

GULF Swimming B & Under Champs

July 9-10, 2016

A Short Course Yards Timed Finals Meet

HOSTED BY

Katy Aquatics



Sanction Number # GULC 16-026R1

ENTRIES DUE TO TPC Chair(gulftpc@gmail.com) BY 6:00 PM, SATURDAY, JUNE 18, 2016

LOCATION: Tompkins High School
4400 Falcon Landing Blvd.
Katy, TX 77494

DIRECTIONS: From Houston, take Interstate 10 (I-10) west to Exit#743B (TX-99 Grand Parkway South) Exit and stay to the right and take your first exit at Bay Hill Blvd/Highland Knolls. Take a right at the light onto Bay Hill Blvd. Take a left at the first light onto Falcon Landing Blvd. Proceed down Falcon Landing Blvd. for approximately 2.8 miles. The school will be on your right, please use the last entrance on your right. The pool is a standalone building.

SPECIAL INSTRUCTIONS: Spectator seating is very limited. As such there will be no team set-up allowed on deck and there will be no permanent set-up allowed in the bleachers for parents. We ask that you come in to see your swimmers compete and then exit as to allow everyone a chance to see their children swim. There is ample space in the grass outside the facility for tents, etc. and the adjacent hallway will be available during the meet.

MEET STAFF:

MEET REFEREE:	David Brown	david-a-brown@comcast.net	713-294-8863
ADMIN OFFICIAL:	Lindsey Chase	chaseplacefamily@gmail.com	
MEET DIRECTOR(S):	Manisha Kapoor	kapoor.manisha@gmail.com	832-877-0505
SAFETY MARSHAL:	James Campion		
COACH(ES):	Travis Sandifer, Andy Korda, Justin Brosseau, Valerie Martin, Clay Pruitt, Bill Bailey, Jesse Newsom, Jenny Nowatzke, Ryan Dugal, Adam Milecz		

POOL: One eight lane, 25 yard indoor pool with non-turbulent lane lines will be used for warm-up and competition. A separate warm-up / warm-down area will be made available during the competition.

TIME AND DATE: This is a twosession, 2day, timed-finals meet withAM sessions on Saturday and Sunday.

Session 1:Saturday AM—July 9, 2016



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Age Groups: 12 & Under girls and boys
Warm-up*: 7:30-8:45 am / Meet Start: 9:00 am

Session 2: Sunday AM – July 10, 2016
Age Groups: 12 & Under girls and boys
Warm-up*: 7:30 – 8:45 am / Meet Start: 9:00 am

*Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website. Lane assignments for warm-ups and timing will be designated in the heat sheet, and posted on the Gulf Swimming website by Monday, July 4, 2016.

MEET TYPE: This meet will be run utilizing flyover start procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the flyover start procedure.

SAFETY GUIDELINES AND WARM-UP PROCEDURES:
See attached Safety Guidelines and Warm-up Procedures

SEEDING: The meet will be a pre-seeded for all events except the 500 free and all relays, which will be deck seeded.

POSITIVE CHECK-IN (500 FREE & RELAY CARDS):
All swimmers must positively check-in with the Clerk of the Course for the 500 Free. Swimmers are required to positively check-in at least 45 minutes before the beginning of the meet session. After the events are officially closed, no one may check-in or scratch. After checking-in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chair, Jason Wedlick, for each event in which he/she fails to appear.

Relay cards must be turned in to the Clerk of Course by 8:00am each day, or the entry will be considered scratched.

ON-DECK ENTRIES: Late entries will be accepted each day up to 45 minutes before the start of each session. Those swimmers missing the 6:00 pm, Saturday, June 18, 2016 deadline may enter the meet on-deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry. Swimmers not already entered in the meet must also pay the swimmer surcharge fee.
2. Swimmers must supply completed entry forms. The swimmers will be seeded into open lanes in the pre-seeded events and according to their best times in deck seeded events.
3. Swimmers must enter all events for the session forty-five (45) minutes prior to the start of the session's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. Swimmers that on-deck enter to change their entry time in a deck seeded event,



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- a. must circle-in on the posted circle-in sheets,
 - b. the on-deck entry time will be used for seeding, and
 - c. the on-deck entry fees still apply to these swimmers.
7. Heats will be added, if necessary and if the timeline permits.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter (yard) times to yard (meter) times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., L, S, or Y). If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested. Times must be from USA Swimming meets.

Cut-off Times: 10 & U, 11 -12 USAS BB Motivational time standards

Qualifying Times: None

Age: As of July 9, 2016

Number of Events: Swimmers may compete in up to four (4) individual events per day.

Entries: All teams MUST submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software.

Deadline: Entries must be in the hands of the TPC Chair no later than **6:00 PM, SATURDAY, JUNE 18, 2016**. No late entries will be accepted. Email entries to gulftpc@gmail.com

Eligible Teams: Only swimmers attached to a registered Gulf Swimming team, swimmers in the documented process of transferring to a Gulf Swimming team may participate in this invitational meet.

