



**2016 GULF SWIMMING
B & Under Summer Champs Meet
Warm Up Schedule and Timing Assignments**

Shallow end will remain open during the meet. NO DIVING !!

Saturday, July 9, 2016 and Sunday, July 10, 2016

Warm Up 7:30 a.m. – 7:55 a.m.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NOCH	SHRK	SHRK	SHRK BLST	SSS	SSS	AQUA	AQUA

Warm Up 7:55 a.m. - 8:20 a.m.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCAP	PEAK	PEAK	PEAK	SCAT

Lane 9	Lane 10	Lane 11	Lane 12
HCAP	HCAP	HCAP	

*Lanes 9-12 indicate shallow lanes

Warm Up 8:20 a.m. - 8:45 a.m.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COOG	COOG	LJAC	FCST	FCST	FCST	FCST	FCST

Lane 9	Lane 10	Lane 11	Lane 12
FCST	FCST	FCST	

*Lanes 9-12 indicate shallow lanes

SAT/SUN TIMING ASSIGNMENTS—TWO TIMERS PER LANE

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NOCH	HCAP	HCAP	FCST	FCST	FCST	PEAK	SSS
NOCH	HCAP	HCAP	FCST	FCST	AQUA	PEAK	COOG

