

# **GULF May Open Invitational Meet**

**May 13-15, 2016**

**A Long Course Meters Timed Finals Meet**

Hosted by

**Sienna Plantation Aquatics**



**Sanction No. GULC 16-017R1**

**Warm-up & Timing Assignments**

Meet Referee: Matt Sales  
Admin Official: Sheryl O'Nan  
Meet Director: Kevin Kennett  
Safety Marshal: Tim Watson



# GULF May Open Invitational Meet

May 13,14,15, 2016

## Reminders

\*\*\*For all Sessions\*\*\*

This is a deck seeded event. **ALL SWIMMERS MUST CIRCLE IN FOR ALL EVENTS 45 MINUTES PRIOR TO THE START OF EACH SESSION. THERE ARE NO EXCEPTIONS** FOR TEAMS WITH WARM UPS THAT START AFTER THAT TIME. IF YOUR TEAM IS ASSIGNED TO THE LAST WARM UP, FAMILIES MUST ARRIVE EARLY TO CIRCLE IN.

All spectators should be prepared to set-up outside and come in to watch their swimmers from the Watch and Go spectator viewing area and then return outside. All other sections of the stands will be reserved for swimmers. There will be no spectator set-up allowed in the stands or in the lobby.

On Deck entries will be accepted each day up to 45 minutes before the start of the session.

**There will be no meet programs sold. Heat and Lane assignments will be posted around the Pool in multiple locations.**

## Warm-up Assignments

### Friday Warm-up Schedule

Circle in will be pulled at 5:45pm, Meet starts at 6:30pm.

1st warm-ups (5:00-5:40) 2nd warm-ups (5:40-6:20)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1st	ROCC/STA	HSC	HSC	RICE	SWAT	SPA	SPA	SPA/FINS
2nd	BATS/HCAP/ SSAN	ESA/ LJAC	COOG	COOG/ TWST	TWST	TWST	TWST	TWST

## Saturday AM 13 & over Warm-up Schedule

Circle in to be pulled at 8:15am. Meet starts at 9:00am

1st Warm-up (7:30-7:55am) 2nd Warm-up (7:55-8:20am) 3rd Warm-up (8:20-8:45am)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1st	HSC/LTST/ ROCC	HSC	HSC	SPA	SPA	SPA	SWAT	SWAT
2nd	COOG/LJAC	COOG	RICE	RICE	HCAP	HCAP	HCAP	HCAP
3rd	BATS/SSAN	ESA	STA	FINS/TWST	TWST	TWST	TWST	TWST

## Saturday distance session Warm-up Schedule

Distance session warm-ups for the 1500M will start at the end of the AM session, at approximately 12:20pm and last for 30 minutes.

## Saturday PM 12 & under Warm-up Schedule

Circle in will be pulled 45 minutes prior to the start of the session.

**PM Warm-ups will start at the conclusion of the distance session BUT NOT before 1:30pm. The approximate start time is 2:10pm.\***

1st Warm-ups (2:10-2:35) 2nd Warm-ups (2:35-2:50)*								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1st	STA/SWAT/ SSAN	TWST	TWST	TWST	TWST	RICE/ ROCC	RICE	SPA
2nd	BATS/ESA	HCAP	HCAP	HCAP	HCAP/ LTST	HSC	COOG	COOG/ FINS/LJAC

\*Warm-ups will begin immediately following the conclusion of the distance session. Please note that the earlier sessions may run slower or faster than the predicted timeline.

## Sunday AM 13 & over Warm-up Schedule

Circle in to be pulled at 8:15am. Meet starts at 9:00am

<b>1st Warm-ups(7:30-7:55am) 2nd Warm-ups(7:55-8:20am) 3rd Warm-ups (8:20-8:45am)</b>								
	<b>Lane 1</b>	<b>Lane 2</b>	<b>Lane 3</b>	<b>Lane 4</b>	<b>Lane 5</b>	<b>Lane 6</b>	<b>Lane 7</b>	<b>Lane 8</b>
<b>1st</b>	HSC/BATS	HSC	HSC	SPA	SPA	SPA	COOG	COOG/ LTST
<b>2nd</b>	HCAP	HCAP	HCAP	HCAP	SWAT	SWAT	RICE	RICE
<b>3rd</b>	ESA/SSAN	ESA	LJAC/ FINS	STA	TWST	TWST	TWST	TWST

## Sunday distance session Warm-up

**Distance session warm-ups for the 1500M will start at the end of the AM session, at approximately 12:05 pm and last for 30 minutes.**

## Sunday PM 12 & under Warm up Schedule

Circle in will be pulled 45 minutes prior to the start of the session.

