

TWST 14&Under Open Meet
A LONG COURSE METERS PRELIMS & FINALS MEET

HOSTED BY
THE WOODLANDS SWIM TEAM

June 3-5, 2016



SANCTION No. GULC 16-020R1

Timelines

Warm-up and Lane Timer Assignments

NOTE: THIS IS A DECK-SEEDED MEET.

**Circle-in is required 45 minutes prior to the start of Friday's session
and 45 minutes prior to each prelims session.**

**Heat and Lane assignments will be posted on site once the meet is
seeded.**

**ON DECK ENTRIES WILL BE LIMITED TO EMPTY LANES
NO HEATS WILL BE ADDED AND WE CANNOT DETERMINE EMPTY
LANES UNTIL WE SEED THE MEET**

Meet Referee:	Claude Humbert
Admin Official:	Shawn Anderson
Meet Director:	Blanca Chow-Hickman
Safety Marshal:	Kathy Dillard
Entries Chair:	Patricia Leijnse

Friday June 3 Timed Finals Session Warm-ups

TWST: Warm-ups 3:00 pm – 3:45 pm

All other teams: Warm-ups 3:45 pm – 4:45 pm

Session Starts 5:00 pm

Saturday and Sunday

June 4 and 5 Prelims Session Warm-ups

NOTE: Due to the large number of swimmers attending the meet, some teams are split between the main (LC) pool and the divewell (SC)

First Warm-up Session 7:00 am to 7:25 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

Diving Well

TWST NITRO	TWST	TWST	TWST				
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Second Warm-up Session 7:25 am to 7:50 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CRAW	CRAW	CRAW/CFSC	CFSC	CFSC	ESA	WAVE	VSST

Diving Well

CRAW	WAVE	CFSC	ESA				
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Third Warm-up Session 7:50 am to 8:15 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HSC	HSC	BTA	BTA	PACK	PACK	SPA	ECS/MARC

HSC	BTA	PACK	SPA				
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Prelims Session Starts 8:30 am

Saturday and Sunday

June 4 and 5 Finals Session Warm-ups

Open Warm-ups 4:30-5:15 pm

Session Starts 5:30 pm

Lane Timer Assignments

Friday - Swimmers provide own timers

Saturday and Sunday Prelims Sessions

West End of Pool	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	BTA	BTA	TWST	TWST	TWST	TWST	CRAW	HSC
Chair 2	BTA	BTA	TWST	TWST	TWST	TWST	CRAW	HSC
East End of Pool	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	CFSC	CFSC	TWST	TWST	TWST	TWST	ESA	PACK
Chair 2	CFSC	CFSC	TWST	TWST	TWST	TWST	ESA	PACK

Saturday and Sunday Finals Sessions

West End of Pool	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST
Chair 2	TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

NOTES:

Friday – All swimmers must provide their own timers and as needed, lap counters. All events will swim alternating girls’ heats at the West (scoreboard) end of the pool and boys’ heats at the East (bulkhead) end of the pool.

Saturday Prelims Session – All individual 100-200m events will swim alternating odd heats at the West end and even heats at the East end of the pool. Relays and the 400 Freestyle will swim alternating girls’ heats at the West end and boys’ heats at the East end of the pool. 13-14 400 Freestyle swimmers must provide their own timers.

Sunday Prelims Session – All individual 100-200m events will swim alternating odd heats at the West end and even heats at the East end of the pool. Relays and the 1500 Freestyle will swim alternating girls’ heats at the West end and boys’ heats at the East end of the pool. 13-14 1500 Freestyle swimmers must provide their own timers and lap counters.

Finals sessions – All 100-200m events will start at the East end of the pool and 50m events will start at the West end of the pool.

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Team List

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	BTA-GU Blue Tide Aquatics	17	25	42	293	13	306
2	CRAW-LA Crawfish Aquatics	25	21	46	383	0	383
3	CFSC-GU Cypress Fairbanks Swim Club	26	21	47	336	0	336
4	ESA-GU Eagle Swimming Association	15	14	29	203	8	211
5	ECS-GU Energy Core Swimming	12	7	19	114	3	117
6	HSC-GU Houston Swim Club	29	12	41	304	6	310
7	UNHSC-GU Houston Swim Club - UnAttached	0	1	1	7	0	7
8	MARC-GU Montgomery Aquatic Race Club	0	1	1	8	0	8
9	NTRO-ST Nitro Swimming	2	0	2	19	0	19
10	PACK-GU Premier Aquatics	17	23	40	314	0	314
11	WAVE-ST San Antonio Wave	13	10	23	163	0	163
12	UNWAV-ST San Antonio Wave - Unattached	1	0	1	7	0	7
13	SPA-GU Sienna Plantation Aquatics	10	12	22	151	4	155
14	TWST-GU The Woodlands Swim Team	131	88	219	1,700	36	1736
15	UNVSS-GU Villa Sport Swim Team - UnAtt	1	2	3	21	0	21
16	VSST-GU VillaSport Swim Team	6	10	16	88	0	88
		305	247	552	4111	70	4181

