

# 2016 GULF SWIMMING SUMMER CHAMPS



hosted by  
Cy-Fair Swim Club – Fleet Swimming



Long Course Prelim/Finals

July 15-17, 2016  
SANCTION # GULC 16-030R5

Meet Referee: Matt Sale

## **For All Prelim Sessions:**

\*\*\* Swimmers must positive check in for all events 45 minutes prior to the start of the session. \*\*\*

\*\*\* Circle in sheets will be pulled at 7:45 am \*\*\*

Meet starts at 8:30 am

Warm Up Schedule follows

## **Friday, Saturday & Sunday Finals Warm Up**

Open Warm-up at 4:00-:4:45 p.m

Odd heats will start at Locker Room end, even heats will start at the Field end.

## 2016 Gulf Summer Champs - 7/15/2016 to 7/17/2016

## Team List - Team Size

	<b>Team</b>	<b>Female</b>	<b>Male</b>	<b>Total Athletes</b>	<b>Entries</b>	<b>Relay</b>	<b>Total</b>
1	TWST-GU The Woodlands Swim Team	43	27	70	428	28	456
2	CFSC-GU Cypress Fairbanks Swim Club	32	36	68	417	23	440
3	PACK-GU Premier Aquatics	19	12	31	202	10	212
4	AGS-GU Aggie Swim Club	16	11	27	152	8	160
5	SSAN-GU Swim Streamline at Northampton	11	10	21	152	8	160
6	ESCA-GU Escalate Aquatic Team	11	7	18	90	0	90
7	MARC-GU Montgomery Aquatic Race Club	13	5	18	92	4	96
8	FINS-GU TeamFINS	8	7	15	95	3	98
9	MAC-GU Magnolia Aquatic Club	8	6	14	64	3	67
10	BATS-GU Bridge Bats	8	4	12	52	0	52
11	TTST-GU Texas Terrapins Swim Team	7	4	11	64	0	64
12	CATS-GU Conroe Area Team Swimmers	6	4	10	58	0	58
13	SST-GU Spring Swim Team	8	0	8	39	0	39
14	TYES-GU Team Yes Aquatics of Houston	5	3	8	50	0	50
15	TASC-GU Tomball Area Swim Club	5	2	7	37	0	37
16	BBSC-GU Brenham Swim Club	4	2	6	50	0	50
17	LSST-GU Lone Star Swim Team	1	4	5	34	2	36
18	UMAC-GU UnAtt - Magnolia Aquatic Club	2	1	3	18	0	18
19	UBATS-GU UnAtt - Bridge Bats	0	0	0	0	0	0
		<b>207</b>	<b>145</b>	<b>352</b>	<b>2094</b>	<b>89</b>	<b>2183</b>



# WARM UP ASSIGNMENTS

## FRIDAY Warm Up

1<sup>st</sup> Warm Up -- 7:00 am – 7:25 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	TWST	TWST	PACK	PACK LSST	SSAN	SSAN ESCA	FINS	TYES BATS

2<sup>nd</sup> Warm Up -- 7:25 am – 7:50 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	AGS	AGS SST	MARC	TTST CATS	TASC BBSC	MAC

OPEN Warm up 7:50 am – 8:15 am

## SATURDAY Warm Up

1<sup>st</sup> Warm Up – 7:00 am – 7:25 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	AGS	AGS SST	MARC	TTST BBSC	CATS TASC	MAC

2<sup>nd</sup> Warm Up – 7:25 am – 7:50 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	TWST	TWST	PACK	PACK LSST	ESCA	SSAN	SSAN FINS	TYES BATS

OPEN Warm Up 7:50 am – 8:15 am



## SUNDAY Warm Up

1<sup>st</sup> Warm Up – 7:00 am – 7:25 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	TWST	TWST	PACK	PACK	SSAN	SSAN MARC	ESCA	BATS LSST

2<sup>nd</sup> Warm Up – 7:25 am – 7:50 am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CFSC	CFSC	CFSC	CFSC	TTST TYES	CATS SST	BBSC FINS	AGS	AGS TASC	MAC

