IM will be swum alternating girls and boys heats. Swimmers must provide their own timers and lap counters in 500/1000 and 400IM.

ON-DECK ENTRIES: Late entries will be accepted each day up to **45 minutes** before the start of the meet. Those swimmers missing the 6:00 p.m. Saturday, October 24, 2015 deadline may enter the meet on deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry.
2. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes at the end of the event.
3. Swimmers must enter all applicable events for the session and day **forty-five (45) minutes** prior to the start of the session's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. A heat will be added, if necessary and if the timeline permits.

ENTRY INFORMATION: Entry Times: Swimmers must enter at their best time, and these times must be from USA Swimming meets. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). If swimmers have never competed in a USA Swimming meet before, put NT where a seedtime is requested.

Qualifying Times: None.

Cut-off Times: None.

Age: as of November 14,2015

Number of Events: Swimmers may compete in up to three (3) individual events per day.

Deadline: Entries must be in the hands of the Gulf TPC Chair no later than 6:00pm on Saturday, October 24, 2015. No late entries will be accepted. Do not send entries via Federal Express, etc that require a signature; if you must send your entries by express mail, please indicate that a signature is NOT required. E-mail or mail entries to the **Gulf TPC Chair at: gulftpc@gmail.com**

ELIGIBLE TEAMS: BTA and other Gulf Teams as assigned by Gulf Swimming.

Only swimmers attached to these Gulf Swimming teams or swimmers in the documented process of transferring to one of these teams may participate.

FEES: Individual - \$5.75. A facility surcharge of \$2.00/swimmer will also be applied.

Make checks payable to: **Blue Tide Aquatics**

Mail checks to: **Gabriele Sausnock
6107 S. Royal Point Dr.
Kingwood, TX 77345**

AWARDS: Individual events: Ribbons 1st-8th place

SCORING: Individual Events: 9-7-6-5-4-3-2-1

RULES AND SANCTIONS: Current USA Swimming and Gulf Swimming rules will apply. The three-event rule and the up/down rule do not apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted. The attached entry verification form shall be properly filled out, signed, and sent in with the entries.

POOL MEASUREMENT: The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the competition course is 11 feet measured from 1 meter to 5 meters on the starting end of the course, and 4.0 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM: A Colorado Model 6000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 500 Free and 400 IM must provide 2 timers and a lap counter where applicable.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

PROOF OF TIME: Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman Jason Wedlick.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

DECK CHANGING PROHIBITION: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

CONCESSIONS: Concessions will be available at this meet.

HOSPITALITY: A hospitality room will be available. Coaches and Officials must present their membership cards in order to receive complimentary Psych Sheets and for admission to the Hospitality Room.

MERCHANDISE: Swim Shops of the Southwest will be at the meet selling swim apparel and swim gear.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet.

ATTACHMENTS: **MEET FORMAT**
ENTRY VERIFICATION FORM
GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES
MEET ENTRYFORM

GULF OPEN MEET

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BLUE TIDE AQUATICS

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Entry rules

Entry rules:		
Type of Meet	Timed Finals	
Max # individual events per day	Three(3)	
Swimmers eligible	Group X	
Entry times in	SCY/SCM/LCM	
Qualifying times	None	
Cut-off times	None	
Enter with no time?	Yes	
Gulf "three event" rule applies?	Does not apply	
Gulf "up/down" rule applies?	Does not apply	
Fees	Individual - \$5.75; No relay	
Facility surcharge	\$2/swimmer	

Morning Sessions: Warm-ups 7:30am/Start time9:00am

Afternoon Sessions: Warm-ups will begin at the conclusion of the morning session and afternoon session will start approximately 1 hour after the conclusion of the morning session.