Individual Event Entry Fee (per event): \$6.00

Relay Event Entry Fee (per relay): \$9.25

Swimmer Surcharge Fee (per swimmer): \$3.50

Make entry fee checks payable to: Katy Aquatics

Mail entry fees (**POSTMARKED BY FRIDAY, JULY 1, 2016**) to the address below:

Katy Aquatics
5506 First Street
Katy, TX 77493

281-391-7200
Clay Pruitt coachclay@katyaquatics.org

AWARDS:

Individual events: Custom Gulf Medals, 1st-3rd place, Gulf Ribbons, 4th -8th place.



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Relay events: Custom Gulf Medals 1st place, Gulf Ribbons 2nd -3rd place.
Individual High Points for each age and gender
Team Awards for 1st-3rd place.

SCORING:

Individual Events: 9-7-6-5-4-3-2-1
Relay Events: 18-14-12-10-8-6-4-2
Most 12 & under events will be swum combined but scored separately as 8 & under, 9-10 and 11-12.
Some events, indicated by an *, will be swim combined but scored separately as 11-12 and 10 & Under.

RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On deck USA Swimming membership registration will not be permitted. Gulf Swimming teams assigned by the Technical Planning Chairman may only participate in this invitational meet.

The Gulf Swimming three (3) event rule and up/down rule do not apply.

PROOF OF TIME:

Swimmers are not eligible to swim an event if they have times faster than the cut-off. Once swimmers have qualified for a particular division in a particular event, PRIOR to the entry deadline stated in the meet invitation, they MAY NOT swim that event in a slower division. Swimmers entering events in a slower division are subject to disqualification from the meet by the Meet Referee.

Any swimmer is eligible to be a swimmer of a relay team competing at the meet as long as the swimmer is not competing in a stroke and distance in which they have equaled or bettered the cutoff time for that division in which the relay is competing; i.e., swimmers do not compete on B & Under relays in a stroke or distance in which they have a "BB" time or faster.

Swimmers shall be fined \$50.00 for each event in which they competed and are over qualified. The fine or proof of time is sent to the Administrative Vice-Chairman, Jason Wedlick.

POOL MEASUREMENT:

The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4). The copy of such certification is on file with USA Swimming.

The water depth of the competition course 7.0 feet measured from 1 meter to 5
is
meters on the starting end of the course, 4.25 feet measured from 1 meter to 5
and



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meters on the turning end of the course.

TIMING SYSTEM: A Daktronics Model 2000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 500Free must provide 2 timers and a lap counter where applicable.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room. Coaches must supervise their swimmers.

DECK CHANGES: Deck Changes are prohibited. Deck Change definition – “changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes”.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

HOSPITALITY: A hospitality room will be available.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page



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(www.gulfswimming.org), within three days after the conclusion of the meet.
Unofficial real time results will be available on MEET MOBILE.

CONCESSIONS: Concessions will be available at this meet.

MERCHANDISE: D&J Sports will be at the meet selling swim apparel and swim gear.

FACILITY RULES: Spectator seating will only be allowed in the upstairs and raised galleries on either side of the pool. No parents will be allowed in the on deck bleachers. This seating is reserved for swimmers and coaches only. No swimmers will be allowed to set up in the galleries.

ATTACHMENTS: Meet Format, Gulf Safety Guidelines and Warm-up Procedures, Entry Verification Form
Map

GULF Swimming B & Under Champs

July 9-10, 2016

A Short Course Meters Timed Finals Meet

HOSTED BY

Katy Aquatics

Entry Rules:

Type of meet	Timed Finals
Max # individual events per day	Four (4)
Swimmers eligible	Gulf registered swimmers assigned to this venue
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	Yes**
Enter with no time?	Yes
Gulf "three event rule" applies?	No
Gulf "up/down rule" applies?	No
Fees	Individual – \$6.00, Relays \$9.25 Facility Surcharge – \$3.50 per swimmer

** 10 & U, 11 -12 cut-off times are USAS BB motivational time standards for SCY/SCM/LCM.



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Girls		Saturday – July 9, 2016			Boys	
Event#		Event Name			Event#	
1	11-12	200	Medley Relay	2		
3	9-10	200	Medley Relay	4		
5	8 & Under	100	Medley Relay	6		
7	12 & Under	100	I.M.	8		
9	12 & Under	100	Fly*	10		
11	12 & Under	50	Free	12		
13	12 & Under	100	Back*	14		
15	12 & Under	50	Breast	16		
17	12 & Under	200	Free*	18		

Girls		Sunday – July 10, 2016			Boys	
Event#		Event Name			Event#	
19	11-12	200	Free Relay	20		
21	9-10	200	Free Relay	22		
23	8 & Under	100	Free Relay	24		
25	12 & Under	100	Free	26		
27	12 & Under	50	Fly	28		
29	12 & Under	100	Breast*	30		
31	12 & Under	50	Back	32		
33	12 & Under	200	I.M.*	34		
35	11-12	500	Free**	36		

All events will be seeded fastest to slowest.

Most 12 & under events will be swum combined but scored separately as 8 & under, 9-10 and 11-12.

*These particular 12 & Under events will be swim combined but scored separately as 10 & Under and 11-12.

**The 500 free will be swum alternating girls and boys heats.



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GULF SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACEWORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.



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ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date



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