



Gulf Swimming Open Meet Invitational

HOSTED BY
Lone Star Swim Team

A Short Course Timed Final Meet
November 14 – 15, 2015
Sanction Number **GUSC 16-028**

Meet Referee: Rick Tobin

Lone Star Swim Team 2015 GU November Open - 11/14/2015 to 11/15/2015

Team List

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	BLST-GU Battleground Area Swim Team	35	21	56	266	0	266
2	BTST-GU Blue Triangle Swim Team	2	1	3	15	0	15
3	DADS-GU Dads Club Swim Team	176	114	290	1,517	0	1517
4	ECS-GU Energy Core Swimming	27	19	46	231	0	231
5	ESCA-GU Escalate Aquatic Team	34	23	57	279	0	279
6	LSST-GU Lone Star Swim Team	31	17	48	237	0	237
7	RICE-GU Rice Aquatics	77	62	139	699	0	699
8	UESCA-GU Unatt Escalate Aquatic Team	1	2	3	17	0	17
9	UNDAD-GU Unattached Dads Club Swim Team	3	2	5	30	0	30
10	URICE-GU Unnatached Rice Aquatics	2	0	2	12	0	12
		388	261	649	3303	0	3303



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Warm up assignments Session 1 Saturday November 14, 2015

Warm up #1 (7:45 – 8:15 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	BLST	BLST	LSST	LSST	ESCA	ECS

Lane 9	Lane 10	Lane 11	Lane 12
RICE	RICE	ECS	ECS

Warm up #2 (8:15 – 8:45 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
DADS	DADS	DADS	DADS	DADS	DADS	DADS	DADS

Lane 9	Lane 10	Lane 11	Lane 12
DADS	DADS	DADS	DADS

Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	BLST	DADS	DADS	DADS	ESCA	ECS
RICE	RICE	BLST	DADS	DADS	DADS	ESCA	ECS

Lone Star Swim Team 2015 GU November Open - 11/14/2015 to 11/15/2015
Session Report

Session: 1 Saturday Morning

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13 & Over 400 IM	5	1 u	09:00 AM	_____
Finals	2 Boys 13 & Over 400 IM	11	2 u	09:07 AM	_____
Finals	3 Girls 11 & Over 100 Backstroke	86	11	09:19 AM	_____
Finals	4 Boys 13 & Over 100 Backstroke	36	5	09:42 AM	_____
Finals	5 Girls 11-12 50 Butterfly	43	6	09:52 AM	_____
Finals	7 Girls 11 & Over 200 Breaststroke	57	8	09:59 AM	_____
Finals	8 Boys 13 & Over 200 Breaststroke	30	4	10:28 AM	_____
Finals	9 Girls 11 & Over 100 Freestyle	109	14	10:43 AM	_____
Finals	10 Boys 13 & Over 100 Freestyle	45	6	11:06 AM	_____
Finals	11 Girls 11 & Over 100 Butterfly	68	9	11:15 AM	_____
Finals	12 Boys 13 & Over 100 Butterfly	29	4	11:31 AM	_____
Finals	13 Girls 11-12 50 Backstroke	41	6	11:40 AM	_____
Finals	15 Girls 11 & Over 200 IM	56	7	11:48 AM	_____
Finals	16 Boys 13 & Over 200 IM	25	4	12:12 PM	_____
Finals	17 Girls 11 & Over 500 Freestyle	37	5 u	12:25 PM	_____
Finals	18 Boys 13 & Over 1000 Freestyle	6	1 u	01:02 PM	_____
	Swimmers Counts for Warm-ups: 233	=====	=====		
	Entry / Heat Totals:	684	93		
	Finish Time			01:18 PM	_____



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PM warm up sessions will begin at the conclusion of the morning session. PM session will start approximately 1 hour after the conclusion of the 1st session.

Warm up assignments Session 2 Saturday November 14, 2015

Warm up #1 (1:30 – 1:55 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	RICE	ESCA	ESCA	ECS	BLST	LSST

Lane 9	Lane 10	Lane 11	Lane 12
RICE	RICE	ESCA, BLST	ECS, LSST

Warm up #2 (1:55 – 2:20 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
DADS	DADS	DADS	DADS	DADS	DADS	DADS	DADS

Lane 9	Lane 10	Lane 11	Lane 12
DADS	DADS	DADS	DADS

Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	BLST	DADS	DADS	DADS	ESCA	ECS
RICE	RICE	BLST	DADS	DADS	DADS	ESCA	ECS

Lone Star Swim Team 2015 GU November Open - 11/14/2015 to 11/15/2015
Session Report

Session: 2 Saturday Afternoon

Day of Meet: 1 Starts at 02:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	19 Girls 9-10 100 Backstroke	50	7	02:30 PM	_____
Finals	20 Boys 9-12 100 Backstroke	42	6	02:49 PM	_____
Finals	21 Girls 10 & Under 50 Butterfly	79	10	03:04 PM	_____
Finals	22 Boys 12 & Under 50 Butterfly	76	10	03:18 PM	_____
Finals	24 Boys 11-12 200 Breaststroke	18	3	03:31 PM	_____
Finals	25 Girls 8 & Under 25 Backstroke	50	7	03:43 PM	_____
Finals	26 Boys 8 & Under 25 Backstroke	31	4	03:52 PM	_____
Finals	27 Girls 10 & Under 100 Freestyle	127	16	03:58 PM	_____
Finals	28 Boys 12 & Under 100 Freestyle	113	15	04:33 PM	_____
Finals	29 Girls 9-10 100 Butterfly	23	3	05:04 PM	_____
Finals	30 Boys 9-12 100 Butterfly	25	4	05:11 PM	_____
Finals	31 Girls 10 & Under 50 Backstroke	125	16	05:20 PM	_____
Finals	32 Boys 12 & Under 50 Backstroke	120	15	05:47 PM	_____
Finals	33 Girls 9-10 200 IM	18	3	06:12 PM	_____
Finals	34 Boys 9-12 200 IM	23	3	06:25 PM	_____
Finals	35 Girls 8 & Under 25 Breaststroke	27	4	06:37 PM	_____
Finals	36 Boys 8 & Under 25 Breaststroke	16	2	06:41 PM	_____
Finals	37 Girls 9-10 500 Freestyle	7	1 u	06:44 PM	_____
Finals	38 Boys 9-12 500 Freestyle	12	2 u	06:54 PM	_____
	Swimmers Counts for Warm-ups: 344	=====	=====		
	Entry / Heat Totals:	982	131		
	Finish Time			07:11 PM	_____



