

2015 GULF SENIOR CHAMPIONSHIPS INVITATIONAL

December 4 - 6, 2015
A Short Course Yards Prelims / Finals Meet

HOSTED BY
Cy-Fair Swim Club – Fleet Swimming



Sanction Number # GUSC 16-044R1

Warm-ups
Timelines
Lane Timing Assignments
REVISED 12/2/15

Meet Referee: Tom Jones
Admin Official: Holger Luebsen
Meet Director: Carolyn Reed and Huong Le
Safety Marshall: Efrain Rovira

2015 CFSC Gulf Senior Champs Meet

December 4-6, 2015

Team List

	Team	Female	Male	Total Athletes	Entries	Relay	Total
1	AGS-GU Aggie Swim Club	8	1	9	37	0	37
2	ALAC-GU Alief Aquatic Club	1	1	2	4	0	4
3	AMBU-GU Ambush Swimming	0	3	3	18	0	18
4	AQUA-GU Aquastar	1	0	1	5	0	5
5	BLST-GU Battleground Area Swim Team	3	5	8	28	0	28
6	BTA-GU Blue Tide Aquatics	5	0	5	23	1	24
7	BBSC-GU Brenham Swim Club	3	0	3	20	0	20
8	CFSC-GU Cypress Fairbanks Swim Club	4	4	8	49	4	53
9	DADS-GU Dads Club Swim Team	9	9	18	91	4	95
10	ESA-GU Eagle Swimming Association	1	2	3	20	0	20
11	ECS-GU Energy Core Swimming	5	1	6	26	1	27
12	ESCA-GU Escalate Aquatic Team	1	2	3	22	0	22
13	FCST-GU First Colony Swim Team	3	7	10	63	2	65
14	HCAP-GU Harris County Aquatics Program	6	10	16	90	8	98
15	COOG-GU Houston Cougars	1	4	5	22	0	22
16	HSC-GU Houston Swim Club	2	1	3	11	0	11
17	KATY-GU Katy Aquatics	4	7	11	54	4	58
18	LSST-GU Lone Star Swim Team	3	4	7	41	2	43
19	MAC-GU Magnolia Aquatic Club	1	2	3	9	0	9
20	MARC-GU Montgomery Aquatic Race Club	3	5	8	36	3	39
21	NOCH-GU North Channel Aquatics	4	8	12	77	2	79
22	PACE-GU Pacesetters Aquatic Club	1	1	2	11	0	11
23	PEAK-GU Pearland Aquatics	1	5	6	40	0	40
24	PLAT-GU Platinum Aquatics	1	1	2	5	0	5
25	PFL-GU Power for Life	5	5	10	44	4	48
26	PACK-GU Premier Aquatics	6	6	12	87	5	92
27	SHRK-GU Sharks Swim Team	6	8	14	69	6	75
28	SPA-GU Sienna Plantation Aquatics	4	6	10	71	5	76
29	SSS-GU South Shore Sails	4	2	6	30	0	30
30	SCAT-GU Space City Aquatic Team	0	2	2	15	0	15
31	SSAN-GU Swim Streamline at Northampton	10	3	13	74	4	78
32	TYES-GU Team Yes Aquatics of Houston	3	4	7	29	0	29
33	FINS-GU TeamFINS	2	9	11	62	5	67
34	TTST-GU Texas Terrapins Swim Team	2	1	3	26	0	26
35	TWST-GU The Woodlands Swim Team	8	9	17	116	12	128
36	TASC-GU Tomball Area Swim Club	6	7	13	43	2	45
37	UNHSC-GU UnAtt - Houston Swim Club	1	0	1	6	0	6
38	UPACK-GU UnAtt - Premier Aquatics	1	0	1	8	0	8
39	UFINS-GU UnAtt - TeamFINS	0	1	1	4	0	4
		129	146	275	1486	74	1560

Open Warm-ups for all Prelims and Finals Sessions

Friday Prelim: 7:30AM Warm-ups/9:00AM Start
Friday Finals: 4:00PM Warm-ups/5:30PM Start
Saturday Prelim: 7:30AM Warm-ups/9:00AM Start
Saturday Finals: 3:00PM Warm-ups/4:30PM Start
Sunday Prelim: 7:30AM Warm-ups/9:00AM Start
Sunday Finals: 3:00PM Warm-ups/4:30PM Start

PLEASE NOTE TIME CHANGE OF FINALS ON SATURDAY AND SUNDAY

TIMING ASSIGNMENTS

Friday Prelim Assignments

Due to the low amount of swimmers swimming in Friday's Preliminary meet we are requesting that all parents that can time for this small session, please step up to time. We will be calling for timers to time starting at 8:45 am.