TWST 14 & Under Open Meet, Sanction #: GULC 16-020 R1**June 3-5, 2016****Session Report**

Session: 1 Friday Timed Finals Distance Events

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Chase -15

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13-14 400 IM	28	4 u	05:00 PM	_____
Finals	2 Boys 13-14 400 IM	32	4 u	05:24 PM	_____
Finals	3 Girls 12 & Under 400 Freestyle	73	10 u	05:47 PM	_____
Finals	4 Boys 12 & Under 400 Freestyle	45	6 u	06:44 PM	_____
Finals	5 Girls 13-14 800 Freestyle	21	3 u	07:18 PM	_____
Finals	6 Boys 13-14 800 Freestyle	27	4 u	07:52 PM	_____
	Swimmers Counts for Warm-ups: 219	=====	=====		
	Entry / Heat Totals:	226	31		
	Finish Time			08:34 PM	_____

TWST 14 & Under Open Meet, Sanction #: GULC 16-020 R1**June 3-5, 2016****Session Report**

Session: 2 Saturday AM Prelims Session

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Chase -15

Round	Event	Entries	Heats	Starts at	
Prelims	7 Girls 11-14 200 Butterfly	46	6 u	08:30 AM	_____
Prelims	8 Boys 11-14 200 Butterfly	51	7 u	08:48 AM	_____
Prelims	11 Girls 10 & Under 100 Butterfly	17	3 u	09:09 AM	_____
Prelims	12 Boys 10 & Under 100 Butterfly	10	2 u	09:14 AM	_____
Prelims	13 Girls 11-14 200 Breaststroke	62	8 u	09:18 AM	_____
Prelims	14 Boys 11-14 200 Breaststroke	60	8 u	09:46 AM	_____
Prelims	17 Girls 10 & Under 50 Breaststroke	59	8 u	10:11 AM	_____
Prelims	18 Boys 10 & Under 50 Breaststroke	30	4 u	10:21 AM	_____
Prelims	19 Girls 11-12 50 Breaststroke	36	5 u	10:26 AM	_____
Prelims	20 Boys 11-12 50 Breaststroke	39	5 u	10:32 AM	_____
Prelims	21 Girls 14 & Under 50 Freestyle	227	29 u	10:37 AM	_____
Prelims	22 Boys 14 & Under 50 Freestyle	171	22 u	11:03 AM	_____
Prelims	27 Girls 11-12 200 Backstroke	33	5 u	11:23 AM	_____
Prelims	28 Boys 11-12 200 Backstroke	26	4 u	11:38 AM	_____
Prelims	29 Girls 13-14 100 Backstroke	67	9 u	11:51 AM	_____
Prelims	30 Boys 13-14 100 Backstroke	46	6 u	12:04 PM	_____
Prelims	31 Girls 12 & Under 50 Backstroke	129	17 u	12:12 PM	_____
Prelims	32 Boys 12 & Under 50 Backstroke	89	12 u	12:31 PM	_____
Prelims	35 Girls 13-14 200 IM	49	7 u	12:45 PM	_____
Prelims	36 Boys 13-14 200 IM	62	8 u	01:05 PM	_____
Prelims	37 Girls 10 & Under 200 Freestyle	41	6 u	01:28 PM	_____
Prelims	38 Boys 10 & Under 200 Freestyle	25	4 u	01:48 PM	_____
Prelims	39 Girls 11-12 200 Freestyle	61	8 u	02:01 PM	_____
Prelims	40 Boys 11-12 200 Freestyle	42	6 u	02:24 PM	_____
Finals	41 Girls 13-14 200 Freestyle Relay	6	1 u	02:40 PM	_____
Finals	42 Boys 13-14 200 Freestyle Relay	7	1 u	02:42 PM	_____
Finals	43 Girls 10 & Under 200 Freestyle Relay	7	1 u	02:45 PM	_____
Finals	44 Boys 10 & Under 200 Freestyle Relay	4	1 u	02:48 PM	_____
Finals	45 Girls 11-12 200 Freestyle Relay	6	1 u	02:52 PM	_____
Finals	46 Boys 11-12 200 Freestyle Relay	7	1 u	02:55 PM	_____
Finals	47 Girls 13-14 400 Freestyle	37	5 u	02:58 PM	_____
Finals	48 Boys 13-14 400 Freestyle	35	5 u	03:25 PM	_____
	Swimmers Counts for Warm-ups: 534	=====	=====		
	Entry / Heat Totals:	1,587	215		
	Finish Time			03:51 PM	_____

