



**2015 GULF SWIMMING  
8 & Under Champs Meet  
Warm Up Schedule and Timing Assignments**

Shallow end will remain open during the meet. NO DIVING !!

**Warm Up Schedule**

**Saturday, December 12th, 2015**

**Session 1 Warm Up 7:30 a.m. – 7:55 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NOCH/STA/EPRC	SHRK	ESA	ESA	ESA	BTA	BTA	BLST

**Session 2 Warm Up 7:55 a.m. - 8:20 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
VSST	SSS	SCAT	AQUA	AQUA	SSAN	SSAN	SSAN

**Session 3 Warm Up 8:20 a.m. – 8:45 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SST	SST	TWST	TWST	TWST	TWST	TWST	PLAT/BTST

**TIMING ASSIGNMENTS—TWO TIMERS PER LANE**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
NOCH	SHRK	BTA	TWST	ESA	SSAN	AQUA	SST
NOCH	SSS	TWST	TWST	ESA	SSAN	AQUA	SST

**Attention Teams:**

Please send payments to

**Paige Sikkema**

**13839 Woodforest**

**Houston, Tx 77015**

**Please note that there will be NO INDOOR SETUP. Parents will need to set up outside in the parking lot in front of the Natatorium. We will have an area reserved for you to watch your swimmer race & then return outside. Please stay off the grassy areas & sidewalks. The stadium side will be used for parking. Regardless of the weather, we cannot allow set-up in restricted areas or on deck due to fire code violations and USA Swimming rules, so please plan accordingly. Swimmers may sit on deck with their team. We appreciate your cooperation with this matter.**

**Have a great meet!  
NOCH**