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Warm up assignments Session 3 Sunday November 15, 2015

Warm up #1 (7:45 – 8:15 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	BLST	BLST	LSST	LSST	ESCA	ECS

Lane 9	Lane 10	Lane 11	Lane 12
RICE	RICE	ECS	ECS

Warm up #2 (8:15 – 8:45 am)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
DADS	DADS	DADS	DADS	DADS	DADS	DADS	DADS

Lane 9	Lane 10	Lane 11	Lane 12
DADS	DADS	DADS	DADS

Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	BLST	DADS	DADS	DADS	ESCA	ECS
RICE	RICE	BLST	DADS	DADS	DADS	ESCA	ECS

Lone Star Swim Team 2015 GU November Open - 11/14/2015 to 11/15/2015
Session Report

Session: 3 Sunday Morning

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	39 Girls 11 & Over 100 Breaststroke	103	13	09:00 AM	_____
Finals	40 Boys 13 & Over 100 Breaststroke	45	6	09:26 AM	_____
Finals	41 Girls 11 & Over 50 Freestyle	113	15	09:37 AM	_____
Finals	42 Boys 13 & Over 50 Freestyle	40	5	09:51 AM	_____
Finals	43 Girls 11-12 100 IM	46	6	09:55 AM	_____
Finals	45 Girls 11 & Over 200 Freestyle	103	13	10:07 AM	_____
Finals	46 Boys 13 & Over 200 Freestyle	35	5	10:46 AM	_____
Finals	47 Girls 11 & Over 200 Backstroke	72	9	11:02 AM	_____
Finals	48 Boys 13 & Over 200 Backstroke	27	4	11:33 AM	_____
Finals	49 Girls 11-12 50 Breaststroke	42	6	11:48 AM	_____
Finals	51 Girls 11 & Over 200 Butterfly	19	3	11:55 AM	_____
Finals	52 Boys 13 & Over 200 Butterfly	9	2	12:06 PM	_____
Finals	53 Girls 13 & Over 1000 Freestyle	15	2 u	12:12 PM	_____
Finals	54 Boys 13 & Over 500 Freestyle	14	2 u	12:38 PM	_____
	Swimmers Counts for Warm-ups: 230	=====	=====		
	Entry / Heat Totals:	683	91		
	Finish Time			12:53 PM	_____

Lone Star Swim Team 2015 GU November Open - 11/14/2015 to 11/15/2015
Session Report

Session: 4 Sunday Afternoon

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	55 Girls 9-10 100 Breaststroke	39	5	02:00 PM	_____
Finals	56 Boys 9-12 100 Breaststroke	61	8	02:13 PM	_____
Finals	57 Girls 8 & Under 25 Butterfly	33	5	02:31 PM	_____
Finals	58 Boys 8 & Under 25 Butterfly	13	2	02:37 PM	_____
Finals	60 Boys 11-12 200 Butterfly	3	1	02:39 PM	_____
Finals	61 Girls 10 & Under 50 Freestyle	135	17	02:43 PM	_____
Finals	62 Boys 12 & Under 50 Freestyle	133	17	03:06 PM	_____
Finals	63 Girls 10 & Under 100 IM	82	11	03:28 PM	_____
Finals	64 Boys 12 & Under 100 IM	91	12	03:54 PM	_____
Finals	66 Boys 11-12 200 Backstroke	16	2	04:20 PM	_____
Finals	67 Girls 8 & Under 25 Freestyle	47	6	04:27 PM	_____
Finals	68 Boys 8 & Under 25 Freestyle	26	4	04:33 PM	_____
Finals	69 Girls 10 & Under 50 Breaststroke	85	11	04:37 PM	_____
Finals	70 Boys 12 & Under 50 Breaststroke	84	11	04:54 PM	_____
Finals	71 Girls 9-10 200 Freestyle	40	5	05:09 PM	_____
Finals	72 Boys 9-12 200 Freestyle	66	9	05:28 PM	_____
	Swimmers Counts for Warm-ups: 343	=====	=====		
	Entry / Heat Totals:	954	126		
	Finish Time			06:00 PM	_____



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Warm up assignments Session 4 Sunday November 15, 2015

Warm up #1 (1:00 – 1:25 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	RICE	ESCA	ESCA	ECS	BLST	LSST

Lane 9	Lane 10	Lane 11	Lane 12
RICE	RICE	ESCA, BLST	ECS, LSST

Warm up #2 (1:25 – 1:50 pm)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
DADS	DADS	DADS	DADS	DADS	DADS	DADS	DADS

Lane 9	Lane 10	Lane 11	Lane 12
DADS	DADS	DADS	DADS

Timing Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
RICE	RICE	BLST	DADS	DADS	DADS	ESCA	ECS
RICE	RICE	BLST	DADS	DADS	DADS	ESCA	ECS