**PM Warm-ups will start at the conclusion of the distance session BUT NOT before 1:10 pm. The approximate start time is 1:50pm.\***

<b>1st Warm up (1:50-2:15pm) 2nd Warm up (2:15-2:40pm)*</b>								
	<b>Lane 1</b>	<b>Lane 2</b>	<b>Lane 3</b>	<b>Lane 4</b>	<b>Lane 5</b>	<b>Lane 6</b>	<b>Lane 7</b>	<b>Lane 8</b>
<b>1st</b>	SPA	SWAT/ FINS/ STA	RICE	RICE	LTST/ ESA/ ROCC	HSC	COOG	BATS/ SSAN/ LJAC
<b>2nd</b>	TWST	TWST	TWST	TWST	TWST/ HCAP	HCAP	HCAP	HCAP

\*Warm-ups will begin immediately following the conclusion of the distance session. Please note that the earlier sessions may run slower or faster than the predicted timeline.

# Lane Timing Assignments

## Friday Session

Timers needed for Events 3 & 4, 200IM only

### Scoreboard end of the Pool - Even heats

	1	2	3	4	5	6	7	8
Chair 1	COOG	COOG	COOG	HSC	RICE	TWST	TWST	TWST
Chair 2	COOG	COOG	COOG	RICE	RICE	TWST	TWST	TWST

### Lobby end of the Pool - Odd heats

	1	2	3	4	5	6	7	8
Chair 1	LJAC	FINS	SWAT	SWAT	SWAT	TWST	TWST	TWST
Chair 2	ESA	SSAN	SWAT	SWAT	TWST	TWST	TWST	TWST

400Free and 400IM: Swimmers to provide timers. Alternating Girls and Boys with the Girls at the Lobby and Boys at the Scoreboard ends.

## Saturday AM Session

50's will start on the scoreboard end, during the 50's only 1 timer is needed on the scoreboard end to line up the swimmers. The extra timer can help the Lobby end by writing down the times.

### Scoreboard end of the Pool - Even heats

	1	2	3	4	5	6	7	8
Chair 1	HCAP	HCAP	HCAP	HSC	RICE	SWAT	SWAT	TWST
Chair 2	HCAP	HCAP	HCAP	HSC	RICE	SWAT	TWST	TWST

### Lobby end of the Pool - Odd heats

	1	2	3	4	5	6	7	8
Chair 1	COOG	HCAP	ESA	HSC	STA	RICE	TWST	TWST
Chair 2	COOG	HCAP	ESA	HSC	HSC	RICE	TWST	TWST

## Saturday Distance session, Girls 1500 free

Lobby end of the pool, swimmers provide their own timers and counters.

### Saturday PM 12 & Under Session

50's will start on the scoreboard end, during the 50's only 1 timer is needed on the scoreboard end to line up the swimmers. The extra timer can help the Lobby end by writing down the times

#### Scoreboard end of the Pool - Even heats

	1	2	3	4	5	6	7	8
Chair 1	HCAP	HCAP	HCAP	BAT	RICE	SWAT	TWST	TWST
Chair 2	HCAP	HCAP	HCAP	LJAC	RICE	SWAT	TWST	TWST

Swimmers to provide their own timers for the 400 Free.

#### Lobby end of the Pool - Odd heats

	1	2	3	4	5	6	7	8
Chair 1	HSC	HCAP	ESA	COOG	RICE	TWST	TWST	TWST
Chair 2	HSC	HCAP	COOG	COOG	RICE	TWST	TWST	TWST

### Sunday AM 13 & Over Session

50's will start on the scoreboard end, during the 50's only 1 timer is needed on the scoreboard end to line up the swimmers. The extra timer can help the Lobby end by writing down the times

#### Scoreboard end of the Pool - Even heats

	1	2	3	4	5	6	7	8
Chair 1	HCAP	HCAP	HCAP	HSC	RICE	SWAT	SWAT	TWST
Chair 2	HCAP	HCAP	HCAP	HSC	RICE	SWAT	TWST	TWST

#### Lobby end of the Pool - Odd heats

	1	2	3	4	5	6	7	8
Chair 1	COOG	HCAP	ESA	HSC	HSC	SWAT	TWST	TWST
Chair 2	COOG	HCAP	ESA	ESA	HSC	RICE	STA	TWST

## Saturday Distance session, Boys 1500 free

Scoreboard end of the pool, swimmers provide their own timers and counters.