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Order of Events

Saturday November 14,2015

Girls Event#	Event Saturday	Boys Event#	Girls Event#	Event Saturday	Boys Event#
AM Session		AM Session	PM Session		PM Session
1	13&Over 400 IM	2	19	9-10 100 Back	
3	11&Over 100 Back			9-12 100 Back	20
	13&Over 100 Back	4	21	10&Under 50 Fly	
5	11-12 50 Fly			12&Under 50 Fly	22
7	11&Over 200 Breast			11-12 200 Breast	24
	13&Over 200 Breast	8	25	8&Under 25 Back	26
9	11&Over 100 Free		27	10&Under 100 Free	
	13&Over 100 Free	10		12&Under 100 Free	28
11	11&Over 100 Fly		29	9-10 100 Fly	
	13&Over 100 Fly	12		9-12 100 Fly	30
13	11-12 50 Back		31	10&Under 50 Back	
15	11&Over 200 IM			12&Under 50 Back	32
	13&Over 200 IM	16	33	9-10 200 IM	
17	11&Over 500 Free			9-12 200 IM	34
	13&Over 1000 Free	18	35	8&Under 25 Breast	36
			37	9-10 500 Free	
				9-12 500 Free	38

Swimmers in the 500/1000 Free and 400IM must provide their own timers and lap counters*

All events will be seeded fastest to slowest.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14 & 15 & Over.

All 12 & Under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & Under.

All 10 & Under events will be swum combined but scored separately as 9-10, 8, 7 and 6 & Under.

All 8 & Under events will be swum combined but scored separately as 8, 7 and 6 & Under.

All 9-12 events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & Under.

***The 400 IM, and 500/1000 Freestyle will be swim alternating girls and boys heats.**

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Order of Events

Sunday November 15, 2015

Girls Event#	Event Sunday	Boys Event#	Girls Event#	Event Sunday	Boys Event#
AM Session		AM Session	PM Session		PM Session
39	11&Over 100 Breast		55	9-10 100 Breast	
	13&Over 100 Breast	40		9-12 100 Breast	56
41	11&over 50 Free		57	8&Under 25 Fly	58
	13&Over 50 Free	42		11-12 200 Fly	60
43	11-12 100 IM		61	10&Under 50 Free	
45	11&Over 200 Free			12&Under 50 Free	62
	13&Over 200 Free	46	63	10&Under 100 IM	
47	11&Over 200 Back			12&Under 100 IM	64
	13&Over 200 Back	48		11-12 200 Back	66
49	11-12 50 Breast		67	8&Under 25 Free	68
51	11&Over 200 Fly		69	10&Under 50 Breast	
	13&Over 200 Fly	52		12&Under 50 Breast	70
53	13&Over 1000 Free		71	9-10 200 Free	
	13&Over 500 Free	54		9-12 200 Free	72

Swimmers in the 500 Free and 1000 and 400IM must provide their own timers and lap counters*

All events will be seeded fastest to slowest.

All 13 & Over events will be swum combined but scored separately as 13-14 and 15 & Over.

All 11 & Over events will be swum combined but scored separately as 11-12, 13-14 & 15 & Over.

All 12 &Under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & Under.

All 10 &Under events will be swum combined but scored separately as 9-10, 8, 7 and 6 & Under.

All 8 &Under events will be swum combined but scored separately as 8, 7 and 6 & Under.

All 9-12 events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 &Under.

***The 400 IM, and 500/1000 Freestyle will be swim alternating girls and boys heats.**

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ENTRY VERIFICATION FORM

MUST BE SUBMITTED WITH MEET ENTRY

I, the undersigned, coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

WARM-UP PROCEDURES

- A. General warm-up (Initial portion[1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACEWORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion[1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities: All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal, or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities:
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pacework.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals: Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous:
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead-time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive in to the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules:
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.

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Meet Entry Form

Last Name	First Name	Sex F/M	USA ID#

Event	Time	Event	Time

Last Name	First Name	Sex F/M	USA ID#

Event	Time	Event	Time

Last Name	First Name	Sex F/M	USA ID#

Event	Time	Event	Time