****Swimmers need to supply their own timers/counters for the 1000 Free & 400 IM**

Saturday Prelim Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
HCAP	SHRK	DADS	PACK	SPA	FCST	PFL	TWST
HCAP	SHRK	DADS	FINS	SSAN	NOCH	AGS	TWST

****Swimmers need to supply their own timers/counters for the 500 Free**

Sunday Prelim Assignments

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
DADS	HCAP	TASC	PACK	SSAN	SHRK	PFL	TWST
DADS	HCAP	TASC	SHRK	NOCH	NOCH	TWST	TWST

****Swimmers need to supply their own timers/counters for the 1650 Free**

2015 CFSC Gulf Senior Champs Meet
December 4-6, 2015
Session Report

Session: 1 Friday Prelims

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	3 Women 15 & Over 100 Breaststroke	30	4 u	09:00 AM	_____
Prelims	4 Men 15 & Over 100 Breaststroke	42	6 u	09:07 AM	_____
Prelims	5 Women 15 & Over 200 Freestyle	48	6 u	09:18 AM	_____
Prelims	6 Men 15 & Over 200 Freestyle	65	9 u	09:33 AM	_____
Prelims	7 Women 15 & Over 100 Butterfly	43	6 u	09:55 AM	_____
Prelims	8 Men 15 & Over 100 Butterfly	53	7 u	10:05 AM	_____
Prelims	9 Women 15 & Over 400 IM	9	2 u	10:15 AM	_____
Prelims	10 Men 15 & Over 400 IM	19	3 u	10:28 AM	_____
	Break: 5 Minutes:				
Finals-S	11 Women 15 & Over 400 Freestyle Relay	0	0	10:50 AM	_____
Finals-S	12 Men 15 & Over 400 Freestyle Relay	0	0	10:50 AM	_____
Finals-S	1 Women 15 & Over 1000 Freestyle	3	1 u	10:50 AM	_____
Finals-S	2 Men 15 & Over 1000 Freestyle	0	0	11:03 AM	_____
	Swimmers Counts for Warm-ups: 138	=====	=====		
	Entry / Heat Totals:	312	44		
	Finish Time			11:03 AM	_____

2015 CFSC Gulf Senior Champs Meet
December 4-6, 2015
Session Report

Session: 2 Friday - Finals

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 60 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	1 Women 15 & Over 1000 Freestyle	8	1 u	05:30 PM	_____
Finals-1	2 Men 15 & Over 1000 Freestyle	7	1 u	05:45 PM	_____
Finals	3 Women 15 & Over 100 Breaststroke	30	4 u	05:58 PM	_____
Finals	4 Men 15 & Over 100 Breaststroke	32	4 u	06:07 PM	_____
Finals	5 Women 15 & Over 200 Freestyle	32	4 u	06:16 PM	_____
Finals	6 Men 15 & Over 200 Freestyle	32	4 u	06:29 PM	_____
Finals	7 Women 15 & Over 100 Butterfly	32	4 u	06:41 PM	_____
Finals	8 Men 15 & Over 100 Butterfly	32	4 u	06:50 PM	_____
Finals	9 Women 15 & Over 400 IM	9	4 u	06:58 PM	_____
Finals	10 Men 15 & Over 400 IM	19	4 u	07:24 PM	_____
	Break: 5 Minutes:				
Finals-2	11 Women 15 & Over 400 Freestyle Relay	5	2 u	07:53 PM	_____
Finals-2	12 Men 15 & Over 400 Freestyle Relay	10	2 u	08:03 PM	_____
	Swimmers Counts for Warm-ups: 132	=====	=====		
	Entry / Heat Totals:	248	38		
	Finish Time			08:13 PM	_____

2015 CFSC Gulf Senior Champs Meet
December 4-6, 2015
Session Report

Session: 3 Saturday - Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	13 Women 15 & Over 200 Butterfly	19	3 u	09:00 AM	_____
Prelims	14 Men 15 & Over 200 Butterfly	24	3 u	09:10 AM	_____
Prelims	15 Women 15 & Over 50 Freestyle	85	11 u	09:18 AM	_____
Prelims	16 Men 15 & Over 50 Freestyle	111	14 u	09:27 AM	_____
Prelims	17 Women 15 & Over 200 Breaststroke	33	5 u	09:38 AM	_____
Prelims	18 Men 15 & Over 200 Breaststroke	56	7 u	09:55 AM	_____
Prelims	19 Women 15 & Over 100 Backstroke	73	10 u	10:17 AM	_____
Prelims	20 Men 15 & Over 100 Backstroke	89	12 u	10:35 AM	_____
Prelims	21 Women 15 & Over 500 Freestyle	49	7 u	10:55 AM	_____
Prelims	22 Men 15 & Over 500 Freestyle	45	6 u	11:40 AM	_____
	Break: 5 Minutes:				
Finals-S	23 Women 15 & Over 800 Freestyle Relay	0	0	12:20 PM	_____
Finals-S	24 Men 15 & Over 800 Freestyle Relay	0	0	12:20 PM	_____
	Swimmers Counts for Warm-ups: 226	=====	=====		
	Entry / Heat Totals:	584	78		
	Finish Time			12:20 PM	_____