## Sunday PM 12 & Under Timing Assignments

50's will start on the scoreboard end, during the 50's only 1 timer is needed on the scoreboard end to line up the swimmers. The extra timer can help the Lobby end by writing down the times

### Scoreboard end of the Pool - Even heats

	1	2	3	4	5	6	7	8
Chair 1	ESA	HCAP	HCAP	HCAP	RICE	SWAT	TWST	TWST
Chair 2	COOG	HCAP	HCAP	RICE	RICE	SWAT	TWST	TWST

### Lobby end of the Pool - Odd heats

	1	2	3	4	5	6	7	8
Chair 1	COOG	HCAP	HCAP	HSC	RICE	TWST	TWST	TWST
Chair 2	COOG	HCAP	HCAP	HSC	RICE	TWST	TWST	TWST

**May Open - 5/13/2016 to 5/15/2016****Session Report**

Session: 1 Friday P.M.

Day of Meet: 1 Starts at 06:30 PM Heat Interval: 0 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	1 Girls 11 & Over 400 Freestyle	77	10u	06:30 PM	_____
Finals	2 Boys 11 & Over 400 Freestyle	56	7u	07:25 PM	_____
Finals	3 Girls 11-12 200 IM	31	4u	08:03 PM	_____
Finals	4 Boys 11-12 200 IM	20	3u	08:16 PM	_____
Finals	5 Girls 13 & Over 400 IM	38	5u	08:25 PM	_____
Finals	6 Boys 13 & Over 400 IM	41	6u	08:58 PM	_____
	Swimmers Counts for Warm-ups: 235	=====	=====		
	Entry / Heat Totals:	263	35		
	Finish Time			09:33 PM	_____



**May Open - 5/13/2016 to 5/15/2016****Session Report**

Session: 2 Saturday A.M.

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 0 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	7 Girls 13 & Over 100 Breaststroke	67	9u	09:00 AM	_____
Finals	8 Boys 13 & Over 100 Breaststroke	91	12u	09:15 AM	_____
Finals	9 Girls 13 & Over 50 Freestyle	98	13u	09:34 AM	_____
Finals	10 Boys 13 & Over 50 Freestyle	110	14u	09:41 AM	_____
Finals	11 Girls 13 & Over 200 Butterfly	33	5u	09:49 AM	_____
Finals	12 Boys 13 & Over 200 Butterfly	53	7u	10:03 AM	_____
Finals	13 Girls 13 & Over 200 Backstroke	64	8u	10:23 AM	_____
Finals	14 Boys 13 & Over 200 Backstroke	63	8u	10:49 AM	_____
Finals	15 Girls 13 & Over 200 Freestyle	92	12u	11:14 AM	_____
Finals	16 Boys 13 & Over 200 Freestyle	111	14u	11:45 AM	_____
	Swimmers Counts for Warm-ups: 277	=====	=====		
	Entry / Heat Totals:	782	102		
	Finish Time			12:20 PM	_____

**May Open - 5/13/2016 to 5/15/2016****Session Report**

Session: 3 Saturday distance

Day of Meet: 2 Starts at 12:50 PM Heat Interval: 0 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	17 Girls 11 & Over 1500 Freestyle	27	4u	12:50 PM _____
	Swimmers Counts for Warm-ups: 27	=====	=====	
	Entry / Heat Totals:	27	4	
	Finish Time			02:10 PM _____

**May Open - 5/13/2016 to 5/15/2016****Session Report**

Session: 4 Saturday P.M.

