

**2015
Gulf Age Group Championships
Time Standards**

"- " indicates the 2015 standard is faster than the 2014 standard

Girls		10&U	Boys	
LCM	Yards		Yards	LCM
36.09	32.49 -	50 Free	32.29 -	37.19 -
1:19.59 -	1:10.29	100 Free	1:11.29 -	1:21.69 -
2:59.49 -	2:38.59 -	200 Free	2:38.19 -	3:00.69
6:11.39	6:52.39	500 Free	6:47.09	6:15.69
44.59 -	38.79 -	50 Back	38.69	45.39
1:34.49	1:22.79 -	100 Back	1:25.99 -	1:39.99
49.79	43.79	50 Breast	44.19	51.39
1:48.49 -	1:35.39 -	100 Breast	1:36.19 -	1:51.09 -
42.29 -	36.89 -	50 Fly	37.39 -	42.79 -
1:40.49 -	1:29.09 -	100 Fly	1:31.29	1:45.99
---	1:22.79 -	100 IM	1:22.99	---
3:25.59	2:57.49	200 IM	2:58.69 -	3:25.99

Girls		11-12	Boys	
LCM	Yards		Yards	LCM
31.69	28.09	50 Free	28.29 -	32.59 -
1:07.99	1:01.39 -	100 Free	1:03.39 -	1:12.59
2:29.49	2:14.29	200 Free	2:14.79 -	2:34.09 -
5:16.59	5:53.89	500 Free	5:58.29	5:25.79
38.19	33.29	50 Back	34.29	40.29
1:21.09 -	1:10.79 -	100 Back	1:12.09 -	1:24.39 -
2:59.29 -	2:33.39	200 Back	2:36.99	3:03.99
42.59 -	37.29 -	50 Breast	38.79	44.99
1:31.99	1:21.19 -	100 Breast	1:21.99 -	1:34.69 -
3:14.69	2:52.99	200 Breast	2:59.59 -	3:25.99
35.19	31.69 -	50 Fly	32.79 -	37.49 -
1:18.19	1:11.29	100 Fly	1:11.69 -	1:21.69 -
3:00.09	2:45.69	200 Fly	2:47.69	3:05.99
---	1:11.59	100 IM	1:12.29 -	---
2:45.79	2:31.49	200 IM	2:33.99 -	2:56.39

Girls		13-14	Boys	
LCM	Yards		Yards	LCM
30.19	26.69	50 Free	25.19 -	28.99 -
1:04.99	57.49 -	100 Free	54.79 -	1:02.39
2:21.49	2:04.59	200 Free	2:00.29 -	2:17.49
4:57.39	5:29.69	500 Free	5:24.19 -	4:50.79 -
10:20.49	11:42.29	1000 Free	11:24.49	10:17.29
20:39.79	19:29.19	1650 Free	19:05.79	20:14.39
1:14.99 -	1:05.39 -	100 Back	1:02.49 -	1:13.09 -
2:45.09	2:21.29	200 Back	2:16.89 -	2:37.59 -
1:27.19	1:16.29	100 Breast	1:12.49 -	1:23.79 -
3:04.79	2:44.59 -	200 Breast	2:37.79 -	3:01.79 -
1:12.39 -	1:04.19 -	100 Fly	1:01.29 -	1:09.89 -
2:52.59	2:26.29	200 Fly	2:19.69 -	2:39.49 -
2:40.79	2:20.69	200 IM	2:15.29 -	2:36.09 -
5:43.59	4:57.19	400 IM	4:47.39	5:54.79