



PACK TIME TRIAL MEET

Immediately Following PACK IMX &IMR Meet

Premier Aquatics Club of Klein

January 16 - 17, 2016

A Short Course Yards Timed Finals Meet

SANCTION: #GUSC 16-048

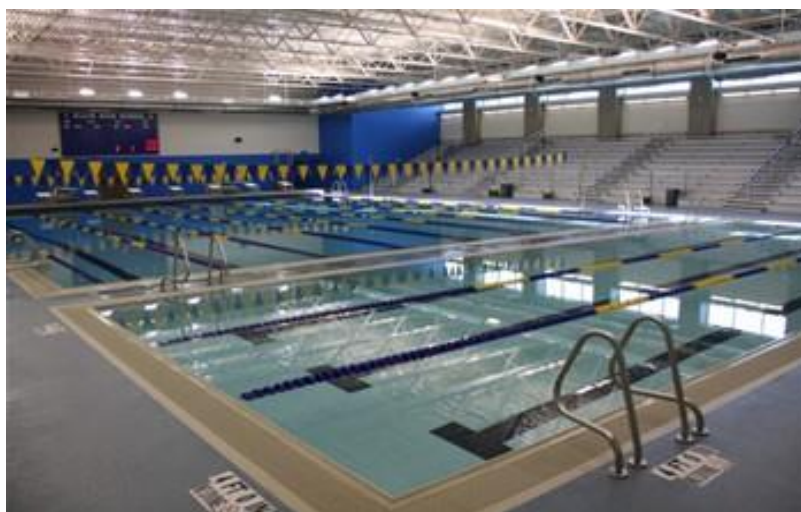
LOCATION:

Klein High School Natatorium.

16715 Stuebner Airline

Klein, Texas 77379

Directions: See map on last page of this announcement



COACHES:

Mike McCauley Executive Director/Head Coach

Shane McCauley Head Age Group Coach

MEET REFEREE:

Tom Jones

twjones@earthlink.net

**ADMINISTRATIVE
OFFICIAL:**

Donna Akins

MEET DIRECTORS:

Lyne Martin

packswimming@att.net

SAFETY MARSHAL:

Adam Hayes

POOL: Eight lane, 25 yard indoor pool with non-turbulent lane lines with separate 3 lane warm down area.

TIME AND DATE: Saturday and Sunday, Jan 16 and 17th, 2016.

Warm up for the Time Trial Meet will begin at the conclusion of the PACK IMX & IMR Meet. The Time Trial Meet will start no earlier than 20 minutes after the conclusion of the PACK IMX & IMR Meet.

SAFETY GUIDELINES AND WARM-UP PROCEDURES:

See attached Safety Guidelines and Warm-up Procedures

SEEDING: The meet will be a deck seeded meet. All events will be seeded fastest to slowest. Coaches please inform your swimmers of seeding on deck rules.

CHECK-IN: Swimmers must check-in by submitting an entry with Clerk of Course. There will be no Circle In after submitting an entry, failure to appear at the starting blocks will result in swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman for each event in which he/she fails to appear.

ENTRY INFORMATION:

Meet Rules:

1. All swimmers must enter event/events by deck entry with the Clerk of Course on Saturday or Sunday January 16, 2016 and January 17, 2016. Entries will open at 8:00 am and close at 10:00 am each day.
2. The swimmer entered will be seeded into the events according to their best time. Events may be combined by sex, distance, or stroke at the discretion of the Meet Referee.
3. Swimmers MAY enter with a No Time.
4. There will be 1 round of time trials per day.
5. Swimmers do NOT have to be entered in the PACK IMX & IMR Meet to compete in this time trial meet.
6. Open to all ages.

Entry Times: Swimmers must enter at their best time and **times must be from USAS meets**. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert *meter (yard)* times to *yard (meter)* times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). **No Times ARE allowed at this meet.**

Number of Events: Swimmers may compete in a maximum of 4 individual events per day. This includes all events swum at the PACK IMX & IM Ready Meet.

Cut-off Times: None

Qualifying Times: None

Age: As of January 16, 2015

Eligible Teams: Any currently registered USA-S teams may enter, space permitting. Only swimmers attached to a USA-S team or swimmers in the documented process of transferring to a USA-S team may participate in this meet.

Fees: \$6.50 per Individual Event plus \$2.00 per swimmer facility surcharge fee if NOT entered in the PACK IMX/IMR Meet.

Make checks payable to **Premier Aquatics**.

AWARDS: None

SCORING: None

RULES AND SANCTIONS:

The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted.

The three (3) event rule and up/down rule do not apply.

DECK CHANGING: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

POOL MEASUREMENT:

The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the competition course is 12 feet measured from 1 meter to 5 meters on the starting end of the course, and 4 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM:

A Daktronics electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 500 Free and 400 IM must provide 2 timers and a lap counter where applicable.

POOL DECK RESTRICTION:

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety. Coaches and Officials must present their membership cards in order to receive complimentary Heat Sheets and for admission to the Hospitality Room.

Coaches must supervise their swimmers.

Wet swimmers are not allowed in the spectator area

Audio/Video Recording Devices: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the starting blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the

facility during the sanctioned event.

PROOF OF TIME: Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, Jason Wedlick.

UNACCOMPANIED SWIMMERS:

Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: Concessions will be available

HOSPITALITY: A hospitality room will be available.