2015 CFSC Gulf Senior Champs Meet
December 4-6, 2015
Session Report

Session: 4 Saturday - Finals

Day of Meet: 2 Starts at 04:30 PM Heat Interval: 60 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Women 15 & Over 200 Butterfly	19	4 u	04:30 PM	_____
Finals	14 Men 15 & Over 200 Butterfly	24	4 u	04:45 PM	_____
Finals	15 Women 15 & Over 50 Freestyle	32	4 u	04:59 PM	_____
Finals	16 Men 15 & Over 50 Freestyle	32	4 u	05:04 PM	_____
Finals	17 Women 15 & Over 200 Breaststroke	32	4 u	05:10 PM	_____
Finals	18 Men 15 & Over 200 Breaststroke	32	4 u	05:26 PM	_____
Finals	19 Women 15 & Over 100 Backstroke	32	4 u	05:41 PM	_____
Finals	20 Men 15 & Over 100 Backstroke	32	4 u	05:49 PM	_____
Finals	21 Women 15 & Over 500 Freestyle	32	4 u	05:57 PM	_____
Finals	22 Men 15 & Over 500 Freestyle	32	4 u	06:25 PM	_____
	Break: 5 Minutes:				
Finals-2	23 Women 15 & Over 800 Freestyle Relay	9	2 u	06:55 PM	_____
Finals-2	24 Men 15 & Over 800 Freestyle Relay	16	2 u	07:23 PM	_____
	Swimmers Counts for Warm-ups: 181	=====	=====		
	Entry / Heat Totals:	324	44		
	Finish Time			07:41 PM	_____

2015 CFSC Gulf Senior Champs Meet
December 4-6, 2015
Session Report

Session: 5 Sunday - Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	25 Women 15 & Over 100 Freestyle	103	13 u	09:00 AM	_____
Prelims	26 Men 15 & Over 100 Freestyle	122	16 u	09:18 AM	_____
Prelims	29 Women 15 & Over 200 Backstroke	67	9 u	09:39 AM	_____
Prelims	30 Men 15 & Over 200 Backstroke	76	10 u	10:08 AM	_____
Prelims	31 Women 15 & Over 200 IM	82	11 u	10:37 AM	_____
Prelims	32 Men 15 & Over 200 IM	102	13 u	11:10 AM	_____
	Break: 5 Minutes:				
Finals-S	33 Women 15 & Over 400 Medley Relay	0	0	11:51 AM	_____
Finals-S	34 Men 15 & Over 400 Medley Relay	3	1 u	11:51 AM	_____
Finals-S	27 Women 15 & Over 1650 Freestyle	7	1 u	11:55 AM	_____
Finals-S	28 Men 15 & Over 1650 Freestyle	0	0	12:16 PM	_____
	Swimmers Counts for Warm-ups: 234	=====	=====		
	Entry / Heat Totals:	562	74		
	Finish Time			12:16 PM	_____

2015 CFSC Gulf Senior Champs Meet
December 4-6, 2015
Session Report

Session: 6 Sunday - Finals

Day of Meet: 3 Starts at 04:30 PM Heat Interval: 60 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Women 15 & Over 100 Freestyle	32	4 u	04:30 PM	_____
Finals	26 Men 15 & Over 100 Freestyle	32	4 u	04:38 PM	_____
Finals-1	27 Women 15 & Over 1650 Freestyle	8	1 u	04:46 PM	_____
Finals-1	28 Men 15 & Over 1650 Freestyle	8	1 u	05:08 PM	_____
Finals	29 Women 15 & Over 200 Backstroke	32	4 u	05:35 PM	_____
Finals	30 Men 15 & Over 200 Backstroke	32	4 u	05:48 PM	_____
Finals	31 Women 15 & Over 200 IM	32	4 u	06:01 PM	_____
Finals	32 Men 15 & Over 200 IM	32	4 u	06:15 PM	_____
	Break: 5 Minutes:				
Finals-2	33 Women 15 & Over 400 Medley Relay	15	2 u	06:33 PM	_____
Finals-2	34 Men 15 & Over 400 Medley Relay	16	2 u	06:45 PM	_____
	Swimmers Counts for Warm-ups: 158	=====	=====		
	Entry / Heat Totals:	239	30		
	Finish Time			06:55 PM	_____