Open Warm Up 7:50 am – 8:15 am

## TIMING ASSIGNMENTS

### Friday Assignments

**\*\*Swimmers must provide their own timers/counters for the 400 Free**

#### Locker Room End

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	TWST	CFSC	CFSC	CFSC	AGS	AGS	AGS	SSAN
TWST	TWST	TWST	CFSC	CFSC	CFSC	AGS	AGS	SSAN	SSAN

#### Field End

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
MARC	TWST	TWST	CFSC	CFSC	ESCA	PACK	PACK	PACK	TTST
MARC	TWST	TWST	CFSC	CFSC	MAC	PACK	PACK	FINS	TYES



## Saturday Assignments

**\*\*Swimmers must provide their own timers/counters for the 400 IM**

### Locker Room End

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	FINS	CFSC	CFSC	ECSA	TTST	SSAN	SSAN	MAC
TWST	TWST	FINS	CFSC	CFSC	ECSA	BATS	SSAN	CATS	MAC

### Field End

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	TWST	CFSC	CFSC	AGS	AGS	PACK	PACK	MARC
TWST	TWST	CFSC	CFSC	CFSC	AGS	AGS	PACK	PACK	MARC

## Sunday Assignments

**\*\*Swimmers must provide their own timers/counters for the 400/1500 Free**

### Locker Room End

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	ESCA	CFSC	CFSC	CFSC	TTST	SSAN	SSAN	MAC
TWST	TWST	ESCA	CFSC	CFSC	FINS	BATS	SSAN	CATS	MAC

### Field End

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
TWST	TWST	TWST	CFSC	CFSC	AGS	AGS	PACK	PACK	PACK
TWST	TWST	TWST	CFSC	CFSC	AGS	AGS	PACK	PACK	MARC

**400 IM, 400/1500 Free swimmers must provide 2 timers**

**2016 Gulf Summer Champs - 7/15/2016 to 7/17/2016****Session Report**

Session: 1 Friday Prelims

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Girls 11-12 200 Breaststroke	9	1 u	08:30 AM	_____
Prelims	2 Boys 11-12 200 Breaststroke	5	1 u	08:35 AM	_____
Prelims	3 Girls 13 & Over 200 Butterfly	15	2 u	08:38 AM	_____
Prelims	4 Boys 13 & Over 200 Butterfly	5	1 u	08:44 AM	_____
Prelims	5 Girls 12 & Under 50 Butterfly	42	5 u	08:48 AM	_____
Prelims	6 Boys 12 & Under 50 Butterfly	33	4 u	08:52 AM	_____
Prelims	7 Girls 200 IM	113	12 u	08:54 AM	_____
Prelims	8 Boys 200 IM	85	9 u	09:33 AM	_____
Prelims	9 Girls 100 Backstroke	137	14 u	10:00 AM	_____
Prelims	10 Boys 100 Backstroke	88	9 u	10:22 AM	_____
Finals-S	11 Girls 13 & Over 400 Freestyle	33	4 u	10:35 AM	_____
Finals-S	12 Boys 13 & Over 400 Freestyle	20	2 u	10:58 AM	_____
	Swimmers Counts for Warm-ups: 293	=====	=====		
	Entry / Heat Totals:	585	64		
	Finish Time			11:09 AM	_____