MERCHANDISE: D&J Sports will be at the meet selling swim apparel and swim gear.

MEET RESULTS: *Unofficial* real time results will be available on the **MEET MOBILE** app on Android and iPhone.

Official Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet.

ATTACHMENTS: Meet Format, Entry Verification Form, Gulf Safety Guidelines and Warm-up Procedures, Klein Oak HS Map



PACK
Time Trial Meet
Klein High School Natatorium
January 16 - 17, 2016

Type of Meet	Timed Finals
Maximum # individual events per day	Four (4). This includes all events swum at the PACK IMX/IMR Meet
Swimmers eligible	See Entry Information Above
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	\$6.50 per Individual Event plus \$2.00 per swimmer facility surcharge fee if not entered in the PACK IMX/IMR Meet.

Saturday, Jan 16, 2016

Girls	Event	Boys
201	100 IM	202
203	50 Free	204
205	100 Fly	206
207	200 Back	208
209	200 IM	210
211	50 Breast	212
213	100 Free	214
215	200 Fly	216
217	50 Back	218
219	100 Breast	220
221	200 Free	222
223	400 IM	224
225	50 Fly	226
227	100 Back	228
229	200 Breast	230
231	500 Free	232

Open to all ages

Events may be combined by gender, distance and stroke
Swimmers in time trials must provide your own timer.



PACK
Time Trial Meet
Klein High School Natatorium
January 16 - 17, 2015

Sunday, Jan 17, 2016

Girls	Event	Boys
301	100 IM	302
303	50 Free	304
305	100 Fly	306
307	200 Back	308
309	200 IM	310
311	50 Breast	312
313	100 Free	314
315	200 Fly	316
317	50 Back	318
319	100 Breast	320
321	200 Free	322
323	400 IM	324
325	50 Fly	326
327	100 Back	328
329	200 Breast	330
331	500 Free	332

Open to all ages

Events may be combined by gender, distance and stroke

Swimmers in time trials must provide your own timer.

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

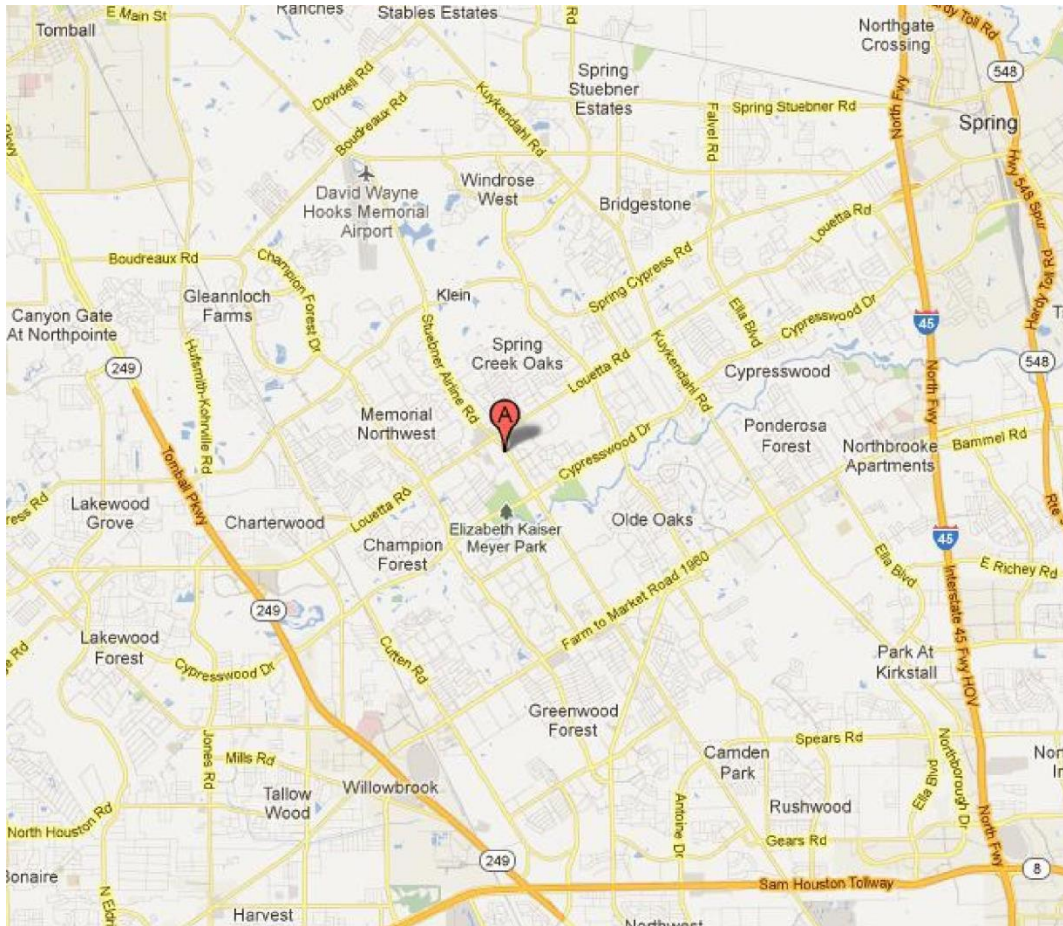
WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.
 - 4. Food and smoothies not allowed on deck.

16715 Stuebner Airline
Klein, Texas 77379



KLEIN HIGH SCHOOL POOL

