



**Gulf Swimming  
KATY/PLAT/RICE MEET  
A LONG COURSE TIMED FINALS MEET**

**Saturday April 23<sup>rd</sup>, 2016**

**Warm Up Assignments**

**Saturday AM Session**

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:30-8:00am	KATY	KATY	KATY	KATY	KATY	KATY	KATY	KATY
8:00-8:30am	RICE	RICE	RICE	KATY	KATY	KATY	PLAT	PLAT
8:30-8:45am	Push Pace	Starts	Starts	General Warm-up	General Warm-up	Starts	Starts	Push Pace

**Saturday PM Session**

Lane	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1:00-1:25pm	KATY	KATY	KATY	KATY	KATY	KATY	KATY	KATY
1:25-1:50pm	RICE	RICE	RICE	KATY	KATY	KATY	PLAT	PLAT

**Timing Assignments – All Sessions**

**Diving Board End**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KATY	KATY	KATY	KATY	KATY	RICE	RICE	PLAT

**Office End**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KATY	KATY	KATY	KATY	KATY	RICE	RICE	PLAT

All lanes need 2 timers per lane on both ends of the pool for a total of 4 timers.

\*\*Swimmers entered in the 400 IM & 400 Free must provide 2 timers.