Session: 3 Saturday Prelims

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	13 Girls 11-12 200 Backstroke	14	2 u	08:30 AM	_____
Prelims	14 Boys 11-12 200 Backstroke	12	2 u	08:37 AM	_____
Prelims	15 Girls 200 Freestyle	131	14 u	08:43 AM	_____
Prelims	16 Boys 200 Freestyle	100	10 u	09:23 AM	_____
Prelims	17 Girls 100 Breaststroke	88	9 u	09:49 AM	_____
Prelims	18 Boys 100 Breaststroke	67	7 u	10:05 AM	_____
Prelims	19 Girls 50 Freestyle	152	16 u	10:17 AM	_____
Prelims	20 Boys 50 Freestyle	116	12 u	10:26 AM	_____
Prelims	21 Girls 100 Butterfly	76	8 u	10:33 AM	_____
Prelims	22 Boys 100 Butterfly	51	6 u	10:45 AM	_____
Finals	23 Girls 200 Medley Relay	9	1 u	10:54 AM	_____
Finals	24 Boys 200 Medley Relay	10	1 u	10:56 AM	_____
Finals	25 Girls 13-14 200 Medley Relay	6	1 u	11:00 AM	_____
Finals	26 Boys 13-14 200 Medley Relay	4	1 u	11:02 AM	_____
Finals	27 Girls 11-12 200 Medley Relay	5	1 u	11:05 AM	_____
Finals	28 Boys 11-12 200 Medley Relay	4	1 u	11:08 AM	_____
Finals	29 Girls 10 & Under 200 Medley Relay	5	1 u	11:11 AM	_____
Finals	30 Boys 10 & Under 200 Medley Relay	2	1 u	11:14 AM	_____
Finals-S	31 Girls 13 & Over 400 IM	0	0	11:17 AM	_____
Finals-S	32 Boys 13 & Over 400 IM	0	0	11:17 AM	_____
	Swimmers Counts for Warm-ups: 329	=====	=====		
	Entry / Heat Totals:	852	94		
	Finish Time			11:17 AM	_____

**2016 Gulf Summer Champs - 7/15/2016 to 7/17/2016****Session Report**

Session: 5 Sunday Prelims

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 0 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	33 Girls 12 & Under 50 Backstroke	53	6 u	08:30 AM	_____
Prelims	34 Boys 12 & Under 50 Backstroke	40	4 u	08:36 AM	_____
Prelims	35 Girls 13 & Over 200 Backstroke	58	6 u	08:39 AM	_____
Prelims	36 Boys 13 & Over 200 Backstroke	37	4 u	08:58 AM	_____
Prelims	37 Girls 100 Freestyle	153	16 u	09:10 AM	_____
Prelims	38 Boys 100 Freestyle	112	12 u	09:31 AM	_____
Prelims	39 Girls 12 & Under 50 Breaststroke	41	5 u	09:46 AM	_____
Prelims	40 Boys 12 & Under 50 Breaststroke	22	3 u	09:50 AM	_____
Prelims	41 Girls 13 & Over 200 Breaststroke	38	4 u	09:54 AM	_____
Prelims	42 Boys 13 & Over 200 Breaststroke	46	5 u	10:08 AM	_____
Prelims	43 Girls 11-12 200 Butterfly	3	1 u	10:24 AM	_____
Prelims	44 Boys 11-12 200 Butterfly	6	1 u	10:28 AM	_____
Finals	45 Girls 10 & Under 200 Freestyle Relay	5	1 u	10:32 AM	_____
Finals	46 Boys 10 & Under 200 Freestyle Relay	3	1 u	10:34 AM	_____
Finals	47 Girls 11-12 200 Freestyle Relay	5	1 u	10:38 AM	_____
Finals	48 Boys 11-12 200 Freestyle Relay	4	1 u	10:40 AM	_____
Finals	49 Girls 13-14 200 Freestyle Relay	5	1 u	10:43 AM	_____
Finals	50 Boys 13-14 200 Freestyle Relay	4	1 u	10:45 AM	_____
Finals	51 Girls 200 Freestyle Relay	10	1 u	10:47 AM	_____
Finals	52 Boys 200 Freestyle Relay	8	1 u	10:50 AM	_____
Finals-S	53 Girls 12 & Under 400 Freestyle	16	2 u	10:53 AM	_____
Finals-S	54 Boys 12 & Under 400 Freestyle	5	1 u	11:05 AM	_____
Finals	55 Girls 13 & Over 1500 Freestyle	11	2 u	11:11 AM	_____
Finals	56 Boys 13 & Over 1500 Freestyle	5	1 u	12:04 PM	_____
	Swimmers Counts for Warm-ups: 301	=====	=====		
	Entry / Heat Totals:	690	81		
	Finish Time			12:30 PM	_____