TWST 14 & Under Open Meet, Sanction #: GULC 16-020 R1**June 3-5, 2016****Session Report**

Session: 3 Saturday PM Finals Session

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 35 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Girls 11-14 200 Butterfly	32	4 u	05:30 PM	_____
Finals	8 Boys 11-14 200 Butterfly	32	4 u	05:44 PM	_____
Finals	11 Girls 10 & Under 100 Butterfly	16	2 u	05:57 PM	_____
Finals	12 Boys 10 & Under 100 Butterfly	10	2 u	06:01 PM	_____
Finals	13 Girls 11-14 200 Breaststroke	32	4 u	06:06 PM	_____
Finals	14 Boys 11-14 200 Breaststroke	32	4 u	06:21 PM	_____
Finals	17 Girls 10 & Under 50 Breaststroke	16	2 u	06:35 PM	_____
Finals	18 Boys 10 & Under 50 Breaststroke	16	2 u	06:38 PM	_____
Finals	19 Girls 11-12 50 Breaststroke	16	2 u	06:41 PM	_____
Finals	20 Boys 11-12 50 Breaststroke	16	2 u	06:43 PM	_____
Finals	21 Girls 14 & Under 50 Freestyle	48	6 u	06:46 PM	_____
Finals	22 Boys 14 & Under 50 Freestyle	48	6 u	06:53 PM	_____
Finals	27 Girls 11-12 200 Backstroke	16	2 u	06:59 PM	_____
Finals	28 Boys 11-12 200 Backstroke	16	2 u	07:06 PM	_____
Finals	29 Girls 13-14 100 Backstroke	16	2 u	07:13 PM	_____
Finals	30 Boys 13-14 100 Backstroke	16	2 u	07:16 PM	_____
Finals	31 Girls 12 & Under 50 Backstroke	32	4 u	07:20 PM	_____
Finals	32 Boys 12 & Under 50 Backstroke	32	4 u	07:25 PM	_____
Finals	35 Girls 13-14 200 IM	16	2 u	07:30 PM	_____
Finals	36 Boys 13-14 200 IM	16	2 u	07:36 PM	_____
Finals	37 Girls 10 & Under 200 Freestyle	16	2 u	07:42 PM	_____
Finals	38 Boys 10 & Under 200 Freestyle	16	2 u	07:49 PM	_____
Finals	39 Girls 11-12 200 Freestyle	16	2 u	07:57 PM	_____
Finals	40 Boys 11-12 200 Freestyle	16	2 u	08:03 PM	_____
	Swimmers Counts for Warm-ups: 296	=====	=====		
	Entry / Heat Totals:	538	68		
	Finish Time			08:09 PM	_____

TWST 14 & Under Open Meet, Sanction #: GULC 16-020 R1**June 3-5, 2016****Session Report**

