



PEOPLE YOU'D NEVER EXPECT ARE HUNGRY!

Help your Gulf LSC Swimmers make a difference this holiday season by donating canned food items. Collection boxes will be located throughout the Lamar natatorium beginning Friday, November 20th. Gulf LSC Athlete Rep, Logan Shiller, is working closely with the Houston Food Bank to give back to those that are much less fortunate than we are. Thank you in advance for your support! On behalf of HSC and the Gulf LSC Athlete Reps we wish everyone a wonderful Thanksgiving Holiday!

Houston Swim Club Thanksgiving Classic

Team List

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	BLST-GU Blst	1	0	1	7	0	7
2	BTA-GU Blue Tide Aquatics	0	1	1	3	0	3
3	CBA-ST Coastal Bend AllStars	6	5	11	59	0	59
4	ESA-GU Eagle Swimming Association	1	4	5	34	0	34
5	HCAP-GU Harris County Aquatics Program	70	64	134	887	27	914
6	HSC-GU Houston Swim Club	44	25	69	450	19	469
7	RICE-GU Rice Aquatics	16	12	28	86	0	86
8	ROCC-GU River Oaks Country Club	1	1	2	6	0	6
9	TTST-GU Texas Terrapins Swim Team	20	22	42	272	0	272
10	UNAT-ST Unat-St	1	0	1	10	0	10
11	UN-GU UnAtt - Harris County Aquatics	1	0	1	6	0	6
12	UNHSC-GU UnAtt - Houston Swim Club	2	0	2	18	0	18
		163	134	297	1838	46	1884

FRIDAY and 1000's WARM UP are Open Warm Up

SATURDAY AM

First Warm Up

Lane	1	2	3	4	5	6	7	8
7:30-8:05	HSC	HSC	HSC	HSC	TTST	TTST	TTST/CBA	ESA/RICE

Second Warm Up

Lane	1	2	3	4	5	6	7	8
8:10-8:45	Open	HCAP	HCAP	HCAP	HCAP	HCAP	HCAP	HCAP

SUNDAY AM

First Warm Up

Lane	1	2	3	4	5	6	7	8
7:30-8:05	HSC	HSC	HSC	HSC	TTST	TTST/ROCC	CBA/ESA	RICE/BLST

Second Warm Up

Lane	1	2	3	4	5	6	7	8
8:10-8:45	Open	HCAP	HCAP	HCAP	HCAP	HCAP	HCAP	HCAP

TIMING ASSIGNMENTS FOR THE FOLLOWING SESSIONS:

Saturday AM

Lane	1	2	3	4	5	6	7	8
Chair 1	HCAP	HCAP	HCAP	HCAP	HCAP	HCAP	TTST	CBA
Chair 2	HCAP	HCAP	HCAP	HCAP	HCAP	TTST	TTST	RICE ESA

Sunday AM

Lane	1	2	3	4	5	6	7	8
Chair 1	HCAP	HCAP	HCAP	HCAP	HCAP	HCAP	TTST	CBA
Chair 2	HCAP	HCAP	HCAP	HCAP	HCAP	TTST	TTST	ESA ROCC

Swimmers in the 500/1000 Free and 400 IM, must provide their own timers and lap counters (Freestyle Events)
Please note that all award ribbons will be sorted by team and distributed to coaches at the end of each meet session.