

Fall Champs Meet  
hosted by  
HARRIS COUNTY AQUATICS PROGRAM

Timing Lane Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
EPRC LJAC SSS	PEAK AQUA	PEAK	HCAP	HCAP PLAT	COOG HSC	BLST SCAT LAP	NOCH SHRK

FRIDAY - Warm-Up Lane Assignments

5:00-6:15 p.m.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSS COOG AQUA	BLST NOCH	HCAP HSC	HCAP	HCAP	LJAC SCAT	PEAK SHRK	PLAT

SATURDAY A.M.- Warm-Up Lane Assignments

7:30-7:55 a.m.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCAP	HCAP	PEAK	PEAK	PEAK EPRC

7:55-8:20 a.m.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COOG	COOG	COOG LAP LJAC	NOCH	BLST	BLST	SHRK	SHRK

8:20-8:45 a.m.

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSS	SSS	AQUA	AQUA PLAT	PLAT	SCAT	SCAT HSC	HSC

**SATURDAY P.M. - Warm-Up Lane Assignments**  
**Immediately upon the completion of the AM Session**  
**25 MINUTE PER WARM-UP**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SHRK	SHRK NOCH	AQUA	AQUA PLAT	SSS	HSC LAP	BLST SCAT	LJAC SCAT

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCPA PEAK	PEAK	PEAK	PEAK	COOG EPRC

**SUNDAY A.M. - Warm-Up Lane Assignments**

**7:30-7:55 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCAP	HCAP	HCAP SHRK	SHRK	SHRK

**7:55-8:20 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
COOG	COOG	COOG SSS	SSS	SSS	BLST	BLST	NOCH

**8:20-8:45 a.m.**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PEAK	PEAK	AQUA	AQUA LJAC	HSC	HSC LAP	PLAT	SCAT

**SUNDAY P.M. - Warm-Up Lane Assignments**  
**Immediately upon the completion of the AM Session**  
**25 MINUTE PER WARM-UP**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PEAK	PEAK	PEAK	PEAK AQUA	AQUA	SHRK	SHRK NOCH	HSC

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	HCAP	HCAP	HCAP SCAT	PLAT LAP	LJAC BLST	SSS BLST	COOG