Day of Meet: 2 Starts at 03:10 PM Heat Interval: 0 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	19 Girls 11-12 200 Breaststroke	42	6u	03:10 PM	_____
Finals	20 Boys 11-12 200 Breaststroke	25	4u	03:32 PM	_____
Finals	21 Girls 10 & Under 100 Breaststroke	93	12u	03:46 PM	_____
Finals	22 Boys 10 & Under 100 Breaststroke	54	7u	04:12 PM	_____
Finals	23 Girls 12 & Under 50 Freestyle	186	24u	04:26 PM	_____
Finals	24 Boys 12 & Under 50 Freestyle	139	18u	04:43 PM	_____
Finals	25 Girls 12 & Under 100 Butterfly	105	14u	04:57 PM	_____
Finals	26 Boys 12 & Under 100 Butterfly	55	7u	05:21 PM	_____
Finals	27 Girls 12 & Under 50 Backstroke	175	22u	05:32 PM	_____
Finals	28 Boys 12 & Under 50 Backstroke	136	17u	05:57 PM	_____
Finals	29 Girls 12 & Under 200 Freestyle	97	13u	06:16 PM	_____
Finals	30 Boys 12 & Under 200 Freestyle	59	8u	06:56 PM	_____
Finals	31 Girls 11-12 100 Breaststroke	42	6u	07:19 PM	_____
Finals	32 Boys 11-12 100 Breaststroke	38	5u	07:30 PM	_____
Finals	33 Girls 10 & Under 400 Freestyle	33	5u	07:40 PM	_____
Finals	34 Boys 10 & Under 400 Freestyle	21	3u	08:14 PM	_____
	Swimmers Counts for Warm-ups: 455	=====	=====		
	Entry / Heat Totals:	1,300	171		
	Finish Time			08:33 PM	_____

**May Open - 5/13/2016 to 5/15/2016****Session Report**

Session: 5 Sunday A.M.

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 0 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	35 Girls 13 & Over 100 Backstroke	88	11u	09:00 AM	_____
Finals	36 Boys 13 & Over 100 Backstroke	88	11u	09:18 AM	_____
Finals	37 Girls 13 & Over 200 Breaststroke	44	6u	09:36 AM	_____
Finals	38 Boys 13 & Over 200 Breaststroke	49	7u	09:56 AM	_____
Finals	39 Girls 13 & Over 100 Freestyle	96	12u	10:20 AM	_____
Finals	40 Boys 13 & Over 100 Freestyle	104	13u	10:34 AM	_____
Finals	41 Girls 13 & Over 100 Butterfly	66	9u	10:49 AM	_____
Finals	42 Boys 13 & Over 100 Butterfly	63	8u	11:02 AM	_____
Finals	43 Girls 13 & Over 200 IM	71	9u	11:13 AM	_____
Finals	44 Boys 13 & Over 200 IM	72	9u	11:39 AM	_____
	Swimmers Counts for Warm-ups: 262	=====	=====		
	Entry / Heat Totals:	741	95		
	Finish Time			12:05 PM	_____

**May Open - 5/13/2016 to 5/15/2016****Session Report**

Session: 6 Sunday distance

Day of Meet: 3 Starts at 12:30 PM Heat Interval: 0 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	46 Boys 11 & Over 1500 Freestyle	25	4u	12:30 PM _____
	Swimmers Counts for Warm-ups: 25	=====	=====	
	Entry / Heat Totals:	25	4	
	Finish Time			01:49 PM _____

**May Open - 5/13/2016 to 5/15/2016****Session Report**

Session: 7 Sunday P.M.

Day of Meet: 3 Starts at 02:50 PM Heat Interval: 0 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	47 Girls 11-12 200 Backstroke	51	7u	02:50 PM	_____
Finals	48 Boys 11-12 200 Backstroke	31	4u	03:14 PM	_____
Finals	49 Girls 10 & Under 100 Backstroke	79	10u	03:27 PM	_____
Finals	50 Boys 10 & Under 100 Backstroke	50	7u	03:48 PM	_____
Finals	51 Girls 12 & Under 50 Breaststroke	142	18u	04:02 PM	_____
Finals	52 Boys 12 & Under 50 Breaststroke	100	13u	04:20 PM	_____
Finals	53 Girls 12 & Under 100 Freestyle	204	26u	04:32 PM	_____
Finals	54 Boys 12 & Under 100 Freestyle	139	18u	05:13 PM	_____
Finals	55 Girls 12 & Under 50 Butterfly	135	17u	05:42 PM	_____
Finals	56 Boys 12 & Under 50 Butterfly	85	11u	05:56 PM	_____
Finals	57 Girls 11-12 200 Butterfly	23	3u	06:05 PM	_____
Finals	58 Boys 11-12 200 Butterfly	16	2u	06:16 PM	_____
Finals	59 Girls 10 & Under 200 IM	55	7u	06:23 PM	_____
Finals	60 Boys 10 & Under 200 IM	26	4u	06:49 PM	_____
Finals	61 Girls 11-12 100 Backstroke	65	9u	07:05 PM	_____
Finals	62 Boys 11-12 100 Backstroke	37	5u	07:21 PM	_____
	Swimmers Counts for Warm-ups: 424	=====	=====		
	Entry / Heat Totals:	1,238	161		
	Finish Time			07:31 PM	_____