Session: 4 Sunday AM Prelims Session

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Chase -15

Round	Event	Entries	Heats	Starts at	
Prelims	49 Girls 12 & Under 200 IM	80	10 u	08:30 AM	_____
Prelims	50 Boys 12 & Under 200 IM	69	9 u	09:03 AM	_____
Prelims	53 Girls 11-12 100 Butterfly	37	5 u	09:33 AM	_____
Prelims	54 Boys 11-12 100 Butterfly	22	3 u	09:41 AM	_____
Prelims	55 Girls 13-14 100 Butterfly	44	6 u	09:45 AM	_____
Prelims	56 Boys 13-14 100 Butterfly	42	6 u	09:54 AM	_____
Prelims	57 Girls 12 & Under 50 Butterfly	79	10 u	10:02 AM	_____
Prelims	58 Boys 12 & Under 50 Butterfly	56	7 u	10:12 AM	_____
Prelims	61 Girls 13-14 200 Freestyle	55	7 u	10:19 AM	_____
Prelims	62 Boys 13-14 200 Freestyle	62	8 u	10:37 AM	_____
Prelims	63 Girls 11-12 100 Backstroke	51	7 u	10:56 AM	_____
Prelims	64 Boys 11-12 100 Backstroke	35	5 u	11:07 AM	_____
Prelims	65 Girls 13-14 200 Backstroke	37	5 u	11:15 AM	_____
Prelims	66 Boys 13-14 200 Backstroke	27	4 u	11:29 AM	_____
Prelims	67 Girls 10 & Under 100 Backstroke	53	7 u	11:41 AM	_____
Prelims	68 Boys 10 & Under 100 Backstroke	35	5 u	11:53 AM	_____
Prelims	69 Girls 14 & Under 100 Freestyle	196	25 u	12:03 PM	_____
Prelims	70 Boys 14 & Under 100 Freestyle	164	21 u	12:39 PM	_____
Prelims	75 Girls 14 & Under 100 Breaststroke	112	14 u	01:06 PM	_____
Prelims	76 Boys 14 & Under 100 Breaststroke	88	11 u	01:31 PM	_____
Finals	81 Girls 11-12 200 Medley Relay	6	1 u	01:48 PM	_____
Finals	82 Boys 11-12 200 Medley Relay	5	1 u	01:51 PM	_____
Finals	83 Girls 13-14 200 Medley Relay	5	1 u	01:54 PM	_____
Finals	84 Boys 13-14 200 Medley Relay	6	1 u	01:57 PM	_____
Finals	85 Girls 10 & Under 200 Medley Relay	7	1 u	02:00 PM	_____
Finals	86 Boys 10 & Under 200 Medley Relay	4	1 u	02:03 PM	_____
Finals	87 Girls 13-14 1500 Freestyle	5	1 u	02:07 PM	_____
Finals	88 Boys 13-14 1500 Freestyle	14	2 u	02:33 PM	_____
	Swimmers Counts for Warm-ups: 467	=====	=====		
	Entry / Heat Totals:	1,396	184		
	Finish Time			03:13 PM	_____

TWST 14 & Under Open Meet, Sanction #: GULC 16-020 R1
June 3-5, 2016
Session Report

Session: 5 Sunday PM Finals Session

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 35 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	49 Girls 12 & Under 200 IM	32	4 u	05:30 PM	_____
Finals	50 Boys 12 & Under 200 IM	32	4 u	05:44 PM	_____
Finals	53 Girls 11-12 100 Butterfly	16	2 u	05:58 PM	_____
Finals	54 Boys 11-12 100 Butterfly	16	2 u	06:02 PM	_____
Finals	55 Girls 13-14 100 Butterfly	16	2 u	06:06 PM	_____
Finals	56 Boys 13-14 100 Butterfly	16	2 u	06:09 PM	_____
Finals	57 Girls 12 & Under 50 Butterfly	32	4 u	06:13 PM	_____
Finals	58 Boys 12 & Under 50 Butterfly	32	4 u	06:17 PM	_____
Finals	61 Girls 13-14 200 Freestyle	16	2 u	06:22 PM	_____
Finals	62 Boys 13-14 200 Freestyle	16	2 u	06:28 PM	_____
Finals	63 Girls 11-12 100 Backstroke	16	2 u	06:34 PM	_____
Finals	64 Boys 11-12 100 Backstroke	16	2 u	06:38 PM	_____
Finals	65 Girls 13-14 200 Backstroke	16	2 u	06:41 PM	_____
Finals	66 Boys 13-14 200 Backstroke	16	2 u	06:48 PM	_____
Finals	67 Girls 10 & Under 100 Backstroke	16	2 u	06:54 PM	_____
Finals	68 Boys 10 & Under 100 Backstroke	16	2 u	06:58 PM	_____
Finals	69 Girls 14 & Under 100 Freestyle	48	6 u	07:03 PM	_____
Finals	70 Boys 14 & Under 100 Freestyle	48	6 u	07:13 PM	_____
Finals	75 Girls 14 & Under 100 Breaststroke	48	6 u	07:23 PM	_____
Finals	76 Boys 14 & Under 100 Breaststroke	48	6 u	07:35 PM	_____
	Swimmers Counts for Warm-ups: 277	=====	=====		
	Entry / Heat Totals:	512	64		
	Finish Time			07:47 PM	_____